



July 2026

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MEDICAL e IMAGE

OF IMA MUMBAI WEST

President : DR. BIMAL N. SHAH

Hon. Secretary : DR. BHAVNA PATEL

THE NEXT-GEN SEMINAR
SUNDAY, 5TH JULY 2026

DOCTOR'S DAY PROGRAM
SUNDAY, 05TH JULY 2026





MEDICAL *e* IMAGE



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Indian Medical Association
Mumbai West

2026
July



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IMA MOVIE CLUB RAJA SHIVAJI

Day & Date : **Sunday, 2nd August 2026**
Time : 02.00 pm
Venue : IMA Lupin Hall,
Registration : **FREE**, But Compulsory
Open for IMA Members



DR. BIMAL N SHAH
President

DR. BHAVNA PATEL
Hon. Secretary

DR. ROHINI BADWE
Chairperson,
Cultural Sub Committee



INDIAN MEDICAL ASSOCIATION - MUMBAI WEST

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From the PRESIDENT'S PEN...

Dear Esteemed Members and Colleagues,

With immense pride and happiness, I welcome you to another enriching edition of our monthly magazine **"Medical Image"**. This magazine is a mirror of our Association's vibrant journey-reflecting our academic achievements, Social commitments, professional excellence and the unwavering spirit of service that binds us together.

At the outset, it's my proud privilege to share with you all that **Dr. Rashmi Mehta has been selected for the IMA Leadership Award of IMA HQ**, which will be conferred on the occasion of **Doctors' Day ceremony** of IMA Headquarters in New Delhi on 18th July, 2026. **Heartiest Congratulations Dr. Rashmi Mehta....!**

Last month has been a remarkable chapter filled with inspiring academic sessions, meaningful interactions and activities aimed at strengthening our medical fraternity. Every program was a testimony to the dedication of our members who continue to uphold the noble values of our profession.

We had an excellent half day Multi-speciality conference with a theme of **"Patient Centric, Precision Medicine"** - **NANAVATICON** on **Sunday, 14th June** giving a clear message to all - **Impossible is not a fact, it's an opinion.**

On **26th & 27th June**, we had an excellent conference, **CID 2026**, mentored by eminent Diabetologist, **Dr. Rajiv Kovil** at **Hotel J W Marriott**, Sahar, where some of the finest minds in diabetes, obesity, metabolism,

cardio-vascular medicine, nephrology and preventive care came together under one roof, to teach us that the future of diabetes & metabolic medicine is built at the intersection of science, technology, obesity care, Cardio-metabolic medicine, kidney health and human behaviour.

As we move forward, we eagerly await the celebration of **Doctor's Day** - a special occasion to honour the doctors who dedicate their lives to the service of humanity. It is a day to remember that medicine is not just a profession; it is a commitment, a responsibility and a journey of compassion.

As the legendary dialogue from the film **"Anand"** reminds us:

"बाबू मोशाय, ज़िंदगी बड़ी होनी चाहिए, लंबी नहीं"

A doctor's life is truly measured not by years, but by the number of lives touched, smiles restored and hopes revived.

**"कुछ लोग सिर्फ़ ज़िंदगी जीते हैं,
और कुछ लोग दूसरों की ज़िंदगी
बेहतर बनाने के लिए जीते हैं...
डॉक्टर ऐसे ही कुछ खास लोग होते हैं।"**

The journey of a doctor demands courage, patience and dedication. As beautifully expressed:

**"हार कर भी जीतने वाले को बाज़ीगर कहते हैं,
और दर्द में भी मुस्कुराकर
सेवा करने वाले को डॉक्टर कहते हैं।"**

Our profession often reminds us of another





timeless dialogue:

“मेरे पास माँ है...”

But for a doctor, every patient's family looks at us with the same hope and faith - **“मेरे पास डॉक्टर है...”** - a belief that gives them courage in their difficult moments.

The forthcoming Doctor's Day celebrations will be an opportunity to celebrate this sacred bond between doctors and society, to appreciate our achievements and to renew our commitment towards ethical, compassionate, and patient-centred care.

“रिश्ते तो बहुत मिलते हैं दुनिया में,

पर विश्वास का रिश्ता

डॉक्टर और मरीज के बीच होता है।

दवा तो हर कोई दे सकता है,

पर उम्मीद सिर्फ एक सच्चा डॉक्टर दे सकता है।”

Like every year, this year also, we'll be felicitating five prominent personalities on the occasion of Doctor's Day for their significant contribution in the field of medicine on **Sun., 5th July 2026**. They are....

1. **Dr. Juthika Sheode**, Eminent Senior ENT & Head-Neck Surgeon
2. **Dr. Sanjiv Maniar**, Senior Family Physician with an ever present helping hand.
3. **Mrs. Farida Hussain**, Chief Marketing Officer, USV Pvt. Ltd.
4. **Dr. Parag Sheth**, Regional Director, Abbott Ltd.
5. **Dr. Sameer Muchhala**, Medical Cluster Head, Zydus Healthcare Ltd.

On the same day, we'll be having yet another mini conference by our next generation doctors-**Next Gen**-a novel idea of our trustee **Dr. Bal Inamdar**

Sunday, 12th July will be a day for our **Aao Gaon Chalen** project at Borgaon village near Karjat - a brain child of our dynamic trustee,

Dr. Akil Contractor

Apart from our regular CMEs on Thursdays, we'll have a **Webinar on Respiratory Update & Paediatric Allergy on 14th July arranged by yet another trustee, Dr. Jayesh Lele.**

So, block your dates in the calendar and do attend these programs in large numbers and make them successful.

