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MEDICAL e IMAGE

OF IMA MUMBAI WEST

President : DR. BIMAL N. SHAH

Hon. Secretary : DR. BHAVNA PATEL



NANAVATICON

SUNDAY, 14TH JUNE 2026

WEBINAR : PEDIATRIC CERTIFICATION

TUESDAY, 14TH JULY 2026



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ANNOUNCEMENT

ANNUAL CME FEES FOR THE YEAR 2026 - 2027

- | | | |
|---|--------------------------|--------------------------------|
| • IMA - CGP / AMS Life Members of our Branch | : Rs. 1,770/- | } before 30 th June |
| • IMA Members | : Rs. 3,540/- | |
| • IMA Members - per program | } (Tues., Thurs. & Sun.) | : Rs. 200/- |
| • Eligible Non Members - per programme | | : Rs. 500/- |
| • Charges for MMC Accreditation (For the accredited CMEs - per programme) | | : Rs. 100/- |
| • 18% GST Charges are included in the above rates | | |

DR. BIMAL N. SHAH

President

DR. BHAVNA PATEL

Hon. Secretary



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From the PRESIDENT'S PEN...

Dear Colleagues and Friends,

As we bring forth another issue of our monthly magazine, my heart is filled with pride and gratitude for the remarkable enthusiasm, unity and dedication demonstrated by our members. This magazine is not merely a record of events; it is a reflection of our collective journey, our achievements and our unwavering commitment to the noble cause of healthcare.

The past month witnessed a series of academic programs, CMEs and cultural activities that enriched our professional knowledge and strengthened our bonds of friendship. Each event reaffirmed that IMA MW Branch is not just an association - it is a family bound together by the common objective of serving humanity.

Apart from our regular CMEs on Thursdays, we had eventful month. We celebrated World Asthma Day (Convenor-Dr. Kinjal Modi) on 10th May, World Chronic Fatigue Syndrome Awareness Day (Convenor-Dr. Akil Contractor) on 12th May, World Hypertension Day (Convenor-Dr. G. P. Ratnaparkhi) on 17th May & World Family Physician's Day on 19th May.

1. The main highlight of World Asthma Day Conference was Free Spirometry Testing for all the delegates, emphasizing the importance of lung function testing in routine asthma care.
2. World Hypertension Day was made special by receiving precious gifts of Digital BP Instrument and a multi-utility bag from Dr. G.P. Ratnaparkhi's Gurukrupa



Diagnostic Centre.

3. World Family Physician's Day was aptly celebrated by felicitating few senior family physicians who have made active contributions to IMA MW branch. They are Dr. Shobha Ahuja, Dr. Ramesh Rajani, Dr. S.K. Joshi, Dr. Rashmikanth Sanghvi, Dr. Razia Contractor and Dr. Smita Lele.

The trend of cultural events continues further and we screened superhit movie CHHAVA based on the life of Sambhaji Maharaj on 10th May. We had yet another cultural program in the form of A MUSICAL TRIBUTE TO ASHA BHOSLE (Convenor - Dr. Rohini Badwe) on 17th May.

I sincerely appreciate the efforts of Prof. Dr. Ketan Mehta for affiliating two conferences, 19th Best of ACC on 9th & 10th May at Hotel J W Marriott, Sahar and Cross Connect 2026 on 16th & 17th May at Hotel Grand Hyatt.

This shows that determination and collective effort can overcome every challenge.

Looking ahead, we have an exciting line up of academic programs that are lined up especially, a major conference NANA VATICON on 14th of May (Convenors-Dr. Bhavika Hotchandani & Dr. Akil Contractor). Of course, all eyes are set for Doctor's Day Celebration, being scheduled on Sunday, 5th July (Details later)

As doctors, we heal not only with medicine but also with compassion, empathy, and

hope. The trust reposed in us by society is our greatest asset and responsibility.

**“नर सेवा ही नारायण सेवा है,
यही जीवन का सच्चा आधार है।
दुखियों के चेहरे पर मुस्कान लाना,
डॉक्टर होने का सबसे बड़ा सम्मान है।”**

The healthcare landscape is evolving rapidly with technological innovations, newer treatment modalities and changing patient expectations. Continuous learning and adaptation have therefore become indispensable. I encourage every member to actively participate in our forthcoming academic and social activities and contribute to the growth of our association.

The spirit of teamwork can be beautifully expressed as:

**“अकेले हम बूंद हैं, साथ मिलकर सागर हैं,
अकेले हम धागा हैं, साथ मिलकर चादर हैं।”**

Together, we can achieve far more than any individual effort. As we look ahead, let us continue to uphold the values of ethical medical practice, professional excellence, and social responsibility. Let us strive to make our branch a beacon of knowledge, service, and camaraderie.

A few lines that perfectly capture our mission:

**“राह कठिन हो तो क्या हुआ,
हौसलों में उड़ान बाकी है।
सेवा की इस पावन डगर पर,
हमारी पहचान बाकी है।”**

And remembering the immortal words from the iconic song:

**“मैं जिन्दगी का साथ निभाता चला गया,
हर फ़िक्र को धुँ में उड़ाता चला गया।”**

Let us move forward with optimism, resilience, and a renewed commitment to serve society.

I extend my heartfelt appreciation to all office bearers, committee members, contributors, and members who continue to dedicate their time and energy to the success of our branch.

**“हम रहें या न रहें, ये कारवाँ चलता रहे,
सेवा और समर्पण का दीप सदा जलता रहे।”**

With best wishes and warm regards,

DR. BIMAL N. SHAH

President

Indian Medical Association

WEEKLY SCIENTIFIC PROGRAMME

Venue : **Lupin CME Auditorium**, IMA Building, J. R. Mhatre Marg,
Near PVR Cinema, J.V.P.D. Scheme, Juhu, Mumbai - 400 049.

THURSDAY at 2.30 p.m. Sharp.

