



October 2025

VOLUME NO 50 ISSUE 07

MEDICAL e IMAGE

OF IMA MUMBAI WEST

President : DR. RASHMI MEHTA

Hon. Secretary : DR. MADHUBALA CHINCHALKAR



WORLD MENTAL HEALTH DAY
THURSDAY, 09TH OCTOBER

DEEPAWALI SWARAPRABHAT
SUNDAY, 19TH OCTOBER

WORLD SIGHT DAY
THURSDAY, 16TH OCTOBER

SURGICON 2025
SUNDAY, 26TH OCTOBER



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Menstrual & Adolescent Care



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From the President's Pen...

Dear Friends,

At the intersection of Medicine and Society lies a responsibility we can't ignore-to speak, act & lead with purpose.

September saw a fresh notification by Government of Maharashtra that allowed registration of CCMP doctors in our MMC register. IMA Maharashtra State has started agitating all over again. It's a

4 FOLD FIGHT :

1. **Strike/ March** to Azad Maidan/ fast to raise awareness
2. **Political liaisoning** - meeting the Chief Minister, Deputy Chief ministers, Education minister, MPs, MLAs, District Collectors to put pressure for withdrawal of the notification.
3. **Legal** : the mainstay of our strategy - to make sure that the case outcome is in our favour. The case is sub judice in the High Court since the first notification came in 2014. We have had hearings in the Hon. High Court where the judges have not been equivocally in our favour . We may have to approach the Hon. Supreme Court after the next hearing on 10th November. Please contribute to the IMA Maharashtra State legal fund because this would be expensive. Our High Court battle has been fought by Adv. Kamdar who has not charged a single rupee, courtesy Dr Jayesh Lele sir but the Supreme Court fight would need funds. You will find the IMA MS legal fund QR code in this issue. Please inform us once you have donated for this cause
4. **Creating awareness** in the general public by means of Social media, involving other medical and speciality associations (they are also affected) and NGOs. The focus is



on PATIENT SAFETY and the Medicolegal and insurance nightmares that would occur if a person registered in 2 medical councils treats a patient and it goes wrong.

We have been doing our bit for this issue and request all of you to be actively involved.

Meanwhile, at our branch, we have had some fantastic CMEs. Our Teachers' Day program was a very graceful affair and we were humbled once again when we were able to give Medical Scholarships of Rs 35000/- each to 21 3rd MBBS students.

Successful Blood Donation Drives have been conducted in the past month.

Friends, please participate in activities of IMA Maharashtra State and IMA HQ as part of the IMA Mumbai West delegation. We are a large branch and our representatives should be there in large numbers at all important meets such as Mastacon 2025 at Solapur in November & Natcon 2025 at Ahmedabad in December.

In unity, our voice grows stronger

In action, it's impact multiplies.

Seasons' Greetings to all of you

Jai Hind!

Jai IMA !

DR. RASHMI MEHTA

President, IMA MW



WEEKLY SCIENTIFIC PROGRAMME

Venue : **Lupin CME Auditorium**, IMA Building, J. R. Mhatre Marg,
Behind Chandan Cinema, J.V.P.D. Scheme, Juhu, Mumbai - 400 049.

Every TUESDAY & THURSDAY at 2.30 p.m. Sharp.

DATE	Topic	Speaker
02.10.2025	Holiday on the occasion of Dussehra & Gandhi Jayanti	
07.10.2025	INFERTILITY UPDATE	
	Infertility Screening: The Vasics, the Bytes and the Babies!	Dr. Kaushal Kadam
	Freezing Eggs & Reversing Clocks : The New Frontier in Ovarian Health	Dr. Dhanshri Natu
	Surrogacy & Donor Eggs: Teamwork Makes the Dream Work!	Dr. Kaushal Kadam
09.10.2025	WORLD MENTAL HEALTH DAY	
	Neurobiology of Sleep	Dr. Jay Shastri
	Non Pharmacological Interventions for Insomnia	Dr. Kartik Rao
	Pharmacological Interventions for Insomnia	Dr. Prajakta Patkar
14.10.2025	SEMAGLUTIDE: OBESITY & Beyond....	
	STEPping Stones to effective Obesity Management: Exploring the Role of Semaglutide 2.4 mg	Prof. Dr. Ketan Mehta
	Mending Broken Hearts with Semaglutide 2.4 mg in Obesity Management	Dr. Darshan Jhala
	ESSENCE: Histological Response and Weight Loss in MASH Panel Discussion : Unlocking the full potential of Semaglutide 2.4 mg beyond weight loss	Dr. Harsh Parikh
16.10.2025	WORLD SIGHT DAY	
	OPD diagnosis of Hematological Malignancies	Dr. Nishant Jindal
	Cataract Surgery & Choosing an IOL: What is right for you?	Dr. Maneck Nicholson
	Early Detection and Intervention in Diabetic Retinopathy	Dr. Sayali Karande
	Recognizing and Managing Common Pediatric Eye Problems: Allergy, Squint & Myopia	Dr. Jenil Sheth
21.10.2025	Holiday on the occasion of Diwali	
23.10.2025	Holiday on the occasion of Diwali	
28.10.2025	Holiday on the occasion of Diwali	
30.10.2025	LIVER & GI UPDATE	

• **WORKING LUNCH WILL BE SERVED FROM 01.00 TO 02.00 PM BEFORE EACH CME**

- ▶ CGP, AMS & IMA Members : **Rs. 240/-** (Not Paid Annual Fees) (Weekly Lectures).
- ▶ Eligible Non Members : **Rs.500/-** per lecture.
- ▶ CHARGES FOR MMC CREDIT HOURS (FOR THE ACCREDITED CMES) **Rs. 60/-**.
- ▶ **18% GST Charges are included on the above rates.**

DR. RASHMI MEHTA
President

DR. MADHUBALA CHINCHALKAR
Hon. Secretary

DR. KINJAL MODI **DR. BHAVIKA HOTCHANDANI**
Chairman Hon. Secretary
IMA - Mumbai West AMS Branch Chapter

DR. RENU BUDHWANI **PRANITA BHATTE WORLIKAR**
Asst. Director of Studies Asst. Secretary
IMA - Mumbai West C.G.P. Sub Faculty

Indian Medical Association
Mumbai West



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From Hon. Secretary's Desk...

Dear Friends,

The beginning of festive season brings celebrations with family and friends, festive meals, cultural traditions and decorations... it's time to connect with near & dear ones. We have a musical celebration '**Diwali Pahat**' at our branch like every year, celebrated with great enthusiasm with our family and friends.

Last month was busy with raining CMEs at our branch as well as outside, as a collaboration of scientific programs. This academic feast was attended by large number of delegates. Online webinars IMPACT, with the blessings of IMA HQ are creating an impact and gaining popularity at state as well as national level.

In the coming weeks we have meticulously curated a series of scientific events designed to enhance our knowledge and refine our skills. We have been celebrating various health days with theme-based CMEs. We are there with you for 'World Mental Health Day' and 'World Sight Day' with eminent speakers. I sincerely urge each of you to participate in these gatherings as they present invaluable opportunities for collaboration, innovation and exchange of ideas.

I take this opportunity to thank for making one day token strike successful as a part of agitation opposing Government's recent notification permitting BHMS graduates with CCMP certificates to register with Maharashtra Medical Council. This united action is vital to protect the sanctity of modern medicine, ensure patient safety



and uphold the integrity of our profession. Let us work together to make this movement a grand success while maintaining dignity and solidarity. To fight this battle in Supreme court, let us all contribute generously towards Maharashtra State Legal Funds.

