

September 2025

VOLUME NO 50

ISSUE 06



# MEDICAL e IMAGE

OF IMA MUMBAI WEST

President : DR. RASHMI MEHTA

Hon. Secretary : DR. MADHUBALA CHINCHALKAR

**TEACHER'S DAY PROGRAM - 2025**  
SUNDAY, 14<sup>TH</sup> SEPTEMBER 2025

**KARAOKE  
SINGING PROGRAMME**  
18<sup>TH</sup> SEPTEMBER 2025  
THURSDAY

**Webinar :  
IMPACTing AMR**  
21<sup>ST</sup> SEPTEMBER 2025  
SUNDAY

**WORLD HEART DAY**  
25<sup>TH</sup> SEPTEMBER 2025  
THURSDAY

**UPDATE ON ONCOLOGY**  
28<sup>TH</sup> SEPTEMBER 2025  
SUNDAY

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## From the President's Pen...

Dear Friends,

**A**s members of a fraternity built on care and knowledge, we share more than just clinical updates-we share concerns, convictions and a common vision.

At IMA Mumbai West, we do so by updating not only our clinical acumen by way of excellent CMEs, we also participate at IMA State and HQ meetings to achieve goals and set benchmarks for our brethren that ultimately helps society and public welfare.

We participated in the 2<sup>nd</sup> State Executive meeting of IMA Maharashtra State at Guhagar on 3<sup>rd</sup> August, 2025, very well arranged by IMA Chiplun. Active involvement and inputs of our State Executive Members towards finding solutions for various problems faced by our profession was the hallmark of the meeting.

IMA MS Elections were conducted for the posts of President Elect & Vice President (1) 2025-2026 at our branch on 17<sup>th</sup> August, in the true spirit of democracy. Unity amongst members at the local branch and the State is the basic premise that will go a long way in achieving our goals for our members, the medical community and our Association. This unity should not be marred by irresponsible and irrational narratives that harm all of us in the long run. It's a strong front from IMA MW that will make us a force to reckon with, and join hands at the State and HQ level to work for the benefits of our community - medical and general.

A hectic August has seen numerous activities at the branch- plenty of fantastic CMEs - the Airway Conference on 17<sup>th</sup> August curated



by Dr. Kinjal Modi deserves special mention- and our traditional **Flag Hoisting on 15<sup>th</sup> August** followed by the important Administrative meeting. We even did a small Gokulashtami celebration in the middle of our CME that was highly appreciated by all of you.

Friends, MMC Elections are still on hold with the Hon. Supreme Court giving a new date for the hearing. We are hopeful that the matter will get resolved in our favour and we will soon see Dr. Ketan Mehta as a member at Maharashtra Medical Council.

Preparations are on for our Teachers' Day and Medical & Textbook Scholarship program. This is the third consecutive year that I have been part of the interview process for our **flagship Medical Scholarship program** and I am humbled and filled with gratitude for being part of this noble initiative of our branch. When I see the brilliant students, I pray that let each step we take - in clinics, communities or committees be guided by the values that first called us to medicine.

Jai Hind!

Jai IMA !

**DR. RASHMI MEHTA**

President, IMA MW



## WEEKLY SCIENTIFIC PROGRAMME

Venue : **Lupin CME Auditorium**, IMA Building, J. R. Mhatre Marg,  
Behind Chandan Cinema, J.V.P.D. Scheme, Juhu, Mumbai - 400 049.

**Every TUESDAY & THURSDAY at 2.30 p.m. Sharp.**

DATE	Topic	Speaker
04.09.2025	<b>MEDICINE UPDATE</b>	
	ORS: Lifeline of Diarrheal Dehydration in Children	Dr. Nusrat Rahim Inamdar
	Management of Aortic Stenosis & Selection of Patients for TAVI	Dr. Chirag Parikh
	PCV 20 - A New Armamentarium to battle against Pneumococcal Disease	Dr. Nikhil Bhasin
09.09.2025	<b>WEBINAR : CHEST UPDATE</b>	
	COPD Management and Guideline Updates	Dr. Kinjal Modi
	Lower Respiratory Tract Infections : An Overview	Dr. Arvind Ghongane
11.09.2025	<b>SCIENTIFIC DISSEMINATION</b>	
	HNR Breast Unit - Overview	Dr. Ashutosh Kothari
	Neurointerventional in Stroke : Achieving Excellence in Outcomes	Dr. Vipul Gupta
	Interventional Pulmonology - Recent Advances	Dr. Susheel Bindroo
16.09.2025	<b>SCIENTIFIC DISSEMINATION</b>	
	What is new in Management of BPH	Dr. Abhinandan Sadalge
	Approach to Pelvic Mass	Dr. Chitwan Dubey
	Polypharmacy and Prescription Cascade	Dr. Aarthi Kannan
18.09.2025	<b>MEDICINE UPDATE</b>	
	Pediatric Oncology-From Bench to Bedside	Dr. Radnyi Mande
	Giddiness - A Neurological Dilemma	Dr. Maruti Pujari
	BCLS	Dr. Madhubala Chinchalkar
23.09.2025	<b>MEDICINE UPDATE</b>	
	Colorectal Cancers- Etiology, Prevention, Screening, Staging	Dr. Sasmita Vadgaokar
	Overview of Molecular Imaging in Today's Oncology	Dr. Mary Anne J. Joseph
	Peritoneal Dialysis: Home Based Dialysis	Dr. Prashant Rajput
25.09.2025	<b>WORLD HEART DAY - METABOLIC UPDATE</b>	

**• WORKING LUNCH WILL BE SERVED FROM 01.00 TO 02.00 PM BEFORE EACH CME**

- ▶ CGP, AMS & IMA Members : **Rs. 240/-** (Not Paid Annual Fees) (Weekly Lectures).
- ▶ Eligible Non Members : **Rs.500/-** per lecture.
- ▶ CHARGES FOR MMC CREDIT HOURS (FOR THE ACCREDITED CMES) **Rs. 60/-**.
- ▶ **18% GST Charges are included on the above rates.**

**DR. RASHMI MEHTA**  
President

**DR. MADHUBALA CHINCHALKAR**  
Hon. Secretary

**DR. KINJAL MODI** **DR. BHAVIKA HOTCHANDANI**  
Chairman Hon. Secretary  
IMA - Mumbai West AMS Branch Chapter

**DR. RENU BUDHWANI** **PRANITA BHATTE WORLIKAR**  
Asst. Director of Studies Asst. Secretary  
IMA - Mumbai West C.G.P. Sub Faculty



## From Hon. Secretary's Desk...

Dear Friends,

Greetings from IMA Mumbai West.