DATE	Topic	Speaker
04.06.2026	MEDICINE UPDATE	
	ACC Highlights 2026	Dr. Ramesh Dargad
	Radiation Therapy : Not the last option, but the right one	Dr. Amrita Srivastava
	The Psychology of Investments: A Prescription for Financial Health	Mr. Aman Chawla Ms. Neha Goyani
	Say No To Tobacco	Dr. Bimal Shah
11.06.2026	SCIENTIFIC DISSEMINATION	
	Comprehensive Care in Cardiac Patients: Understanding importance of Shingles Prevention	Dr. Sameer Pagad
	T2D + > 3 RF Extra Care for High Risk T2D	Dr. Archana Juneja
	Vitamins for Vegetarians	Dr. Firdous Shaikh
	Aging is Inevitable Suffering is Optional	Dr. Rishi Tandulwadkar
18.06.2026	SCIENTIFIC DISSEMINATION	
	Diabetic Macular Edema : From Understanding to Treatment	Dr. Uday Tekchandani
	Double Trouble: Navigating Allergic Rhinitis & Obstructive Sleep Apnea	Dr. Rahul Modi
	The Psychology of Investments: A Prescription for Financial Health	Mr. Aman Chawla & Neha Goyani
25.06.2026	ORTHO & HISTOPATHOLOGY UPDATE	
	The Art and Science of Onco-pathology	Dr. Pravin Mahajan
	The role of Immunohistochemistry in Onco-pathology	Dr. Maria Alina Desouza
	Robotic Joint Replacement	Dr. Vaibhav Kasodekar

• WORKING LUNCH WILL BE SERVED FROM 01.00 TO 02.00 PM BEFORE EACH CME

- ▶ CGP, AMS & IMA Members : **Rs. 200/-** (Not Paid Annual Fees) (Weekly Lectures).
- ▶ Eligible Non Members : **Rs.500/-** per lecture.
- ▶ CHARGES FOR MMC CREDIT HOURS (FOR THE ACCREDITED CMES) **Rs. 100/-**.
- ▶ 18% GST Charges are included on the above rates.

DR. BIMAL N. SHAH

President

DR. KINJAL MODI

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IMA - Mumbai West AMS Branch Chapter

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Hon. Secretary

DR. PRANITA BHATTE-WORLIKAR

Asst. Director of Studies

IMA - Mumbai West C.G.P. Sub Faculty

DR. BHAVNA PATEL

Hon. Secretary

DR. HEMAL MEHTA

Asst. Secretary

From HON. SECRETARY'S DESK...



Hello Friends,

Greetings from IMA Mumbai West.

We are still facing summer heat that drags on and is exhausting us. Waiting for monsoon magic which is close! The first Rain smell - petrichor is worth the wait.

At IMA Mumbai West a lot of hard work is put in by our various committee members to bring to you myriad activities.

The month of May witnessed a series of Academic programs, CMEs and Cultural events. Apart from weekly CMEs by CGP Sub Faculty, we had special Days Celebrations. On Sunday, 10th May we celebrated '**World Asthma Day**', on 12th May, we organized lectures on '**World Chronic Fatigue Syndrome Awareness Day**'. On Sunday, 17th May we conducted '**World Hypertensin Day**' program followed by '**World Family Doctor Day**' which falls on 19th May.

We had an affiliating two conferences, best of ACC on 9th & 10th May at Hotel J W Marriott and Cross Connect 2026 on 16th & 17th May at Hotel Grand Hyatt. On 24th May, we were invited by Torrent Diagnostics to visit their newly started '**National Reference Laboratory**' - Massive 1 lakh sq. ft. area with High end Equipments, advanced technology, Electron Microscopy, reaching into the depth - Scientifically.

This is going to help we doctors to gain access to world - class diagnostic capabilities in the field of Molecular Diagnostics, Genomics and NGS as well. We also

witnessed very informative zoom - lecture on 21st May '**Medicolegal Myths & Realities**' arranged by IMA MS Medical Legal Committee and on 29th May, Webinar arrange by IMA HQ CGP, Chennai delivering talk on '**Time to Treat Obesity as a Disease**'.

Next, focusing on Cultural activities, our branch held the screening of a Movie '**CHHAVA**' for our members on 10th May afternoon after the World Asthma Day Conference. On Sunday, 17th May afternoon again after the World Hypertension Day Conference - our Cultural Committee had organized, A Musical tribute to Late Legendary Singer Asha Bhosle songs sang by our members.

Membership Drive Sub Committee enrolled 34 new life members.

Friends, as you are all aware, the WHO has declared the current Ebola outbreak, a Public Health Emergency. We will be in touch with Dr. Daksha Shah, the Health Officer, MCGM Mumbai, to conduct CME for the same. So dear members, many more programs are planned for the weeks ahead that will be most gratifying.

I thank my guiding force - all the Trustees, President, Office Bearers and Managing Committee Members for their support. Welcoming suggestions from all for facilitating smooth functioning of our branch.

Dear friends, keeping in mind approaching

International Yoga Day and inspired by the theme "Yoga for Healthy Ageing", get ready for achieving fitness & wellness with mindfulness and positive energy.

Get walking.....

Walk away from thoughts that steal your happiness,
Walk away from arguments that lead to anger,

And see....

The Happier your Life will be !!

With warm regards,
Long live IMA !

DR. BHAVNA PATEL
Hon. Secretary

CONGRATULATIONS



Past President of IMA Mumbai West Branch &
Trustee of Malad Medical Association,

PROF. DR. KETAN K MEHTA

received prestigious

"LIFE TIME ACHIEVEMENT AWARD"

from **Malad Medical Association** on **31.05.2026**.

Congratulations ! We are proud of you !
Keep it up !

DR. BIMAL N. SHAH
President

DR. BHAVNA PATEL
Hon. Secretary

REPORT : BEST OF ACC 2026 - CARDIOVASCULAR MEDICINE



IMA Mumbai West was accreditation partner (3 MMC points) for the second consecutive year for **Best of ACC 2026 - Cardiovascular Medicine on 9th & 10th May 2026**. The theme this year was '**Major Topics in Cardiology Today**'. 600 International and National delegates participated.

Dr. Rashmi Mehta was privileged to welcome all the delegates on behalf of IMA Mumbai West and be part of the inauguration ceremony. Thank you President IMA MW Dr. Bimal Shah & Program coordinator Dr. Ketan Mehta.

DR. RASHMI MEHTA, IPP

REPORT : CROSS CONNECT 2026



IMA Mumbai West was an accreditation partner (3 MMC points) for the International Conference **CROSS CONNECT 2026 on 16th & 17th May 2026 at Hotel Grand Hyatt, Santacruz**, on the theme of **Cardio- renal- metabolic nexus**. President Dr. Bimal Shah welcomed all the delegates on behalf of IMA Mumbai West and was part of the Inauguration Ceremony along with Hon. Secretary Dr. Bhavna Patel, Trustee Dr. Jayesh Lele, Program coordinator Dr Ketan Mehta & IPP Dr. Rashmi Mehta.

