



April 2026

VOLUME NO 50

ISSUE 1

MEDICAL e IMAGE

OF IMA MUMBAI WEST

President : DR. BIMAL N. SHAH

Hon. Secretary : DR. BHAVNA PATEL

SUNDAY, 05TH APRIL 2026

PAIN MANAGEMENT

on the occasion of

WORLD HEALTH ORGANISATION DAY

FRIDAY, 17TH APRIL 2026

RESPIROLOGY WEBINAR



Health Care
Doctor
Hospital
Pharmacist
Nurse
Dentist
First Aid
Surgeon
Emergency



INDIAN MEDICAL ASSOCIATION

MAHARASHTRA STATE

IMA Panel for MMC Elections

Voting on Sunday 26th April 2026 - 8 am to 5 pm



01

Dr. Rajeev B. Agarwal
Mira-Bhayander, Mumbai
Pediatrician



13

Dr. Sanjaykumar S. Deshmukh
Pandarpur
Radiologist



24

Dr. Ujwala Karad (Dahiphale)
Chhatrapati Sambhaji Nagar
Plastic Surgeon



27

Dr. Vasant Lunge
Amravati
Senior Professor
Community Medicine



29

Dr. Umesh Marathe
Nashik
Obstetrician &
Gynecologist



40

Dr. Vaijayanti Patwardhan
Pune
Obstetrician &
Gynecologist



43

Dr. Prashant Rahate
Nagpur
Laparoscopic
General Surgeon



48

Dr. Parthiv Sanghvi
Mumbai West
Laparoscopic
General Surgeon



56

Dr. Girish Vitthalrao Thakur
Parbani
ENT Surgeon,
Dean GMC Jalgaon

Please vote for Official IMA Maha Panel



INDIAN MEDICAL ASSOCIATION - MUMBAI WEST

I.M.A. Bldg., Behind Chandan Cinema, J. R. Mhatre Marg, J.V.P.D. Scheme, Juhu, Mumbai - 400 049.

Office : 2620 6517 (M) 7045452656 • Website : www.imamumbaiwest.com

E-mail: imamumbaiwest@yahoo.com / imamumbaiwest@gmail.com

MANAGING COMMITTEE 2026 - 2027

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Imm Past President	: DR. MEHTA RASHMI	6117 8811	9820008796	rashmimehta04@yahoo.co.in
Vice President	: DR. CHINCHALKAR MADHUBALA	-	9820323365	madhubalac.ima@gmail.com
Hon. Secretary	: DR. PATEL BHAVNA	-	9773161617	drbhavna50@gmail.com
Hon. Treasurer	: DR. SONI SHALIN	-	9820471214	drshalinsoni@gmail.com
Hon. Jt. Secretary	: DR. CHOPRA RASHMI	-	9820197376	drrashmichopra@gmail.com

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Dr. Kharkar Rajendra D	-	9821420956	drdkharkar@yahoo.com	Dr. Vibhakar Kshama	-	7498197123	drkshamavibhakar@gmail.com

MUMBAI - WEST SUB FACULTY OF IMA - CGP

Asst. Director of Studies	: Dr. Bhatte-Worlikar Pranita	2893 5185	9869739916	vidula.worlikar@gmail.com
Asst. Secretary	: Dr. Mehta Hemal	-	9820477137	drhmehta04@gmail.com

MUMBAI - WEST CHAPTER OF IMA - AMS

Chairman	: Dr. Modi Kinjal	2888 5001	9323851007	drkinjalmodi@gmail.com
Asst. Secretary	: Dr. Budhwani Renu	-	9820219621	drrenu03@gmail.com

BOARD OF TRUSTEES

Managing Trustee	: Dr. Patel Manoj	2614 6027	9821027131	drmanoj50@gmail.com
Members of Board of Trustees	Dr. Dudhat Sanjay	2636 3737	9821046063	sanjaydudhat@hotmail.com
	Dr. Contractor Akil	2612 7481	9892084360	raziakil@hotmail.com
	Dr. Inamdar B M	2877 2823	9833054054	bminamdar@gmail.com
	Dr. Lele Jayesh	91374 60471	9819812996	drjayeshlele@gmail.com

NEW ELECTED MANAGING COMMITTEE 2026 - 2027
OFFICE BEARERS



DR. SHAH BIMAL N.
President



DR. MEHTA RASHMI
Imm. Past President



DR. CHINCHALKAR MADHUBALA
Vice President



DR. PATEL BHAVNA
Hon. Secretary



DR. SHALIN SONI
Hon. Treasurer



DR. RASHMI CHOPRA
Hon. Jt. Secretary

NEW ELECTED MANAGING COMMITTEE 2026 - 2027

BOARD OF TRUSTEES



DR. PATEL MANOJ
Managing Trustee



DR. CONTRACTOR AKIL
Trust Board Member



DR. DUDHAT SANJAY
Trust Board Member



DR. INAMDAR B. M.
Trust Board Member



DR. LELE JAYESH
Trust Board Member

NEW ELECTED MANAGING COMMITTEE 2026 - 2027

MUMBAI WEST SUB FACULTY OF IMA - CGP



DR. BHATTE- WORLIKAR PRANITA
Asst. Director of Studies



DR. HEMAL MEHTA
Asst. Secretary



MUMBAI WEST BRANCH CHAPTER OF IMA - AMS



DR. MODI KINJAL
Chairperson



DR. BUDHWANI RENU
Asst. Secretary

NEW ELECTED MANAGING COMMITTEE 2026 - 2027

MANAGING COMMITTEE MEMBERS



Dr. Ahuja Shobha



Dr. Bachani Manohar



Dr. Badwe Rohini



Dr. Bheda Hansa



Dr. Chopra Jagmohan



Dr. Gajria Subash



Dr. Gandhi Kamlesh



Dr. Hariani Ajay



Dr. Hotchandani Bhavika



Dr. Jimulia Tushar



Dr. Joshi Sonali



Dr. Joshi S. K.



Dr. Joshi Vijaykumar



Dr. Kamat Manmohan

NEW ELECTED MANAGING COMMITTEE 2026 - 2027

MANAGING COMMITTEE MEMBERS



Dr. Kharkar R. D.



Dr. Muchhala Snehal



Dr. Nagnur Preeti



Dr. Pal Vikram



Dr. Panchal Nilesh



Dr. Patnekar Abhilasha



Dr. Purohit Aashish



Dr. Ratnaparkhi Gajanan



Dr. Sabnis Aneesh



Dr. Sanghvi Jagruti



Dr. Sanghvi Parthiv



Dr. Shaikh Ambari Firdous



Dr. Shashtri Dimple



Dr. Thoravade Pratibha



Dr. Upadhyaya Jagdip



Dr. Vibhakar Kshama

From the President's Pen...



Dear Esteemed Members,

It is both an honour and a privilege to address you for the first time as the newly elected President of the Indian Medical Association - Mumbai West in this monthly Medical Image. I extend my heartfelt gratitude to all members for placing their trust and confidence in me. I humbly accept this responsibility and reaffirm my commitment to serving our association with dedication, transparency & collective vision.

At the outset, let me take the opportunity to congratulate our outgoing President Dr. Rashmi Mehta for an outstanding year.