**A**ugust month passed by with lots of Scientific programs. We experienced the heavy rains this month, so was the raining activities at IMA Mumbai West!

CME (Continuing Medical Education) is the cornerstone of our progress as medical professionals. This is continuous learning which enriches us with latest advances and skills. An excellence is a continuous journey that never ends. This month, in addition to our regular Thursday CMEs we had them on some Tuesdays, too; which consisted of very informative talks from eminent speakers & panel discussion as well, thanks to Dr. Jayesh Lele.

In addition to CID on Diabetes in collaboration, our special Sunday, '**Airway Conference**' by our AMS team along with Gokulashtami celebration was the star performance in this month of August on the 17<sup>th</sup>, so was this day marked by State Elections!

Elections make a fundamental contribution to democratic governance. Voting give people opportunity to their say. Elections are essential to democratic governance because they allow voters to choose leaders and hold them accountable. IMA Mumbai West conducted elections for the post of President elect & Vice President Maharashtra State 2025 – 2026 successfully.

This year we will celebrate **Teachers' Day** by honouring the incredible contribution of



our Medical educators. Their dedication and passion shape the future health care. we will also be having Medical books distribution and Medical Scholarships program on the 14<sup>th</sup> September, Sunday. We have IMA Mumbai West quiz every fortnight. Please visit our website on the link sent by SMS and in the WhatsApp groups. Attempting it will not only enhance our knowledge but also give opportunity to win attractive prizes to two lucky winners.

We have an update on Oncology on Sunday, 28<sup>th</sup> September in association with Indian cancer Treatment Centre (ICTC) at Hotel Orchid.

I appeal to the members to participate actively on our Thursday indoor sports activities. Let us have fun & sharpen our minds. I also appeal our members to continue donations towards IMA HQs Building fund.

"The brightest futures are forged by those who refuse to give up!"

Jai Hind!

Jai IMA!

**DR. MADHUBALA CHINCHALKAR**

Hon. Secretary, IMA MW





## REPORT : INDEPENDENCE DAY



15<sup>th</sup> August 2025, Friday saw the dawn of the 79<sup>th</sup> Independence day of India. It was celebrated at IMA Mumbai West with gusto. At 9 am, Flag Hoisting was done by President, Dr Rashmi Mehta in the presence of Office Bearers, Trust Board Members and all members and staff of IMA Mumbai West. Patriotic songs were sung by member Dr Lalita Joshi. All recited the National Anthem. The branch resonated with chants of Jai Hind, Bharat Mata Ki Jai and Vande Mataram. The meeting concluded after scrumptious breakfast.

**DR. MADHUBALA CHINCHALKAR**

Hon. Secretary





## **MINUTES OF ADDITIONAL GENERAL BODY MEETING HELD ON FRIDAY, 15<sup>TH</sup> AUGUST 2025**

As there was lack of quorum at 09.15 am the meeting was adjourned and reconvened after half an hour at 09.45 am.

Dr. Rashmi Mehta, Prof. Dr. Ketan K Mehta, Dr. Madhubala Chinchalkar, Dr. Ajay Hariani, Dr. Bhavna Patel, Dr. Bimal N. Shah, Dr. Jayesh Lele, Dr. B C Chinchalkar, Dr. Bhavika Hotchandani, Dr. Rohini Badwe, Dr. Nirmala Gulati, Dr. Shalu Butani, Dr. Veena Kukreja, Dr. Laj Juman, Dr. Shashikant Sheth, Dr. Jukur Srinivas, Dr. Manish Garg, Dr. Mahesh Modhia, Dr. S K Joshi, Dr. M V Doshi, Dr. Yogita Garg, Dr. Dilip Parsnani, Dr. Nitin Mehta, Dr. Harsha Mehta, Dr. Manoj Patel, Dr. Shobha Ahuja, Dr. Lalita Joshi, Dr. Sanjay Dudhat, Dr. S N Vanjari, Dr. A K Dhawan, Dr. Geeta Shah, Dr. Renu Budhwani, Dr. C S Shobha, Dr. Sushila Jain & Dr. B J Jain attended.

President, Rashmi Mehta welcomed the members. She wished all a Happy Independence Day and requested Hon. Secretary Dr Madhubala Chinchalkar to start the agenda.

### **AGENDA 1:**

To adopt the Audited Statement of Accounts & the Balance Sheet of the branch for the previous year ending 31<sup>st</sup> March 2025. (2024-2025)

Hon. Treasurer, Dr. Ajay Hariani gave the report by presenting a PowerPoint presentation to the members of the Balance Sheet 2024 - 2025. He presented Trust fund details all the funds-Trust Fund, Life Membership Fund, CGP Life membership fund - IMA AMS Life Membership Fund, Educational Scholarship Fund. He spoke about Income expenditure account for stated period. He explained that additional depreciation has reflected in expenses being more than income.

He informed the house about other liabilities, outstanding expenses and fixed assets details as well prepaid expenses and receivables particulars were presented too. In fixed assets building cost 2 crores added to fixed assets. Bank fixed deposits in various banks were informed to the members.

He added that bank balance is kept in the accounts for retention money payment. Though the balance sheet shows receivables as 8 lakhs - current year all received except 23,600/-.

Dr. Ketan Mehta was congratulated for 12,48,982.39/- surplus before depreciation. Dr. Ketan Mehta thanked his team of last year (2024 - 2025). Dr. Bimal Shah asked if we can invest in mutual funds instead of fixed deposits. President, Dr. Rashmi



Mehta told the house that this is a matter for Annual General Body meeting. We will take up the matter at that time.

Dr. S K Joshi told the house that government approved mutual funds can be considered.

The audited accounts were proposed to be passed by the Treasurer and they were passed by the house unanimously.