DR. BIMAL N SHAH

President

OBITUARY

We condole the sad demise of our Senior life members.



DR. PRABHU A. SOLANKI
from Andheri (E)
on
5th May 2026.



DR. KISHANLAL N. GANDHI
from Vile Parle (W)
on
8th May 2026.



DR. DATTARAM R. KOLI
from Malad (W)
on
9th May 2026.



DR. HEMANT K. SHEODE
from Andheri (E)
on
12th May 2026.



DR. PRATHAMESH R. THAKER
from Malad (W)
on
21st April 2026.



DR. ROHINTON BEJON PANTHAKY
from Santacruz (W)
on
18th May 2026.



DR. SHUBHANGI SUNIL DHAGE
from Santacruz (E)
on
24th May 2026.



DR. SHRIRANG SANGLIKAR
from Vile Parle (E)
on
30th May 2026.

May God give strength to their family members to withstand this immense loss.

DR. BIMAL N SHAH
President

DR. BHAVNA PATEL
Hon. Secretary

Jointly with the Office Bearers, Trustees &
Members of Managing Committee

MONTHLY CGP REPORT

◆ 07/05/2026 - MEDICINE UPDATE, Convenor: Dr. Akil Contractor

The first lecture was delivered by **Dr. Jayant Barve**, Gastroenterologist, on the topic "Lifestyle Modification as Frontline Therapy: MASLD." He explained the pathophysiology of Metabolic Dysfunction-Associated Steatotic Liver Disease (MASLD) and emphasized the importance of lifestyle modification as the primary treatment strategy. He highlighted the role of a balanced diet low in carbohydrates and fats, the consumption of low glycemic index foods, and the use of monounsaturated fatty acid (MUFA) oils.

The second lecture was delivered by **Dr. Kshma Vibhakar**, Dermatologist, on the topic "Beyond the Wheal: Management of Urticaria." She discussed the pathophysiology, various types, and etiological factors of urticaria. She also elaborated on the available treatment options and highlighted the role of the newer therapeutic agent, Omalizumab, in the management of chronic urticaria.

The third lecture was delivered by **Dr. Sharad Sheth**, Nephrologist, on the topic "Transplant Versus Dialysis: Making the Right Choice." He provided an overview of the treatment options available for End-Stage Renal Disease (ESRD), including hemodialysis, peritoneal dialysis, and renal transplantation. He also explained the evaluation process, investigations, and procedures required for transplantation. He emphasized that patients may continue on dialysis while awaiting the availability of a suitable donor for transplantation..

◆ 10/05/2026 - WORLD ASTH(MA) DAY, Convenor: Dr Kinjal Modi

SPEAKER : Dr. Agam Vora, Dr. Tampi P S, Dr. Parag Mehta, Dr. Avya Bansal, Dr. Prajay Lunia, Dr. Kinjal Modi, Dr. Jayalakshmi, Dr. Anuradha Shah, Dr. Ketan Mehta, Dr. Bimal Shah, Dr. Rashmi Mehta, Dr. Anuradha Shah, Dr. Arvind Kate, Dr. Caroline Simon, Dietitian Nooper Mehta.

◆ 12/05/2026 - WORLD CHRONIC FATIGUE SYNDROME AWARENESS DAY

In observance of World Chronic Fatigue Awareness Day. Welcome address and introduction by Convenors Dr. Bhavna Patel and Dr. Akil Contractor.

The first lecture was delivered by **Dr. Sanjith Saseedharan** on the topic "Chronic Fatigue Syndrome". He comprehensively discussed the causes, symptoms, and clinical manifestations of chronic fatigue syndrome. He also elaborated on the various treatment modalities available for managing chronic fatigue and highlighted the role of supplements such as Coenzyme Q10, L-Carnitine, and NADH in improving patient outcomes.

The second lecture was delivered by Dr. Vaishal Kenia, Ophthalmologist, on the topic "Chronic Fatigue and Ocular Health." He explained the impact of prolonged screen time on ocular health and discussed common eye-related conditions associated with excessive digital device use, including dry eye syndrome and keratoconus, particularly

among the younger generation.

The third lecture was delivered by Dr. Girish Parmar, Endocrinologist, on the topic "Fatigue as a Cause of Secondary Hypertension." He discussed the various causes of hypertension in young adults, with special emphasis on secondary hypertension. He highlighted rare but significant causes such as primary aldosteronism, emphasizing that early diagnosis and treatment can help prevent the development of resistant hypertension and improve long-term cardiovascular outcomes..

◆ 14/05/2026 - MEDICINE UPDATE,

Convenors : Dr. Akil Contractor, Dr. Pranita, Dr. Rashmi Mehta

The first lecture was delivered by **Dr. Arun Shah**, Nephrologist, on the topic "Semaglutide in CKD: Navigating Renal Protection." He explained the role of semaglutide in weight reduction among obese patients and highlighted its renal protective benefits in patients with Chronic Kidney Disease (CKD). He presented the findings of major clinical trials, including PIONEER, SOUL, SUSTAIN, and STEP, and discussed how semaglutide can help improve eGFR in CKD patients. He also elaborated on the dosage regimens, indications, and contraindications of both oral and injectable formulations of semaglutide.

The second lecture was delivered by **Dr. Devendra Patil**, Urosurgeon, on the topic "Role of Robotic Surgery in Renal Masses." He provided an overview of the evolution of robotic surgery and discussed various procedures that can be performed robotically, including partial nephrectomy and IVC thrombectomy. He emphasized the utility of robotic surgery in selected advanced and complex cases and presented several illustrative case studies demonstrating its effectiveness and precision.

The third session was conducted by **Mr. Vinit Jain** on the topic of Financial Planning and Portfolio Management. He discussed various aspects of financial planning, including investment strategies, asset allocation, security selection, portfolio deployment, tactical interventions, periodic review, and portfolio rebalancing. He highlighted the importance of structured financial planning for achieving long-term financial goals.