I extend my heartfelt gratitude to all members for their enthusiasm, participation, and dedication. Together, we have transformed every initiative into a memorable achievement and have strengthened the legacy of our association.

Let us continue this beautiful journey with the spirit reflected in the famous words:

“पिक्चर अभी बाकी है मेरे दोस्त...”

Because every day brings a new opportunity to learn, serve, and create a positive impact.

Wishing everyone a proud, inspiring, and memorable **'Doctor's Day celebration'**.

With warm regards,

DR. BIMAL N. SHAH

President

Indian Medical Association



WEEKLY SCIENTIFIC PROGRAMME

Venue : **Lupin CME Auditorium**, IMA Building, J. R. Mhatre Marg,
Near PVR Cinema, J.V.P.D. Scheme, Juhu, Mumbai - 400 049.

TUESDAY / THURSDAY at 2.30 p.m. Sharp.

DATE	Topic	Speaker
02.07.2026	MEDICINE UPDATE	
	Panel Discussion : MIGRAINE UPDATE Moderator : Dr. Bimal Shah	Dr. Jayesh Lele Dr. Kishore Shetty Dr. Ashish Purohit
	Beyond the Hype: Why Innovator Semaglutide's Proven Legacy sets the Gold Standard in Obesity Management	Dr. Ketan K Mehta
	Optimizing T2D Care with Innovator Semaglutide : Start Right, Start Strong	Dr. Pranav Ghody
09.07.2026	MEDICINE UPDATE	
	Topical Analgesics in Everyday Practice	Dr. Rashmi Mehta
	Simplifying Bental procedures	Dr. Gulshan Rohra
	Finance	TBA
	Finance	TBA
14.07.2026	WEBINAR PEDIATRIC CERTIFICATION	
	Pediatric Allergies & Respiratory Disease	Dr. Jagruti Sanghvi
	Impact of Allergic Rhinitis on Cognitive & Physical Development in Children	Dr. Manjusha Giri
	Differentiation of Viral vs Bacterial Infections in URTIS	Dr. Agam Vora
16.07.2026	SCIENTIFIC DISSEMINATION	
	An Approach to a Case of Nasal Discharge	Dr. Bimal Shah
	Management of Malignant Hematological Disorders and Role of HSCT	Dr. Subhraprakash Sanyal
23.07.2026	To be announced	
30.07.2026	DIABETIC FOOT	
	Clinician Role in Early Prevention	Dr. Ketan K Mehta
	Diabetic Foot, Chronic Wound Protocols	Prof. Dr. Milind G Ruke
	Limb Revascularization in Diabetic Foot	Dr. Raghuram Sekhar

• WORKING LUNCH WILL BE SERVED FROM 01.00 TO 02.00 PM BEFORE EACH CME

- ▶ CGP, AMS & IMA Members : **Rs. 200/-** Per Lecture (Not Paid Annual Fees) (Weekly Lectures).
- ▶ Eligible Non Members : **Rs.500/-** per lecture.
- ▶ CHARGES FOR MMC CREDIT HOURS (FOR THE ACCREDITED CMES) **Rs. 100/-**.
- ▶ 18% GST Charges are included on the above rates.

DR. BIMAL N. SHAH
President

DR. BHAVNA PATEL
Hon. Secretary

DR. KINJAL MODI Chairman
DR. RENU BUDHWANI Hon. Secretary
IMA - Mumbai West AMS Branch Chapter

DR. PRANITA BHATTE-WORLIKAR Asst. Director of Studies
DR. HEMAL MEHTA Asst. Secretary
IMA - Mumbai West C.G.P. Sub Faculty



From

HON. SECRETARY'S DESK...

Hello Friends,

Greetings from IMA Mumbai West.

As the scorching, relentless heat of June is finally receding, sultry, rain-laden July arrives on monsoon clouds. The air is turning heavy with humidity and streets are glistening with torrential showers. But with stagnant puddles, damp walls and drenched days....this is the season when prevention becomes as viral as prescription.

Let's have good health watch : Monsoon precautions for ourselves and our patients on water - borne illnesses, Vector - borne diseases, Respiratory issues, Fungal & Skin infections, Food safety etc. with good care and timely treatment.

Friends, we have had an excellent academics in the month gone by. Our branch being recognized as an Accredited CME Center, our scientific team is always aimed at informative and interesting talks by experts in various fields. Apart from every Thursday's CMEs. We had an excellent half day conference - "NANAVATICON" on Sunday, 14th June 2026. In association with Nanavati Max Super Speciality Hospital, having their, Multi - Speciality 8 speakers.

IMA MS had organized zoom lecture on Thursday, 4th June 2026 at 9 pm on the topic- "Medicolegal Documentation & Record Keeping" by Dr. Pradeep Dixit from Pune. Remember, "If It Isn't Written, It Didn't Happen", very useful talk : Document Today,

Defend Tomorrow.

Webinar on 6th June 2026, 3.00 pm on Diabetic Foot Infection & Medical Management, Speakers : Dr. Ketan Mehta & Dr. Harshad Shah was with 1 credit point arranged by IMA Vadodara. Webinar on 27th June 2026, 04.00 pm. Liver Disease Management, Speakers : Dr. Philip Abraham & Dr. Vivek Anand. On Tuesday, 16th June we witnessed, "Leadership Development program 2026" on zoom platform at 9.00 pm arranged by IMA MS. It began with an Inaugural talk by Dr. Shivaji Kalge, Eye Surgeon - Hon. Member of Parliament, India followed by An excellent, informative faculty talk by speaker : our own Trustee, Dr. Jayesh Lele Sir, Past HSG, IMA HQ, PP IMA MS on the topic Role of Presidents and Secretaries and then we had session - 2 on Wednesday, 24th June 2026. Speakers : Dr. Rajendra Kulkarni : Aims & objectives of IMA & Dr. Shivkumar Utture : Essentials of Local Branch formation & Working. Again very important & informative.

