



December 2025

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ISSUE 09

# MEDICAL e IMAGE

OF IMA MUMBAI WEST

President : DR. RASHMI MEHTA

Hon. Secretary : DR. MADHUBALA CHINCHALKAR

## MAHA-DERMA- IMA-CON 2025

6<sup>th</sup> & 7<sup>th</sup> December, 2025  
@ IMA Hall, Juhu



**PRE CONFERENCE CME**  
**THU., 04<sup>TH</sup> DEC. 2025**



**Webinar :**  
**"IMPACTING MANAGEMENT OF COMMUNITY**  
**-ACQUIRED UTIs & SSTIs"**  
**SUN., 14<sup>TH</sup> DEC. 2025**

**HAEMATO-ONCOLOGY UPDATE**  
**SUN., 18<sup>TH</sup> JAN 2026**

Unveil your  
**Best Self** | Beauty, Confidence  
& Care Redefined

All-new  
space.

Same  
great care



## COSMETIC CLINIC

Advanced Hair Restoration

**DR. SUMIT AGRAWAL**

(M.S., M.Ch., M.B.B.S., M.R.C.S. (UK), Fellowship in Plastic Surgery (USA), Specialist Plastic Surgeon (DHA) Dubai)

Ex Consultant Lilavati Hospital  
& Research centre

### Our Expert Procedures



Bio-FUE Hair Transplant



FUT (Strip) Hair Transplant



PRP/GFC Therapy



Gynecomastia



Liposuction



Botox/ Fillers/ Thread lift

## WOMEN'S CLINIC

Expert Care, Tailored for You

**DR. SHILPA BANSAL AGRAWAL**

(M.B.B.S., M.D. Gynaecology (Gold Medalist), D.N.B., Fellowship in Infertility, M.R.C.O.G (UK))

Ex Assistant Professor CAMA  
& JJ Group of Hospitals

### Our Expert Procedures



Cosmetic Gynecology



PCOS & Hormonal Care



Fertility Treatments



Pregnancy & Postnatal Care



Cervical Cancer Prevention



Menstrual & Adolescent Care



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	<b>DR. MADHUBALA CHINCHALKAR</b>	
	<b>Co-Editor</b>	
	Dr. Arvind Ghongane Dr. Shobha Ahuja Dr. Saurabh Sanjanwala Dr. Pranita Bhatte Worlikar	
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Please get your IMA Mumbai West IDENTITY CARD. Identity Card shall be mandatory for future events

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**KANDIVALI : DR. AVERSEKAR SHEETAL ANIL**

**DR. RASHMI MEHTA**  
**President**

**DR. MADHUBALA CHINCHALKAR**  
**Hon. Secretary**





## INDIAN MEDICAL ASSOCIATION - MUMBAI WEST

I.M.A. Bldg., Behind Chandan Cinema, J. R. Mhatre Marg, J.V.P.D. Scheme, Juhu, Mumbai - 400 049.

Office : 2620 6517 (M) 7045452656 • Website : [www.imamumbaiwest.com](http://www.imamumbaiwest.com)

E-mail: [imamumbaiwest@yahoo.com](mailto:imamumbaiwest@yahoo.com) / [imamumbaiwest@gmail.com](mailto:imamumbaiwest@gmail.com)

### MANAGING COMMITTEE 2025 - 2026

		TELEPHONE NOS.		
		Clinic	Mobile	Email
President	: <b>Dr. Mehta Rashmi</b>	6117 8811	9820008796	rashmimehta04@yahoo.co.in
Imm Past President	: <b>Prof. Dr. Mehta Ketan K.</b>	2882 7500	9820051849	drketankmehta@yahoo.com
Vice President	: <b>Dr. Pal Vikram</b>	6501 5209	9821007000	v_pal@hotmail.com
Hon. Secretary	: <b>Dr. Chinchalkar Madhubala</b>	2882 5763	9820323365	madhubalac.ima@gmail.com
Hon. Treasurer	: <b>Dr. Hariani Ajay</b>	2866 2626	9820288508	ajayhariani@gmail.com
Hon. Jt. Secretary	: <b>Dr. Patel Bhavna</b>	2614 6027	9773161617	drbhavna50@gmail.com