The final lecture was delivered by **Dr. Yash Gore**, Neurosurgeon, on the topic "From Symptoms to Scans: Warning Signs in Neurology and CT/MRI Made Easy." He explained the role of CT scans and MRI in the evaluation of various neurological conditions, particularly headaches. He highlighted important indications for neuroimaging, including recurrent or severe headaches, neck pain, back pain, tingling and numbness in the upper and lower limbs, and vertigo. He emphasized the importance of timely imaging in identifying underlying neurological disorders and guiding appropriate management.

DR. HEMAL MEHTA

Asst. Secretary, IMA CGP IMA Mumbai West Sub Faculty

VISIT TO TORRENT DIAGNOSTIC



Advances in the field of Pathology and Microbiology have given clinicians a major enhancement in their treatment modalities and protocols. State of the art laboratories and diagnostic centers have been developed by many innovators. Torrent Pharma has established Torrent Diagnostics, a National Reference Laboratory that is set to establish New Benchmarks in Clinical Excellence. We were fortunate to visit Torrent Diagnostics on Sun, 24th May, 2026.

An impressive establishment set up in 2 wings, covering an area of 1 lakh square feet, the center is aesthetically & ergonomically designed with provisions for an expansion capacity too. Unique features, starting from sample collection kits with innovative technologies like Optidraw for minimizing quantity of blood collection to real time monitoring of sample temperatures are the hallmarks of Torrent Diagnostics. The whole range of investigative Pathology and Microbiology is arranged and set up in a linear fashion with well coordinated modern technological tools & modular arrangements of equipments. The latest microscopes and equipment such as TEM, Maldi of & Anoxomat were impressive. The following team of doctors visited the center :

1. **DR JAYESH LELE**, Program coordinator, Past HSG IMA HQ, Family Physician
2. **DR KETAN MEHTA**, Past President IMA Mumbai West & Internist
3. **DR SHOBHA AHUJA**, Past President, IMA Mumbai West, Dean CGP, IMA HQ & Family Physician
4. **DR BHAVNA PATEL**, Hon. Secretary IMA Mumbai West, Consultant Pathologist
5. **DR RASHMI MEHTA**, IPP IMA Mumbai West, Vice President IMA Maharashtra State & Consultant General Surgeon
6. **DR MANGALA GOMARE**, President IMA Mumbai, Retired Executive Health Officer, BMC

7. **DR PRAGJI VAJA**, Vice President IMA Mumbai, Family Physician
8. **DR GHANSHYAM DULERA**, President IMA Navi Mumbai, Physician
9. **DR ALKA PATNAIK**, Hon. Secretary IMA Navi Mumbai, Consultant Physician
10. **DR GANGADHAR MAHESHWARI**, Past President, IMA Navi Mumbai, Physician (Industrial Medicine)
11. **DR KIRAN MAHESHWARI**, IMA Navi Mumbai, Physician
12. **DR UJWALA MAHESHWARI**, HOD, Pathology, MGM College, Kamothe, Navi Mumbai
13. **DR MAHESH MAHESHWARI**, Orthopedic Surgeon, Kharghar, Navi Mumbai
14. **DR V. SAVITRI**, Occupational Health Consultant Johnson and Johnson
15. **DR RAJEEV RAO**, Pathologist, Dean DY Patil Medical College
16. **DR PRASAD KULKARNI**, Pathologist, Navi Mumbai
17. **DR. V D TADWALKAR**, Physician, Nerul, Navi Mumbai

We congratulate Torrent on launching this pioneering Diagnostic Centre and wish them all the success in enhancing patient care. We are thankful for the visit and their hospitality. The team of doctors at Torrent Diagnostics led by Dr Mukesh Agrawal took us patiently through all the infrastructure, resources and innovations available. Some of the diagnostic technique facilities were indeed an eye opener for us. The administrative team led by Mr Ravi Aggarwal was very congenial, helpful and guided us well.

DR. RASHMI MEHTA

Imm. Past President

WELCOME NEW MEMBERS

Andheri	Dr. Ambekar Atul Anand Dr. Khan Zaeema Ambreen Ehtesham Husain Dr. Maheshwari Aradhita Sanjiv Dr. Shah Riya Kaushal
Borivali	Dr. Chavan Prasad Gunaji Dr. Panchal Rajesh Mafatlal
Malad	Dr. Bhatia Shobna Jangilal Dr. Sheth Darshan Hitesh
Santacruz	Dr. Bachani Deepak Surender Dr. Kawale Snehal Vasant Dr. Devlekar Sonam
Vile Parle	Dr. Desai Kushal Bhavin Dr. Aashita Malik

DR. BIMAL N SHAH

President

DR. BHAVNA PATEL

Hon. Secretary

WORLD HYPERTENSION DAY



REPORT : WORLD HYPERTENSION DAY WAS CELEBRATED ON SUNDAY, 17TH MAY 2026.

Hon. Secretary Dr. Bhavna Patel gave an introductory welcome to all the delegates about World Hypertension Day Conference. President Dr. Bimal N Shah welcomed all the delegates and introduced the Convenor Dr. G. P. Ratnaparkhi.

The opening batsman Dr. Ratnaparkhi spoke about definition and classification of hypertension. Refractory, Ambulatory and Resistant Hypertension. He spoke about the rate of lowering of hypertension by aortic dissection, hypertensive encephalopathy to end organ damage, characteristics of emergencies, ABPM pattern etc. Weapons of mass destruction... smoking, alcohol, junk food and its prevalence... Hypertension being the silent killer.

Inauguration and lightening the lamp ceremony, was done by Dr Ratnaparkhi, President Dr Bimal Shah, secretary Dr Bhavna Patel and other dignitaries.

Dr. Renu Budhwani took the rein of the conference as MOC for rest of the precedings.

Dr Ramesh Dargad spoke about newer drugs in hypertension.

This was followed by Dr Madhur Maheshwari, who spoke of the approach and management of endocrine causes.

Dr Nitesh Karnire spoke of investigations...

Dr Sandip Bhurke spoke about kidney and Hypertension.

We also felicitated few senior family physicians who have made active contributions to IMA MW, on account of **WORLD FAMILY PHYSICIAN'S DAY** on **19th May 2026**.

- | | |
|---------------------------|-------------------------|
| 1. Dr. Ramesh Rajani | 2. Dr. Razia Contractor |
| 3. Dr. Smita Lele | 4. Dr. S. K. Joshi |
| 5. Dr. Rashmikant Sanghvi | 6. Dr. Shobha Ahuja |

In the end, our Joint Secretary Dr. Rashmi Chopra presented Vote of Thanks. This was followed by delicious lunch of Aam-ras Puri, which was followed by definite return gifts from Dr. G. P. Ratnaparkhi's Gurukrupa Diagnostic Centre- a Digital BP Instrument and a multi-utility bag to all the delegates.