The monthly Medical Image serves as an important platform for knowledge sharing, professional updates, and communication within our association. I encourage all members to actively contribute articles, clinical experiences, research updates, and suggestions so that this bulletin becomes a vibrant reflection of our collective expertise and dedication.

This year, my team is a balance of family physicians & Consultants of different specialties like ENT, Ophthalmology, Medicine, Paediatrics, Cardiology, Diabetology, Psychiatry, Rheumatology, Dermatology, Plastic surgery, Anaesthesiology, General Surgery, Orthopedics, Gynaecology etc. etc. Our branch is known nationwide for doing maximum academic activities.

We already have our packed schedule of CME Programs for the next two months and speciality conferences once or twice every month. A special mention about Dr. Parthiv Sanghvi, being Co-ordinator for a Conference on Pain Management, scheduled on 5th April, 2026 on account of World Health Day.

Along with these, I wish to start more cultural activities for our members & their family. I also wish to start Movie Club in our branch where we can show classy movies screened in our auditorium on a regular basis.

As all of you are aware, MMC Elections are declared on Sunday, 26th April, 2026 & at present, we are in the stage of canvassing. I appeal to each & every member of our branch to vote sensibly for the IMA selected panel of doctors thereby making our stand strong in the MMC Team which ultimately is beneficial for the betterment of the medical fraternity. Our branch candidate is Dr. Parthiv Sanghvi & we wish him All the Best.

We all are working actively for him. I'm sure the Maharashtra State official panel will be elected with flying colours.

Let us move forward with unity, integrity and optimism, inspired by the timeless thought of Dr. A.P.J. Abdul Kalam:

सपना वो नहीं जो आप सोते समय देखते हैं,
सपना वो है जो आपको सोने न दे।

With your support and cooperation, I am confident that we will achieve new milestones and strengthen the legacy of the Indian Medical Association.

Wishing all our members good health, professional success, and continued service to humanity.

Warm regards,

DR. BIMAL N. SHAH

President

Indian Medical Association

WEEKLY SCIENTIFIC PROGRAMME

Venue : **Lupin CME Auditorium**, IMA Building, J. R. Mhatre Marg,
Near PVR Cinema, J.V.P.D. Scheme, Juhu, Mumbai - 400 049.

THURSDAY at 2.30 p.m. Sharp.

DATE	Topic	Speaker
02.04.2026	SCIENTIFIC DISSEMINATION	
	Diabetes & ENT	Dr. Bimal Shah
	Rational use of Antibiotics in Paediatric Practice	Dr. Jagruti Sanghvi
	Googlies in Dentistry	Dr. Riya B. Shah
09.04.2026	Nutritional Support in the Era of Anti-Obesity Treatment	Dt. Noopur K. Mehta
	SCIENTIFIC DISSEMINATION	
	Femtosecond Laser in Cataract & Lasik: Enhancing Safety & Precision	Dr. Jay Goyal
	My toolkit to Treat Knee Pain in 2026!	Dr. Anoop Dhamangaonkar
16.04.2026	Update on Radiation Oncology	Dr. Trinanjan Basu
	Understanding the 3Bs of LRT : Bronchitis, Bronchiolitis and Bronchiectasis	Dr. Bineet Ahluwalia
	MEDICINE UPDATE	
	What's New in COPD & Asthma	Prof. Dr. Salil Bendre
23.04.2026	Constipation Newer Insights in Management	Dr. Rahul Shah
	Temporomandibular Disorders: Diagnosis and Management An Orthodontist's Perspective	Dr. Prashant Dhole
	SURGICAL ONCOLOGY UPDATE	
	To be announced	Dr. Praveen Kammar
30.04.2026	It was all Yellow: Decoding Obstructive Jaundice in Everyday Practice	Dr. Kaival Gundavda
	How to Evaluate for Gynaecological Malignancies	Dr. Niharika Garach
	SCIENTIFIC DISSEMINATION	
30.04.2026	Back Pain and Neck Pain Management for Family Physicians	Dr. Vishal Kundnani
	What is new in Spine Surgery	Dr. Vishal Kundnani
	Diabetes and MAFLD	Dr. Firdous Shaikh

- **WORKING LUNCH WILL BE SERVED FROM 01.00 TO 02.00 PM BEFORE EACH CME**
 - ▶ CGP, AMS & IMA Members : **Rs. 200/-** (Not Paid Annual Fees) (Weekly Lectures).
 - ▶ Eligible Non Members : **Rs.500/-** per lecture.
 - ▶ CHARGES FOR MMC CREDIT HOURS (FOR THE ACCREDITED CMES) **Rs. 100/-**.
 - ▶ 18% GST Charges are included on the above rates.

DR. BIMAL N. SHAH
President

DR. BHAVNA PATEL
Hon. Secretary

DR. KINJAL MODI Chairman
IMA - Mumbai West AMS Branch Chapter

DR. RENU BUDHWANI Hon. Secretary

DR. PRANITA BHATTE-WORLIKAR Asst. Director of Studies

DR. HEMAL MEHTA Asst. Secretary
IMA - Mumbai West C.G.P. Sub Faculty



From Hon. Secretary's Desk...

Hello Friends,

Let me begin by thanking the Almighty for this post given, with His blessings and support from you all, will enable me to serve with purpose, dedication and sincerity.

I am lucky to have learnt & experienced words of wisdom & guidance from stalwarts of our branch Past President Dr. Rashmi Mehta, Trustees Dr. Jayesh Lele, Dr. Akil Contractor, Dr. Sanjay Dudhat & many more.

I remain deeply thankful for the confidence reposed in me and for the opportunity given to me to contribute in whatever small measure for its growth & service to humanity.

It is indeed a great pleasure to be entrusted with the responsibility of Hon. Secretary – IMA Mumbai West for the year 2026-27, which is one of the largest branch. I will be happy working for this institution which is not only an academic but also a Social and Cultural conglomeration – making our branch a lively and adorable place to work.

On action always. The Association with a long illustrious history – a jewel in the crown!!, known through its actions, projects, lecture series, conferences.... has reached the highest peak.

*As the cause, so the Effect,
As the Seed, so the Fruit will be &
As the action, so the Result will be*

I look forward to the support and co-operation from our Trustees, President along with Office Bearers & Managing Committee Members. I am sure, under the leadership of dynamic & Enthusiastic

President Dr. Bimal, we will make this year a memorable one.

I shall be assisted by Joint Secretary for maintaining the records & minutes and submitting reports by CGP & AMS Team. Also, I have full faith in our skillful office Staff, looking forward to working with them.

My dear members, you can look forward to a variety of programs and activities planned for the weeks ahead. We welcome your suggestions.

Our CME – 26th March on “Diet and Nutrition” was very informative from Health point of view. The month of April is again flooded with very interesting and relevant talks by esteemed speakers.

Friends, we must all remember MMC Elections scheduled on 26th April 2026 and Vote for our IMA Maharashtra State official Panel to bring the positive change in the functioning of Maharashtra Medical Council.

To quote Winston Churchill,

**“Success is not final,
Failure is not Fatal,**

It is the courage to continue that counts.”

Thanking all,
With warm regards,
Long live IMA!