I extend my warmest wishes for joyous and prosperous celebrations. The light represents hope, knowledge, compassion and spiritual awakening. May this festival of light bring happiness, health and success to you and your family. As healers and care givers let us try our best to bring smile and happiness by alleviating pain and suffering of people around us. When you illuminate your own path with goodness, love and knowledge, others are inspired to do the same.

Jai Hind !

Jai IMA !

DR. MADHUBALA CHINCHALKAR

Hon. Secretary, IMA MW

Indian Medical Association
Mumbai West



**2025
October**



MEMBER'S WELFARE & WOMEN'S WING SUB COMMITTEE of INDIAN MEDICAL ASSOCIATION - MUMBAI WEST

Organize

“PALLIATIVE CARE”

Date & Time : **SATURDAY, 04TH OCTOBER 2025**
Time : 01.30 pm onwards.
Venue : IMA HALL, I.M.A. Building, J. R. Mhatre Marg, Near PVR Cinema,
J.V.P.D. Scheme, Juhu, Mumbai - 400 049.

PROGRAM

DATE	Topic	Speaker
01.30-02.15 pm	Registration & Lunch	
02.15-02.30 pm	Welcome & Introduction	President / Hon. Secretary
02.30-03.00 pm	Home Based Palliative Care	Dr. Armida Fernandez
03.00-03.30 pm	Breaking Bad News in Palliative Care	Dr. Bhavika Hotchandani
03.30-04.00 pm	Good death -The Five Loving Exchanges	Mr. Prashob Kodappully
04.00-04.30 pm	Questions & Answers	
4.30 pm onwards	Vote of Thanks	

REGISTRATION : FREE FOR IMA MEMBERS

FOR REGISTRATION CONTACT : SMS FOR MOBILE NO.: 7045452656

DR. RASHMI MEHTA

President

DR. MADHUBALA CHINCHALKAR

Hon. Secretary

DR. ANUSHREE MEHTA

Chairperson, Member's Welfare

DR. SHOBHA AHUJA

Chairperson, Women's Wing

IMPORTANT ANNOUNCEMENT

Kindly donate towards the
**fight against the lateral entry of
CCMP Homeopathy graduates in
Maharashtra Medical Council**





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It's the "Festival of Lights"

It's again the day of Diwali,
It's time to dress up Folks.

**CULTURAL SUB COMMITTEE of
INDIAN MEDICAL ASSOCIATION - MUMBAI WEST**

Presents Morning

"DEEPAWALI SWARAPRABHAT"

by Renowned Musical Artistes of Maharashtra

"SWAR SAMPADA"

by Mrs. Sampada Mane & Her Team



MRS. SAMPADA MANE

Renowned Classical and Playback Singer
Runner up Sur Nava Dhyas Nava (Colors Marathi)
Sangeet Alankar (1st rank holder all over India)



MR. NACHIKET DESAI

Well known Playback Singer
Performed all over India & abroad

Key-Board : Omkar Devaskar
Tabla : Nishad Karalgikar
Dholak / Dholaki : Kautubh Divekar
Side Rhythm : Praful Shinde
Anchor : Rajendra Patankar



MR PRASHANT LALIT

Key-Board Player &
Music Arranger

To start with program

Flute & Tabla recital (10 mins.)

Dr. Prashant Mullerpatan (Flute) &

Dr. Sanjay Dudhat (Tabla)

Day & Date : SUNDAY, 19TH OCTOBER 2025

Time : 06.30 am : Refreshing Tea
07.00 - 09.00 am : Musical Melodies
09.00 am : Diwali Faral
Venue : IMA Hall, Juhu.

➤ **Dress Code** : Traditional - Lot of Prizes to win
➤ **Damages** : **FREE**, but registration compulsory.
➤ **Come one, Come all** with your Family &
Friends to celebrate Diwali with IMA

PROGRAM CO-ORDINATOR : DR. SANJAY DUDHAT

➤ FOR REGISTRATION : SMS FOR MOBILE NO.: 7045452656

DR. RASHMI MEHTA
President

DR. MADHUBALA CHINCHALKAR
Hon. Secretary

DR ROHINI BADWE
Chairperson, Cultural Sub Committee

Indian Medical Association
Mumbai West



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**2025
October**





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REPORT : IMA MUMBAI WEST - MISSION PINK HEALTH



Mission Pink Health Chairperson, Dr. Hansa Bheda conducted a session on Sunday, 14th September along with USF NGO for the students of 11th and 12th Std Girl Students of Arts & Commerce at K. G. Somaiya college auditorium.

72 students were present. She spoke on Menstrual Hygiene, personal Hygiene, Good Touch and Bad Touch. Nutritious food.

DR. HANSA BHEDA

Chairperson, Mission Pink Health

"Consulting Rooms Available"

at Vaibhav Polyclinic, Irla, S.V. Road,
Prime Location, fully furnished.

Contact : 93222 58159 / 98197 50275



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TEACHERS' DAY



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REPORT : TEACHERS' DAY PROGRAM

IMA Mumbai West celebrated **Teachers' Day & Medical Scholarship** program on **Sunday, 14.09.2025** this year with great enthusiasm. It's a special day for appreciation of teachers and to honor the tireless efforts and guidance of teachers across the country.

The program started with high tea. Hon secretary, Dr. Madhubala Chinchalkar extended a warm welcome and greeted the dignitaries, invited guests members and students.

There was a traditional lamp lighting by dignitaries, President and Office Bearers, Trustee and two representative students. IMA Prayer, flag salutation and national anthem followed. Hon. Secretary Dr. Madhubala Chinchalkar requested President, Dr. Rashmi Mehta to give her Presidential address.

She said, the theme for Teachers' Day in India in 2025 is "Inspiring the next generation of learners". She also pointed out the burning issue of mixopathy. Registration of BHMS CCMP doctors to our Council of allopathic doctors MMC. Address by Managing Trustee Dr. Sanjay Dudhat followed. He mentioned about the Medical scholarship program, a noble project by IMA Mumbai West.

Hon. Secretary Dr. Madhubala Chinchalkar invited the felicitees to the stage one by one. Each felicitee was honoured by offering shawl, memento & gift along with their family members. Jt. Secretary Dr. Bhavna Patel introduced Dr. Vidya Kharkar, Prof & Head Dept. of Dermatology Seth G S Medical College & KEM Hospital. Dr. Kharkar expressed her gratitude towards her parents and teachers.

Trustee Dr. Bal Inamdar introduced Dr. Rajesh Chokhani, Consultant Paediatrician, P D Hinduja Hospital and Research Centre. Dr. Chokhani stressed the importance of history taking and clinical examination in patients' care.

Hon. Treasurer Dr. Ajay Hariani introduced Dr. Jigeeshu Divatia, Head Critical care & Research Centre Lilavati Hospital. He spoke about his journey as a teacher and learning from students.

Trustee Dr. Manoj Patel introduced Dr. Chetan Kantharia Prof. & Head Surgical Gastroenterology Seth G S Medical College and KEM Hospital. He shared his valuable experiences as a teacher in medical college and urged the students to consider taking up teaching in medical colleges to future doctor.

MOC Dr. Madhubala Chinchalkar next invited Managing Trustee to conduct the Medical Scholarship program.

Managing trustee Dr. Sanjay Dudhat informed about this noble project of IMA MW being conducted for the last 15 years. Co-chairperson Dr. Sanjay Gupta invited the students one by one & President Dr. Rashmi Mehta handed over the Scholarship to the students. Two representative students expressed their feelings and thanked IMA MW helping meritorious & economically challenged students.