### MEMBERS

Clinic	Mobile	Email	Clinic	Mobile	Email
<b>Dr. Agrawal Nitin</b>	2630 1184	9820297836	<a href="mailto:drnitinagrawal@gmail.com">drnitinagrawal@gmail.com</a>		
<b>Dr. Bachani Manohar</b>	2647 3020	9820202856	<a href="mailto:drmanoharbachani@gmail.com">drmanoharbachani@gmail.com</a>		
<b>Dr. Ahuja Shobha</b>	2649 8917	9821025863	<a href="mailto:shobha@ahujaclinic.com">shobha@ahujaclinic.com</a>		
<b>Dr. Badwe Rohini</b>	4976 5528	7045356470	<a href="mailto:dr.rohinibadwe@gmail.com">dr.rohinibadwe@gmail.com</a>		
<b>Dr. Bheda Hansa</b>	-	9819090035	<a href="mailto:bhedahansa@gmail.com">bhedahansa@gmail.com</a>		
<b>Dr. Chopra Jagmohan</b>	-	9769060898	<a href="mailto:drchopra_x@rediffmail.com">drchopra_x@rediffmail.com</a>		
<b>Dr. Chopra Rashmi</b>	-	9820197376	<a href="mailto:drashmichopra@gmail.com">drashmichopra@gmail.com</a>		
<b>Dr. Gajria Subash</b>	2628 6194	9869005889	<a href="mailto:drsubash8888@gmail.com">drsubash8888@gmail.com</a>		
<b>Dr. Gidwani Anita</b>	2643 2208	9820125585	<a href="mailto:gidwanianita@hotmail.com">gidwanianita@hotmail.com</a>		
<b>Dr. Gupta Sanjay</b>	2627 7448	9820232606	<a href="mailto:sanjayguptapath@gmail.com">sanjayguptapath@gmail.com</a>		
<b>Dr. Jain Sushila</b>	-	9820027039	<a href="mailto:jainb2a@yahoo.co.in">jainb2a@yahoo.co.in</a>		
<b>Dr. Joshi Sonali</b>	-	9867986624	<a href="mailto:sonali_joshi7@yahoo.com">sonali_joshi7@yahoo.com</a>		
<b>Dr. Joshi S. K.</b>	2670 1418	9920576506	<a href="mailto:docskjoshi@gmail.com">docskjoshi@gmail.com</a>		
<b>Dr. Kharkar Rajendra D</b>	-	9821420956	<a href="mailto:drdkharkar@yahoo.com">drdkharkar@yahoo.com</a>		
<b>Dr. Kothari Ashok</b>	-	9833476773	<a href="mailto:drashok.greenindia@gmail.com">drashok.greenindia@gmail.com</a>		
<b>Dr. Maniar Hemal</b>	-	9821181608	<a href="mailto:hemal@maniar@gmail.com">hemal@maniar@gmail.com</a>		
<b>Dr. Mashru Ushma</b>	2610 2877	9821872677	<a href="mailto:ushmamashru@hotmail.com">ushmamashru@hotmail.com</a>		
<b>Dr. Mehta Anushree</b>	2447 4403	9820147636	<a href="mailto:mehta.aanu@gmail.com">mehta.aanu@gmail.com</a>		
<b>Dr. Mehta B. S.</b>	2683 2766	9820131926	<a href="mailto:drbsmehta@yahoo.in">drbsmehta@yahoo.in</a>		
<b>Dr. Mehta Nimesh</b>	2895 5555	9820013035	<a href="mailto:drnimesh@divyadrashtieyecare.com">drnimesh@divyadrashtieyecare.com</a>		
<b>Dr. Mehta Nitin</b>	-	9869114987	<a href="mailto:njmehta2000@yahoo.com">njmehta2000@yahoo.com</a>		
<b>Dr. Muchhala Snehal</b>	-	7043533673	<a href="mailto:drssm77@hotmail.com">drssm77@hotmail.com</a>		
<b>Dr. Parmar Girish</b>	-	9820718088	<a href="mailto:drgirish21@yahoo.co.in">drgirish21@yahoo.co.in</a>		
<b>Dr. Patnekar Abhilasha</b>	-	9821484932	<a href="mailto:abhilashapatnekar@gmail.com">abhilashapatnekar@gmail.com</a>		
<b>Dr. Sanghvi Rashmikant</b>	2809 1510	9820048036	<a href="mailto:dr.rashmikantsanghvi@gmail.com">dr.rashmikantsanghvi@gmail.com</a>		
<b>Dr. Shah Bimal</b>	2683 5205	9821083857	<a href="mailto:drbimal13@gmail.com">drbimal13@gmail.com</a>		
<b>Dr. Sonawala Subhash</b>	-	9821041280	<a href="mailto:subhashsonawala@icloud.com">subhashsonawala@icloud.com</a>		
<b>Dr. Soni Shalin</b>	2867 2232	9820471214	<a href="mailto:drshalinsoni@gmail.com">drshalinsoni@gmail.com</a>		
<b>Dr. Upadhyaya J. R.</b>	2828 4271	9321031220	<a href="mailto:drupadhyaya@icloud.com">drupadhyaya@icloud.com</a>		
<b>Dr. Vaid Zubin</b>	-	9821231939	<a href="mailto:zubindocctor@gmail.com">zubindocctor@gmail.com</a>		

### MUMBAI - WEST SUB FACULTY OF IMA - CGP

Asst. Director of Studies	: <b>Dr. Budhwani Renu</b>	-	9820219621	<a href="mailto:drrenu03@gmail.com">drrenu03@gmail.com</a>
Asst. Secretary	: <b>Dr. Bhatte-Worlikar Pranita</b>	2893 5185	9869739916	<a href="mailto:vidula.worlikar@gmail.com">vidula.worlikar@gmail.com</a>

### MUMBAI - WEST CHAPTER OF IMA - AMS

Chairman	: <b>Dr. Modi Kinjal</b>	2888 5001	9323851007	<a href="mailto:drkinjalmodi@gmail.com">drkinjalmodi@gmail.com</a>
Asst. Secretary	: <b>Dr. Hotchandani Bhavika</b>	8291622260	9821680153	<a href="mailto:sunim6@yahoo.com">sunim6@yahoo.com</a>

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	<b>Dr. Lele Jayesh</b>	91374 60471	9819812996	<a href="mailto:drjayeshlele@gmail.com">drjayeshlele@gmail.com</a>
	<b>Dr. Patel Manoj</b>	2614 6027	9821027131	<a href="mailto:drmanoj50@gmail.com">drmanoj50@gmail.com</a>



## From the President's Pen...

Dear Friends,

**Whenever medicine needs a gap, NGOs & associations step in - not with headlines; but with hands, hope and heart.**

**T**he ongoing hearings in the CCMP issue case in the Hon. High Court have been evidence that IMA has a role to play as a watchdog where medical education is concerned. We hope that the Hon. judges see reason and rule in our favour. Of course, the matter is likely to go to the Supreme Court either ways and we have to be prepared to fight tooth and nail - ready to fight for the welfare of medical students and the profession at large.