DR. BHAVNA PATEL
Hon. Secretary

RESULT - ELECTION 2026

OFFICE BEARERS	MANAGING COMMITTEE MEMBERS
<p>PRESIDENT : DR. SHAH BIMAL N. ELECTED UNCONTESTED</p> <p>VICE PRESIDENT : DR. CHINCHALKAR MADHUBALA ELECTED UNCONTESTED</p> <p>HON. SECRETARY : DR. PATEL BHAVNA ELECTED UNCONTESTED</p> <p>HON. TREASURER : DR. SONI SHALIN ELECTED UNCONTESTED</p> <p>HON. JOINT SECRETARY : DR. CHOPRA RASHMI ELECTED UNCONTESTED</p>	<p>BANDRA :- DR. SHAIKH AMBARI FIRDOUS.....ELECTED UNCONTESTED</p> <p>KHAR :- DR. AHUJA SHOBHA.....ELECTED UNCONTESTED</p> <p>SANTACRUZ :- DR. JOSHI VIJAYKUMAR.....ELECTED UNCONTESTED</p> <p>VILE PARLE :- DR. BHEDA HANSA.....ELECTED UNCONTESTED DR. JIMULIA TUSHAR.....ELECTED UNCONTESTED DR. JAGRUTI SANGHVI.....ELECTED UNCONTESTED DR. PARTHIV SANGHVI.....ELECTED UNCONTESTED</p> <p>ANDHERI :- DR. CHOPRA JAGMOHAN.....ELECTED UNCONTESTED DR. HOTCHANDANI BHAVIKA.....ELECTED UNCONTESTED DR. PAL VIKRAM.....ELECTED UNCONTESTED DR. PANCHAL NILESH.....ELECTED UNCONTESTED DR. RATNAPARKHI GAJANAN.....ELECTED UNCONTESTED DR. SABNIS ANEESH.....ELECTED UNCONTESTED DR. SHASTRI DIMPLE.....ELECTED UNCONTESTED DR. VIBHAKAR SHAMA.....ELECTED UNCONTESTED</p> <p>JOGESHWARI :- DR. KAMAT MANMOHAN.....ELECTED UNCONTESTED DR. THORAVADE PRATIBHA.....ELECTED UNCONTESTED</p> <p>GOREGAON :- DR. BADWE ROHINI.....ELECTED UNCONTESTED DR. JOSHI-GOKHALAY SONALI.....ELECTED UNCONTESTED</p> <p>MALAD :- DR. PATNEKAR ABHILASHA.....ELECTED UNCONTESTED DR. PUROHIT AASHISH.....ELECTED UNCONTESTED</p> <p>KANDIVLI :- DR. HARIANI AJAY.....ELECTED UNCONTESTED DR. MUCHHALA SNEHAL.....ELECTED UNCONTESTED</p> <p>BORIVLI :- DR. GANDHI KAMLESH.....ELECTED UNCONTESTED</p> <p>DAHISAR :- DR. UPADHYAYA JAGDIP.....ELECTED UNCONTESTED</p>
<p>IMA - C.G.P. MUMBAI WEST BRANCH SUB FACULTY</p> <p>ASST. DIRECTOR OF STUDIES :- DR. BHATTE-WORLIKAR PRANITA ELECTED UNCONTESTED</p> <p>ASST. SECRETARY DR. MEHTA HEMAL ELECTED UNCONTESTED</p>	
<p>IMA A.M.S.MUMBAI WEST BRANCH CHAPTER</p> <p>CHAIRMAN : DR. MODI KINJAL ELECTED UNCONTESTED</p> <p>ASST. SECRETARY : DR. BUDHWANI RENU ELECTED UNCONTESTED</p>	

DR. MADHUBALA CHINCHALKAR
Hon. Secretary (2025-2026)

**FOR THE POST OF REPRESENTATIVE ON
STATE EXECUTIVE (MAHARASHTRA) (44 POSTS) :
(ONE POST IS RESERVED FOR THE HON. SECRETARY OF OUR BRANCH)**

- | | | | |
|----|-----------------------------------|----|-----------------------------|
| 1 | DR. PATEL BHAVNA - Hon. Secretary | | |
| 2 | DR. AHUJA SHOBHA | 3 | DR. BADWE ROHINI |
| 4 | DR. BHATTE-WORLIKAR PRANITA | 5 | DR. BHEDA HANSA |
| 6 | DR. BUDHWANI RENU | 7 | DR. CHINCHALKAR B. C. |
| 8 | DR. CHINCHALKAR MADHUBALA | 9 | DR. CHOPRA RASHMI |
| 10 | DR. CONTRACTOR AKIL | 11 | DR. DUDHAT SANJAY |
| 12 | DR. GAJRIA SUBASH | 13 | DR. GANDHI KAMLESH |
| 14 | DR. HARIANI AJAY R. | 15 | DR. HOTCHANDANI BHAVIKA |
| 16 | DR. JIMULIA TUSHAR | 17 | DR. JOSHI S. K. |
| 18 | DR. JOSHI SONALI | 19 | DR. JOSHI VIJAY KUMAR |
| 20 | DR. JUMANI DEEPAK | 21 | DR. KOTHARI ASHOK S. |
| 22 | DR. LELE JAYESH | 23 | DR. MEHTA HEMAL |
| 24 | DR. MEHTA KETAN | 25 | DR. MEHTA RASHMI |
| 26 | DR. MODI KINJAL | 27 | DR. PAL VIKRAM |
| 28 | DR. PANCHAL NILESH G. | 29 | DR. PATEL MANOJ |
| 30 | DR. PATNEKAR ABHILASHA | 31 | DR. PUROHIT AASHISH |
| 32 | DR. RAJANI RAMESH | 33 | DR. RATNAPARKHI GAJANAN |
| 34 | DR. SABNIS ANEESH | 35 | DR. SANGHVI JAGRUTI PARTHIV |
| 36 | DR. SANGHVI PARTHIV | 37 | DR. SHAH BIMAL N. |
| 38 | DR. SHAIKH AMBARI FIRDOUS | 39 | DR. SHASTRI DIMPLE J. |
| 40 | DR. SONI SHALIN | 41 | DR. SUCHAK ANIL |
| 42 | DR. THORAVADE PRATIBHA | 43 | DR. UPADYAYA JAGDIP |
| 44 | DR. VIBHAKAR KSHAMA | 45 | DR. WORLIKAR UMESH |

**FOR THE POST OF REPRESENTATIVE ON
CENTER COUNCIL (MAHARASHTRA) (45 POSTS) :
(ONE POST IS RESERVED FOR THE PRESIDENT OF OUR BRANCH)**