This was followed by 3rd Cultural Event of the year - A Musical Tribute to Asha Bhosle.

DR. RENU BUDHWANI

Hon. Secretary, IMA - AMS Branch Chapter

WORLD HYPERTENSION DAY



REPORT : CULTURAL SUB COMMITTEE

IMA-Mumbai West had double dhamaka on **Sunday, 17th May 2026** CME + CME (Continuation of Medical Education + Continuation of Musical Entertainment) on the occasion of World Hypertension Day, Dr. G. P. Ratnaparkhi organised superb Conference in the first half of day. This was followed by yet another cultural event A Musical Tribute To Asha Bhosale.

IMA members presented hilarious songs of Asha Bhosle. The program started with Aiye mehraba by Dr. Darshana Kulkarni in her melodious voice. Different genres of Asha Bhosale were presented by other talented singers. Dr. Rohini Badwe, Dr. Jagruti Sanghvi, Dr. Kshama Vibhakar, Dr. Sangeeta Shingatgeri, Dr. Mohini Velepulkar, Dr. Neeta Arane, Dr. Aneesh Sabnis, Dr. Amarnath Updhye & Dr. Thomas Abraham.

Dr. Jagruti Sanghvi was at her best in compering.

Pandit Girish Chhatre took rein of their technical part and also guided the singers.

Sports Secretary Dr. Nilesh Panchal presented two peppy numbers on his saxophone. Audience participation was amazing with wholehearted enthusiasm.

President Dr. Bimal Shah presented shayree in honour of the great singer Asha Bhosle. All the participants of this event were aptly felicitated by the President. Everyone enjoyed high tea in the end.

A sincere acknowledgement to IMA MW especially President, Secretary and entire managing committee. All the participants who prepared this program at a very short notice and did their best. Thanks to all the singers, Pandit Girish Chhatre, Sound technician Mr. Sandesh & last but not the least, the enthusiastic audience.

Long live IMA.

DR. ROHINI BADWE

Chairperson, Cultural Sub Committee

CULTURAL EVENT



**IMA-AMS BRANCH CHAPTER and IMA CGP BRANCH SUB FACULTY of
INDIAN MEDICAL ASSOCIATION-MUMBAI WEST BRANCH**

in association with

NANAVATI MAX SUPER SPECIALTY HOSPITAL

Presents

“NANAVATICON”

Day & Date : **SUNDAY, 14TH JUNE 2026**
Time : 08.30 am onwards
Venue : IMA Hall, J. R. Mhatre Marg, Near PVR Cinema,
J.V.P.D. Scheme, Juhu, Mumbai-400 049.

PROGRAM

DATE	Topic	Speaker
08.30 - 09.00 am	Registration & Breakfast	
09.00 - 09.05 am	Welcome	President, Dr. Bimal N. Shah Hon. Sec., Dr. Bhavna Patel
09.05 - 09.35 am	Case Based Approach to Liver Dysfunction	Dr. Gaurav Chaubal
09.35 - 10.05 am	Hand Transplantation-A Miracle of Reconstructive Microsurgery	Dr. Nilesh Satbhai
10.05 - 10.35 am	Recent updates in Breast Cancer	Dr. Garvit Chitkara
10.35 - 11.05 am	Robotics in Urology/Uro-Oncology : from Scepticism to Standard of Care.	Dr. Avanish Arora
11.05 - 11.35 am	Early Intervention in Hearing Loss	Dr. Sanjiv Badhwar
11.35 - 12.05 pm	Most Advanced Mako Robotic Knee and Hip Replacement Surgery for Complex Arthritis	Prof. Dr Pradeep Bhosale
12.05 - 12.35 pm	Decoding the Mystery of GUT	Dr. Amol Vadgaonkar
12.35 - 01.05 pm	Impossible is Nothing	Dr. Sameer Pagad
01.05 pm onwards	Vote of Thanks & Lunch	

◆ **REGISTRATION FEES :**

- ❖ All IMA Members : **FREE, but a must.**
- ❖ Eligible non members : **Rs. 500/-**
- ◆ MMC Accreditation has been applied for.
- ◆ CHARGES FOR MMC CREDIT HOURS (FOR THE ACCREDITED CMEs) Rs. 100/-
APPLICABLE TO ALL IMA MEMBERS DESIROUS OF CREDIT HOURS.
- ◆ 18% GST Charges are included in the above rates.

SMS FOR REGISTRATION : (M) 7045452656

DR. BIMAL N SHAH
President

DR. BHAVNA PATEL
Hon. Secretary

DR. BHAVIKA HOTCHANDANI
Program Convenor

DR. AKIL CONTRACTOR
Program Convenor

DR. KINJAL MODI
Chairman
IMA - Mumbai West AMS Branch Chapter

DR. RENU BUDHWANI
Hon. Secretary

DR. PRANITA BHATTE-WORLIKAR
Asst. Director of Studies
IMA - Mumbai West C.G.P. Sub Faculty

DR. HEMAL MEHTA
Asst. Secretary

INDIAN MEDICAL ASSOCIATION MUMBAI WEST BRANCH

in association with

EXICON CONSULTING PVT. LTD.
(AN EXICON GROUP COMPANY)

organised

WEBINAR : “PEDIATRIC CERTIFICATION”

Day & Date : **TUESDAY, 14TH JULY 2026**

Time : 02.30 pm onwards.