## **AGENDA 2:**

To appoint statutory auditors for the current financial year starting from 01<sup>st</sup> April 2025 to 31<sup>st</sup> March 2026 and to fix the remuneration of the auditor.

The same auditors as the previous year: proposed by the Treasurer. It was passed by the house unanimously.

Resolution was read: The Additional General Body Meeting resolves that Mr Kunal Salvi to be appointed as auditor for the year 2025 - 2026 also.

The meeting ended with a Vote of thanks to the chair.

Prepared by

**Dr. Madhubala Chinchalkar**

Hon. Secretary

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## INVITATION

# COUGH\*PERT

EDUCATION AND EXPERTISE FOR CLINICAL EXCELLENCE

### Moderator



**Dr. Jayesh Lele**

Past Hony Secretary General IMA

### Speakers

Topic:

**COPD Management and  
Guideline Updates**



**Dr. Kinjal D Modi**

MBBS, MD, Chest Medicine,  
DNB (Respiratory Diseases), PGDHM,  
Consultant Pulmonologist, P. D. Hinduja Hospital  
and Medical Research Centre, Mumbai

Topic:

**Lower Respiratory Tract  
Infections: An Overview**



**Dr. Arvind Ghongane**

MBBS, MD,  
General Physician,  
Sai Surabhi Nursing Home,  
Mumbai



**LIVE**

**WEBINAR**

Please join us on

**Tuesday, 09<sup>th</sup> September 2025**



**02:30 – Onwards**

Click here to Register

<https://medigene.in/IMA2>





## *Heartiest Congratulations*



### **DR. DEEPAK JUMANI**

for receiving wellness Award,  
**Distinguished Teacher Award,**  
ACP India Educators award at ACP - 2025.



### **MS. SHRUTI DUDHAT,**

daughter of our Managing Trustee **Dr. Sanjay Dudhat,**  
completed Clinical Research and trials as super speciality after her **M PHARM.**  
**RECEIVED GOLD MEDAL IN EXAM.**

Convocation was at NCPA by Tata Hospital on 5<sup>th</sup> September, 2025.

**Congratulations! We are proud of you!**

**Dr. Rashmi Mehta**  
President

**Dr. Madhubala Chinchalkar**  
Hon. Secretary





## INDIAN MEDICAL ASSOCIATION - MUMBAI WEST

### "TEACHER'S DAY PROGRAM - 2025"

**Date & Time : SUNDAY, 14<sup>TH</sup> SEPTEMBER 2025.**

**Time : 05.30 pm onwards.**

**Venue : IMA HALL, I.M.A. Building, J. R. Mhatre Marg, Near PVR Cinema, J.V.P.D. Scheme, Juhu, Mumbai - 400 049.**

#### PROGRAM

05.30 pm - 06.00 pm	<b>REGISTRATION &amp; HIGH TEA</b>
06.00 pm - 06.10 pm	<b>Welcome :</b> Hon. Secretary : DR. MADHUBALA CHINCHALKAR Presidential Address : DR. RASHMI MEHTA
06.15 pm - 06.25 pm	<b>LAMP LIGHTING (GURUVANDANA) / IMA PRAYER / FLAG SALUTATION / NATIONAL ANTHEM</b>
06.30 pm - 07.30 pm	<b>FELICITATION OF TEACHERS</b>
	<b>DR. VIDYA KHARKAR :</b> Prof. & Head, Dept. of Dermatology Seth G S Medical College, KEM Hospital
	<b>DR. RAJESH CHOKHANI :</b> Consultant Paediatrician P D Hinduja Hospital & Medical Research Centre
	<b>DR. JIGEESHU DIVATIA :</b> Head, Critical Care, Lilavati Hospital and Research Centre, Mumbai
	<b>DR. CHETAN KANTHARIA :</b> Professor & Head of Dept. Surgical Gastro. KEM Hospital
07.45 pm - 08.45 pm	<b>IMA MUMBAI WEST MEDICAL SCHOLARSHIPS AWARD CEREMONY &amp; IMA MUMBAI WEST MEDICAL TEXT BOOK DONATION</b>
08.45pm	<b>Vote of Thanks :</b> Dr. Bhavna Patel, Hon. Jt. Secretary
09.00 pm onwards	<b>DINNER</b>

#### • **REGISTRATION CHARGES:**

- ◆ No Charges but prior registration is a must.
- ◆ All members with their families are invited.

➤ **SMS FOR REGISTRATION: IMA OFFICE, (M) : 7045452656  
(TIME FROM 11.00 AM - 05.00 PM)**

**DR. RASHMI MEHTA**  
President

**DR. MADHUBALA CHINCHALKAR**  
Hon. Secretary



## **IMA - MUMBAI WEST FELICITATES FOLLOWING VETERAN TEACHERS**

**ON THE OCCASION OF  
“TEACHER'S DAY”  
ON SUNDAY, 14<sup>th</sup> SEPTEMBER 2024**

### **Prof. DR. VIDYA KHARKAR**

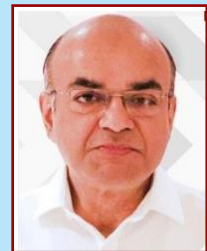
**M.D, D.V.D, D.G.C.**



- Professor & Head (Dept. of Dermatology), Seth G.S. Medical College & K.E.M. Hospital, Mumbai
- M.D.(Dermatology), DVD, MBBS, Rank holder (Mumbai University)
- Clinical experience of 35 years
- University teacher to undergraduate, Post graduate & fellowship students (FIDD)
- Program Director of FIDD (Fellowship in Diagnostic Dermatology)
- More than 120 Authored Chapters in various books& more than 100 Papers and Posters AT conferences.
- Reviewer for journals
- Conducted workshops on Dermocopy, Trichoscopy
- Member of Multi disciplinary team at NIRRH (National Institute for research in Reproductive Health) for Multidisciplinary PCOS clinic.