- | | | | |
|----|------------------------------|----|-----------------------------|
| 1 | DR. SHAH BIMAL N - President | | |
| 2 | DR. BADWE ROHINI | 3 | DR. BADWE SHRIKANT |
| 4 | DR. BHATTE-WORLIKAR PRANITA | 5 | DR. BHEDA HANSA |
| 6 | DR. BUDHWANI RENU | 7 | DR. CHINCHALKAR B C |
| 8 | DR. CHINCHALKAR MADHUBALA | 9 | DR. CHOPRA RASHMI |
| 10 | DR. CONTRACTOR AKIL | 11 | DR. CONTRACTOR RAZIA |
| 12 | DR. DUDHAT SANJAY | 13 | DR. GAJRIA SUBASH |
| 14 | DR. GANDHI KAMLESH | 15 | DR. HARIANI AJAY R. |
| 16 | DR. HOTCHANDANI BHAVIKA | 17 | DR. JIMULIA TUSHAR |
| 18 | DR. JOSHI S. K. | 19 | DR. JOSHI SONALI |
| 20 | DR. JOSHI VIJAY KUMAR | 21 | DR. JUMANI DEEPAK |
| 22 | DR. LELE SMITA | 23 | DR. MEHTA HEMAL |
| 24 | DR. MEHTA KETAN | 25 | DR. MEHTA RASHMI |
| 26 | DR. MODI KINJAL | 27 | DR. MUCHHALA SNEHAL |
| 28 | DR. PAL VIKRAM | 29 | DR. PANCHAL NILESH G. |
| 30 | DR. PATEL BHAVNA | 31 | DR. PATEL MANOJ |
| 32 | DR. PATNEKAR ABHILASHA | 33 | DR. PUROHIT AASHISH |
| 34 | DR. RAJANI RAMESH | 35 | DR. RATNAPARKHI GAJANAN |
| 36 | DR. SABNIS ANEESH | 37 | DR. SANGHVI JAGRUTI PARTHIV |
| 38 | DR. SANGHVI PARTHIV | 39 | DR. SHAIKH AMBARI FIRDOUS |
| 40 | DR. SHASTRI DIMPLE J | 41 | DR. SONI SHALIN |
| 42 | DR. SUCHAK ANIL | 43 | DR. THORAVADE PRATIBHA |
| 44 | DR. UPADYAYA JAGDIP | 45 | DR. VIBHAKAR KSHAMA |
| 46 | DR. WORLIKAR UMESH | | |

DR. MADHUBALA CHINCHALKAR
Hon. Secretary (2025-2026)

HEARTIEST CONGRATULATIONS !!!

Our Heartiest Congratulations to following Managing Committee Members for their appointment as Chairpersons on various Sub Committee of our branch.

1 Building Sub Committee	Dr. Vikram Pal
2 Cultural Sub Committee	Dr. Rohini Badwe
3 Editor - Medical Image Sub Committee	Dr. Bhavna Patel Dr. Rashmi Chopra Dr. Abhilasha Patnekar Dr. Nitin Mehta Dr. Rashmikant Sanghvi
4 Fund Raising Sub Committee	Dr. Manohar Bachani
5 Medical Education Sub Committee	Dr. Sanjay Dudhat
6 Medico Legal Sub Committee	Dr. Ajay Hariani
7 Membership Drive Sub Committee	Dr. Aneesh Sabnis
8 Member's Welfare Sub Committee	Dr. Jagruti Sanghvi
9 Public Health & Community Welfare Sub Committee	Dr. Akil Contractor
10 IMA Schemes: Professional Protection Scheme Sub Committee Social Security Scheme	Dr. Jagdip Upadhyaya
11 Sports Sub Committee	Dr. Nilesh Panchal
12 Web Editor	Dr. Jayesh Lele
13 Women's Wing Sub Committee	Dr. Bhavika Hotchandani

DR. BIMAL N. SHAH
President

DR. BHAVNA PATEL
Hon. Secretary

REPORT : MEDICAL HEALTH CHECK-UP CAMP



IMA Mumbai West conducted an Urban School health checkup camp under Public Welfare sub committee on **Monday, 2nd March** at **Sheth Anandilal Podar School**, Linking Road, Santacruz West. About 90 Students of class 5 were examined by Dr. Akil Contractor, Dr Rashmi Mehta, Dr Razia Contractor, Dr Subash Gajria & Dr Pooja Bhalgat. Free Iron tablets were distributed, Albendazole was prescribed for all the students. Most students were healthy, some had Upper Resp Tract infection, few were underweight. The doctors were felicitated by the school principal and teachers.

DR. SUBASH GAJRIA

Chairperson
Public Health subcommittee (2025-26)

**AMS BRANCH CHAPTER & CGP SUB FACULTY of
INDIAN MEDICAL ASSOCIATION - MUMBAI WEST**

Presents **“PAIN MANAGEMENT”**

on the occasion of **“WORLD HEALTH ORGANISATION DAY”**

Theme: **“PERSONALISED PAIN MEDICINE: PRECISION MEETS COMPASSION”**

Day & Date : SUNDAY, 05TH APRIL 2026

Time : 08.30 A.M. Onwards.

Venue : IMA HALL, I.M.A. Building, J. R. Mhatre Marg, Near PVR Cinema,
J.V.P.D. Scheme, Juhu, Mumbai - 400 049.

PROGRAM

Time	Topic	Speaker
08.30-09.15 am	Registration & Breakfast	
09.15-09.30 am	Welcome & Introduction	President/Hon. Secretary
09.30-09.50 am	TEAMWORK IN PAIN MEDICINE: “Bahut Yaarana Lagta Hai” “Stronger together”: Integrating Pain Medicine in Practice	Dr. Deepak Chaturvedi
09.50-10.10 am	INAUGURATION : CHIEF GUEST SHRI. RAJESHBHAI SHAH/SHRI.ASIMBHAI SHAH	
10.10-11.40 am	NEUROPATHIC PAIN MEETS PRECISION CARE: “Jadoo hai, nasha hai”	
10.10-10.30 am	“Shocking and Burning”: Identify & Treat Nerve Pains	Dr. Sweta Salgaonkar
10.30-10.50 am	“Painkiller”: A Mechanism-Based Treatment	Dr. Dhvani Walalvalkar
10.50-11.10 am	“Pain and Depression”: A Two-Way Street	Dr. Aparna Ramakrishnan
11.10-11.40 am	Panel Discussion & Practical Case-Based Interaction	
11.40-12.40 pm	SIMPLIFYING TECHNOLOGY: “Chingari koi bhadke”	
11.40-12 noon	“Regenerative medicine”: Platelets become Doctors!	Dr. Mahesh Menon
12.00-12.40 pm	“Hot Techniques”: Radiofrequency ablation	Dr. Mahesh Menon
12.40-01.10 pm	PALLIATIVE CARE IN THE 21ST CENTURY: “Zindagi ek safar hai suhana” “Home sweet home”: The art of home-based pain and palliative care	Dr. Sandeeta Shetty
01.10 pm	Vote of Thanks / Lucky Draw / Lunch	

PROGRAM CONVENOR : DR. MAHESH MENON

- **REGISTRATION CHARGES :**
 - All IMA Members : **FREE** but a must
 - Eligible Non Members : **Rs. 500/-**
- MMC ACCREDITATION HAS BEEN APPLIED FOR.
- CHARGES FOR MMC CREDIT HOURS (FOR THE ACCREDITED CMEs) Rs. 100/- APPLICABLE TO ALL IMA MEMBERS DESIROUS OF CREDIT HOURS.
- 18% GST Charges are included in the above rates.
- Early Bird Gifts for First 50 Delegates.