On 25th June, we had invited Topmost Histopathologists from Raheja - Fortis Hospital covering the important topic on Onco pathology and Immune Histochemistry. On 26th & 27th June very well organized, CID 2026 - 2 days Conference mentored by eminent Diabetologist at JW Marriott, Sahar.

1st July - 'Happy Doctor's Day' to one and all





my dear friends!! Here's to a safe, healthy monsoon and a meaningful Doctor's Day to you all. At IMA MW we will be celebrating Doctor's Day on Sunday, 5th July 2026. We will felicitate five prominent personalities on this occasion for their unique contributions in the field of medicine.

Friends, many more programs are planned weeks ahead. Also enjoy entertaining bonanza with Movie Club. So do attend in large numbers, making our branch active & lively with your presence.

With immense pleasure, proud to share with you all that Dr. Rashmi Mehta has been selected for the IMA Leadership Award of IMA HQ. It will be conferred on Doctor's Day ceremony of IMA MQ in New Delhi on 18th July 2026. Congratulating her I must say its very Apt Acknowledgement for very able Dr.

Rashmi Mehta Ma'am.

Dear Members,

Everyday is special,
If you Think so.

Every moment is memorable,
If you Feel so.

Life is Beautiful,
If you Live so.

Let's Think Positive and Live Happy,
Celebrating our own – **"Doctor's Day" !!**

With Best Wishes & Regards,

DR. BHAVNA PATEL
Hon. Secretary



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IMA - AMS BRANCH CHAPTER and IMA CGP BRANCH SUB FACULTY of INDIAN MEDICAL ASSOCIATION - MUMBAI WEST BRANCH

Present

"THE NEXT-GEN SEMINAR"

on the occasion of "DOCTOR'S DAY 2026"

Day & Date : SUNDAY, 5TH JULY 2026

Time : 3.00 P.M. onwards.

**Venue : IMA HALL, I.M.A. Building, J. R. Mhatre Marg, Near PVR
Cinema, J.V.P.D. Scheme, Juhu, Mumbai - 400 049.**

PROGRAM

Time	Topic	Speaker
3.00 - 3.30 pm	Registration & Tea	
3.30 - 3.40 pm	Welcome & Introduction	President, Dr. Bimal N Shah Hon. Secretary, Dr. Bhavna Patel
3.40 - 3.45 pm	Purpose of the day	Dr. Balkrishna Inamdar
3.45 - 4.10 pm	Understanding Gender dysphoria & Identities	Dr. Gaurav Kulkarni, Psychiatry
4.10 - 4.15 pm	FELICITATION	Dr. Nilima Inamdar
4.15 - 4.40 pm	Neck Pain in the Smartphone Era: Practical Approach	Dr. Nishad Situt, Orthopaedic
4.40 - 4.45 pm	FELICITATION	Dr. Vipul Situt
4.45 - 5.10 pm	The Mouth as a Mirror: Oral Manifestation of Systemic Pathology	Dr. Riya Bimal Shah, Dentistry
5.10 - 5.15 pm	FELICITATION	Dr. Bimal N Shah
5.15 - 5.40 pm	The Mind - Body Connection: Neuropsychology of Pain	Dr. Siddharth Warriar, Neurology
5.40 - 5.45 pm	FELICITATION	Dr. Sudhir Warriar
5.45 - 6.00 pm	Lucky Draws / Vote of Thanks	

➤ **REGISTRATION CHARGES :**

- IMA Members : **FREE** • Eligible Non Members : **Rs. 500/-**
- MMC ACCREDITATION HAS BEEN APPLIED FOR.
- CHARGES FOR MMC CREDIT HOURS (FOR THE ACCREDITED CMEs) Rs. 100/-
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Asst. Director of Studies

DR. HEMAL MEHTA

Asst. Secretary

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23.06.2026

ADDITIONAL GENERAL BODY MEETING

NOTICE

An Additional General Body Meeting of the Members of Indian Medical Association - Mumbai West Branch shall be held on Saturday, 15th August 2026, at 09.00 am at IMA Building, Near PVR Cinema, J. R. Mhatre Marg, JVPD Scheme, Juhu, Mumbai 400 049 to transact the following business.

AGENDA

- 1) To adopt the audited statement of accounts and the balance sheet of the branch for the previous year ending 31st March 2026.
- 2) To appoint statutory auditors for the current year starting from 1st April 2026 to 31st March 2027 and to fix the remuneration of the auditor.

DR. BHAVNA PATEL

Hon. Secretary

N.B.

1. The meeting, if adjourned for the lack of quorum, will be held at the same place after half an hour in which case, members present will form the quorum.
2. Documents pertaining to ACCOUNTS will be available for inspection from Wednesday, 12th August 2026 between 3.00 p.m. to 4.00 p.m. and any queries regarding the same can be sent in writing to the office up to 4.00 p.m. on or before 12th August 2026, these only shall be entertained.



REPORT: NANAVATICON 2026

Theme : Patient-Centric, Precision Medicine

Date : 14th June 2026

Opening & Welcome

The conference commenced with an experiential learning atmosphere and a warm welcome address by the Branch President, Dr. Bimal Shah.