PROGRAM

DATE	Topic	Speaker
02.30 - 03.00 pm	Welcome & Introduction	
03.00 - 03.15 pm	Pediatric Allergies & Respiratory Disease	Dr. Jagruti Sanghvi
03.15 - 03.45 pm	Impact of Allergic Rhinitis on Cognitive & Physical Development in Children	Dr. Manjusha Giri
03.45 - 04.15 pm	Differentiation of Viral vs Bacterial Infections in URTIS	Dr. Agam Vora
04.15 - 05.00 pm	Questions & Answers	
05.00 pm	Vote of Thanks	

◆ **FREE WEBINAR FOR ALL IMA MEMBERS.**

◆ **MMC ACCREDITATION HAS BEEN APPLIED FOR.**

DR. BIMAL N SHAH
President

DR. BHAVNA PATEL
Hon. Secretary

DR. JAYESH LELE
Program Co-ordinator

WRITE UP OF THE IMA MUMBAI WEST "WORLD ASTHMA DAY" CME PROGRAM

The Academy of Medical Specialities (AMS) Branch Chapter of Indian Medical Association (IMA), Mumbai West Branch, organized a comprehensive academic program titled **"World Asthma Day"** based on the GINA Theme 2026 : "Access to Anti-Inflammatory Inhalers for Everyone with Asthma - Still an Urgent Need." Held on Sunday, 10th May 2026 at IMA Hall, Juhu, Mumbai, the program brought together leading experts to discuss contemporary challenges and advances in asthma diagnosis and management, with a multidisciplinary approach. Around 150 doctors across Mumbai attended this event and interacted with the speakers. American College of Chest Physician Western India Chapter sponsored this event.

Key Highlights of the Program : The event began with registration and breakfast, followed by the welcome and inauguration by IMA leadership including Academy of Medical Specialities (AMS) Branch Chapter Dr. Bimal N. Shah (President) and Dr. Bhavna Patel (Hon. Secretary) along with Deep Pragatyam by the dignitaries.

The academic sessions covered several important aspects of asthma care:

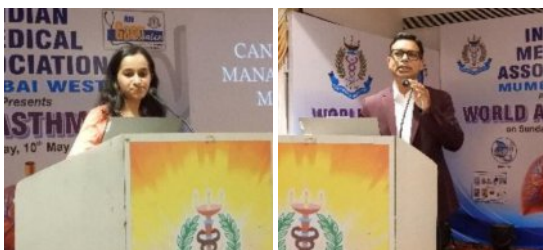
- Why physicians need to actively learn and update asthma management practices, presented by Dr. Agam Vora.
- Rapid & practical diagnosis of asthma in everyday clinical practice, delivered by Dr. Tampi P. S.
- Panel discussion on the dilemma of choosing appropriate inhaler devices and medications, featuring experts including Dr. Parag Mehta, Dr. Avya Bansal, and Dr. Prajay Lunia, moderated by Dr Kinjal Modi.
- Practical interpretation of spirometry, an essential tool for asthma diagnosis and monitoring, explained by Dr. Kinjal D. Modi.
- The evolving role of steroids in asthma management, discussed by Dr. Jayalakshmi.
- Keynote lecture on "Asthma in India from My Eyes", delivered by Dr. Anuradha Shah.
- Multidisciplinary Panel Discussions:
With a major focus of the program was understanding asthma beyond the lungs, "Asthma at War with Other Systems" explored interactions between asthma and other organ systems, with insights from Dr. Ketan Mehta, Dr. Bimal Shah, and Dr. Rashmi Mehta, moderated by Dr. Kinjal Modi.
- "Asthma Attack in OPD and Later" addressed acute asthma management and follow-up care, featuring Dr. Anuradha Shah, Dr. Parag Mehta, and Dr. Caroline Simon, moderated by Dr. Saurabh Mandliwar.
- The concluding lecture by Dr. Noopur Mehta discussed whether asthma can be managed beyond conventional medications, highlighting future therapeutic possibilities.

Special Highlight :

A standout feature of the event was FREE SPIROMETRY FOR ALL DELEGATES, emphasizing the importance of lung function testing in routine asthma care. Also, we had fillers in between lectures on the theme of Mother's Day, as it coincided with the same day. The program successfully provided a practical, evidence-based and multidisciplinary update on asthma management, helping physicians improve diagnosis, optimize inhaler use, understand systemic associations, and deliver better patient-centered respiratory care. It served as an

WORLD ASTHMA DAY





excellent academic platform for clinicians to enhance their knowledge and skills in tackling one of the most common chronic respiratory diseases. Dr Kinjal Modi was the Program Convenor, Dr Renu Budhwani was MOC with Dr Kinjal. Again, I am grateful to American College of Chest Physician Western India Chapter and IMA Mumbai West for the arrangement of this conference.

DR. KINJAL D. MODI

Program Convenor & Chairman, IMA MW AMS Branch Chapter.

MINUTES OF THE ANNUAL ELECTION MEETING HELD ON SUNDAY, 15TH MARCH 2026

The election meeting was called to order at 8.30 am by President, Dr. Rashmi Mehta. She informed the house that there are no elections as everyone had got elected unopposed. She concluded the meeting and informed that the result of the election will be declared during the Annual General Body Meeting to be held at 02.00 pm.

Following members attended the meeting :

Dr. Rashmi Mehta, Dr. Vikram Pal, Dr. Madhubala Chinchalkar, Dr. Bhavna Patel, Dr. Ashok Rathod, Dr. Pranita Worlikar, Dr. J L Chopra, Dr. C S Shobha, Dr. Amar Gandhi, Dr. Uma Shetty, Dr. Yagnesh Bhatt, Dr. A K Upadhyaya, Dr. Parthiv Sanghvi, Dr. Jayesh Lele, Dr. Sunil Navani, Dr. R S Shedge, Dr. N D Chandarana, Dr. Akil Contractor & Dr. Manoj Patel.

MINUTES OF THE ANNUAL GENERAL BODY MEETING (BUSINESS MEETING) HELD ON SUNDAY, 15TH MARCH 2026

Since there was no quorum at 2 pm, the meeting was adjourned for half an hour and was held at the end of half an hour at 2.30 pm at IMA Building, Near PVR Cinema, J. R. Mhatre Marg, Near PVR Cinema, J.V.P.D. Scheme, Juhu, Mumbai - 400 049.

Following members attended the meeting :

Dr. Rashmi Mehta, Dr. Vikram Pal, Dr. Madhubala Chinchalkar, Dr. Bhavna Patel, Dr. Shashikant Sheth, Dr. Shobha Ahuja, Dr. Renu Budhwani, Dr. S K Gajria, Dr. Razia Contractor, Dr. Rashmi Chopra, Dr. Sanjay Dudhat, Dr. Harshad J Desai, Dr. Rashmikant Sanghvi, Dr. Pranita Worlikar, Dr. Abhilasha Patnekar, Dr. Jayesh Lele, Dr. Pratibha Thoravade, Dr. Kamlesh Gandhi, Dr. S K Joshi, Dr. Jagdip R Upadhyaya, Dr. Kinjal Modi, Dr. Jagruti Sanghvi, Dr. Parthiv Sanghvi, Dr. Shalin Soni, Dr. Ramesh Rajani, Dr. Bimal N Shah, Dr. C S Shobha, Dr. J L Chopra, Dr. Akil Contractor & Dr. Manoj Patel.