**FOR
REGISTRATION
SMS / WA :
7045452656**

DR. BIMAL N. SHAH

President

DR. BHAVNA PATEL

Hon. Secretary

DR. PARTHIV SANGHVI

Program Co-ordinator

DR. KINJAL MODI

Chairman

IMA - Mumbai West AMS Branch Chapter

DR. RENU BUDHWANI

Hon. Secretary

PRANITA BHATTE WORLIKAR

Asst. Director of Studies

IMA - Mumbai West C.G.P. Sub Faculty

DR. HEMAL MEHTA

Asst. Secretary

INTERNATIONAL WOMEN'S DAY



REPORT : INTERNATIONAL WOMEN'S DAY

INTERNATIONAL WOMEN'S DAY was celebrated on **SUNDAY 8TH MARCH** at IMA Mumbai West. The UN theme this year is RIGHTS, JUSTICE, ACTION for all women and girls. IMA MW delegates came together on 8th March to honour strength, resilience, compassion and achievements of inspiring and motivating female personalities who have made positive contribution to Society with dedication and determination.

IMA MS President, Dr. Santosh Kulkarni was the Chief Guest. He emphasized the important role played by women in our Society by stating

वेळ प्रसंगी पराक्रमाची धार असणारी!

कधी कधी मायेची शाल असणारी!

महिला, नारी न तू नारायणी!

He further said Woman was a symbol of courage, resilience and inspiration and when women move ahead, the Nation moves ahead.

AIR INDIA pilot and Commander Ramya Kirti Gupta was one of the Special Guests of the day. She informed that only 15% pilots in India are women. She was the Commander Pilot of the All Women Crew AI flight from Delhi to San Francisco marking International Women's Day in 2016. Competence has no gender... she stated in her inspiring talk.

Second Guest of Honour was Legendary Badminton player Ami Ghia Shah. She was Seven times National Champion, and 12 times Doubles Winner. She won Bronze at Commonwealth Games and received ARJUNA AWARD in 1976.

She recalled how she would often practice for hours at the Badminton Court of IMA MW. Both the Guests were honoured with Shawl and Tiara.

The CME had total of Eight talks by Eminent Female Doctors !

- Dr Vaishali Naik stressed upon early intensive glycemic control for long term benefits. She explained mechanism of action and dosage of ozempic.
- Second speaker was Dr Jyotsna Oak who explained the importance of Shingrix vaccine especially in patients having morbidity and why everyone above 50 years of age should take it.
- Third talk was by Dr Asha Shah on Anemia of Chronic Diseases and how to treat it.
- Next talk was by Dr Falguni Thanki on Women and Heart Diseases... emphasized heart is the first organ to suffer and last to recover. Explained Atypical presentation of Coronary Artery Disease in females and basic hypertension and Hypertensive Disorders in Pregnancy.
- Fifth talk was by Dr Shobha Bhatia on GERD. Its treatment by medicines and role of Endoscopy.
- This was followed by lecture by Dr Neelam Redkar. She informed Thyroid disorders were five times more common in women than in men due to more susceptible immune system in female. Also, Biotin supplements have to be stopped 5 days before Thyroid Hormone Assay as biotin intake can give false low value.

INTERNATIONAL WOMEN'S DAY



INTERNATIONAL WOMEN'S DAY



INTERNATIONAL WOMEN'S DAY



INTERNATIONAL WOMEN'S DAY



- Dr Kritika Mehrotra, Medical Oncologist spoke about Women, work and well - being, thriving without burning out...a woman has to choose where to give her time.
- Last speaker was Dr Shraddha Maheshwari on Winter in Neurosurgeons life. Madam is the 15th Female Neurosurgeon in India and the first Lady Spinal Surgeon in Mumbai. She discussed Minimally Invasive Spinal Surgery, Mononeuropathy and Polyneuropathy.

Each Speaker was presented a Tiara before commencing the talk.

Indeed it was a great honour for IMA MW to have such a Galaxy of Esteemed Guests to grace the Occasion.

Indeed it was a Memorable International Women Day celebration at IMA MW, well appreciated by the House Full attendance of Delegates.

DR. PRANITA BHATTE-WORLIKAR

Asst. Secretary, IMA MW CGP Sub Faculty (2025-26)

CONGRATULATIONS



Dr. Jayesh Lele, Past HSG IMA HQ and Trustee IMA Mumbai West was part of the Government of Maharashtra initiative led program PULSE, on Global Future of Medical Education and Healthcare that was organised at Jio World Convention Centre at BKC on 27th /28th March, 2026.



Dr. Lele was participating on behalf of IMA HQ. He was part of the panel on Strengthening Preventive and Traditional medicine, he reiterated that while the traditional system of medicine is respected by all, integrating it with allopathic system would create a problem in many situations, especially in trauma and emergency cases. Medicolegal issues and Medical Councils of different systems of medicine were different and mixing different pathies would complicate issues.



Honoured and grateful for being felicitated by National President **Dr. AnilKumar Nayak sir**, HSG **Dr. Sarbari Dutta mam**, Past Presidents **Dr. Dilip Bhanushali sir** and **Dr. RV Asokan sir**, Past HSG **Dr. Jayesh Lele sir** during the IMA HQ State Presidents and Secretaries meeting with the meeting of IMA HQ Office Bearers and it's Wings and Schemes for my services to IMA Mumbai West as Hon. Secretary and President over the last 3 years. This was done on 21st March in front of all National leaders and dignitaries.

Congratulations! We are proud of you!

DR. BIMAL N SHAH
President

DR. BHAVNA PATEL
Hon. Treasurer

CGP REPORT - MARCH 2026 IMA Mumbai West

March 2026 featured a rich and academically stimulating series of CMEs and updates covering diverse and clinically relevant topics.

- The month began with a **Medicine Update on 5th March 2026**, with expert talks by Dr R. D. Kharkar, Dr Mohan Joshi (arranged by Dr Sanjay Dudhat) and Dr Sameer Pagad (arranged by Dr Akil Contractor). The sessions provided valuable insights applicable to everyday clinical practice.
- On **6th March 2026**, a Zoom webinar on **UTI management** was conducted and received an excellent response from delegates, reflecting the continued need for practical guidance in managing common infections.
- **International Women's Day** was celebrated with great enthusiasm through **eight enlightening talks by eminent lady doctors**, highlighting the strength, dedication and achievements of women in medicine. The Chief Guests were Commander Ramya Gupta, Pilot with Air India, and Arjuna Awardee badminton champion Ms Ami Ghia. Ms Ghia fondly recalled practicing badminton at the IMA Juhu court during her younger days. The programme, convened by Dr Akil Contractor was houseful and highly appreciated by speakers as well as delegates.
- A **G.I. Motility Update** was held on **12th March 2026**, where Dr Rahul Shah, Dr Akshaya Shetty & Dr Shobhna Bhatia delivered informative and engaging lectures. The programme was convened by Dr Rashmi Mehta.
- **World Kidney Day** was observed with a CME on **15th March 2026**, convened by Dr Umesh Khanna. The programme was unique in featuring eight panel discussions, providing comprehensive perspectives on the management of Chronic Kidney Disease (CKD). The importance of early diagnosis of Diabetic Kidney Disease (DKD) was emphasized, as early intervention may help significantly alter disease progression in the future. At present, the focus remains on slowing progression through individualized treatment based on kidney function. It was highlighted that while normal ageing results in a decline in GFR of approximately 1 ml/year, patients with CKD may show a faster decline of 5-6 ml/year. The importance of ACE inhibitors, ARBs, SGLT2 inhibitors, Finerenone and Atorvastatin in CKD management was discussed.
- On **17th March 2026**, an academic programme included talks on **Succession Planning, Thyroid Cancer, Infertility, and Finerenone**. The sessions were arranged by Dr Sanjay Dudhat, Dr Akil Contractor and Dr Rashmi Mehta.
- **19th March 2026** was observed as a holiday on account of **Gudi Padwa**.
- A CME on the **Role of Micronutrients in Recovery** was held on **22nd March 2026**, just prior to the commencement of the Annual Day celebrations.
- The **Diet and Nutrition Update** conducted on **26th March 2026** featured four talks emphasizing the impact of a vegan diet on human health. The speakers were from the PAN

organisation, who provided useful perspectives on dietary patterns and clinical nutrition.