MOC & Convenor : Dr. Bhavika Hotchandani (Chairperson WDW, Mumbai West)

Convenor: Dr. Akil Contractor

Inauguration and Lamp Lighting

Chief Guest - Dr Vivek Talaulikar, Director and COO- Regional - Max Healthcare

Respected Dr. Jayesh Lele Sir, President Dr. Bimal Shah, Dr. Akil Contractor, Dr. Madhubala Chinchalkar, Dr. Rashmi Mehta , Dr. Bhavika Hotchandani Dr. Rashmi Chopra, Dr. Shalin Soni

Scientific Sessions & Key Takeaways

1. Case-Based Approach to Liver Dysfunction

- Dr. Gaurav Chaubal

Key Highlights:

Liver Space Occupying Lesions (SOLs) are common.

Contrast MRI remains the best diagnostic modality critical for treatment planning.

While most common liver lesions are benign, early detection of malignant lesions dramatically improves long-term survival.

Mainstay Treatment: Liver resection and transplantation.

Bridging Therapies: Locoregional therapies like TACE and TARE serve as excellent options for patients awaiting transplant.

2. Hand Transplantation – A Miracle of Reconstructive Microsurgery

by Dr. Nilesh Satbhai

The session highlighted medical science's role in restoring form and function, featuring 14 successful transplants over the last 6 years. Key case discussions included the Mumbai train accident (which led to the structural elevation of platform heights) and an 18-year-old student who suffered severe crush injuries in a farm harvesting accident.

Common Limitations of Prosthetics: Weight, cost, recurring expenses, stump-related issues, poor/inadequate function, water vulnerability, and non-compliance.

Donor Inclusion Criteria: Explicit consent for limb recovery; compatibility in ABO/HLA typing, age, ethnicity, skin tone, and hair pattern; absence of identifying marks.

The Need of the Hour: Creating widespread awareness, timely referrals, hand/tissue donation advocacy, and specialized training in plastic, hand, and transplant surgery.

3. Percutaneous Cardiac Therapies

By Dr. Sameer Pagad

Key Highlights:

Percutaneous cardiac therapies represent the pinnacle of innovative, contemporary



NANAVATICON 2026





cardiac care.

With a plethora of therapeutic choices available, tailoring the right therapy to the right patient is crucial.

These trans-catheter therapies offer a wide, nearly non-invasive treatment spectrum, delivering significant long-term mortality and morbidity benefits.

4. **Robotics in Urology / Uro-Oncology: From Scepticism to Standard of Care**

by Dr. Avanish Arora

Key Highlights:

Robotics has completely transformed uro-oncology by turning complex, deep-tissue cancer operations into highly precise, minimally invasive procedures.

Using high-definition 3D magnification and wristed instruments that eliminate hand tremors, surgeons can navigate tight anatomical spaces-like the deep pelvis-with unmatched accuracy.

This pinpoint precision is vital for successfully removing tumors while sparing critical surrounding structures, directly helping preserve urinary control and sexual function in prostate and bladder cancers.

For patients, this translates to significantly less blood loss, minimal post-operative pain, shorter hospital stays, and a much faster return to daily life.

5. **Early Intervention in Hearing Loss** by Dr. Sanjiv Budhwar

"Blindness separates people from things; deafness separates people from people." – Helen Keller

Core Action Points: Screen early, diagnose early, implant early when indicated, and start immediate auditory-verbal rehabilitation in close partnership with families.

Clinical Insights:

The brain is the true organ of hearing; ears merely transmit the sound.

Delayed stimulation or a reduced hearing signal causes permanent, irreversible damage and the reassignment of hearing brain cells.

Infants have a strictly limited window of time to catch up. Use it or lose it.

6. **Mako Robot in Arthroplasty** by Dr. Pradeep Bhosale

Key Highlights:

Utilizes the most advanced robotic system in the world for both hip & knee arthroplasty.

Features a CT-based system creating perfect virtual imagery, pre-operative planning, and optimum virtual implant positioning for stability and mobility.

Offers 99.9% accuracy using a saw-base system with haptic control to prevent soft tissue damage.

7. **Decoding the Mystery of the Gut** by Dr. Amol Vadgaonkar

Key Highlights:

GERD : ARMS / ARMA procedures are highly effective for PPI-refractory cases.



NANAVATICON 2026





Dyssynergic Defecation: A critical condition that must not be ignored.

EUS-Guided Biliary Drainage: Serves as an excellent modality for failed ERCP cases.

EUS-Guided Gastrojejunostomy: A strong alternative for the palliation of gastric outlet obstruction.

8. Recent Updates in Breast Cancer By Dr. Garvit Chitkara

This highly engaging session concluded the day's scientific program.

Key Highlights:

Diagnosis : The Triple Test (clinical examination, mammography, and core biopsy) is the standard; FNAC is not recommended.

PET CECT should only be performed after histological confirmation of the diagnosis.

Breast conservation and oncoplasty are safe, evidence-based, and highly effective.

Treatment must follow personalized, tailored, evidence-based medicine rather than eminence-based medicine.

A painless lump is clinically more dangerous than a painful one.

Valedictory & Conclusion

The scientific sessions concluded to an empowered and inspired audience. The event wrapped up with a Vote of Thanks delivered by Joint Secretary Dr. Rashmi Chopra, followed by exciting lucky draws and a sumptuous lunch.

All the Speakers, Moderator and Convenor, Co Convenor and educational partners were felicitated by President Dr. Bimal Shah and IMA MW team during the course of the Conference

Impossible is not a fact. It's an opinion.