### **DR. RAJESH CHOKHANI**

**MBBS, DCH, MD, FRCPCH**



- Honorary Consultant Pediatrician, P D Hinduja Hospital, Mahim
- Examiner for MRCPCH Clinical Examination conducted by Royal College of Pediatrics and Child Health-UK (2011-present)
- Co-conducting pediatric postgraduate clinics for 3 hours/week (2000-present), presently at LTMMC, Sion Hospital. These clinics are webcast all over India.
- Invited as guest faculty (Speaker, Moderator, Expert Panelist) at various conferences at the local, state, national & international level.
- Treasurer, Research and Education in Child Health (REACH) (2016-present)



## DR. JIGEESHU DIVATIA

MD, FICCM



- Head, Critical Care, Lilavati Hospital & Research Centre, Mumbai.
  - Former Professor and Head, Department of Anaesthesiology, Critical Care and Pain at the Tata Memorial Hospital, Mumbai.
  - M.B.B.S. (Bombay University), 1983.
  - M.D. Anaesthesia (Bombay University), 1988; First Rank in Bombay University.
  - Trained in Intensive Care at the St. George Hospital, Sydney in 1995-96.
  - Postgraduate Diploma in Medicolegal Systems,
  - Vice-Chancellor, College of the Indian Society of Anaesthesiologists.
  - Editor-in-Chief, Indian Journal of Critical Care Medicine.
  - Editor-in-Chief, Airway (official journal of the All-India Difficult Airway Association).
  - Member, Speciality Board for Critical Care Medicine, National Board of Examinations, since August 2020.
  - Member, Expert Committee for Critical Care Medicine, Medical Council of India 2011-12.
  - Over 220 publications in national and international journals.
  - Presentations in several international, national and state conferences.
- Area of interest: Hemodynamics, Ventilation, Airway management, ICU organisation, end-of-life care.

## DR. CHETAN KANTHARIA

DNB Surgical Gastroenterology, MBBS, MS (Gen Surgery)

Common-Wealth Fellow in HPB & Liver Transplant Surgery, Birmingham, UK  
FICS, FIAGES, FMAS, FACRI, Fellow in Advanced Course in Medical Education (ACME)



- Professor and Head, In charge-Liver Transplant Program, Department of Surgical Gastroenterology Seth GS Medical College & KEM Hospital, Mumbai-India
- ANBAI awardee (Eminent medical Teacher)
- President Elect -Indian Chapter of IHPBA
- First to perform Liver Transplant in a Teaching Hospital not in Maharashtra, but in India
- Recipient of Prestigious Common-Wealth Fellow in HPB & Liver Transplant Surgery, Birmingham, UK
- Recipient of Hargobind Fellowship to UK
- Published 80 scientific papers in National and International Journals.
- Has Contributed 10 chapters to GI Surgery text books.
- Recipient of 15 national awards by National Societies for his scientific contribution



The poster features a dark blue background with a large, glowing pink microphone on the left. Musical notes and a treble clef are scattered around. On the left, a woman is singing into a microphone. On the right, a boy is singing and raising his fist. The text is centered and uses various colors and fonts to highlight key information.

**CULTURAL SUB COMMITTEE**  
of  
**INDIAN MEDICAL ASSOCIATION**  
**MUMBAI WEST**

Organize & invite you to

**KARAOKE**  
**SINGING PROGRAMME**

ON  
**THURSDAY, 18<sup>TH</sup> SEPTEMBER 2025**  
after the CME  
Time : 3.30 PM - 5.30 PM

• **REGISTRATION CHARGES :**  
For members : FREE  
For family & friends : Rs 100/-

Please select your songs and inform  
Cultural subcommittee chairperson  
**DR. ROHINI BADWE - 70453 56470**

**DR. RASHMI MEHTA**  
President

**DR. MADHUBALA CHINCHALKAR**  
Hon. Secretary

**DR. ROHINI BADWE**  
Chairperson  
Cultural Sub Committee





**Disclaimer:** This is a medical led non-promotional educational program of GlaxoSmithKline (GSK) Pharmaceuticals in collaboration with the Indian Medical Association (IMA) HQs

IMA HQs & GSK cordially invite you to the multidisciplinary deliberation on

Topic: **IMPACTing AMR: Making Stewardship Work in Resource-limited Healthcare Setups**

**3<sup>RD</sup> EVENT** 21<sup>st</sup> September 2025, Sunday | 10 am onwards

## Speakers/Panelists



**Dr. Vasant Nagvekar**  
Director at the Infectious Diseases  
Department, Sir H. N. Reliance  
Foundation Hospital, Mumbai  
Topic: Foundations of  
Antimicrobial Stewardship in  
Resource-Limited Settings



**Dr. Agam Vora**  
Consulting Chest Physician,  
Vora Clinic, Mumbai  
Topic: Simple Measures for  
Clinicians-Practical Steps  
to Implement Stewardship



**Dr. Sanjay Patil**  
Consultant Ophthalmologist,  
Sanjay D Patil's Eye Clinic, Pune  
Topic: Building Stewardship  
Teams and Overcoming  
Real-World Challenges



**Dr. Rashmi Mehta**  
Consultant General Surgeon,  
SL Raheja Hospital, Mumbai  
Topic: Overcoming Barriers  
and Sustaining Stewardship  
in Low-Resource Settings  
(interactive panel discussion)

## IMA Chairbearers



**Dr. Dilip  
Bhanushali**  
National President,  
IMA HQs



**Dr. Sarbari  
Dutta**  
Hony. Secretary General,  
IMA HQs



**Dr. Piyush Jain**  
Hony. Finance Secretary  
IMA HQs



**Dr. Jayesh Lele**  
Program Co-ordinator,  
IMA

AMR: Antimicrobial resistance. For the use only of a registered medical practitioner or a hospital or a laboratory.  
Please report adverse events with any GSK product to the company at [india.pharmacovigilance@gsk.com](mailto:india.pharmacovigilance@gsk.com) ©2025 GSK group of companies or its licensor. For more information,  
please contact: GlaxoSmithKline Pharmaceuticals Limited, Dr. Annie Besant Road, Worli, Mumbai - 400030 (India). NX-IN-ID-BNNR-25001 Date of Preparation: August 2025