- IMA Mumbai West also collaborated in hosting the **Gut Microbiota Summit-India Chapter**, featuring international speakers Emily Ghelardi and Dr Vipul Mehrotra, followed by an engaging panel discussion.

Overall, March 2026 witnessed an excellent array of academic activities, offering valuable updates across multiple specialties. The programs were well attended and greatly appreciated by the delegates.

DR. PRANITA BHATTE - WORLIKAR

Asst. Secretary,
IMA Mumbai West CGP Sub Faculty (2025-26)



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IMPORTANT ANNOUNCEMENT

IMA HQS & MAHARASHTRA STATE & MUMBAI WEST BRANCH have reduced their contribution from the **membership fees as a Special Membership Drive** to be conducted from **01ST APRIL 2026 TO 25TH APRIL 2026**. It is a golden opportunity to become a member of this esteemed organisation at reduced rates.

	Current Rates	Discounted Rates including 18% GST from 01.04.2026 - 25.04.2026
Single Life Membership	Rs. 21,188/-	Rs. 16,187/-
Couple Life Membership	Rs. 32,665/-	Rs. 24,943/-
Club Life Membership	Rs. 12,701/-	Rs. 9,563/-

DESCRIPTION	01ST APRIL 2026 TO 25TH APRIL 2026 (incl. tax)	
Single Life Membership	Rs. 16,187/-	
Cheque in favour of	IMA Mumbai West	: Rs. 5,133/-
	IMA Maharashtra State	: Rs. 11,054/-
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	IMA Maharashtra State	: Rs. 16,571/-
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1. Membership form must be filled with signature on both the copies in original.
2. 2 Xerox copies of M.M.C. Registration Certificate must be attached with the membership form.
3. 2 Xerox copies of Degree Certificate.
4. For change in name (in case of female member). A Xerox copy of marriage certificate or gazette notification must be attached with membership form.

DR. BIMAL N SHAH
President

DR. BHAVNA PATEL
Hon. Secretary

REPORT : IMA HQS OFFICE BEARERS AND STATE PRESIDENTS & SECRETARIES MEETING

Indian Medical Association Mumbai West Branch had the privilege of hosting the meeting of IMA Headquarters Office Bearers along with State Presidents and Secretaries, as well as representatives from various Wings and Schemes of IMA HQs, on Saturday, 21st and Sunday, 22nd March 2026. This marked the second consecutive year that our branch was entrusted with this responsibility, and it was both an honour & a matter of great pride for us to serve as hosts.

Delegates from across the country representing different State branches, Wings, and Schemes of IMA Headquarters attended the meeting. State Presidents and Secretaries from 23 out of 30 States were present for this administrative event. IMA Mumbai West Branch extended warm hospitality to all participants throughout the event.

Arrangements were meticulously made for the reception of delegates, including personalized pickup and drop services at both airport terminals by members of IMA Mumbai West. Breakfast was served at the branch premises upon arrival.

The program formally commenced with lunch at the branch on 21st March. Dr. Rashmi Mehta, President of IMA Mumbai West, welcomed the delegates and expressed gratitude for the opportunity to host this prestigious gathering. All dignitaries were invited to the dais for the inaugural session.

The formal inauguration was marked by the traditional lighting of the ceremonial lamp.

During the inaugural function, an abridged version of the booklet titled "Guidelines on the Role of Micronutrients in Recovery" was officially released by National President Dr. Anilkumar Nayak, in collaboration with P & G.

The meeting sessions continued until 6.00 pm, followed by fellowship and dinner.

Proceedings resumed on the morning of 22nd March with breakfast, after which deliberations continued with presentations and reports from various State branches, Wings, and Schemes of IMA Headquarters.

Several branches and individual members made generous donations toward the construction of the new IMA Headquarters building. IMA Mumbai West contributed a sum of Rs. 5 lakhs for the third consecutive year, and many other members also extended their financial support.

The meeting concluded with a formal Vote of Thanks, followed by lunch.

Accommodation for all delegates was arranged at a nearby hotel by IMA Mumbai West. All meals and meeting sessions were conducted at the branch premises.

In addition to the official program, special visits to the ISKCON Temple, Navagraha Temple, Siddhivinayak Temple, and Mahalaxmi Temple were thoughtfully organized by the host branch for the visiting dignitaries. A delegate kit was also presented to all participants.

We express our sincere gratitude to Past Honorary Secretary General, Past Senior Vice President of IMA Headquarters, and Trustee of IMA Mumbai West, Dr. Jayesh Lele, for serving as the coordinator and for his invaluable guidance and mentorship in ensuring the smooth and successful conduct of the meeting.

DR. RASHMI MEHTA
President (2025 - 26)

DR. MADHUBALA CHINCHALKAR
Hon. Secretary (2025-26)

IMA HQS OFFICE BEARERS AND ALL STATE PRESIDENTS & SECRETARIES MEETING OF IMA HEADQUARTERS ON 21ST & 22ND MARCH 2026



Praises and accolades for hosting the State Presidents and Secretaries meeting along with meeting of IMA HQ Office Bearers' and it's Wings and Schemes on 21st / 22nd March, 2026

Thank You, Madam Rashmiben, Dr. Leleji, Dr. Parthivji & All the Members of Mumbai West Branch of IMA For the Meetings & Hospitality... Dr. Dilip Gadhavi, IMA Gujarat.

Congratulations & thanks to Mumbai West branch for organising President Secretary meet flawlessly. The hospitality was top-class and experience right from the airport to the venue and to the hotel was memorable. Kudos to Dr. Jayesh Lele, Dr. Rashmi Mehta, Dr. Madhubala & whole team.

IMA HQ led by Dr. Anil Nayak, Dr. Sarbariji & all office bearers for excellent conduction of meeting. You all were sitting on dias & interacting with all throughout, nonstop for 4-5 hrs. Hats off to you. Enjoyed & learned a lot from other vice presidents, Presidents & secretaries, scheme in charge & all office staff. So overall worth attending & enjoyable meeting with lots of learning. Dr. Yagnesh Popat, IMA Rajkot, VP, IMA HQ.

Heartfelt thanks to IMA HQ and Mumbai West branch for organising an amazing President Secretary meet!

The hospitality was top-notch and a great experience right from the airport to the venue and to the hotel.

We are indebted to Dr. Lele Sir, Dr. Rashmi Mehta Ma'am, Dr. Shobha Ma'am, Dr. Madhubala Ma'am, Dr. Shalin, Dr. Gupta, Dr. Renu and others.