Impossible is not a declaration. It's a dare.

Impossible is potential. Impossible is temporary.

Impossible is nothing."

— Muhammad Ali

Regards

DR. BHAVIKA HOTCHANDANI

Chairperson - WDW, IMA MW

Hon. Jt. Sec. IMA MS

Program Director - Romila Palliative Care, SNEHA





NANAVATICON 2026





CME REPORT

Date: 4th June 2026 - MEDICINE UPDATE

CME Conveners : Dr. Akil Contractor, Dr. Pranita, Dr. Rashmi Mehta, and Dr. Bimal Shah

- The first lecture was delivered by Dr. Bimal Shah, ENT Surgeon, on the topic "Say No to Tobacco." He began with the powerful message, "Say No to Tobacco, Yes to Life." Dr. Shah highlighted the harmful effects of tobacco consumption and smoking, including cancer, cardiovascular diseases, chronic bronchitis and emphysema. He explained the major constituents of tobacco, such as tar, nicotine, and several other toxic chemicals. While discussing the adverse health effects of tobacco, he elaborated on precancerous oral conditions including leukoplakia, erythroplakia and oral submucous fibrosis. He also provided practical guidance on smoking cessation and emphasized the importance of quitting tobacco to improve overall health and quality of life.
- The second lecture was delivered by Dr. Amrita Srivastava, Radiation Oncologist, on the topic "Radiation Therapy: Not the Last Option, but the Right One." She explained the role of radiation therapy in modern oncology and discussed how treatment plans are evaluated and tailored to individual patients. Dr. Srivastava highlighted the various applications of radiotherapy, including curative treatment, organ preservation strategies, adjuvant and neoadjuvant therapy in conjunction with surgery, and palliative care. She emphasized that advances in technology have made radiation therapy a precise, effective & safe treatment modality.
- The third lecture was delivered by Mr. Aman Chawla and Ms. Neha Goyani, Finance Experts, on the topic "The Psychology of Investments: A Prescription for Financial Health." They discussed common behavioral and emotional mistakes made by investors and explained how psychological factors influence financial decision-making. The

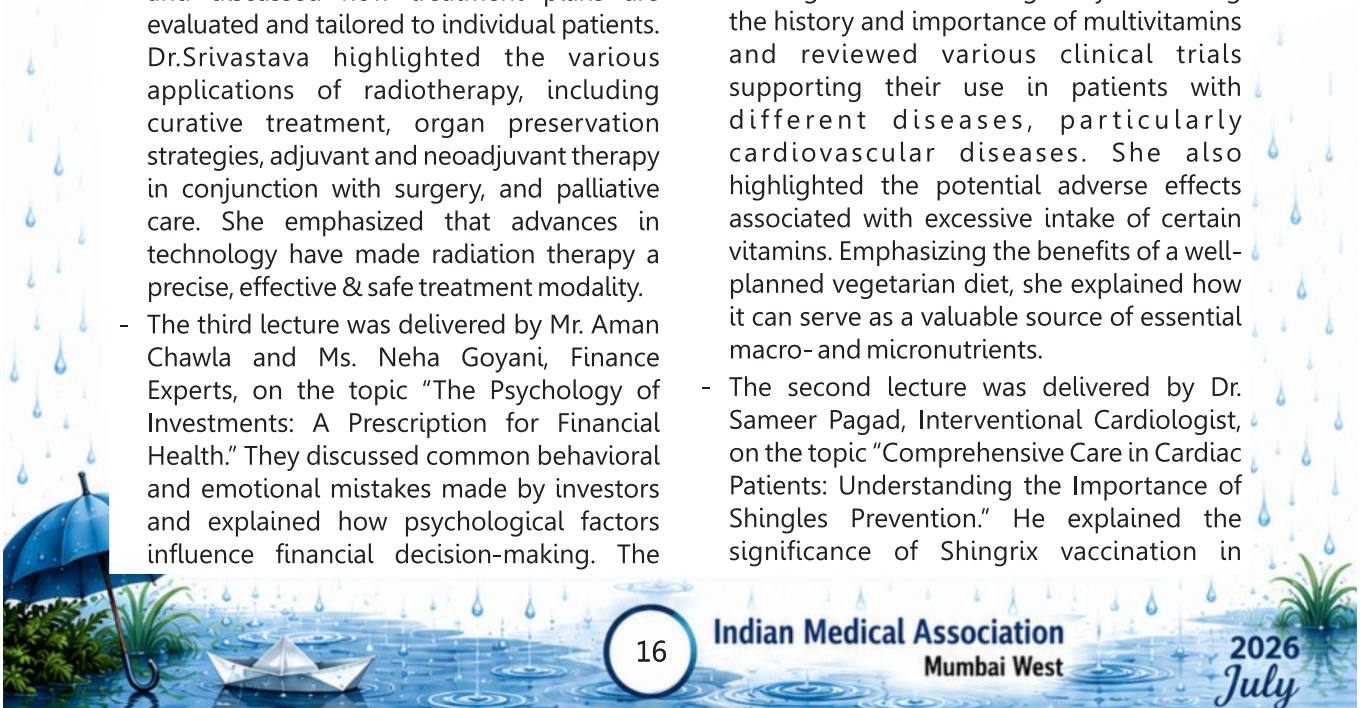
speakers also reviewed various investment options available to individuals and provided practical insights into building a disciplined and financially healthy investment strategy.