Dr. Renu Budhwani gave Vote of Thanks. All enjoyed the delicious dinner thereafter.

DR. MADHUBALA CHINCHALKAR

Hon. Secretary

Indian Medical Association
Mumbai West



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TEACHERS' DAY





MEDICAL



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MEDICAL SCHOLARSHIP



Indian Medical Association
Mumbai West



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2025
October





FEEDBACK FROM MEDICAL SCHOLARSHIP STUDENTS

We, the students of Grant Government Medical College, would like to sincerely thank the Indian Medical Association for their generous support through scholarships. Your continuous efforts over the past decade to uplift financially challenged students like us have truly made a life-changing difference.

Your encouragement has not only reduced our financial burdens but also motivated us to pursue our education with greater confidence and dedication. We deeply value your kindness and commitment to nurturing the future of young students.

Beyond the financial help, what truly inspires us is your belief in the potential of students like us. That belief strengthens our determination to prove ourselves and, one day, extend the same helping hand to others in need.

We humbly request you to continue this noble initiative so that many more deserving students can benefit in the years to come. Your contribution is shaping bright futures and inspiring us to also give back to society in meaningful ways.

With heartfelt gratitude,

On behalf of all scholarship recipients.

Mr Nayan Chandankhede JJ HOSP

I am writing to express my sincere gratitude for the generous scholarship of Rs 35,000 that you have awarded me. I am deeply honored to have been selected as a recipient.

This scholarship will be a tremendous help in supporting my educational pursuits. It will significantly reduce the financial burden and allow me to focus more on my studies. I am committed to making the most of this opportunity and achieving my academic goals.

Thank you once again for your belief in me and your investment in my future. I am truly grateful for your support.

Sincerely,

Vaidehii

To IMA

I am grateful to the IMA that IMA has helped me in relieving some of my financial stress and backing me up for the upcoming university exams. I will do my best in exams. Thank you IMA for selecting me for the scholarship. These will be a tremendous help in supporting my educational pursuits. It will significantly reduce my financial burden and allow me to focus on my studies.

Thank you once again for backing me up and giving me chance to prove myself. I am grateful for your support.

Sincerely,

Aniket





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MEDICAL SCHOLARSHIP



WELCOME NEW MEMBERS

Andheri : Dr. Matte Amit Ashok
Dr. Bhongle Jaya Kashinath

DR. RASHMI MEHTA
President

DR. MADHUBALA CHINCHALKAR
Hon. Secretary



Indian Medical Association
Mumbai West



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REPORT : BLOOD DONATION DRIVE



MA HQs had organised **Blood Donation Drive** across India with selected cities in collaboration with Abbott India offices on 17th September 2025.

IMA Mumbai West participated in this drive with Abbott India R & D Centre located at Andheri East MIDC.

Abbott staff responded very enthusiastically to the drive. 79 units of blood were collected. From IMA Mumbai West, the following members participated and encouraged the donors:

Dr. Rashmi Mehta	President
Dr. Madhubala Chinchalkar	Hon. Secretary
Dr. Budhwani	Asst Director CGP
Dr. Nitin Mehta	Managing committee member
Dr. Harsha Mehta	Branch Member

DR. RASHMI MEHTA

President



Indian Medical Association
Mumbai West



2025
October



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REPORT : BLOOD DONATION



MA Mumbai West organised a **Blood Donation Drive** with Thakur College-Kandivali on 12th September, 2025. It was very well arranged, the Principal and Staff of the College were very Co-operative and Supportive.

The students were very enthusiastic, curious and well mannered. The Blood donation from NSS Students- in their Uniforms added the encouraging force for the juniors.

The feedbacks given by the students was- "Worthy Project ",

Happy, Donating First time, Noble cause,

Good Experience, Excellent Gifting...

The Blood Group was done there and then and the Certificate of Appreciation was also given to all the Donors.

Our sincere thanks to BSES -Rotary DG Goenka Blood Bank- In Charge and the entire Staff for their skillful management and kind help. Hon. Treasurer Dr Ajay Hariani also donated blood. Total 167 units of blood were collected.

DR. BHAVNA PATEL

Hon. Joint Secretary

DR. AJAY HARIANI

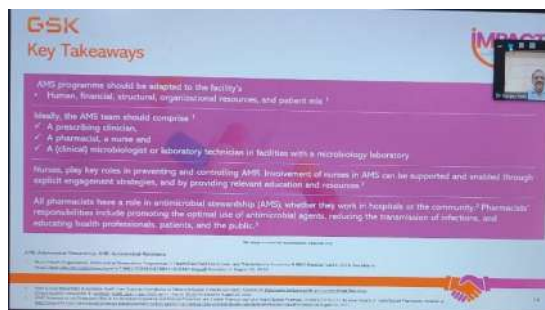
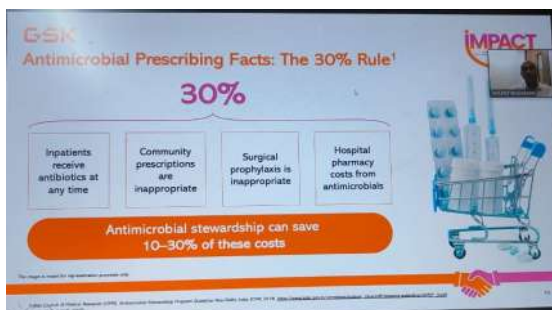
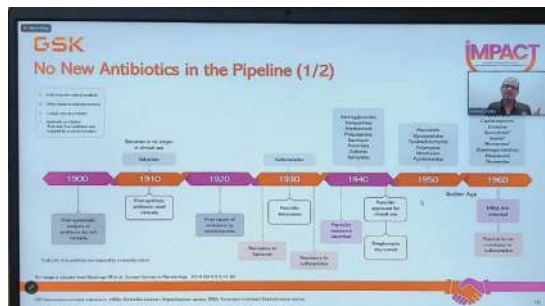
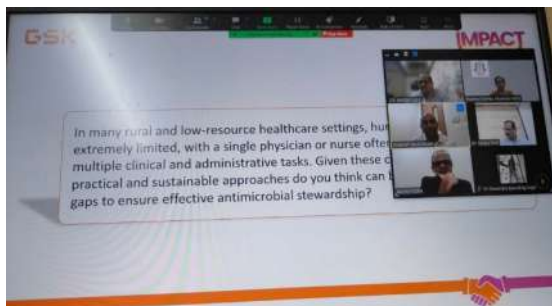
Hon. Treasurer

Indian Medical Association
Mumbai West

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2025
October

REPORT : WEBINAR - IMPACTING AMR : MAKING STEWARDSHIP WORK IN RESOURCE-LIMITED HEALTHCARE SETUPSS



IMPACT - the third webinar in the series of Antibiotic Stewardship talks of IMA HQs with GSK took place on Sunday, 21st September 2025.

The esteemed speakers Dr. Vasant Nagvekar, Dr. Agam Vora and Dr. Sanjay Patil gave excellent presentations on the Antibiotic Stewardship in Resource limited settings. The topics covered were

1. Foundations of antibiotic stewardship in resource limited settings
2. Simple measures for Clinicians - Practical Steps to Implement Stewardship &
3. Building Stewardship Teams and Overcoming real World Challenges.
4. This was followed by a panel discussion moderated by Dr Rashmi Mehta.