IMA HQ led by Dr. Nayak Sir, Dr. Sarbari Ma'am, Dr. Ashokan Sir, Dr. Bhanushali Sir, Dr. Piyush Sir, Dr. Shitij Bali, Dr. Atam, Dr. Abul Hasan Sir, Dr. Chugh Sir, the Vice Presidents & others.... thanks for your guidance and patient listening... Dr. Sunila Soni President IMA Haryana.

Unbelievable Efforts of Dr. Anil Kumar Nayak

Dr. Rashmi mam, Dr. Shobha mam, Dr. Jayesh Lele sir personally taking care of everyone right from calling to receiving at the Airport and the best thing about the conclave was Every one staying together meeting each other at breakfast lunch dinner and then taking up all the agendas completing on time Dr. Rashmi mam you took care of all the ladies the galaxies. Getting a group photos. It was not a conference it was a family reunion. Long live IMA family best wishes to all our staff members of Mumbai West branch always smiling & serving us whether it was a lunch or dinner. This is called collective hospitality we learnt so many things from you. The mandir tours added special touch to that Dr. Jasbir Sharan and Dr. Ashutosh Sharan Love from BIHAR

- Dr Ashutosh Sharan IMA Bihar

The meeting accommodated everyone. Every view point was heard. The National President was considerate and sat through the entire meeting. Good interventions from NP Dr. Anilkumar J Nayak. HSG Dr. Sarbari Datta was in her graceful best & HFS Piyush was informative. The real appreciations are due to the Mumbai west branch and their hospitality. Led by our own beloved Dr. Jayesh Lele, Dr. Reshmi Mehta, Dr. Madhubala, Dr. Ketan Mehta and the entire team were on their feet. God bless you all.

- Dr. RV Asokan Past President IMA HQ

Thanks to NP Dr. Anil sir And HSG Dr. Sarbari Dutta for a very good and informative meeting. Thanks Dr. Rashmi Ben, Dr. Madhubala Madam, Dr. Lele Sir and all the Organisers of IMA Mumbai West for their excellent Hospitality.

- Dr Rajeev Goel

IMA HQS OFFICE BEARERS AND ALL STATE PRESIDENTS & SECRETARIES MEETING OF IMA HEADQUARTERS ON 21ST & 22ND MARCH 2026



Thank you Mumbai west team for conducting the meeting in exemplary way. The hospitality was excellent. Every minute detail was well looked into.

All the members were on their toes and looked after the guests perfectly throughout the two days.

Insights presented by all the dignitaries were wonderful.

Thank you Lele sir for your kindness in organising the entire event and making all of us wanted.

Thank you to our National President Dr. Anilkumar Nayak and HSG Dr. Sharbari Dutta for their guidance.

Thank you Asokan sir for your thoughtful insights on everything important for IMA. Congratulations one and all for this excellent show.

Heartfelt thanks and gratitude.

- Dr. Shradha Mulgaokar,
President IMA Goa

Thank you very much entire Mumbai West team for the excellent hospitality and coordination. You have once again shown that you can take up any assignment any time

- Dr. K M Abul Hasan,
Chairman HBI IMA HQ

Thank you so much Lele sir. Shobha mam, Rashmi Mehta mam, Renu mam, Joshi sir and the entire organising team for the wonderful hospitality and nicely arranged meeting. No words to say except Thank you so much. We will meet again in some other occasion.

- Dr Amutha Karunanidhi,
Secretary CGP IMA HQ

Congratulations IMA Mumbai West led by Dr. Rashmi Mehta and her team for successfully conducting this important meet. Thanks Dr Rashmi for meticulous planning and excellent hospitality

- Dr. Rabinder Sethi Punjab

Thank you all for the great hospitality

- Dr Rajendra Kumar Yadav Telangana

*To IMA Mumbai West * - With a Grateful Heart : Dr. V. Ashok : Hon. Secretary Telangana State. From Telangana's shores to Mumbai's warm embrace,

We came as guests and found a cherished place.

Dear Lele Sir, Rashmi Ben, Madhubala Madam so kind,

Your grace and warmth have left a mark on every mind.

The organisers gave their heart, their time, their care,

IMA Mumbai West — a spirit rare and fair.

Anil Naik ji steered the ship with steady, patient hand,

A National President proud — a leader truly grand.

Our Past Presidents shared their vision, rich and deep,

Their words — like seeds of wisdom — ours to keep.

We carry home their guidance, purpose, and their light,

Inspired, uplifted, ready for every coming fight.

To all the fine members who made this journey great —

You opened not just doors, but hearts — your w...

I extend my heartfelt thanks to the Organising Team of IMA Mumbai West Branch for putting together an exceptional organizational event - truly a show of excellence and warmth that will be remembered for a long time.

A special note of appreciation to Dr. Lele Sir, Dr. Rashmi Ma'am and Dr. Madhubala Ma'am for their meticulous planning and gracious hospitality. Every detail reflected commitment, coordination, and a spirit of



true IMA camaraderie.

The esteemed presence of National President Dr. Anil Nayak Sir elevated the meeting, making it highly meaningful, interactive, and inspiring for all of us.

My sincere appreciation to National Secretary Dr. Sarvari Dutta Ma'am for conducting the meeting with remarkable precision and clarity, and for providing valuable...

- Dr. Anoop Verma
IMA Chhatisgarh Secretary

Thanks a lot IMA Mumbai West and its team led by Lele ji and Rashmi madam. Meticulous arrangements, wonderful conduct of proceedings by our national president and a morning full of prayers.

A trip to remember.

- Dr. Sridhar President IMA Tamil Nadu

Thanks Dr. Rashmi Ben, Dr. Madhubala Madam, Dr. Lele Sir and all the Organisers

of IMA Mumbai West for their excellent Hospitality. Thanks our National President Sir for an Extraordinary Conduction of Proceedings.

Thanks to Our Past Presidents for Sharing their Visions and Guidance.

Overall This was a Great Experience

Regards

- Dr. Dhanwantry Tiwari

Thank you all for the great hospitality

- Dr. Damyanti Gopal

Thank you madam for your branch hospitality, care and meeting, it's memorable one.

- Dr S. Bala Raju

**INDIAN MEDICAL ASSOCIATION
MUMBAI WEST BRANCH**

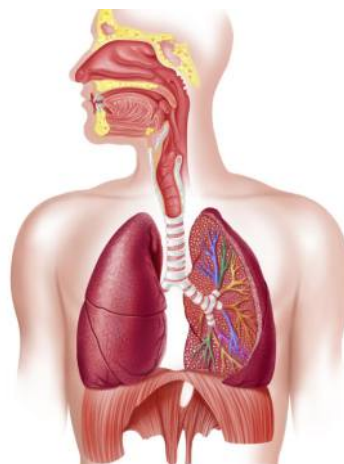
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RESPIROLOGY WEBINAR

**“From Symptoms to Solutions :
Case Discussions in Respiriology”**

Day & Date : FRIDAY, 17TH APRIL 2026

Time : 07.00 pm onwards.