- The fourth lecture was delivered by Dr. Ramesh Dargad, Physician, on the topic "ACC Highlights 2026." He presented key updates from the American College of Cardiology (ACC) 2026 scientific sessions and reviewed important late-breaking clinical trials, including CHAMPION-AF, STEMI Door - to-Unload, HI-PEITHO, DISCOVER INOCA, and ORBITA-CTO. Dr. Dargad also discussed recent guideline updates, including the 2026 Dyslipidemia Guidelines and highlighted emerging technological innovations such as artificial intelligence in cardiovascular risk assessment and advancements in structural heart interventions.

Date: 11th June 2026 - SCIENTIFIC DISSEMINATION

CME Conveners: Dr. Akil Contractor, Dr. Hemal Mehta, and Dr. Rashmi Mehta

- The first lecture was delivered by Dr. Firdous Shaikh, Diabetologist, on the topic "Vitamins for Vegetarians." She began by discussing the history and importance of multivitamins and reviewed various clinical trials supporting their use in patients with different diseases, particularly cardiovascular diseases. She also highlighted the potential adverse effects associated with excessive intake of certain vitamins. Emphasizing the benefits of a well-planned vegetarian diet, she explained how it can serve as a valuable source of essential macro- and micronutrients.
- The second lecture was delivered by Dr. Sameer Pagad, Interventional Cardiologist, on the topic "Comprehensive Care in Cardiac Patients: Understanding the Importance of Shingles Prevention." He explained the significance of Shingrix vaccination in





patients with cardiovascular disease. Through the presentation of various clinical data, he demonstrated how herpes zoster infection increases the risk of stroke and myocardial infarction. He also reviewed global guidelines recommending Shingrix vaccination for adults aged over 50 years.

- The third lecture was delivered by Dr. Archana Juneja, Diabetologist, on the topic "T2D + ≥ 3 Risk Factors: Extra Care for High-Risk Type 2 Diabetes Patients." She emphasized the importance of early initiation of treatment in Type 2 Diabetes to prevent long-term complications. She highlighted that the burden of comorbidities increases with advancing age in diabetic patients. Dr. Juneja presented evidence showing that dapagliflozin provides significant benefits in patients with Type 2 Diabetes and three or more additional risk factors. She also discussed the ADA 2025 recommendations, which endorse SGLT2 inhibitors as first-line therapy for patients with Type 2 Diabetes who have three or more additional cardiovascular risk factors

Date: 18th June 2026 - SCIENTIFIC DISSEMINATION

CME Conveners: Dr. Bimal Shah and Dr. Rashmi Mehta

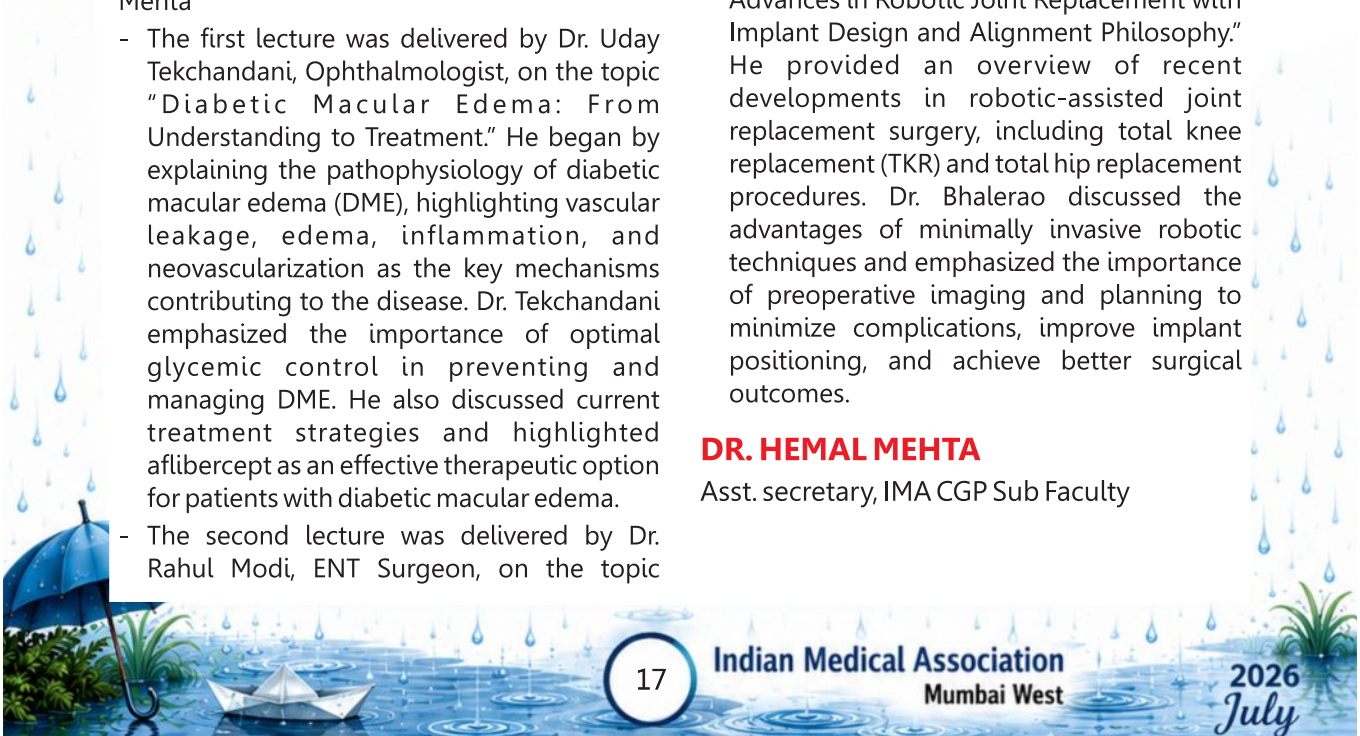
- The first lecture was delivered by Dr. Uday Tekchandani, Ophthalmologist, on the topic "Diabetic Macular Edema: From Understanding to Treatment." He began by explaining the pathophysiology of diabetic macular edema (DME), highlighting vascular leakage, edema, inflammation, and neovascularization as the key mechanisms contributing to the disease. Dr. Tekchandani emphasized the importance of optimal glycemic control in preventing and managing DME. He also discussed current treatment strategies and highlighted aflibercept as an effective therapeutic option for patients with diabetic macular edema.
- The second lecture was delivered by Dr. Rahul Modi, ENT Surgeon, on the topic