The meeting received blessings from NP IMA HQ Dr. Dilip Bhanushali & HSG Dr. Sarbari Dutta who were en route to Deoghar but joined online for a few minutes.

About 1000 delegates attended the webinar. The program coordinator was past HSG Dr. Jayesh Lele.

DR. RASHMI MEHTA
President



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65th Annual Conference of Indian Medical Association Maharashtra State



MASTACON 2025

Innovate, Integrate & Inspire

HOSTED BY

**Indian Medical Association
Solapur Branch**

14 15 16 NOVEMBER 2025



Shubham Hospitality

Plot No, 162, 4, Laxmi Peth,
Jamshri Complex, Damani Nagar,
Solapur, Maharashtra 413001

- VENUE -



mastacon2025solapur@gmail.com

**Indian Medical Association
Mumbai West**



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**2025
October**





MASTACON HIGHLIGHTS

- **Office Bearers Meeting** - 14th November 2025, 5.00 pm onwards at IMA Hall
- **State Executive Meeting** - 15th November 2025, 10.00 am at Shubham hall
- **State Council Meeting** - 15th November 2025, 1.00 pm at Shubham hall
- **Award Ceremony** - 15th November 2025, 6.00 - 7.00 pm at Shubham hall
- **Installation of Dr Santosh Kulkarni, as President & New Office Bearers of IMA - MS**
 - 15th November 2025, 7.00 pm at Shubham hall
- **Cultural Night and Banquet** - 15th November 2025, 8.00 pm at Shubham hall
- **Scientific Programme** - 15th November 2025, at Vedha Banquet Hall
- **Scientific Programme** - 16th November 2025, at Shubham hall

SCIENTIFIC HIGHLIGHTS

★ Medical Practice & Survival ★

- ▶ Taming the Tempers: Smart Ways to Handle Aggressive Patients & Families
- ▶ Surviving the Squeeze: Thriving Amid Govt Schemes & Corporate Takeovers
- ▶ Beyond the Business: Balancing Ethics & Commercialization in Medicine
- ▶ Small Hospitals, Big Future: Adapting to the Changing Healthcare Landscape
- ▶ Stay Ahead or Stay Behind: Secrets to Staying Updated in Medicine
- ▶ Click Wisely: Harnessing Social Media to Build Your Practice
- ▶ Doctor Parents' Dilemma: Should You Let Your Kids Choose Medicine?
- ▶ Money Matters for Medicos: Smart Investing for Busy Doctors
- ▶ Medicolegal Minefield: Simple Tips to Stay Safe
- ▶ Talk to Heal: Power of Good Communication in Medical Practice
- ▶ Retire Right: Planning Today for a Peaceful Tomorrow

★ Public Health & Preventive Care ★

- ▶ Gift of Life: Why Organ Donation Matters More Than Ever
- ▶ Vaccine Vault: Latest Updates Every Doctor Must Know
- ▶ TB 360°: New Challenges & Current Perspectives in Tuberculosis

★ Clinical Updates & Guidelines ★

- ▶ Breathing Easy: What's New in Asthma Guidelines
- ▶ Obesity Epidemic: The Silent Tsunami of Our Times
- ▶ Blood Matters: Recent Advances in Transfusion Medicine
- ▶ Eat Right, Heal Right: Nutrition Pearls for Better Outcomes
- ▶ Beauty & Beyond: Cosmetology in Everyday Practice
- ▶ Doctor in Court? Medicolegal Insights You Can't Ignore
- ▶ Rheumatology Meets Motherhood: Managing Pregnancy Challenges
- ▶ Genes & Clinics: How Genetics is Changing Medicine

★ Cutting-Edge Medicine ★

- ▶ Scalpel to Console: Rise of Robotic Surgery
- ▶ Hearts in Focus: Advances in Cardiology
- ▶ Radiology 2.0: Interventions That Save Lives
- ▶ AI in Medicine: Friend, Foe, or the Future?

★ Skills & Self-Growth ★

- ▶ Say It Right: Communication Skills That Transform Care
- ▶ Blood Lines: Updates in Hematology Every Clinician Should Know



FEES STRUCTURE

	EARLY BIRD UP-TO 15 th SEPT 2025	16 th SEPT. 2025 - 10 th OCT. 2025	11 th OCT. 2025 - 31 st OCT. 2025	1 st NOV. 2025 ON SPOT
Delegates IMA Member	4000 + 720 = 4720	4500 + 810 = 5310	5000 + 900 = 5900	5500 + 990 = 6490
Delegates Non IMA Member	5000 + 900 = 5900	5500 + 990 = 6490	6000 + 1080 = 7080	6500 + 1170 = 7670
PG Students	3750 + 675 = 4425	4250 + 765 = 5015	4750 + 855 = 5605	5250 + 945 = 6195
Accompanying persons	3750 + 675 = 4425	4250 + 765 = 5015	4750 + 855 = 5605	5250 + 945 = 6195
Hospitality charges for State Executive & Council Members (Include breakfast, lunch and banquet)	3000 + 540 = 3540	4000 + 720 = 4720	4200 + 756 = 4956	4500 + 810 = 5310

Kindly note :

- ▶ Registration fees includes breakfast and lunch on both Saturday and Sunday, as well as the banquet on Saturday.
- ▶ Accompanying persons will be given different coloured badge and will not be permitted in the scientific halls
- ▶ All fees once paid is non refundable and non transferable.

2 STEPS FOR REGISTRATIONS

STEP 1

SCAN THE CODE PAY THROUGH BANK. SAVE THE TRANSACTION ID OR THE SCREENSHOT OF PAYMENT

BANK DETAILS

Account No	10233701983
Bank	IDFC BANK
Branch	SOLAPUR BRANCH
IFSC Code	IDFB0042923

QR SCAN



STEP 2

CLICK HERE

**AND FILL IN
YOUR DETAILS
TO COMPLETE
THE
REGISTRATION**

FOR ANY ASSISTANCE, PLEASE CONTACT

Mr Vagge (IMA Solapur Office) : 8888530421

Mr Omkar (Events) : 8308116116 (11.00 am - 5.00 pm)



NEARBY HOTELS

Hotel Name	Address	Contact Number	Distance from Venue
Center Point 3★	Sat Rasta, Solapur.	7058652875	1.7 Kms
Naman Hotel 3★	Railway Lines, Near Naval Petrol Pump, Solapur.	7719005588	1.8 Kms
Shivparvati International 2★	Lucky Chowk, Gold Finch Peth, Solapur.	9552300903	2 Kms
City Park 3★	Char Hutatma Chowk, Solapur.	9867270247	2 Kms
Shri Kamal International 3★	Railway Lines, Opp Mayor's Bungalow, Solapur	9158205151	2 kms
Aishwarya Hotel 2★	Muraji Peth, Near Saraswati Chowk, Solapur.	7744882823	2 Kms
Saiprasad Executive 2★	Railway Lines, Ramlal Chowk, Solapur	7350012586	2.1 kms
Ritesh Hotel 2★	Gold Finch Peth, Infront Of Savarkar Maidan, Solapur	9689920692	2.3 kms
Dhruv Hotel 3★	Railway Lines, Solapur.	9152764935	2.5 kms
Lotus Hotel 3★	South Sadar Bazar, VIP Road, Solapur.	7588864447	3.7 kms
Oberon Hotel 3★	Aasara Chowk, Majarewadi, Hotagi Road, Solapur.	73855 03733	6.00 Kms
Hotel Surya Executive 3★	Old Police Line, Muraji Peth, Solapur.	77740 26026	2.5 kms
Balaji Sarovar Premier 5★	Aasara Chowk, Majarewadi, Hotagi Road, Solapur.	77740 26026	6.00 kms

FOR ANY ASSISTANCE, PLEASE CONTACT

Mr Vagge (IMA Solapur Office) : 8888530421

Mr Omkar (Events) : 8308116116 (11.00 am - 5.00 pm)

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IMPORTANT ANNOUNCEMENT

Applications are invited for contesting various posts at the **State Council Elections of IMA Maharashtra State**. Interviews will be conducted by Office Bearers of IMA MW at a date to be conveyed later.