## INDIAN MEDICAL ASSOCIATION - MUMBAI WEST

in association with

## INDIAN CANCER TREATMENT CENTRE (ICTC)

presents



## "UPDATE ON ONCOLOGY"

**Day & Date : SUNDAY, 28<sup>TH</sup> SEPTEMBER 2025**

**Time : 08.00 am onwards**

**Venue : Hotel Orchid, Near Domestic Airport, Western Express Highway, Vile Parle (E).**

### PROGRAM

Time	Topic	Panellist
08.00-08.30 am	<b>Registration &amp; Breakfast</b>	
08.30-08.40 am	<b>Welcome Address</b>	Dr. Salil Patkar
08.40-09.00 am	<b>Brief Introduction - What is Indian Cancer Treatment Centre ?</b>	Dr. Salil Patkar
09.00-09.35 am	<b>Panel Discussion : Explore the Future of GI Cancer Care</b> <b>Expert :</b> Dr. Nitin Ahirrao, Dr Prashant Kerkar <b>Moderator :</b> Dr Viraj Nevrekar	Dr. Atif Patel, Dr. Prerak Patel, Dr Kabre, Dr Amit Ghanekar, Dr Salil Patkar
09.35-10.10 am	<b>Arly Detection, Precision Therapy &amp; Patient Support in Lung Cancer</b> <b>Moderator :</b> Dr Deep Vora <b>Expert :</b> Dr. Prashant Chhajed, Dr. Yogen Chheda	Dr. Parag Mehta, Dr. Sanjay Singh, Dr. Wasim Poplunkar, Dr Salil Patkar, Dr Viraj Nevrekar
10.10-10.40 am	<b>Head and Neck Cancer</b> <b>Moderator :</b> Dr Rohit Pai <b>Expert :</b> Dr. Kshitij Shah	Dr. Palak Shroff, Dr Snehal Shah, Dr Wasim Poplunkar, Dr Deep Vora, Dr Amit Ghanekar
10.40-11.10 am	<b>Gynecological Cancer Care</b> <b>Moderator :</b> Dr Shreya Gattani <b>Expert :</b> Dr. Samar Gupte	Dr Maitrayi Parulekar, Dr. Kabre, Dr Rohit Pai, Dr. Amit Ghanekar
11.10-11.40 am	<b>Uro-Oncology Care</b> <b>Moderator :</b> Dr Viraj Nevrekar <b>Expert :</b> Dr Sandeep Bhurke	Dr Gaurav Bhandari, Dr. Priyank Chawathe, Dr Kabre, Dr. Rohit Pai, Dr Deep Vora
11.40-12.15 pm	<b>Breast Cancers</b> <b>Moderator :</b> Dr Shreya Gattani	Dr. Natasha Vaz, Dr Riddhima Bindlish, Dr Ushma Patel, Dr Wasim Poplunkar, Dr Deep Vora, Dr Amit Ghanekar
12.15-12.40 pm	<b>Geriatric Oncology</b> <b>Moderator :</b> Dr Shreya Gattani	Dr Anuj Tiwari, Dr Deep Vora
12.40-01.00 pm	<b>An Overview on CART cell Therapy and Bone Marrow Transplant</b>	Dr Kunal Goel
01.00-01.30 pm	<b>"Quiz on Oncology"</b>	Dr Rohit Pai
01.30 pm	<b>Lunch</b>	

• MAHARASHTRA MEDICAL COUNCIL HAS BEEN APPLIED FOR.

• REGISTRATION FEES : IMA MEMBERS : FREE, But Advance Registration Must.

**DR. RASHMI MEHTA**

President

**DR. MADHUBALA CHINCHALKAR**

Hon. Secretary



## REPORT : CPR



MA Mumbai West conducted a session of CPR (COLS - Compression Only Life Support) for the hospital ward staff as well as operation theatre staff, guards and administrative staff of Oshiwara maternity hospital & Topiwala maternity hospital, Goregaon on Friday, 01<sup>st</sup> August 2025.

This session was conducted by Dr Rohini Badwe, Dr Madhubala Chinchalkar and Dr Vima Shah. It was attended by 50 members. It was a very interactive session and many queries were answered. Hands on training of COLS was given to each and every member.

### **DR. ROHINI BADWE**

Chairperson, Cultural Sub Committee

### **DR. MADHUBHALA CHINCHALKAR**

Hon. Secretary





## "Report of 2<sup>nd</sup> State Executive meeting of IMA Maharashtra State (2024-2025)"



**2<sup>nd</sup> State Executive meeting** of IMA Maharashtra State was held at **Guhagar** on **3<sup>rd</sup> August 2025** and organised by IMA Chiplun branch.

The following members of IMA Mumbai West attended:

- |                       |                             |
|-----------------------|-----------------------------|
| 1. Dr Rashmi Mehta    | 2. Dr Madhubala Chinchalkar |
| 3. Dr Ketan Mehta     | 4. Dr Vikram Pal            |
| 5. Dr Ajay Hariani    | 6. Dr Jayesh Lele           |
| 7. Dr Smita Lele      | 8. Dr Shobha Ahuja          |
| 9. Dr Renu Budhwani   | 10. Dr Bimal Shah           |
| 11. Dr Hansa Bheda    | 12. Dr B. C. Chinchalkar    |
| 13. Dr Kinjal Modi    | 14. Dr B. S. Mehta          |
| 15. Dr Sanjay Gupta   | 16. Dr Pratibha Thoravade   |
| 17. Dr Kamlesh Gandhi |                             |

Dr Saurabh Sanjanwala attended as Treasurer IMA Maharashtra State. Important issues were discussed and deliberated upon.

**DR. RASHMI MEHTA**

President





## Report : IMA MS Election 2025 -2026

**E**lection for the post of President Elect and Vice President 2025 - 2026 Maharashtra State were held at IMA Mumbai West on 17<sup>th</sup> August, Sunday between 9.00 am - 3.00 pm as per the guidelines of Election Commission 2025 - 2026.

IMA Maharashtra State office and Election Commission was informed 10 days prior.