"Double Trouble: Navigating Allergic Rhinitis and Obstructive Sleep Apnea." He explained the relationship between allergic rhinitis and obstructive sleep apnea (OSA), emphasizing that untreated allergic rhinitis can contribute to the development and worsening of OSA in both children and adults. Dr. Modi discussed the importance of early diagnosis and management, highlighting topical nasal corticosteroids as an effective treatment option. He also elaborated on the role of surgical intervention, particularly adenotonsillectomy in children with adenotonsillar hypertrophy, as an important treatment modality.

- The third lecture was delivered by Mr. Aman Chawla and Ms. Neha Goyani, Finance Experts, on the topic "The Psychology of Investments: A Prescription for Financial Health." They discussed various investment options and their potential returns while emphasizing the importance of informed financial planning. The speakers highlighted the role of financial experts in helping investors make sound decisions and develop investment strategies aligned with their long-term financial goals. The fourth lecture was delivered by Dr. Girish Bhalerao, Orthopedic Surgeon, on the topic "Recent Advances in Robotic Joint Replacement with Implant Design and Alignment Philosophy." He provided an overview of recent developments in robotic-assisted joint replacement surgery, including total knee replacement (TKR) and total hip replacement procedures. Dr. Bhalerao discussed the advantages of minimally invasive robotic techniques and emphasized the importance of preoperative imaging and planning to minimize complications, improve implant positioning, and achieve better surgical outcomes.

DR. HEMAL MEHTA

Asst. secretary, IMA CGP Sub Faculty





DR. BIDHAN CHANDRA ROY,

MRCP, FRCS (Bengali:)

(July 1, 1882 Bankipore in Patna, Bihar–July 1, 1962).

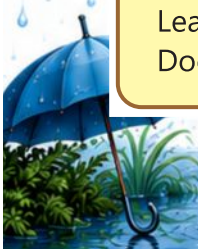
He was the second Chief Minister of West Bengal, India. He remained in his post for 14 years as a Congress Party candidate, from January, 14, 1948 until his death in 1962. He was a respected physician and a renowned freedom fighter. He was an alumnus of the Medical College Calcutta of the University of Calcutta.



Dr. B C Roy

In India, the National Doctor's Day is celebrated on the date of his birth (and death) July 1 every year. Dr. Bidhan Chandra Roy constituted a trust for his properties at Patna for social service and made eminent nationalist Ganga Sharan Singh (Sinha) the trustee. "We have the ability and if, with faith in our future, we exert ourselves with determination, nothing, I am sure, no obstacles, however formidable or insurmountable they may appear at present, can stop our progress... (if) all work unitedly, keeping our vision clear and with a firm grasp of our problems." The nation honored Dr. Roy with the Bharat Ratna on February 4, 1961. On July 1, 1962, after treating his morning patients and discharging affairs of the State, he took a copy of the "Brahmo Geet" and sang a piece from it. 11 hours later Dr. Roy died. He gifted his house for running a nursing home named after his mother, Aghorkamani Devi. The B.C. Roy National Award was instituted in 1976 for work in the area of medicine, politics, science, philosophy, literature and arts. The Dr. B.C. Roy Memorial Library and Reading Room for Children in the Children's Book Trust, New Delhi, was opened in 1967".

July is month of great pride and honour to all Allopathic Doctors, especially IMA Members. July 1 is celebrated as Doctor's Day in memory of Birth and Death Anniversary of the Doyen of Medical Profession Dr Bidan Chandra Roy. His life time achievements are a source of great inspiration to one and all. He is a role model not only to the Doctors but to everyone who has faith in humanity. Leadership among masses is a rarity Doctors, and Dr B C Roy was a luminary. Doctor's day





DOCTOR'S DAY PROGRAM

Every year our branch celebrates **Doctor's Day** in memory of renowned **Late Dr. B. C. Roy** by felicitating eminent doctors and great achievers from different walks of society. This year we have decided to **felicitate Doctors & Dignitaries who are iconic in their field of expertise & also great contributors to the medical world.**

Day & Date : SUNDAY, 05TH JULY 2026

Time : 6.00 p.m. onwards

Venue : IMA Building, IMA Hall, J.R. Mhatre Marg, JVPD Scheme, Near PVR Cinema, Juhu, Mumbai - 400049.