Please send the following detail to IMA MW office

- 1) Name.....
- 2) IMA Membership No.....
- 3) Address
- 4) Posts applied for

DR. RASHMI MEHTA
President

DR. MADHUBALA CHINCHALKAR
Hon. Secretary

NOTICE OF ELECTION

**at the Annual State Council Meeting to be held at IMA Solapur Branch
on Saturday, 15th November, 2025**

To,

All members of IMA Maharashtra State Council 2025,

Respected Council Members,

By virtue of powers vested to us by rules & regulations, bye-laws as per the Constitution of IMA MS namely rule No.55) b) & Bye- law No. 45) of our constitution of Indian Medical Association, Maharashtra State, amended in 2024, Election Commission hereby invites the nominations from the members of the Indian Medical Association, Maharashtra State, duly proposed and seconded by IMA MS State Council Members for the following posts, for the year 2025-2026, election to be held during the Annual State Council meeting at IMA Solapur Branch, on Saturday, 15th November, 2025.

- | | |
|---|----------|
| 1. (a) Election of Regular members on CWC | 48 Posts |
| (b) Election of Alternate members on CWC | 50 Posts |
| 2. Hon. State Secretary | 1 Post |
| 3. Hon. Treasurer | 1 Post |
| 4. Hon. Jt. Treasurer | 1 Post |
| 5. Hon. Joint Secretaries (1 from each Zone) (8 +1) | 9 Posts |
| 6. Member on Governing Council IMA CGP HQs. | 1 Post |
| 7. Director of Studies of IMA CGP State Faculty | 1 Post |
| 8. Hon. Secretary of IMA CGP State Faculty | 1 Post |
| 9. Hon. Jt. Secretary of IMA CGP State Faculty | 2 Posts |

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Mumbai West



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10. Members of IMA CGP State Faculty Governing Council	3 Posts
11. Chairman IMA AMS State Chapter	1 Post
12. Vice Chairman IMA AMS State Chapter	1 Post
13. Hon. Secretary IMA AMS State Chapter	1 Post
14. Hon. Joint Secretary IMA HBI State Chapter	1 Post
15. Member IMA MS Election Commission (for 3 years)	(1 Year)
16. Branch representative to state Executive from Branches having less than 50 members	3 Posts
	15 Posts

NOTE :-

- Posts at No. 2, 3 and 4 are from area (MMR) where IMA MS office is situated.
- Two Posts of Regular Members for CWC are reserved. 1 post for the State President & 1 post for Hon. State Secretary.
- Registration for MASTACON 2025 or paying hospitality charges decided by the host branch is mandatory.
- 8 Jt. Secretaries from [(a) Mumbai, (b) Mumbai West, (c) Pune (d) Rest of Mumbai, (e) North Maharashtra, (f) Nagpur, (g) Rest of Vidarbha, (h) Marathwada] One shall be nominated by the President (2025 - 26)

Following are the scheduled dates for the Election: -

1. **Date of notice 26th September 2025** (Six weeks before Annual State Council Meeting) for inviting the nominations of the entire elective posts of IMA MS to be held at the Annual State Council meeting on **Saturday, 15th November, 2025**. Nomination should be in a sealed envelope and must be superscripted with '**Nomination for the Election- at Annual State Council Meeting**' and addressed to '**Election Commission**'. The Envelope should not contain any other letter other than Nominations except the Demand Draft as the deposit and should **NOT** be addressed to Hon. State Secretary IMA MS.
2. Last date of receiving the Nominations shall be **Saturday, 8th November 2025 up to 5 pm in State Office.**
3. Scrutiny of received Nominations will be held on **Sunday, 9th November, 2025 at 11.00 am at IMA MS office.**
4. The Election Commission shall display the list of valid Nominations at **10 am on Saturday, 15th November, 2025**, at the venue of the Annual State Council meeting 2025 at IMA Solapur.
5. Withdrawal of the Nomination shall be strictly **up to 1 pm on Saturday, 15th November, 2025.**
6. The Contesting member must be physically present and sign the attendance register kept at the Annual State Council meeting at IMA Solapur, **before 11:00 am**, failing which; the nomination shall automatically be taken as withdrawn.
7. Election, if any, shall be conducted from 3 pm to 5 pm on **Saturday, 15th November, 2025.**
8. The counting of votes shall commence at 5.30 pm onwards on **Saturday, 15th November 2025.**





9. You are requested to inform all your members and State Council Members and send the nominations for the above posts in given format, duly proposed by and seconded by members.
10. Please note, 1 (one) Hon. Joint Secretary will be nominated by the Incoming President from Presidential Zone.
11. Election deposit as passed during 60th Council meeting for each Post for the election at the Annual State Council meeting should be paid by demand draft to be drawn in favour of **'IMA Maharashtra State'** payable at **Mumbai**, and send it only to **Election Commission, Maharashtra State Office, Anand Complex, Flat No. 202 - 205, 2nd Floor, Sane Guruji Marg, Arthur Road Naka, Chinchpokli, Mumbai 400011** & enclosed in the envelope containing the nomination form. Election deposit list attached.

Election deposit as passed during 60th Council meeting

1. Refundable deposit for post of Hon. State Secretary & State Treasurer Rs. 5000/-
 2. Refundable deposit for the post of Jt. Secretary Rs. 3000/-
 3. Refundable deposit for the post of Jt. Treasurer Rs. 3000/-
 4. Refundable deposit for the post of Regular CWC member Rs.3000/-
 5. Refundable deposit for the post of Alternate CWC member Rs.1000/-
 6. Refundable deposit for the post of Election Commission Rs. 1000/-
 7. Refundable deposit for the post of Director IMA CGP Rs.2000/- Hon. Secretary IMA CGP Rs. 1000/- & Jt. Secretary IMA CGP Rs.1000/-
 8. Refundable deposit for the post of Chairman IMA AMS Rs. 2000/- & Vice Chairman IMA AMS Rs. 1000/-
 9. Refundable deposit for the post of Chairman IMA HBI Rs.2000/- & Hon. Secretary, Hon Treasurer & Hon. Jt. Secretary of IMA HBI Rs. 1000/-
12. Nomination form should be complete in all aspect. Incomplete form will be rejected.
 13. Please note that eligibility criteria for candidates for the post of **member, IMA MS election commission** as passed in 60th State Council meeting is
 - a) Life membership of IMA of at least of 5 years, substantiated by providing copy of IMA Life membership certificate & providing proof of MMC Renewal.
 - b) Must be Past President of IMA MS/ Past National President/ Past Vice President IMA MS/ Past State Secretary of IMA MS / Past Treasurer IMA MS
 - c) Once elected by the State Council, the Election Commission member become Ex-officio members of State Council
 - d) The elected 5 Election Commission members cannot contest for State elections but can contest for IMA HQ OB posts & CWC Posts.
 - e) They should agree to continue the post of Election Commission Committee member for 3 years
 14. Eligibility criteria for candidates applying for various posts for the year 2025 – 2026.
 - a) Life Membership of IMA at least for 5 years (provide life membership certificate & proof of MMC renewal)
 - b) Must have held some office bearer post at local branch (President / Vice President)





Secretary / Treasurer/ Jt. Secretary) for at least 1 year uninterrupted.

c) Should have attended 1 State Council & 1 State Executive Committee Meeting.