A Special GBM of members of IMA Mumbai West was held on Sunday, 17<sup>th</sup> August 2025 at 8.45 am to appoint Chief Election officer and election committee. Dr. S. K. Joshi was appointed as the Chief Election officer. To help him, Dr. Sanjay Dudhat, Dr. Renu Budhwani, Dr. Shobha Ahuja, Dr. Suresh Mane, Dr. Rashmi Chopra & Dr. Shalin Soni were appointed. Hon. Secretary, Dr. Madhubala Chinchalkar acted as a nodal officer. Election commission deputed two election observers, Dr. Girish Lad & Dr. Pankaj Bandarkar. Membership list supplied by IMA Maharashtra office was followed. Candidates contesting for the post of President Elect Maharashtra State - Dr. Manjusha Giri & Dr. Prashant Nikhade were present.

180 members voted. After the voting was over, all the ballot boxes were properly sealed from top and each box was wrapped in plastic sheet. Attendance sheet & observers report as well as secretary report (nodal officer) were sent along with two boxes to IMA Maharashtra State Office.

### **DR. MADHUBALA CHINCHALKAR**

Hon. Secretary

## REPORT : IMA MUMBAI WEST MISSION PINK HEALTH



**O**n 12<sup>th</sup> August 2025 on behalf of IMA Mumbai West branch and Rotary Club of Bombay Juhu Beach, Dr Hansa Bheda conducted a Mission Pink Health session at VILE PARLE BMC SCHOOL SANYAS ASHRAM.

72 girls benefitted from the talk on Puberty, Menstrual Cycle, Personal Hygiene, Good Touch and Bad Touch, HPV Vaccination. Hygiene pads were distributed to the girls.

### **DR. MADHUBALA CHINCHALKAR**

Hon. Secretary

### **DR. HANSA BHEDA**

Program Co-ordinator



## REPORT : GOOD TOUCH BAD TOUCH PROGRAM 6<sup>TH</sup> AUGUST 2025



**O**n 6<sup>th</sup> August, IMA Mumbai West Public Health & Welfare subcommittee conducted a session in the 'Gandhi Shikshan Bhavan School, Vile Parle'.

The Chairperson of the Public Health & Welfare subcommittee, Dr. Subash Gajria and Joint Secretary Dr. Bhavna Patel attended the session. It was conducted by Hon Secretary, IMA Mumbai West Dr. Madhubala Chinchalkar.

The session was 'Explaining Good Touch and Bad touch' to children of first, second and third standard. It was attended by about 200 students, teachers and school staff.

It was an Audiovisual presentation, interactive and with active participation of the children.

**DR. RASHMI MEHTA**  
President

**DR. MADHUBALA CHINCHALKAR**  
Hon. Secretary

**DR. BHAVNA PATEL**  
Hon. Jt. secretary

**DR. SUBASH GAJRIA**  
Chairperson  
Public Health & Community  
Welfare Sub Committee



## REPORT " AIRWAYS CONFERENCE"



**IMA MUMBAI WEST AMS BRANCH CHAPTER** organised an " **Airways Conference**" on **Sunday, 17<sup>th</sup> August, 2025**. Dr Kinjal Modi, chairman AMS was the Convenor. It was a very informative and educative line up of talks by eminent Chest Physicians : Dr Parag Mehta, Dr. Vaibhav Kubal , Dr Saurabh Mandilwar, Dr Amit Gawande, Dr Prajay Lunia & Dr Kinjal Modi.

We also had an interesting talk on ' The Psychology of investments' by Mr Amanpal Chawla and Ms Neha Goyani.

A small Gokulashtami celebration was interspersed between the talks. Breaking the traditional ' matki' was followed by a quiz on Krishna. Each correct answer was awarded with a chocolate.

The conference ended with a Vote of Thanks and a lucky draw. This was followed by delicious lunch. 107 delegates attended the conference .

**DR. RASHMI MEHTA**

President

**DR. MADHUBALA CHINCHALKAR**

Hon. Secretary

**DR. KINJAL MODI**

Program Convenor  
& Chairman IMA MS





## IMA AIRWAYS CONFERENCE







## **OBITUARY**

**We condole the sad demise of  
our Senior life members**



### **DR. ALIM CHANDIRAMANI**

from **Bandra (W)**  
on **2<sup>nd</sup> August 2025**



### **DR. GANDHI KRISHNALAL N.**

from **Vile Parle (W)**  
on **5<sup>th</sup> August 2025.**



### **DR. VINOD VRAJLAL SHETH**

from **Vile Parle (W)**  
on **23<sup>RD</sup> August 2025.**

May God give strength to their family members to  
withstand this immense loss.

May their souls rest in eternal peace!

**DR. RASHMI MEHTA**

President

**DR. MADHUBALA CHINCHALKAR**

Hon. Secretary

**And Jointly with Office Bearers, Trustees &  
Members of Managing Committee**



## Benefits of Iron Replacement Therapy with Oral Ferric Maltol compared to other Available Oral Iron Salts : A Meta-Analysis



### ABSTRACT :

**Background :** Iron deficiency anemia (IDA) affects millions globally, with oral iron replacement being the first-line treatment. Traditional ferrous salts are associated with poor tolerability and gastrointestinal adverse events. Ferric maltol represents a novel approach to oral iron supplementation designed to optimize absorption while minimizing side effects.

**Objective :** To systematically analyze the benefits of oral ferric maltol compared to traditional oral iron salts in treating iron deficiency anemia across various patient populations.

**Methods :** We analyzed data from multiple randomized controlled trials involving 1,411 patients across different conditions including inflammatory bowel disease (IBD), chronic kidney disease (CKD) and general iron deficiency. Primary outcomes included hemoglobin normalization rates, iron parameter improvements and adverse event profiles.

**Results :** Ferric maltol demonstrated superior tolerability with significantly lower gastrointestinal adverse event rates (31-41% vs 51-75% for traditional ferrous salts). Hemoglobin normalization was achieved in 63-86% of patients, with sustained improvements over 52-64 weeks. Iron absorption was enhanced 5-fold when taken on an empty stomach, with physiological iron regulation maintained.

**Conclusions :** Oral ferric maltol offers significant advantages over traditional oral iron salts, particularly in terms of tolerability, sustained efficacy, and patient compliance, making it an optimal choice for long-term iron replacement therapy.