Our team attended the Maharashtra State conference Mastacon at Solapur and won several well-deserved awards - a testament to the dedication and vigour of the active members of our branch. The enthusiasm, the camaraderie, the active engagement - it was all quite inspiring. The dance of democracy was in full swing and we saw interesting developments in IMA MS.

We look forward to participation in the IMA HQs National Conference NATCON 100 at Ahmedabad. I would again like to reiterate that we are a large branch and more and more members should be seen at the Maharashtra State and Headquarters level.

We consistently take part and fulfil all activities required of us by Headquarters and the State- be it AMR activities, CPR or HPV training or raising awareness on Violence against women.

Preparations are on in full swing at the branch for the Annual Conference. We are



thankful that we are able to make it a Maharashtra State conference. The presence of IMA Maharashtra State President and other dignitaries of IMA Maharashtra State and HQ will be another feather in our proverbial caps. The program is going to be livestreamed all across Maharashtra and will benefit all our members in the State. We have an excellent line up of interesting talks very well curated by our convenors Dr Akil Contractor, Dr R. D. Kharkar and Dr Snehal Muchhala. We promise not just intellectual enrichment but also a delightful culinary spread, fun lucky draws, and generous gifts for all. I am deeply overwhelmed by the guidance, help and encouragement that I have received from each and every member, both in and out of the Managing Committee.

By expressing gratitude for what we already have, we attract and welcome greater abundance into our collective journey. May our shared commitment continue to light the way, and may we together steer our association toward excellence, integrity, and service - with heartfelt appreciation.

Jai Hind

Long live IMA

**DR. RASHMI MEHTA**  
**President, IMA MW**



## WEEKLY SCIENTIFIC PROGRAMME

Venue : **Lupin CME Auditorium**, IMA Building, J. R. Mhatre Marg,  
Behind Chandan Cinema, J.V.P.D. Scheme, Juhu, Mumbai - 400 049.

**Every TUESDAY & THURSDAY at 2.30 p.m. Sharp.**

DATE	Topic	Speaker
04.12.2025	<b>PRE Conference CME</b>	
	Hydration in the Current Scenario	Dr. Saurav Kumar
	Approach to Arthritis	Dr. Harsh Jain
	Management of Hyperkalemia & Hyponatraemia in Clinic Setting	Dr. Wasi Shaikh
	Unmet need in the Treatment of HF with LVEF >40%	Dr. Prashant Nair
	Imeglimin - A Powerhouse Approach to Type 2 Diabetes Mellitus"	Dr. Ketan K. Mehta
11.12.2025	<b>Webinar : HPV VACCINATION TRAINING &amp; WOMEN'S HEALTH</b>	
	Debunking Myths about HPV Vaccine	Dr. Nasreen Manwani
	Obesity & Gynaecology	Dr. B. M. Inamdar
	Menopause Through the Lens of Clinical Nutrition	Dt. Noopur Mehta
18.12.2025	<b>SCIENTIFIC DISSEMINATION</b>	
	Acute Stroke Management	Dr. Manoj Rajani
	All About CAR-Ts	Dr. Rizwan Shaikh
	Prioritizing the Need for Adult Immunization in Chronic Respiratory Disease Patients	Dr. Sumeet Singhania
25.12.2025	<b>Holiday</b> on the occasion of <b>CHRISTMAS 2025</b>	

- **WORKING LUNCH WILL BE SERVED FROM 01.00 TO 02.00 PM BEFORE EACH CME**
  - ▶ CGP, AMS & IMA Members : **Rs. 240/-** (Not Paid Annual Fees) (Weekly Lectures).
  - ▶ Eligible Non Members : **Rs.500/-** per lecture.
  - ▶ CHARGES FOR MMC CREDIT HOURS (FOR THE ACCREDITED CMES) **Rs. 60/-**.
  - ▶ **18% GST Charges are included on the above rates.**

**DR. RASHMI MEHTA**  
President

**DR. MADHUBALA CHINCHALKAR**  
Hon. Secretary

**DR. KINJAL MODI** **DR. BHAVIKA HOTCHANDANI**  
Chairman Hon. Secretary  
IMA - Mumbai West AMS Branch Chapter

**DR. RENU BUDHWANI**  
Asst. Director of Studies

**PRANITA BHATTE WORLIKAR**  
Asst. Secretary  
IMA - Mumbai West C.G.P. Sub Faculty

## From Hon. Secretary's Desk...

Dear friends,

**All our dreams can come true if we have  
courage to pursue them.**

IMA Mumbai West has been selected for the Secretary's Appreciation award for IMA CGP Sub Faculty 2025. It will be bestowed upon during GPCON 2025 in December at Vizianagaram. The flagship annual conference of IMA Mumbai West **"MAHA-DERMA-IMA-CON 2025"** is going to be a hybrid conference of IMA Maharashtra State with IMA Mumbai West. It is a theme based 'Derma Update from Basics to Practice'. This is full of impactful and didactic talks that will update the medical fraternity in the latest advances in the field of 'Dermatology'.

This will be not only just the latest scientific knowledge, clinical expertise in Dermatology and allied fields but also the camaraderie and net working among the peers. The delegates will be treated to a grand culinary experience showcasing a variety of delicacies.

To make the event memorable, there will be attractive we delegate gift, lucky draws - A thoughtful token of appreciation for everyone who join us CGP / AMS team. Maha-Derma-IMA-Con is going to be an enriching experience to all of us.

IMA MW, continues its activities with full enthusiasm as always! We had an excellent CME on the 'World Diabetes Day', BCLs session for our members and Restitution and Recovery - Back to Working' a program



organized by our member's Welfare and Women's Wing Sub Committee of IMA Mumbai West. The public Welfare Sub Committee is doing an excellent work as well?