PROGRAM

Time	Topic	Speaker
07.00 - 07.10 pm	Welcome & Introduction	
07.10 - 07.35 pm	Case Discussion 1	Dr. Indranil Halder
07.35 - 08.00 pm	Case Discussion 2	Dr. S. K. Madhukar
08.00 - 08.25 pm	Case Discussion 3	Dr. Prashant Chhajed
08.25 - 08.50 pm	Case Discussion 4	Dr. P. Arjun
08.50 - 09.00 pm	Panel Discussion and Q & A	
09.00 pm	Vote of Thanks	

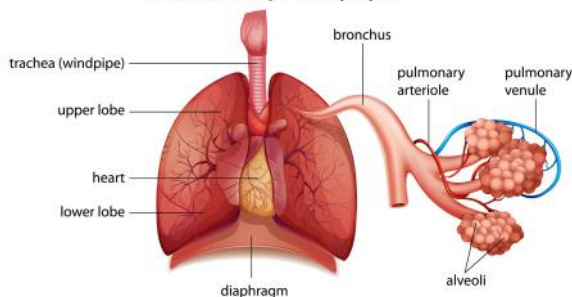
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- FREE WEBINAR FOR ALL IMA MEMBERS.

DR. BIMAL N SHAH
President, IMA MW

DR. BHAVNA PATEL
Hon. Secretary, IMA MW

DR. KETAN K MEHTA
Program Co-ordinator

Human Respiratory System



ANNUAL DAY CELEBRATIONS



REPORT : ANNUAL DAY CELEBRATIONS

Annual Day function of IMA MW was held on Sunday, 22nd March 2026. This was a very special and unique day for IMA MW this year. National President, Dr. Anil Kumar Nayak as Chief Guest, Guest of Honour-Dr. Sarbari Dutta, HSG-HQs, Special Guests - Dr. Vasant Lunge, Hon. Jt. Secretary - IMA HQs. Dr. Shobha Ahuja, Dean -IMA HQ CGP. Dr. Santosh Kulkarni, President IMA MS, Dr. Vikrant Desai, Hon. Secretary IMA MS, our Trustees-Past HSG HQ Dr. Jayesh Lele, Dr. Akil Dr. Dudhat, Dr. Patel Dr. Inamdar all were present to grace the occasion and bringing together all the esteemed guests, dignitaries and our members.

The evening started with very informative CME for Medicine Update on role of Micronutrients in Recovery—Convenor Dr. Jayesh Lele sir and Moderated by Dr. Sonali Gokhale with panel Discussion. Delegates attended in large numbers. this was followed by High Tea.

The formal event started with Traditional Lamp-Lighting, Invocation Prayer, IMA Prayer with Flag Salutation followed by National Anthem. Next, Hon. Secretary Dr. Madhubala Chinchalkar gave an outline of the secretarial report of the year 2025-26. She then invited Dr. Rashmi Mehta for her Presidential address. After that she was felicitated by National President Dr. Anilkumar Nayak, Dr. Sarbari Dutta, Trust Board members and Office Bearers.

President, Dr. Rashmi Mehta was acknowledged for her dedication, sincerity and tireless efforts in taking IMA MW to Greater heights.

President, Dr. Rashmi Mehta presented gifts with gratitude to outgoing managing committee, IMA AMS, CGP, OB & Trustees. Next, she introduced newly Elect President, Dr. Bimal Shah and installed him formally with President's Medallion and key.

Newly installed President Dr. Bimal Shah introduced managing Trustee – Dr. Manoj

Patel. Dr. Sanjay Dudhat handed over medallion to Dr. Manoj Patel. Dr. Bimal Shah introduced new Secretary, Dr. Bhavna Patel.

The New team of Office Bearers, Managing Committee Members & Trustees were welcomed by Dr. Bimal Shah with gift. Then came the Oath Ceremony, which was administered by Chief Guest—National President Dr. Anilkumar Nayak.

The newly elected President Dr. Bimal Shah delivered his Presidential address. He spoke about his plans for the upcoming year of his tenure covering the academic and cultural activities. Family members of President Dr. Bimal Shah were invited on the dias and were felicitated with flowers.

The invited guests from the neighboring associations – President, Secretary were also felicitated with gifts.

The Chief Guest, Guest of Honour & all Special Guests were felicitated with gift, shawl & bouquets followed by their response with blessings. National President, Dr. Anilkumar Nayak appealed for unity amongst doctors & requested to contribute towards the building fund of IMA HQ.

A comprehensive Vote of Thanks was then given by Joint Secretary Dr. Rashmi Chopra, thanking each and every one for their presence and contribution to the event.

Fellowship and dinner followed. It was an outstanding and memorable evening for our IMA branch.

So my dear friends, you all will agree that we - The new managing committee are on the journey for a year with unity, positivity, hard work with commitment and enthusiasm with optimism to do our Best to take our IMA MW Branch to New Heights.

With regards,
Long Live IMA,

DR. BHAVNA PATEL

Hon. Secretary, IMA MW (2026-27)

ANNUAL DAY CELEBRATIONS



ANNUAL DAY CELEBRATIONS



ANNUAL DAY CELEBRATIONS



ANNUAL DAY CELEBRATIONS



ANNUAL DAY CELEBRATIONS



ANNUAL DAY CELEBRATIONS



ANNUAL DAY CELEBRATIONS



ANNUAL DAY CELEBRATIONS



REPORT : PUBLIC HEALTH & COMMUNITY WELFARE SUB COMMITTEE



IMA MW organised **HPV VACCINE AWARENESS SESSION** on **Monday, 30th March 2026** at **Shruti School (for hearing impaired)** Vile parle West, Juhu for **Parents of Shruti School Children**.

Speaker: DR. PRITI VYAS, MD, DGO.

She explained very well about several types of Cancer and Genital Warts in females & males. The importance of HPV Vaccination for prevention. IMA MW President Dr. Bimal Shah, myself and Dr. Gajria attended. The session was well attended by 78 Parents, Teachers and Principal of the School.



Dr. Bimal Shah welcomed them with convincing remarks for HPV Vaccine. I also communicated with all the parents regarding Vaccine -bringing both females & males inside the 'Circle of Protection'. After the consents received, in a day or two, we will be planning Vaccination Drive on Thursday, 9th April 2026.

DR. BHAVNA PATEL
Hon. Secretary

MONTHLY BULLETIN OF OUR BRANCH "MEDICAL e IMAGE"

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3. The material for printing should be sent to our office on or before 15th of the previous month.
4. All the advertisements should be booked through **IMA - Mumbai West** only. The cheque must be drawn in favour of "**I.M.A. - Mumbai West.**"

Kindly Reserve Back Cover Page / Inside Back Cover Page / Inside Front Cover Page / Four Colour Page / Bottom Box / Single Colour Full Page / _____

For Announcement of Information Pertaining To Our Nursing Home/ Hospital / Polyclinic / Diagnostic Centre / Corporation / Pharmaceuticals / Company / Firm in the IMA – Mumbai West Branch, Monthly Bulletin "Medical e Image"

I enclose payment for the same being cash /cheque no. _____

dtd. _____ drawn on _____ Branch of _____

Dated:

Signature :

The bank details for the payments are as follows:

Cheque in favour of "**IMA - Mumbai West**"

Bank Name : Indian Bank,
Bank Branch & Address : Juhu Vile Parle Dev. Scheme, 12 A, Sagar Villa,
 JVPD Branch, Juhu, Mumbai - 400049
Bank Account No. : 794379560 **Account Type** : SB
Bank IFSC Code : IDIB000J020