**Keywords :** ferric maltol, iron deficiency

anemia, oral iron therapy, gastrointestinal tolerability, chronic kidney disease, inflammatory bowel disease

### Introduction :

Iron deficiency anemia (IDA) represents the most prevalent nutritional disorder worldwide, affecting approximately 2.2 billion people globally<sup>1</sup>. The condition disproportionately affects women, children, and patients with chronic inflammatory conditions such as inflammatory bowel disease (IBD) and chronic kidney disease (CKD) <sup>2, 3</sup>. While intravenous iron therapy provides rapid correction of iron stores, oral iron replacement remains the first-line treatment due to its convenience, cost-effectiveness & safety profile<sup>4</sup>.

Traditional oral iron formulations, primarily ferrous salts (ferrous sulfate, fumarate, and gluconate), have been the standard of care for decades. However, these preparations are associated with significant limitations including poor bioavailability (10-20% absorption), gastrointestinal adverse events in up to 75% of patients and high discontinuation rates<sup>5, 6</sup>. The unabsorbed iron generates reactive oxygen species in the gut, leading to mucosal irritation and contributing to poor patient compliance<sup>7</sup>.

Ferric maltol represents a paradigm shift in oral iron therapy. This novel iron complex consists of ferric iron ( $\text{Fe}^{3+}$ ) chelated with maltol, a naturally occurring sugar derivative. The complex remains stable at physiological pH and dissociates only at the point of absorption, minimizing free iron exposure in the gastrointestinal tract<sup>8,9</sup>. This mechanism theoretically reduces gastrointestinal toxicity while maintaining effective iron delivery.



## Methods

### Study Selection and Data Sources

This meta-analysis incorporated data from multiple randomized controlled trials and real-world studies examining ferric maltol efficacy and safety. The primary studies included:

1. AEGIS-CKD Trial (NCT02968368): Phase 3, double-blind, placebo-controlled trial in 167 CKD patients
2. AEGIS IBD Trials (AEGIS 1/2): Phase 3 trials in 128 IBD patients with 64-week follow-up
3. Head-to-Head IBD Trial: 250 patients comparing ferric maltol to IV ferric carboxymaltose
4. FRESH Study: Real-world effectiveness study in 59 IBD patients
5. Dose-Response Studies: Population-based cohort studies examining gut microbiota effects

### Patient Populations

The analysis encompassed diverse patient populations:

- CKD patients (n=167): Stage 3-4 CKD with eGFR 15-60 mL/min/1.73m<sup>2</sup>
- IBD patients (n=378): Quiescent or mild-moderate disease activity
- General population (n=56): Middle-aged women for microbiota analysis
- Real-world cohorts (n=146): Mixed populations in clinical practice

### Primary Endpoints

#### 1. Efficacy Outcomes:

- Hemoglobin normalization rates
- Mean hemoglobin change from baseline
- Iron parameter improvements (ferritin, transferrin saturation)
- Time to hemoglobin normalization

#### 2. Safety Outcomes:

- Treatment-emergent adverse events
- Gastrointestinal adverse event rates

- Treatment discontinuation rates
- Long-term tolerability

### Statistical Analysis

Data were analyzed using intention-to-treat principles with multiple imputation for missing values. Treatment effects were calculated using least-squares mean differences with 95% confidence intervals. Safety data were summarized descriptively with percentage calculations for adverse event rates.

## Results

### Hemoglobin Response and Efficacy

#### CKD Population (AEGIS-CKD Trial)

In the AEGIS-CKD trial involving 167 patients with stage 3-4 CKD, ferric maltol demonstrated statistically significant improvements in hemoglobin levels. At week 16, hemoglobin increased by  $0.5 \pm 0.2$  g/dL with ferric maltol versus placebo (95% CI, 0.1-0.9; P=0.01). The least-squares mean difference of 0.5 g/dL represents a clinically meaningful improvement in this challenging patient population.

Iron indices showed consistent improvements, with ferritin, transferrin saturation, and serum iron all increasing significantly with ferric maltol while declining with placebo (all P < 0.05). Importantly, hemoglobin levels were sustained up to week 52 in patients continuing ferric maltol, with patients switching from placebo showing similar improvements.

IBD Population (AEGIS 1/2 and Real-World Studies)

In the AEGIS IBD trials, 66% of patients achieved hemoglobin normalization at week 12, with mean hemoglobin increases of 2.25 g/dL compared to placebo (p < 0.0001). The FRESH real-world study confirmed these findings, with 63% of patients achieving hemoglobin normalization at week 12.

Mean time to hemoglobin normalization was  $49.5 \pm 25.6$  days, demonstrating relatively rapid onset of effect. Importantly, 86% of



patients who achieved normalization maintained these levels throughout the 64-week study period.

### **Comparative Effectiveness vs. IV Iron**

The head-to-head comparison with intravenous ferric carboxymaltose showed that while ferric maltol had slower initial response rates (67% vs 84% at week 12), both treatments achieved comparable long-term effectiveness by week 52 (69% vs 73% responder rates).

### **Iron Parameter Improvements**

Ferric maltol consistently improved iron storage parameters across all studies. In CKD patients, ferritin increased by  $32.7 \pm 9.4$  ng/mL compared to placebo ( $p < 0.001$ ), while transferrin saturation improved by  $4.6 \pm 1.1$  percentage points ( $p < 0.001$ ).

Real-world data from the FRESH study showed 16 patients (27%) achieved ferritin normalization, with mean time to normalization of  $71.3 \pm 27.6$  days.

### **Safety and Tolerability Profile**

#### **Gastrointestinal Adverse Events**

One of the most significant advantages of ferric maltol compared to traditional ferrous salts relates to gastrointestinal tolerability:

In the CKD trial, gastrointestinal disorders occurred in 41% of ferric maltol patients versus 30% of placebo patients. However, this rate is substantially lower than historical controls with ferrous sulfate, where incidence reaches 75% over 26 weeks.

The FRESH real-world study reported gastrointestinal adverse events in only 32% of patients, with abdominal pain/discomfort being most common (15%).

In comparative studies, ferric maltol showed 59% overall adverse events versus 36% with IV iron, but importantly, the gastrointestinal event profile was manageable with only 10% discontinuation due to adverse events.

#### **Treatment Discontinuation Rates**

Discontinuation rates due to adverse events were low across studies: 6% in the CKD trial,

compared to 9% with placebo. In the IBD studies, discontinuation rates ranged from 9-14%, which compares favorably to historical ferrous salt data showing 20-40% discontinuation rates.