Our weekly CME activities by CGP AMS team is continue fostering the vibrant exchange of knowledge.

Our IMA National conference NATCON to be held in December at Ahmedabad will be attended by a good number of IMA Mumbai West delegates. Wishing all the members the very best!

We believe opportunities don't happen, you create them! it, always seems impossible until it is done !

Jai Hind

Long Live IMA

**DR. MADHUBALA CHINCHALKAR**  
**Hon. Secretary, IMA MW**





## INDIAN MEDICAL ASSOCIATION MUMBAI WEST BRANCH

proudly invites you to

### PRE CONFERENCE CME

Date & Time : **THURSDAY, 04<sup>TH</sup> DECEMBER 2025**  
 Time : 01.00 pm onwards.  
 Venue : IMA HALL, I.M.A. Building, J. R. Mhatre Marg, Near PVR Cinema,  
 J.V.P.D. Scheme, Juhu, Mumbai - 400 049.

#### PROGRAM

DATE	Topic	Speaker
01.00 - 02.10 pm	<b>Registration &amp; Lunch</b>	
02.10 - 02.15 pm	<b>Welcome &amp; Introduction</b>	
02.15 - 02.35 pm	Hydration in the Current Scenario	Dr. Saurav Kumar
02.40 - 03.00 pm	Approach to Arthritis	Dr. Harsh Jain
03.05 - 03.25 pm	Management of Hyperkalemia & Hyponatraemia in Clinic Setting	Dr. Wasi Shaikh
03.30 - 03.50 pm	Unmet need in the Treatment of HF with LVEF >40%	Dr. Prashant Nair
03.55 - 04.15 pm	Imeglimin - A Powerhouse Approach to Type 2 Diabetes Mellitus"	Dr. Ketan K. Mehta
04.15 - 04.30 pm	Questions & Answers	
04.30 pm onwards	<b>Vote of Thanks</b>	

#### PROGRAM CONVENORS :

**DR. AKIL CONTRACTOR / DR. R. D. KHARKAR / DR. SNEHAL MUCHHALA**

- PRE CONFERENCE CME FREE FOR THE DELEGATES WHO REGISTER FOR CONFERENCE
- MMC Accreditation has been applied for 1 point.
- CHARGES FOR MMC CREDIT HOURS (FOR THE ACCREDITED CMEs) Rs. 60/- APPLICABLE TO ALL IMA MEMBERS DESIROUS OF CREDIT HOURS.
- 18% GST Charges are included in the above rates.

#### FOR REGISTRATION

(TIME FROM 11.00 AM - 05.00 PM)

SMS for Mobile No.: 70454 52656

**DR. RASHMI MEHTA**  
Org. Chairman

**DR. MADHUBALA CHINCHALKAR**  
Org. Secretary

**DR. AJAY HARIANI**  
Org. Treasurer

# INDIAN MEDICAL ASSOCIATION **MAHARASHTRA STATE** MAHA-DERMA-IMA-CON 2025

*Hosted by*

**INDIAN MEDICAL ASSOCIATION MUMBAI WEST**  
(ANNUAL SCIENTIFIC CONFERENCE 2025 of IMA Mumbai West)

Date & Time : **SATURDAY, 06<sup>TH</sup> DECEMBER 2025**  
Time : 01.00 pm onwards.  
Venue : IMA HALL, I.M.A. Building, J. R. Mhatre Marg, Near PVR Cinema,  
J.V.P.D. Scheme, Juhu, Mumbai - 400 049.

## PROGRAM

Time	Topic	Speaker
01.00 - 02.15 pm	<b>Registration &amp; Lunch</b>	
02.15 - 02.30 pm	<b>Welcome &amp; Introduction</b>	President / Hon. Secretary
02.30 - 02.50 pm	Tackling Topical Steroid Abuse in India	Dr. R. D. Kharkar
02.52 - 03.12 pm	Paediatric Dermatology	Dr. Shridhar Ganapathy
03.14 - 03.34 pm	Selenium Sulfide in 21 <sup>st</sup> Century Management of Scalp Disorders	Dr. Pravin Banodkar
03.36 - 03.56 pm	Sun, Skin and Safety	Dr. Harsh Tahiliani
03.58 - 04.18 pm	Bacterial Skin Infections in Day to Day Practice & Management	Dr. Shashikant Gwalia
04.20 - 04.40 pm	Mycosis Fungoides	Dr. Vidya Kharkar
04.42 - 05.00 pm	MEDICAL TEXT BOOKS DONATION	
05.00 pm	<b>Vote of Thanks &amp; Lucky Draw</b>	

## PROGRAM CONVENORS :

**DR. AKIL CONTRACTOR / DR. R. D. KHARKAR / DR. SNEHAL MUCHHALA**

### • REGISTRATION FEES :-

- All IMA Members : **FREE**, but a must.
- Eligible non members : **Rs. 500/-**
- Early Bird Gift.
- MMC Accreditation has been applied for 1 points.
- CHARGES FOR MMC CREDIT HOURS (FOR THE ACCREDITED CMEs) Rs. 60/-  
APPLICABLE TO ALL IMA MEMBERS DESIROUS OF CREDIT HOURS.
- 18% GST Charges are included in the above rates.
- Delegate Gift for those attending physically.