15. Eligibility criteria for candidate applying for CWC Regular and CWC Alternate will remain the same i.e., should have attended 5 State Council and 3 Central Council meetings.

Election deposit as passed during 60th Council meeting

1. Refundable deposit for post of Hon. State Secretary & State Treasurer Rs. 5000/-
2. Refundable deposit for the post of Jt. Secretary Rs. 3000/-
3. Refundable deposit for the post of Jt. Treasurer Rs. 3000/-
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6. Refundable deposit for the post of Election Commission Rs. 1000/-
7. Refundable deposit for the post of Director IMA CGP Rs.2000/- Hon. Secretary IMA CGP Rs. 1000/- & Jt. Secretary IMA CGP Rs.1000/-
8. Refundable deposit for the post of Chairman IMA AMS Rs. 2000/- & Vice Chairman IMA AMS Rs. 1000/-
9. Refundable deposit for the post of Chairman IMA HBI Rs.2000/- & Hon. Secretary, Hon Treasurer & Hon. Jt. Secretary of IMA HBI Rs. 1000/-
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 - b) Must be Past President of IMA MS/ Past National President/ Past Vice President IMA MS/ Past State Secretary of IMA MS / Past Treasurer IMA MS
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14. Eligibility criteria for candidates applying for various posts for the year 2025 – 2026.
 - a) Life Membership of IMA at least for 5 years (provide life membership certificate & proof of MMC renewal)
 - b) Must have held some office bearer post at local branch (President / Vice President / Secretary / Treasurer/ Jt. Secretary) for at least 1 year uninterrupted.
 - c) Should have attended 1 State Council & 1 State Executive Committee Meeting.
15. Eligibility criteria for candidate applying for CWC Regular and CWC Alternate will remain the same i.e., should have attended 5 State Council and 3 Central Council meetings.





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ANNOUNCEMENT IMA MAHASPORTS 2025

Dear Members,

We are delighted to announce the upcoming **IMA MAHASPORTS 2025** a grand celebration of sportsmanship, health, and unity among our members. This mega sporting event will bring together doctors and healthcare professionals to showcase their talent, fitness, and team spirit.

Multiple Sports Categories

FELLOWSHIP, FUN & FITNESS

Dates 31st October and 1st, 2nd November 2025

Registration is now open!

We warmly invite all members to come forward, participate and make this event a memorable success.

To register, please open

<https://imanashik.org/MAHASports2025/>

Let's come together to celebrate health, harmony, and sportsmanship!

IMA MAHASPORTS 2025 – Where Doctors Play with Passion!

Congratulations



Managing Trustee **Dr Sanjay Dudhat** for giving a lecture on Cancer Awareness at Law College Bandra.

DR. RASHMI MEHTA
President

DR. MADHUBALA CHINCHALKAR
Hon. Secretary

Indian Medical Association
Mumbai West



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REPORT : ONCOLOGY IN DAILY PRACTICE - SIMPLIFYING THE COMPLEX



Indian Medical Association Mumbai West in association with ICTC - Indian Cancer Treatment Centre organised an **Oncology Update : "Oncology in daily practice - Simplifying the Complex"** at Hotel Orchid on **Sunday, 28th September, 2025**.

It was an array of panel discussions on various cancers - GI, Lung, Breast, Head & Neck, Gynaecology, Urology. A thoughtful panel discussion took place on managing cancers in the Geriatric population. Newer modalities such as CAR - T cells were discussed.

It was a very educative and informative morning and 108 delegates participated despite heavy rains. There were early bird prizes and Lucky Draw prizes.

Dr Shreya Gattani, Dr Abhishek Nevrekar and Dr Salil Patkar from team ICTC deserve our special thanks.

Dr. Rashmi Mehta
President

Dr. Madhubala Chinchalkar
Hon. Secretary

Indian Medical Association
Mumbai West



2025
October





Efficacy and Safety of Postbiotic Contained Inactivated *Lactobacillus reuteri* (*Limosilactobacillus reuteri*) DSM17648 as Adjuvant Therapy in the Eradication of *Helicobacter pylori* in Adults: A Comprehensive Review

ABSTRACT

Background : *Helicobacter pylori* infection affects approximately half of the global population and remains a significant clinical challenge due to declining eradication rates and increasing antibiotic resistance. The addition of probiotics and postbiotics to standard eradication therapy has emerged as a promising adjuvant approach.

Objective : This review evaluates the efficacy and safety of postbiotic containing inactivated *Lactobacillus reuteri* DSM17648 as adjuvant therapy in *H. pylori* eradication based on recent clinical trials.

Methods : We analyzed three major randomized controlled trials examining the use of *L. reuteri* DSM17648 in *H. pylori* eradication, including studies from Russia, Malaysia & India involving a total of 309 patients.

Results : The postbiotic demonstrated significant improvements in eradication rates ranging from 20-24% compared to standard therapy alone. Eradication rates improved from 66.7-86.0% in control groups to 86.7-96.7% in postbiotic groups. Additionally, patients experienced reduced gastrointestinal symptoms and fewer treatment-related adverse effects.

Conclusion : Postbiotic containing inactivated *L. reuteri* DSM17648 represents a safe and effective adjuvant therapy for *H. pylori* eradication, offering improved outcomes with minimal side effects.

Keywords : *Helicobacter pylori*, *Lactobacillus reuteri*, postbiotic, eradication

therapy, functional dyspepsia

INTRODUCTION

Helicobacter pylori infection represents one of the most prevalent chronic bacterial infections worldwide, affecting approximately 50% of the global population with significantly higher rates in developing countries. In India, the prevalence reaches as high as 80%, making *H. pylori* infection a major public health concern. This gram-negative bacterium is recognized as the primary etiological agent of chronic gastritis, peptic ulcer disease, and plays a crucial role in the development of gastric adenocarcinoma and mucosa-associated lymphoid tissue (MALT) lymphoma.

The standard approach to *H. pylori* eradication has traditionally relied on triple therapy regimens consisting of a proton pump inhibitor (PPI) combined with two antibiotics, typically clarithromycin and amoxicillin. However, the efficacy of these conventional regimens has been steadily declining, with success rates dropping from historical levels of 90% to current rates of 70-80% in many regions. This decline is primarily attributed to increasing antibiotic resistance, particularly to clarithromycin and metronidazole, as well as treatment-related side effects that impact patient compliance.

The emergence of antibiotic resistance has prompted researchers to explore alternative and adjuvant therapeutic approaches. Among these, the use of probiotics and more recently postbiotics has gained significant attention. Postbiotics, also known as



metabiotics or paraprobiotics, are preparations containing inactivated microbial cells and/or their components that confer health benefits when administered in adequate amounts. Unlike living probiotics, postbiotics offer several advantages including improved stability, safety, and standardization.

Lactobacillus reuteri strain DSM17648 has emerged as a particularly promising candidate for *H. pylori* eradication enhancement. This strain was selected from over 700 *Lactobacillus* strains due to its unique ability to specifically coaggregate with *H. pylori* without affecting normal gastric or intestinal microbiota. The strain demonstrates highly specific antagonistic binding to *H. pylori* cells in artificial gastric juice, reducing their mobility and adhesion ability.