Dr. Rashmi Mehta welcomed everyone and asked Hon. Secretary Dr. Madhubala Chinchalkar to proceed as per agenda. Dr. Chinchalkar read the notice of the meeting and proceeded as per agenda as follows:

Agenda 1: Condolences.

Hon. Secretary, Dr. Madhubala Chinchalkar informed the house about the sad demise of following members during the year.

1. Dr. Ayesha Khan from Jogeshwari (W) on Wednesday, 25.12.2024;
2. Dr. Dolatbhai M. Desai from Vile Parle (W) on 4th March 2025;
3. Dr. Mangesh Ghulgule from Andheri (West) on 10th March 2025;
4. Dr. Prabha Lalitmohan Kapoor from Andheri (E) on 26th March 2025;
5. Dr. Ramesh M. Shah from Vile Parle (W) on 6th April 2025;
6. Dr. Sunil Chaubal from Borivali (E) on 17th April 2025;
7. Dr Kirtikant N. Khergamkar from Malad (W) on 5th May 2025;
8. Dr Gangaram J. Panchal from Andheri (E) on 14th June 2025;

9. Dr. Bhalchandra Ramkrishna from Andheri (W) on 16th June 2025;
10. Dr. Satish Naik from Andheri (E) on 9th July 2025;
11. Dr. Rashid Merchant from Bandra (W) on 19th July 2025;
12. Dr. Alim K. Chandiramani from Bandra (W) on 2nd August 2025;
13. Dr. Krishnalal N. Gandhi from Vile Parle (W) on 5th August 2025;
14. Dr. Vinod Vrajlal Sheth from Vile Parle (W) on 23rd August 2025;
15. Dr. Anita Borges from Dadar (W) on 18th September 2025;
16. Dr. Milind Jeste from Goregaon (W) on Tuesday, 20th May 2025;
17. Dr. Subhash Shripad Shetye from Andheri (W) on Wednesday, 08th October 2025;
18. Dr. Rajendrakumar M. Tainwala from Malad (W) on Tuesday, 21st October 2025;
19. Dr. Pradeep Joshi from Malad (W) on Sunday, 25th October 2025;
20. Dr. Bakulesh S Mehta from Andheri (E) on Saturday, 01st November 2025;
21. Dr. Pallavi J. Bhatt from Santacruz (W) on Tuesday, 04th November 2025;
22. Dr. Bhalchandra V. Joglekar from Vile Parle - East on Tuesday, 25th November 2025;
23. Dr. V. S. Algundgi from Andheri - East on Sunday, 23rd November 2025;
24. Dr. Prakash Virbhadrha Kale from Andheri (W) on Wednesday, 3rd December 2025;
25. Dr. Raj Shekhar Gandhi from Juhu on Monday, 15th December 2025.

One minute of silence was observed by the house for departed souls.

Agenda 2 : To read & confirm the minutes of

- a) Annual General Body Meeting held on Sunday, 09.03.2025.
- b) Additional General Body Meeting held on Friday, 15.08.2025.
- c) Special General Body Meeting held on Sunday, 17.08.2025.

a) Annual General Body Meeting held on Sunday, 09.03.2025.

Minutes of AGM on 09.03.2025 were passed unanimously.

Proposed by: Dr. Rashmi Chopra Seconded by : Dr Pranita Bhatte-Worlikar

b) An Additional General Body Meeting held on Friday, 15.08.2025.

Minutes of AGM on 15.08.2025 were passed unanimously.

Proposed by: Dr. Renu Budhwani Seconded by : Dr. Subash Gajria

c) Special General Body Meeting held on Sunday, 17.08.2025

Minutes of AGM on 17.08.2025 were passed unanimously.

Proposed by : Dr. Shobha Ahuja Seconded by : Dr. S K Joshi

Agenda 3 : To consider business arising out of the minutes.

1. President, Dr Rashmi Mehta informed the house that in the Hongkong matter Criminal case, the negotiations with Mr. Zarekar have failed, the next date is in November 2026. A writ petition has been filed in the High Court to expedite the case to get an earlier date in Borivali court with J. M. F. C.. The matter will come for circulation in the High Court on 2nd April.

In the Consumer court, in the cases filed between IMA v/s Oppex Tours & Abhay Manudhane v/s IMA future dates are given.

2. As decided in the last AGM, 'Dr Surabhai Sheth' plaque at the entrance, has been put.
3. As decided in the last AGM, the web security matter has been taken care of by Trustee Dr Jayesh Lele.

Agenda 4 : To declare the results of the election.

Hon. Secretary, Dr. Madhubala Chinchalkar informed the house, there was no election this year. President, Dr. Rashmi Mehta declared the names of all the unopposed elected candidates.