**DR. RASHMI MEHTA**  
Org. Chairman

**DR. MADHUBALA CHINCHALKAR**  
Org. Secretary

**DR. AJAY HARIANI**  
Org. Treasurer

**Indian Medical Association**  
**Mumbai West**



# INDIAN MEDICAL ASSOCIATION MAHARASHTRA STATE MAHA-DERMA-IMA-CON 2025

*Hosted by*

**INDIAN MEDICAL ASSOCIATION MUMBAI WEST**  
(ANNUAL SCIENTIFIC CONFERENCE 2025 of IMA Mumbai West)

Date & Time : **SUNDAY, 07<sup>TH</sup> DECEMBER 2025**  
Time : 08.00 am onwards.  
Venue : IMA HALL, I.M.A. Building, J. R. Mhatre Marg, Near PVR Cinema,  
J.V.P.D. Scheme, Juhu, Mumbai - 400 049.

## PROGRAM

Time	Topic	Speaker
08.00-08.50 am	<b>Registration &amp; Breakfast</b>	
08.50-08.55 am	<b>Welcome &amp; Introduction</b>	President/ Hon. Secretary
09.00-09.20 am	Nail the Diagnosis	Dr. Sushil Tahiliani
09.22-09.42 am	Psoriasis - then & now	Dr. S. G. Parasramani
09.44-10.25 am	<b>Inauguration</b>	
10.27-10.47 am	Herpes Zoster - Prevention is the only Treatment	Dr. Girish Parmar
10.49-11.09 am	Hair Today Gone Tomorrow...what to Do	Dr. Richa Sharma
11.11-12 noon	<b>Late Dr. S C Sheth Oration : Managing Fungal Infections in 2025</b>	Dr. Manjunath Shenoy
12.00-12.30 pm	<b>Key Note Address : Preventing Epidemic of Dermatophytosis</b>	Dr. D. G. Saple
12.32-12.52 pm	Updates in Urticaria & Allergy	Dr. Kiran Godse
12.54-01.14 pm	Role of Nutrition in Telogen Effluvium	Dr. R. D. Khakar
01.15-02.10 pm	<b>Lunch</b>	
02.15-02.35 pm	Skin & Rheumatology	Dr. Yojana Gokhale
02.37-02.57 pm	Leprosy - Current Status	Dr. V. V. Pai
03.00-03.20 pm	Counselling in Dermatology	Dr. Prakash Bora
03.22-03.42 pm	HIV/AIDS Today & the Role of the Family Physician	Dr. Ishwar Gilada
03.44-04.04 pm	Emergencies in Dermatology	Dr. Swagata Tambe
04.06-04.26 pm	Pregnancy Dermatoses	Dr. Sunil Ghate
04.28-04.48 pm	Tips & Tricks in Dermatology	Dr. Sharmila Patil
04.50-05.10 pm	Winter Dermatoses & Managing from Womb to Tomb	Dr. R. D. Kharkar
05.10 pm	<b>Vote of Thanks &amp; Lucky Draw</b>	

**PROGRAM CONVENORS : DR. AKIL CONTRACTOR / DR. R. D. KHARKAR / DR. SNEHAL MUCHHALA**

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APPLICABLE TO ALL IMA MEMBERS DESIROUS OF CREDIT HOURS.
- 18% GST Charges are included in the above rates.
- Delegate Gift for those attending physically. • Link will be provided prior to the event.

**DR. RASHMI MEHTA**  
Org. Chairman

**DR. MADHUBALA CHINCHALKAR**  
Org. Secretary

**DR. AJAY HARIANI**  
Org. Treasurer

**Indian Medical Association**  
**Mumbai West**





## COLLEGE OF GENERAL PRACTITIONERS SUB FACULTY OF INDIAN MEDICAL ASSOCIATION - MUMBAI WEST

Presents **"HAEMATO-ONCOLOGY UPDATE"**

Date & Time : **SUNDAY, 18<sup>TH</sup> JANUARY 2026**

Time : 08.15 am onwards.

Venue : **IMA HALL**, I.M.A. Building, J. R. Mhatre Marg, Near PVR Cinema,  
J.V.P.D. Scheme, Juhu, Mumbai - 400 049.

### PROGRAM

DATE	Topic	Speaker
08.15-09.00 am	<b>Registration and Breakfast</b>	
09.00-09.05 am	<b>Welcome &amp; Introduction</b>	President / Hon. Secretary
09.05-09.25 am	Nutritional Anaemia	Dr Shrinath Kshirsagar
09.25-09.45 am	Anaemia of Chronic Diseases	Dr Shreya Agarwal
09.45-10.15 am	<b>Panel Discussion : Anaemia</b> Moderator : Dr. Abhay Bhawe	Dr Shrinath, Dr Shreya, Dr Ruhi, Dr Kunal Sehgal, Dr Sumit Gujral
10.15-10.35 am	Advances in Transfusion Medicine	Dr Ruhi Mehra
10.35-11.20 pm	<b>Decoding Leukocytosis</b>	
10.35-10.50 am	CML	Dr Shrinath Kshirsagar
11.50-11.05 am	CLL	Dr Shreya Agarwal
11.05-11.20 am	Eosinophilia	Dr Abhay Bhawe
11.20-11.30 am	<b>Tea Break</b>	
11.30-11.50 am	Flow Cytometry in Haematology - Concepts	Dr Kunal Sehgal
11.50-12.10 pm	Overview of Cytogenetics in Clinical Practice	Dr Simpy Raj
12.10-12.40 pm	<b>Panel Discussion : Leucocytosis</b> Moderator : Dr. Abhay Bhawe	Dr Shrinath, Dr Shreya, Dr Kunal Dr Ruhi, Dr Sumit Gujral
12.40-01.00 pm	Approach to a Bleeding Patient	Dr Bipin Kulkarni
01.00-01.20 pm	VTE Management	Dr. R Shekhar
01.20-01.40 pm	Approach to Lymphoma	Dr Pravin Mahajan
01.40-01.55 pm	Audience CBC reports for interpretation	
01.55-02.00 pm	<b>Vote of Thanks / Lunch</b>	

### PROGRAM CONVENOR : DR. ABHAY BHAVE

#### ❖ REGISTRATION CHARGES :

- IMA Members : **FREE**, but registration compulsory.
- Eligible Non Member : **Rs. 500/-**

#### ❖ MMC ACCREDITATION HAS BEEN APPLIED FOR.

#### ❖ CHARGES FOR MMC CREDIT HOURS (FOR THE ACCREDITED CMEs) Rs. 60/- APPLICABLE TO ALL IMA MEMBERS DESIROUS OF CREDIT HOURS.