MECHANISM OF ACTION

The therapeutic mechanism of *L. reuteri* DSM17648 involves multiple pathways that collectively enhance *H. pylori* eradication:

Coaggregation and Competitive Inhibition

The most distinctive feature of *L. reuteri* DSM17648 is its ability to specifically coaggregate with different *H. pylori* strains (types I and II) as well as *H. heilmannii*, without binding to normal oral or intestinal microbiota. This selective interaction impairs *H. pylori*'s mobility and adhesion to gastric mucosa, facilitating bacterial clearance through natural peristaltic movements.

Immunomodulation and Mucosal Protection

The postbiotic enhances local immune responses and strengthens the gastric mucosal barrier. It stimulates the production of protective factors while modulating inflammatory responses, creating an environment less conducive to *H. pylori* survival and colonization.

Enhancement of Standard Therapy

When combined with standard antibiotic regimens, *L. reuteri* DSM17648 appears to have synergistic effects, potentially



overcoming some mechanisms of antibiotic resistance and improving overall treatment efficacy.

CLINICAL EVIDENCE

Study 1: Russian Multicenter Trial (Ivashkin et al., 2024)

This landmark randomized, double-blind, placebo-controlled, multicenter study involved 129 *H. pylori*-positive patients with functional dyspepsia across six centers in Russia. The study design was robust, with patients randomized 1:1 to receive either postbiotic (Pylopass, 200 mg twice daily) or placebo for 28 days alongside standard 14-day triple therapy.

Key Findings:

- **Eradication Rate :** 96.7% in the postbiotic group vs. 86.0% in the placebo group ($P=0.039$)
 - **Symptom Improvement:** Significant improvements in gastrointestinal symptoms measured by GSRS scores
 - **Safety Profile:** Reduced overall digestive adverse effects in the postbiotic group ($P=0.049$)
 - **Quality of Life:** Both groups showed significant improvements in SF-36 scores with no significant differences between groups
- The study demonstrated excellent compliance rates (>95% in both groups) and no serious adverse effects were reported in either group.

Study 2: Malaysian Single-Center Trial (Ismail et al., 2023)

This prospective, randomized, double-blind, placebo-controlled trial involved 90 treatment-naïve *H. pylori*-positive patients in Malaysia. The study protocol included 14 days of standard triple therapy followed by 30 days of either probiotic (*L. reuteri* DSM17648, 200 mg daily) or placebo.

Key Results:



- **Intention-to-Treat Analysis:** 91.1% vs. 68.9% eradication rate (22.2% improvement, $P = 0.007$)
- **Per-Protocol Analysis:** 93.2% vs. 68.9% eradication rate (24.3% improvement, $P = 0.007$)
- **Symptom Relief:** Significant improvements in GSRS scores for indigestion, abdominal pain & constipation
- **Adverse Effects:** Significantly fewer headaches (0% vs. 15.6%, $P = 0.012$) and abdominal pain (0% vs. 13.3%, $P = 0.026$)

This study provided compelling evidence for the effectiveness of *L. reuteri* DSM17648 in a Southeast Asian population, with one of the largest improvements in eradication rates reported in the literature.

Study 3: Indian Comparative Study (Parth et al., 2021)

This double-centered, prospective interventional study conducted in India involved 90 *H. pylori*-positive patients, comparing standard triple therapy alone versus triple therapy plus *L. reuteri* supplementation.

Notable Outcomes:

- **Eradication Rate:** 86.67% in the *L. reuteri* group vs. 66.67% in the control group (20% improvement)
- **Bacterial Load Reduction:** Greater reduction in *H. pylori* load measured by 13C-UBT values
- **Symptom Management:** Significant reduction in GSRS scores from baseline (15.39 ± 4.52) to end of treatment (5.33 ± 2.34)
- **Side Effect Profile:** Reduced incidence of nausea, diarrhea, constipation and taste disturbance

COMPARATIVE ANALYSIS OF CLINICAL OUTCOMES

Eradication Efficacy

Across all three studies, the addition of *L. reuteri* DSM17648 consistently demonstrated significant improvements in *H. pylori* eradication rates:



- **Russian study:** 10.7% absolute improvement (86.0% to 96.7%)
- **Malaysian study:** 22.2% absolute improvement (68.9% to 91.1%)
- **Indian study:** 20.0% absolute improvement (66.67% to 86.67%)

The variation in improvement percentages likely reflects differences in baseline resistance patterns, patient populations, and study methodologies.

Symptom Management

All studies demonstrated significant improvements in gastrointestinal symptoms using validated assessment tools (GSRS questionnaires). The postbiotic groups consistently showed greater reductions in:

- Abdominal pain and discomfort
- Indigestion and bloating
- Nausea and reflux symptoms
- Constipation-related complaints

Safety Profile

The safety data across all studies was remarkably consistent, showing:

- No serious adverse events attributed to the postbiotic
- Reduced overall incidence of treatment-related side effects
- Specific reductions in common antibiotic-associated symptoms such as nausea, diarrhea, and taste disturbances
- Excellent tolerance with compliance rates exceeding 95%

CLINICAL IMPLICATIONS AND PRACTICAL CONSIDERATIONS

Dosing and Administration

The optimal dosing regimen appears to be 200 mg of *L. reuteri* DSM17648 administered twice daily with meals during the 14-day antibiotic treatment period, followed by continued supplementation for an additional 14-28 days. This extended post-



antibiotic supplementation may help restore normal gastric microbiota and maintain therapeutic benefits.

Patient Selection

The postbiotic has demonstrated efficacy across diverse patient populations, including:

- Treatment-naïve *H. pylori*-positive patients
- Patients with functional dyspepsia
- Various age groups and ethnic populations
- Patients with different baseline symptom severities

Integration with Standard Care

L. reuteri DSM17648 can be seamlessly integrated into existing *H. pylori* management protocols without requiring significant changes to established treatment paradigms. Its use as an adjuvant therapy allows clinicians to maintain proven antibiotic regimens while enhancing their effectiveness.

Economic Considerations

While formal cost-effectiveness analyses were not included in the reviewed studies, the improved eradication rates and reduced need for second-line treatments suggest potential economic benefits. The prevention of treatment failures could reduce overall healthcare costs associated with *H. pylori* management.

FUTURE RESEARCH DIRECTIONS

Resistance Pattern Studies

Future research should investigate the effectiveness of *L. reuteri* DSM17648 in populations with high clarithromycin resistance rates and evaluate its potential to overcome specific resistance mechanisms.

Combination Therapies

Studies examining the postbiotic's efficacy with alternative antibiotic regimens, including bismuth-based quadruple therapy and sequential therapy protocols, would provide valuable insights for optimizing



treatment approaches.

Long-term Follow-up

Extended follow-up studies are needed to assess the durability of eradication achieved with postbiotic supplementation and its impact on *H. pylori* recurrence rates.

Mechanistic Studies

Further research into the precise molecular mechanisms underlying the synergistic effects between *L. reuteri* DSM17648 and standard antibiotics could inform the development of next-generation postbiotic therapies.

LIMITATIONS AND CONSIDERATIONS

Study Heterogeneity

The reviewed studies varied in design, patient populations, and outcome measures, limiting direct comparison of results. Standardized protocols for future studies would enhance the quality of evidence.

Geographic Variations

The effectiveness of *L. reuteri* DSM17648 may vary based on regional *H. pylori* strain characteristics, antibiotic resistance patterns, and population genetics. Additional studies in diverse geographic regions are warranted.