LIST OF GUESTS TO BE FELICITATED

No.	NAME	DESIGNATION
1.	DR. SAMEER MUCHHALA	General Surgeon & Medical Cluster Head Zydus Healthcare Ltd.
2.	DR. JUTHIKA SHEODE	Consultant ENT & Head-Neck Surgeon S. L. Raheja (Fortis) Hospital, Mahim
3.	MRS. FARIDA HUSSAIN	Chief Marketing Officer USV Pvt. Ltd.
4.	DR. SANIV MANIAR	Senior Family Physician Special Executive Officer, Govt. of Maharashtra
5.	DR. PARAG SHETH	Regional Director - Regulatory & Medical Abbott

- ◆ REGISTRATION & HIGH TEA : 06.00 PM - 06.45 PM
- ◆ DOCTOR'S DAY CELEBRATION : 06.45 PM - 09.00 PM
- ◆ DINNER : 09.00 PM ONWARDS
- ◆ **REGISTRATION FEES** : Members : **Free**
Non Members : **100/-**



KINDLY NOTE :-

1. Doctor's Day Programme will start on time.
2. Children under 12 not allowed during Doctor's Day Programme.
3. Assured delegate gift to all members who register at venue before 06.00 pm.

DR. BIMAL N. SHAH
President

DR. BHAVNA PATEL
Hon. Secretary



DOCTOR'S DAY CELEBRATION

SUNDAY, 05TH JULY, 2026

IMA MUMBAI WEST BRANCH WILL FELICITATE FOLLOWING DIGNITARIES

DR. SAMEER MUCHHALA

MBBS, MS (Gen. Surg.), MS (Pharmacology and Toxicology)



- 26 plus years experience inclusive of Clinical Practice (General Surgery) and Pharma Medical Affairs.
- **General Manager** : Medical And Regulatory Affairs, Zydus Healthcare Ltd, Mumbai.
- Leads a team of 8 Medical Advisors (MD Pharmacology).
- Therapy Area Expertise: Cardiology, Diabetology, Orthopaedics, Rheumatology, Women Health, Neuro Psychiatry, Gastroenterology, Pulmonology, Anti-infectives, Male Sexual Health.
- Academic Contributions
 - Faculty: Diabetes India Conference (2025, 2026), NAPCON (2019)
 - Publications: in National and International Journals
- Professional Memberships
 - ASI - Association of Surgeons of India
 - IAGES - Indian Association of Gastrointestinal Endo Surgeons
 - RSSDI - Research Society for the Study of Diabetes in India.
- Areas of Expertise: Medical Affairs, Clinical Trials, Pharmacovigilance, Regulatory Compliance, New Drug Delivery System, Medical Writing.
- Awards
 - American College of Physicians (ACP) India Chapter - Governor Recognition Award: Dedication and Outstanding Contribution in field of healthcare, Medical Education and setting new standards in clinical practice.

DR. JUTHIKA SHEODE

MBBS, DORL, MS (Mumbai University)

ENT & Head-Neck Surgeon



- UG & PG training at Topiwala National Medical College & BYL Nair Hospital, Mumbai (Gold medalist)
- Tutor in Rajawadi Hospital.
- Lecturer to Asst. Prof - KEM Hospital.
- Head of Department - Sir R. N Cooper Hospital.
- Recognised Teacher of Bombay University for M.B.B.S. & M. S.(ENT) Students.
- Currently Consultant ENT Surgeon at S. L. Raheja (Fortis) Hospital, Mahim.
- Attended National & International Fellowships & Workshops.
- Various publications in reputed journals.
- Member and office bearer of various prestigious medical associations.



MRS. FARIDA N HUSSAIN

M Pharma (Pharmacology)

- Chief Marketing Officer at USV Pvt. Ltd.
- More than 35 years of experience in health care industry.
- Have held different positions in departments such as marketing, sales, business development and medico marketing.
- Have been a recipient of Sinf E Ahaan award of WOMENCON 2024.
- On board of Studies for Bachelors and Masters course in Psychology at Chitkara University, FY25.
- 7 yrs teaching experience as honorary professor in NMIMS management School and on board of study for 2 yrs.
- Keen interest in propagating reseach and education in collaboration with the health care ecosystem to improve pt care.



DR. SANJIV MANIAR

Senior Family Physician

Special Executive Officer, Govt. of Maharashtra

- Medical Officer at Times of India : 2 Months (Year 2001).
- Medical Director : Shree Neminathji Jain Trust Since Year 2004.
- Current Trustee & President of Malad Medical Association 2017 - 2018.
- Vice President, Malad Medical Association 2001 & 2002.
- Organised a gala dandiya programme for Malad medical association year 2007 for 1500 members & was appreciated by one & all.
- Organised camps in rural & under developed parts of Mumbai & around.
- Panel Doctor : Ashwini Kumar medical relief society.
- Actively participated in organizing CME activities for Malad Medical Association.
- Medico-Legal secretary for Malad Medical Association since 3 terms.
- Ambassador for Anjali Foundation.



DR. PARAG SHETH

Regional Director - Regulatory & Medical, ABBOTT

- Started as General Practitioner in Mumbai.
- Transitioned to the pharmaceutical industry, has worked in various capacities in various therapeutic areas across companies such as Ranbaxy, Novartis Vaccines, spanning various countries & continents.
- At present, Regulatory and Medical Director for India at Abbott – one of the world's leading healthcare organisations.
- Built Indigene – a pioneering company integrating medical Knowledge with digital technologies.
- Has created a platform that transforms medical education, physician engagement & knowledge dissemination.



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HOSPITAL

A  **Fortis** ASSOCIATE

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- **Dr. Pravin Mahajan**
- **Dr. Maria Alina DeSouza**
- **Dr. Vivek Parameshwar**

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- Predictive and prognostic markers
- Second opinion for oncology cases



S.L. Raheja Hospital, Raheja Rugnalaya
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022 6652 9693



Indian Medical Association
Mumbai West

2026
July