#### ❖ 18% GST Charges are included in the above rates.

**REGISTRATION FOR SMS: IMA OFFICE, (M) : 7045452656**

**DR. RASHMI MEHTA**  
President

**DR. MADHUBALA CHINCHALKAR**  
Hon. Secretary

**DR. RASHMIKANT SANGHVI**  
Program Co-ordinator

**Indian Medical Association**  
**Mumbai West**



## INDIAN MEDICAL ASSOCIATION HEAD QUARTERS & MUMBAI WEST BRANCH

Jointly organise

**Webinar :**

**“IMPACTING MANAGEMENT OF COMMUNITY-ACQUIRED UTIs & SSTIs”  
on SUNDAY, 14<sup>TH</sup> DECEMBER 2025.**

Time	Topic	Speaker
10.00-10.15 am	<b>Welcome &amp; Introduction</b>	<b>GSK MEDICAL</b> <b>DR. DILIP BHANUSHALI</b> National President, IMA HQs <b>DR. SARBARI DUTTA</b> Hony. Secretary General, IMA HQs
10.15-10.45 am	The UTI Playbook : Evidence-Based Strategies for Success	Dr. Sandhya Saharan (Ob-Gyn)
10.45-11.15 am	Skin in the Game: Best Practices for SSTI Management	Dr. Ketan Mehta (CP)
11.15-11.45 am	Tackling UTI & SSTI in Paediatrics	Dr. Sanjay Marathe (Paed)
11.45-12.45 am	Antimicrobial Stewardship in UTI & SSTIP (Interactive Panel Discussion) + Audience Q & A <b>MODERATOR :</b> <b>DR LAXMAN JESSANI</b> (ID specialist)	Dr. Aruna Poojary Dr. Sandhya Saharan Dr. Ketan Mehta Dr. Sanjay Marathe
12.45-01:00 pm	Summary, Closing & Vote of Thanks	GSK Medical / IMA

- **PROGRAM CO-ORDINATOR : DR. JAYESH LELE**
- **REGISTRATION : FREE FOR IMA MEMBERS**
- **FOR REGISTRATION FOR SMS: 7045452656**

**DR. DILIP BHANUSHALI**  
National President, IMA HQs

**DR. SARBARI DUTTA**  
Hony. Secretary General, IMA HQs

**DR. RASHMI MEHTA**  
President, IMA MW

**DR. MADHUBALA CHINCHALKAR**  
Hon. Secretary, IMA MW

**REPORT : IMA MUMBAI WEST MISSION PINK HEALTH**

On **12<sup>th</sup> September 2025**, IMA Mumbai West conducted Mission Pink Health Session at **St Lawrence School**.

80 girls benefited. The talk was on personal hygiene, Menstrual hygiene, Puberty, Nutrition, Physical as well as psychological well being. Good Touch and Bad Touch etc. were discussed.

**DR. MADHUBAL CHINCHALKAR**  
Hon. Secretary

**DR. HANSA BHEDA**  
Program Co-ordinator



## OBITUARY



### **DR. BHATT PALLAVI J.**

from Santacruz (W)

on **Tuesday, 04<sup>th</sup> November 2025**



### **DR. AYESHA KHAN**

from Jogeshwari (W)

on **Wednesday, 25.12.2024.**



May God give strength to their family members to  
withstand this immense loss.

**DR. RASHMI MEHTA**

President

**DR. MADHUBALA CHINCHALKAR**

Hon. Secretary

And

**Jointly with Office Bearers, Trustees &  
Members of Managing Committee**

## REPORT : HEALTH CHECK UP CAMP



**P**ublic Health & Community Welfare Sub Committee conducted a **Health Check Up Camp** with **HPV Vaccination Camp** at **Mumbai Public School, Vakola** from **2 pm to 4 pm** on **Saturday, 22<sup>nd</sup> November 2025**. Dr Akil Contractor, Dr Razia Contractor, Dr. S. K. Joshi and Dr. Subash Gajria examined nearly 100 children from age 6 to 16 yrs. HPV vaccine (Cervavax) given to both girls and boys from age 9 to 14 yrs. They will be administered the second dose after 6 months.

The children examined had mostly URTI. Cough syrups were given to children who required them. Albendazole was given to all children. Vitamins and iron to children who seemed deficient. 40 children were vaccinated. This camp was the joint effort of Public Welfare Sub committee of IMA MW and Bal Jeevan Trust. We thank Dr. Sarita Kapoor of Bal Jeevan Trust for facilitating the program.

**DR. RASHMI MEHTA**  
President

**DR. MADHUBALA CHINCHALKAR**  
Hon. Secretary

**DR. SUBASH GAJRIA**  
Chairperson,  
Public Health &  
Community Welfare

## REPORT: DIABETES DAY 2025

**W**orld Diabetes Day is celebrated every year on 14th November – the birthday of Sir Frederick Banting – who co-discovered insulin with Dr. Best in 1922. India has over 101 million diagnosed diabetics and over 136 million diagnosed prediabetics.