Regulatory Considerations

The regulatory status of postbiotic preparations varies by country, which may impact their availability and implementation in clinical practice.

CONCLUSIONS

The evidence from recent clinical trials provides compelling support for the use of postbiotic containing inactivated *L. reuteri* DSM17648 as an effective and safe adjuvant therapy for *H. pylori* eradication in adults. The consistent improvements in eradication rates (ranging from 10.7% to 24.3% across



studies), coupled with enhanced symptom management and reduced adverse effects, position this postbiotic as a valuable addition to current therapeutic approaches. The mechanism of action, involving specific coaggregation with *H. pylori*, antimicrobial activity, and immunomodulation, provides a scientifically sound rationale for its therapeutic effects. The excellent safety profile, with no serious adverse events reported across studies involving over 300 patients, supports its clinical utility. For healthcare practitioners managing *H. pylori* infections, particularly in regions with declining eradication rates or high antibiotic resistance, the addition of *L. reuteri* DSM17648 to standard triple therapy represents an evidence-based strategy to improve treatment outcomes. The postbiotic's ability to enhance eradication rates while simultaneously reducing treatment-related side effects addresses two major challenges in current *H. pylori* management. As antibiotic resistance continues to threaten the effectiveness of conventional *H. pylori* eradication regimens, postbiotic adjuvant therapy offers a promising approach to maintain and improve treatment success rates. The growing body of evidence supporting *L. reuteri* DSM17648 suggests that postbiotics may play an increasingly important role in the future management of *H. pylori* infections.

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Pyloshot™
Lactobacillus reuteri DSM 17648 10 billion CFU, 100 mg capsule





REPORT : SOULFUL KARAOKE EVENT KHAYAL APNA APNA

Cultural Sub Committee conducted KARAOKE singing session for the members on **18th October, Thursday** afternoon. CME got over by 3 30 pm. Members refreshed themselves with kadak chai {refreshing tea}. Programme started exactly at 3 45 pm. To initiate the mehfil, Dr. Rohini Badwe conducted VOCAL WARM UP for all the participants. The theme of this event was '**Khayal Apna Apna**'. The members were given a choice to sing a song of their own choice. They presented beautiful numbers from Bollywood.

Audience enjoyed and appreciated all singers. All singers received sweet chocolate as a token of appreciation I am grateful to President, Dr. Rashmi Mehta and Hon.Secretary, Dr. Madhubala Chinchalkar for reposing faith in me and giving me this opportunity to conduct Karaoke singing Programme.

I am thankful to all 20 participants for making the programme a great success. I am thankful to the wonderful audience. I thank Dr. Meghana Joshi for helping me to compare and technical support.

Long Live IMA

DR. ROHINI BADWE

Chairperson, Cultural Sub Committee





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SOULFUL KARAOKE EVENT KHAYAL APNA APNA



Indian Medical Association
Mumbai West



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2025
October



OBITUARY

**We condole the sad demise of
our Senior life members**



DR. SATISHCHANDRA MARUTRAO GAIKWAD

on

Wednesday, 17th September 2025.

May God give strength to their family members to
withstand this immense loss.

May their souls rest in eternal peace!

DR. RASHMI MEHTA

President

DR. MADHUBALA CHINCHALKAR

Hon. Secretary

**And Jointly with Office Bearers, Trustees &
Members of Managing Committee**

PROGRAM TO BE ANNOUNCED

SURGICON 2025

on

SUNDAY, 26TH OCTOBER 2025

Program Convener : Dr. CHETAN KANTHARIA

Program Co-ordinator : DR. RASHMI MEHTA

AWAIT FURTHER DETAILS



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All India Medical Conference IMA NATCON 2025



HOSTED BY

IMA Gujarat State Branch | Ahmedabad Medical Association



27th

28th

December 2025

Saturday & Sunday



Club 07,

The Forum - Celebration & Convention

Off Sardar Patel Ring Road, Shela,
Ahmedabad, Gujarat 380058



CLICK FOR REGISTRATION



CONFERENCE SECRETARIAT

DR. MEHUL SHAH | DR. TUSHAR PATEL | DR. URVESH SHAH

AMA HOUSE, OPP. H.K. ARTS COLLEGE, ASHRAM ROAD, AHMEDABAD - 380 009.

Phone: +91 99099 04571 | Email: imanatcon100@gmail.com | Web: www.ahmedabadmedicalassociation.com



Indian Medical Association
Mumbai West

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**2025
October**



All India Medical Conference IMA NATCON 2025

27th & 28th December 2025



HOSTED BY
IMA Gujarat State Branch & Ahmedabad Medical Association

Dear Doctor,

Seasons Greetings!

The Indian Medical Association Gujarat State Branch & Ahmedabad Medical Association invite you to be a part of **IMA NATCON 2025**, a benchmark annual conference shaping the future of healthcare. This event, scheduled on December 27th and 28th, will feature impactful lectures and skill-enhancing workshops by leading national faculties.

Your participation as a vital member of the healthcare community will undoubtedly enrich the discussions and contribute to the collective knowledge shared. We look forward to welcome you for this prestigious event.

Together, let's make **IMA NATCON 2025** a landmark conference.

With anticipation,
The Organizing Team
IMA NATCON 2025



DR. KETAN DESAI
Chief Patron IMA
Past President IMA, WMA & MCI



DR. DILIP BHANUSHALI
National President,
IMA Hqs



DR. SARBARI DUTTA
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General, IMA Hqs



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All India Medical Conference IMA NATCON 2025

27th & 28th December 2025



HOSTED BY: IMA Gujarat State Branch & Ahmedabad Medical Association

Prepare for an enriching and comprehensive medical conference featuring

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Exploring the rapidly expanding, connecting international patients & Hospitals with high-quality, cost-effective medical services in streamlining referrals, enhancing hospital networks, and driving global healthcare partnerships.

FOR YOUNG DOCTORS (FOR IMA - JDN, MSN)

Engage in a diverse range of workshops, lectures, debates, panel discussions, career guidance, paper presentations, startup and innovations - fostering knowledge exchange and critical thinking.
Future Prospects & Opportunities for Medical Graduates

ADDRESSING CRITICAL ISSUES:

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Explore the latest advancements, technologies, and services at the co-located Medical Exhibition.

26th Pre-Conference

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Various pre-conference seminars and workshops at different national institutes and corporate hospitals



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will be applicable



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All India Medical Conference IMA NATCON 2025

27th & 28th December 2025

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GUJARAT ATTRACTIONS



DELEGATE FEES (Inclusive of G.S.T. 18%)		01/09/2025- 31/10/2025	01/11/2025 ONWARDS
Reception Committee		₹ 29,500	₹ 29,500
Delegate IMA Member	Individual	₹ 8,260	₹ 11,800
	Couple	₹ 14,160	₹ 21,240
Corporate		₹ 24,780	₹ 29,500
Foreign Delegates		\$ 300	\$ 350
IMA, MSN		₹ 5,900	₹ 8,260
IMA, JDN		₹ 7,080	₹ 10,620
Accompanying Person* (Non IMA Member)		₹ 7,670	₹ 11,210
Pre Conference (26-12-25)**		₹ 2,950	₹ 2,950

*Children above 10 years of age should be registered as accompanying persons.

**Only registered conference delegate can register for pre Conference Date 26-12-2025 Friday

CLICK FOR REGISTRATION



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Indian Medical Association
Mumbai West



**2025
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*A Happy and Healthy Diwali
and
A Prosperous New Year*



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President

DR. SANJAY DUDHAT
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**2025
October**

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