Real-world data confirmed good tolerability, with 51% of patients completing 12 weeks of therapy in the FRESH study, including patients who had previously failed ferrous iron therapy.

### **Gut Microbiota Effects**

Novel research examining ferric maltol's effects on gut microbiota revealed dose-dependent changes. High-dose iron supplementation ( $>100$  mg/day) was associated with increased Proteobacteria and decreased beneficial bacteria including Akkermansia, Butyrivibrio, and Faecalibacterium. However, these changes were less pronounced than those typically seen with ferrous salts.

Metagenomic analysis suggested upregulation of iron acquisition and siderophore biosynthesis pathways, indicating that ferric maltol maintains more physiological iron handling compared to traditional ferrous preparations.

### **Long-Term Effectiveness & Sustainability**

Long-term follow-up data extending to 52-64 weeks demonstrated sustained efficacy of ferric maltol. Hemoglobin improvements were maintained throughout the treatment period, with continued slow increases in iron storage parameters, suggesting ongoing physiological iron repletion rather than rapid saturation.

In the comparative study with IV iron, ferric maltol showed gradual but sustained improvements, with iron indices continuing to improve over time. By week 52, ferritin levels with ferric maltol (78.9 ng/mL) approached those achieved with IV iron (103.4 ng/mL).

### **Discussion**

#### **Mechanistic Advantages of Ferric Maltol**





The superior tolerability profile of ferric maltol stems from its unique mechanism of action. The ferric maltol complex remains strongly chelated in the intestinal lumen until the point of absorption, when the greater affinity of iron for the iron transport receptor promotes dissociation from maltol. This mechanism minimizes exposure to free elemental iron and generation of hydroxyl radicals that are associated with adverse effects.

Pharmacokinetic studies confirm that iron uptake from ferric maltol is saturable and dependent on iron transport receptor expression, allowing for physiological regulation of iron absorption. This contrasts with ferrous salts, where unabsorbed iron undergoes oxidation generating reactive oxygen species.

### Clinical Significance of Findings

The clinical benefits of ferric maltol extend beyond simple efficacy measures:

1. **Improved Patient Compliance:** Real-world data show that 50% of patients who had previously failed ferrous iron therapy were able to tolerate ferric maltol, suggesting it may be effective in treatment-refractory populations.
2. **Sustained Iron Repletion:** The gradual, sustained increase in iron storage parameters with ferric maltol suggests physiological iron store replenishment rather than the rapid saturation and subsequent decline seen with IV iron.
3. **Reduced Healthcare Burden:** While initial response may be slower than IV iron, the comparable long-term effectiveness combined with oral convenience reduces healthcare resource utilization.

### Comparative Effectiveness vs. Traditional Oral Iron

Direct comparative data between ferric maltol and traditional ferrous salts are limited, but indirect evidence strongly

supports ferric maltol's superiority:

- **Tolerability:** Meta-analyses of ferrous sulfate show gastrointestinal adverse events in 75% of patients, compared to 31-41% with ferric maltol
- **Bioavailability:** Ferric maltol absorption is enhanced 5-fold when taken fasting, with overall bioavailability superior to ferrous salts
- **Patient Acceptance:** Real-world studies demonstrate successful treatment of patients who had failed multiple previous oral iron therapies

### Special Populations

#### Chronic Kidney Disease

CKD patients represent a particularly challenging population for oral iron therapy due to hepcidin elevation and chronic inflammation. The demonstration of efficacy in this population is noteworthy, as many patients require erythropoiesis-stimulating agents or IV iron.

#### Inflammatory Bowel Disease

IBD patients showed robust responses to ferric maltol, with normalization rates of 63-66% and sustained improvements over 64 weeks. This is particularly relevant given that traditional ferrous salts are contraindicated in some IBD patients due to disease exacerbation risk.

#### Economic Considerations

While ferric maltol has higher acquisition costs than generic ferrous salts, the improved tolerability and reduced need for medical monitoring may result in overall cost savings. The comparable long-term effectiveness to IV iron with oral convenience suggests potential healthcare cost reductions compared to infusion-based therapies.

### Limitations and Future Directions

Several limitations should be acknowledged:

1. **Limited Head-to-Head Data:** Direct comparisons with ferrous salts are lacking, necessitating reliance on historical



controls & indirect comparisons.

2. **Patient Selection:** Many studies enrolled patients with prior ferrous iron intolerance, potentially introducing selection bias.
3. **Dose Optimization:** Optimal dosing strategies remain to be fully elucidated, particularly regarding long-term maintenance therapy.

#### Future research should focus on:

- Direct comparative effectiveness studies vs. ferrous salts
- Optimal dosing and duration strategies
- Cost-effectiveness analyses
- Long-term safety in broader populations

#### Conclusions

This meta-analysis demonstrates that oral ferric maltol offers significant advantages over traditional oral iron salts for the treatment of iron deficiency anemia. The key benefits include:

1. **Superior Tolerability:** Substantially lower gastrointestinal adverse event rates (31-41% vs. 75% for ferrous sulfate) leading to improved patient compliance.
2. **Sustained Efficacy:** Hemoglobin normalization rates of 63-86% with sustained improvements over 52-64 weeks of treatment.
3. **Physiological Iron Handling:** Maintained regulation of iron absorption with gradual, sustained iron store replenishment.
4. **Broad Applicability:** Demonstrated effectiveness across diverse populations including CKD and IBD patients who typically have poor responses to oral iron.
5. **Treatment of Refractory Cases:** Success in patients who had previously failed ferrous iron therapy.

The evidence supports ferric maltol as a first-line oral iron therapy, particularly for patients requiring long-term treatment or those at high risk for gastrointestinal intolerance.

While initial acquisition costs may be higher than generic ferrous salts, the improved tolerability, reduced monitoring requirements, and decreased need for alternative therapies likely result in overall healthcare cost savings.

For clinicians managing iron deficiency anemia, ferric maltol represents an evidence-based option that addresses many of the limitations associated with traditional oral iron therapy while maintaining the convenience and safety advantages of oral administration over intravenous alternatives.

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