We had eminent speakers who enlightened delegates on various medicines available today to treat diabetes.

Dr Girish Parmar eminent endocrinologist, practising at Nanavati Max Hospital initiated the proceedings. He gave an overview of oral hypoglycemic agents in combination with Basal Insulin and how together they achieve desired goal.

Dr. Keyur Dave, practising at Nanavati Max hospital, and Director Nirmaya Centre, gave a talk on.. treatment of hyperkalemia.... the biggest barrier to optimal CKD care. Emergency management of hyperkalemia was explained.

Dr. Ajay Dudhani... Vitreo retinal surgeon who is Professor at KJ Somaiya hospital & Bombay Hospital... gave a very informative talk on latest treatment of Diabetic Retinopathy. He gave a PPT presentation of various manifestations of retinal diseases.

Dr. Sunil Wani, Interventional Cardiologist KDAH, informed how to achieve optimising HF & CKD management by treating Hyperkalemia. Dr. Wani introduced the new K+ binder molecule... Sodium Zirconium silicate.

Next, Dr Sharad Sheth, renowned Nephrologist, KDAH redefined Cardio Renal protection in DKD with help of Finerenone. He stressed that almost 25% of CKD patients will not have proteinuria so it's important to do eGFR and UACR every year to assess progress of CKD.

Dr Anand Hinduja explained in detail the action of Inhaled Insulin... AFFREZA. This is not replacement for injectable insulin but as adjuvant for patients who are not getting controlled by Basal Insulin.

Dr Manish Shetty, Hon. Prof Cooper Hospital and Hinduja hospital spoke about insulin initiation and titration. Also informed about Advanced Basal Insulin analogues.

Last speaker was Dr. Archana Juneja, Endocrinologist practising at KDAH insisted stepping up towards a transformative Health Centric approach to Obesity cases. She informed that India has over 254 million obese and over 351 have truncal obesity. She gave an overview of use of Inj Semaglutide

All the talks held on Diabetes Day were very helpful to General Practitioners.



**DR. MADHUBALA CHINCHALKAR**

Hon. Secretary

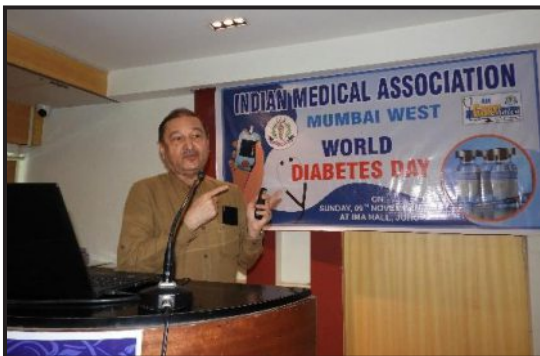
**DR. PRANITA BHATTE-WORLIKAR**

Asst. Secretary, IMA CGP Sub Faculty

**Indian Medical Association**  
**Mumbai West**



## WORLD DIABETES DAY



**Indian Medical Association  
Mumbai West**



## ACHIEVEMENTS

- It gives us great pleasure in informing you that our branch has received following awards at the **IMA - Maharashtra State Conference "MASTACON 2025"** held at **Solapur**.



- Our President, **DR. RASHMI MEHTA** received "**BEST SECRETARY OF LARGE BRANCH**" award (Membership 2000 & above) from **IMA Maharashtra State President's Appreciation Award** for the year 2024 - 2025.



- Our Secretary, **DR. MADHUBALA CHINCHALKAR** received "**Dr. Suresh Nadkarni Mitra Mandal Award**" from **IMA Maharashtra State President's Appreciation Award** for the year 2024 - 2025.



- Chairman of IMA AMS, **DR. KINJAL MODI** received "**Dr. C. T. Thakar and Shrimati Sulochana Thakar Oration Award**" in appreciation of your work for the fraternity and serving the mother organization, IMA for the year 2024 - 2025.



- Our Trustee & Past President, **DR. JAYESH LELE** has been awarded "**Presence as Honoured Guest**" from **IMA Maharashtra State President's Appreciation Award** for the year 2024 - 2025.



- Our Branch received **IMA Maharashtra State President's Appreciation Award** for successfully hosting **GERICON 2025 & hosting Veritas - JDN & MSN conclave**.
- We Congratulate the State Office bearers (2025-2026) from our branch.
  - 1) Dr. Rashmi Mehta** - Vice President
  - 2) Dr. Bhavika Hotchandani** - Joint Secretary

**Hearty Congratulations to all. We are very proud of you all.**

**DR. KETAN K MEHTA**  
Imm. Past President

**DR. VIKRAM PAL**  
Vice President

**DR. BHAVNA PATEL**  
Jt. Secretary

**DR. SANJAY DUDHAT**  
Managing Trustee

**Indian Medical Association**  
**Mumbai West**

## REPORT : MASTACON 2025



**65<sup>th</sup> Annual Conference** of Indian Medical Association - Maharashtra State - **MASTACON 2025** was held at Solapur and hosted by IMA Solapur branch. IMA Mumbai West members attended the conference on 15<sup>th</sup> & 16<sup>th</sup> November 2025.