RESULT ELECTION - 2026

OFFICE BEARERS	MANAGING COMMITTEE MEMBERS
PRESIDENT:- DR. SHAH BIMAL N. ELECTED UNCONTESTED	BANDRA :- DR. SHAIKH AMBARI FIRDOUS ELECTED UNCONTESTED
VICE PRESIDENT:- DR. CHINCHALKAR MADHUBALA ELECTED UNCONTESTED	KHAR :- DR. AHUJA SHOBHA ELECTED UNCONTESTED
HON. SECRETARY:- DR. PATEL BHAVNA ELECTED UNCONTESTED	SANTACRUZ :- DR. JOSHI VIJAYKUMAR ELECTED UNCONTESTED
HON. TREASURER:- DR. SONI SHALIN ELECTED UNCONTESTED	VILE PARLE :- DR. BHEDA HANSA ELECTED UNCONTESTED DR. JIMULIA TUSHAR ELECTED UNCONTESTED DR. JAGRUTI SANGHVI ELECTED UNCONTESTED DR. PARTHIV SANGHVI ELECTED UNCONTESTED
HON. JOINT SECRETARY:- DR. CHOPRA RASHMI ELECTED UNCONTESTED	ANDHERI :- DR. CHOPRA JAGMOHAN ELECTED UNCONTESTED DR. HOTCHANDANI BHAVIKA ELECTED UNCONTESTED DR. PAL VIKRAM ELECTED UNCONTESTED DR. PANCHAL NILESH ELECTED UNCONTESTED DR. RATNAPARKHI GAJANAN ELECTED UNCONTESTED DR. SABNIS ANEESH ELECTED UNCONTESTED DR. SHASTRI DIMPLE ELECTED UNCONTESTED DR. VIBHAKAR SHAMA ELECTED UNCONTESTED
IMA - C.G.P. MUMBAI WEST BRANCH SUB FACULTY	
ASST. DIRECTOR OF STUDIES DR. BHATTE-WORLIKAR PRANITA ELECTED UNCONTESTED	JOGESHWARI :- DR. KAMAT MANMOHAN ELECTED UNCONTESTED DR. THORAVADE PRATIBHA ELECTED UNCONTESTED
ASST. SECRETARY DR. MEHTA HEMAL ELECTED UNCONTESTED	GOREGAON :- DR. BADWE ROHINI ELECTED UNCONTESTED DR. JOSHI-GOKHALAY SONALI ELECTED UNCONTESTED
IMA A.M.S. MUMBAI WEST BRANCH CHAPTER	
CHAIRMAN DR. MODI KINJAL ELECTED UNCONTESTED	MALAD :- DR. PATNEKAR ABHILASHA ELECTED UNCONTESTED DR. PUROHIT AASHISH ELECTED UNCONTESTED
ASST. SECRETARY DR. BUDHWANI RENU ELECTED UNCONTESTED	KANDIVLI :- DR. HARIANI AJAY ELECTED UNCONTESTED DR. MUCHHALA SNEHAL ELECTED UNCONTESTED
	BORIVLI :- DR. GANDHI KAMLESH ELECTED UNCONTESTED
	DAHISAR :- DR. UPADHYAYA JAGDIP ELECTED UNCONTESTED

Agenda 5 : To adopt the Annual Report of the Managing Committee covering all the activities of the branch. (The original reports of the other committees shall be appended to the above report) and to adopt various committee reports including the reports of CGP & AMS.

The reports were adopted unanimously by the house.

Agenda 6 : To consider the resolutions sent by the Members / Managing Committee and to discuss various amendments proposed by Managing Committee / Member. - NIL.

Agenda 7 : Any other business with the permission of the Chair.

1. President Dr. Rashmi Mehta informed the house that, the month of March has been declared by IMA HQs as fund raising month for the new HQ building. She appealed to the members to donate generously. Dr Shobha Ahuja informed the house that she will donate 10 K for the same next week. President, Dr Rashmi Mehta told the house that it was resolved in AGM 2 years ago that there will be Rs. 5 Lakh Donation from IMA Mumbai West for IMA HQ New Building every year till the building is constructed. The house agreed to Donate 5 Lakh Rs. for the same this year too.

Contributions to IMA HQ Building have been made regularly by our members. As of end of March, IMA MW contribution is Rs. 23,81,726/- and IMA Maharashtra State is Rs. 51 Lakhs.

2. President Dr Rashmi Mehta informed the house that the IMA Maharashtra State office has been shifted to IMA MW building. IMA MS staff was evacuated on a semi emergency basis since the IMA MS office roof was falling. They have been given temporary accommodation till repair work is completed. There was a discussion about consideration to be charged to them for cleaning, AC maintenance, electricity consumption etc. Opinions were given by Dr. Parthiv Sanghvi, Dr. Shobha Ahuja, Dr. Jagdip Upadhyaya, Dr. Jayesh Lele, Dr. Akil Contractor, Dr. Manoj Patel. It was concluded that the matter would be discussed with our CA and our Advocate before taking any final decision.

Everyone agreed that it was a privilege to host our parent body IMA Maharashtra State's office in their time of need.

3. There was a proposal to host the 2nd State Executive meeting of IMA Maharashtra State 2025-2026 and the house unanimously agreed to host the same in July / August and a letter to be sent to IMA Maharashtra State accordingly.
4. Dr Shobha Ahuja informed the house about the GPCON at IMA Mumbai West on 28th and 29th November. In principle, the house agreed and decided to finalise the details subsequently. It was decided to club it with the Annual Conference of IMA MW.
5. A resolution was passed by the house that if we get an opportunity to host any other National Conference, we shall follow the rules once laid down in the constitution of IMA HQ as done in the past. The rules as applicable to IMA National conference shall be followed as laid down in IMA HQ Constitution & Byelaws.
6. President Dr. Rashmi Mehta proposed that vacancies in the State Executive and Central Council to be filled from the floor in the next Managing Committee meeting. The house agreed unanimously.
7. President Dr. Rashmi Mehta informed the house about IMA Mumbai West hosting a meeting for the 2nd consecutive year, IMA HQs State Presidents and Secretaries meeting with the meeting of IMA HQ Office Bearers and it's Wings and Schemes. The meeting is on

the 21st and 22nd March. We are receiving itineraries of the delegates. Rooms have been booked in Hotel Karl Residency. On the 22nd March, Annual Day of IMA Mumbai West, Chief Guest is National President IMA HQ Dr. Anil Kumar Nayak and Guest of Honor is HSG Dr. Sarbari Datta.

A provisional budget of 8 lakhs was sanctioned for the HQ event by the house.

8. **MMC election :** President Dr Rashmi Mehta informed the house that last Sunday, 8th March, IMA MS selected 9 candidates for the upcoming MMC election. Members will be informed about the further developments as they will be finalized. She read the names of all the 9 candidates. It was decided that financial support may be given to the official branch candidate. Dr. Parthiv Sanghvi informed that, 18th March is the date of scrutiny and 24th March is that of withdrawal. 26th April is the date of election. The venue will be declared soon. Members will be informed about the further developments as they will be finalised.
9. President Dr. Rashmi Mehta informed the house that Trust board meeting was held and Dr. Manoj Patel has been elected as a Managing Trustee. The house congratulated the new Managing Trustee Dr. Manoj Patel.
10. President Dr. Rashmi Mehta informed the house that Dr. Shailaja Rane donated 21 K for text books. Dr. Nitin Shah's donation 35 K is transferred from Shikshan Mangal Yojana to text book donation with his consent. The mail has been received for the same.

The meeting ended with a Vote of Thanks to the chair.

DR. MADHUBALA CHINCHALKAR

Hon. Secretary, 2025 - 2026



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