### IMA Mumbai West received the following awards:

1. President's appreciation award for successfully hosting GERICON & hosting Veritas - JDN & MSN conclave.
2. President's Appreciation Award for AMS branch chapter
3. Dr. Suresh Nadkarni Mitra Mandal Award for the year 2024 - 2025 presented to Dr. Madhubala Chinchakar, IMA MW
4. IMA Maharashtra State President's Appreciation Award Large Branch Best Secretary year 2024 - 2025 Dr. Rashmi Mehta
5. Indian Medical Association Maharashtra State Dr. C L Javeri oration trophy year 2024 - 2025 Dr. Kinjal Modi

The following members attended the IMA MS Executive & 65<sup>th</sup> State Council meetings on 16<sup>th</sup> November:

Dr. Rashmi Mehta, Dr. Madhubala Chinchalkar, Dr. Vikram Pal, Dr. Jayesh Lele, Dr. Shobha Ahuja, Dr. Rohini Badwe, Dr. Bimal Shah, Dr. Parthiv Sanghvi, Dr. Bhavika Hotchandani, Dr. Rehu Budhwani, Dr. C. Chinchalkar, Dr. Pranita Worlikar, Dr. Umesh Worlikar, Dr. Kinjal Modi and Dr. Saurabh Sanjanwala.

The installation of the new President IMA MS Dr Santosh Kulkarni was done. Our branch is represented in IMA MS office bearers by:

1. Dr. Rashmi Mehta - Vice President, Mumbai West region
2. Dr. Bhavika Hotchandani - Joint Secretary, Mumbai West region



## REPORT : PUBLIC HEALTH & COMMUNITY WELFARE SUB COMMITTEE



### Public Welfare Subcommittee of IMA Mumbai West

- 1) conducted a session in Ganjad, Taluka Dahanu, District Palghar for Ashram shala (residential school) on 27<sup>th</sup> November. The session was on Hygiene, Health, Nutrition, Environmental conservation and Climate change. This session was attended by about 700 students. A session was conducted on 'Good Touch-and Bad Touch' for about 200 primary school children.



- 2) One more similar session was conducted by Public Welfare Subcommittee, IMA Mumbai West in a Residential school - Ashram shala at Ranshet, Taluka Dahanu District Palghar on 27<sup>th</sup> November. About 600 students were present for this interactive session.

A total of 1500 students attended. These sessions were conducted by Hon. Secretary, Dr.Madhubala Chinchalkar.

**Dr Subash Gajria**

Chairperson, Public Welfare Subcommittee

**Indian Medical Association**  
**Mumbai West**

## TEXTBOOK DONATION REPORT



Our ongoing Textbook Donation program was delayed on account of late admission of Students to 1<sup>st</sup> MBBS. We have textbooks to 23 students from 5 medical colleges on 9<sup>th</sup> November during our World Diabetes Day program. As usual, it was a humbling experience for us. We have received heartfelt responses from the students themselves.

**Dr Rashmi Mehta**  
President

**Dr Madhubala Chinchalkar**  
Hon. Secretary

**Dr Sanjay Dudhat**  
Managing Trustee & Chairperson,  
Medical Education Sub Committee

**Dr Sanjay Gupta**  
Member, Medical Education





## MONTHLY BULLETIN OF OUR BRANCH "MEDICAL e IMAGE"

### ADVERTISEMENTS TARIFF

SIZE OF PAGE  
24 CM X 18 CM

Page	For IMA Members		For Other Advertisers	
	Colour	B/W	Colour	B/W
Back Cover page	7,500.00	-	10,000.00	-
2 <sup>nd</sup> Cover page	5,000.00	-	8,000.00	-
3 <sup>rd</sup> Cover page	5,000.00	-	8,000.00	-
Ordinary Full Page	4,000.00	2,500.00	7,000.00	4,000.00
Ordinary Half Page	2,500.00	1,800.00	5,000.00	3,000.00
Ordinary Quarter Page	1,800.00	1,200.00	3,500.00	2,000.00
	-	-	-	-
<b>Centre Double Spread</b> Check availability of specific pages from IMA – MW Office	9,000.00	4,500.00	15000.00	7,500.00
<b>Classified Advertisements:</b> Minimum charges Rs.250/- up to 25 words. Every additional word at Rs. 8/- per word. Maximum 45 words only.	250.00 as applicable			
<b>Classified Advertisements:</b> Minimum charges Rs.350/- up to 25 words. Every additional word at Rs.12/-per word. Maximum 45 words only.			350.00 as applicable	

### PLUS 5% GST

1. No concession is applicable for colour pages except bulk booking.
2. The tariff for 6 monthly and annual insertions will be applicable provided the matter is not changed and full payment is made in advance. (for 5 months - 1 month free)
3. The material for printing should be sent to our office on or before 15<sup>th</sup> of the previous month.
4. All the advertisements should be booked through **IMA - Mumbai West** only. The cheque must be drawn in favour of "**I.M.A. - Mumbai West.**"

Kindly Reserve Back Cover Page / Inside Back Cover Page / Inside Front Cover Page / Four Colour Page / Bottom Box / Single Colour Full Page / \_\_\_\_\_

For Announcement of Information Pertaining To Our Nursing Home/ Hospital / Polyclinic / Diagnostic Centre / Corporation / Pharmaceuticals / Company / Firm in the IMA – Mumbai West Branch, Monthly Bulletin "Medical e Image"

I enclose payment for the same being cash /cheque no. \_\_\_\_\_

dtd. \_\_\_\_\_ drawn on \_\_\_\_\_ Branch of \_\_\_\_\_

Dated:

Signature:

### The bank details for the payments are as follows:

Cheque in favour of "**IMA - Mumbai West**"

**Bank Name** : Indian Bank,

**Bank Branch & Address** : Juhu Vile Parle Dev. Scheme, 12 A, Sagar Villa,  
JVPD Branch, Juhu, Mumbai - 400049

**Bank Account No.** : 794379560 **Account Type** : SB

**Bank IFSC Code** : IDIB000J020

**Indian Medical Association**  
**Mumbai West**