



April 2025

VOLUME NO 50

ISSUE 01

MEDICAL e IMAGE

OF IMA MUMBAI WEST

President : DR. RASHMI MEHTA

Hon. Secretary : DR. MADHUBALA CHINCHALKAR



**WORLD HEALTH
ORGANISATION DAY**

SUNDAY, 6ND APRIL 2025



**TUBERCULOSIS : SENSITIZATION &
PROGRAMMATIC MANAGEMENT**

TUESDAY, 22ND APRIL 2024





CONTENTS

MANAGING COMMITTEE 2025-2026.....	2
OFFICE BEARERS 2025-26.....	3
MANAGING COMMITTEE MEMBERS 2025-26.....	6
PRESIDENT'S DESK.....	8
WEEKLY SCIENTIFIC PROGRAMME.....	9
HON. SECRETARY'S DESK.....	10
REPORT - ELECTION 2025.....	11
HEARTIEST CONGRATULATIONS !!!.....	13
REPORT - INTERNATIONAL WOMENS DAY.....	14
REPORT - WORLD KIDNEY DAY.....	18
WORLD HEALTH ORGANISATION DAY.....	21
NATIONAL TUBERCULOSIS ELIMINATION PROGRAM.....	22
IMA HQS OFFICE BEARERS AND ALL STATE PRESIDENTS & SECRETARIES MEETING.....	23
ANNUAL DAY CELEBRATIONS.....	25
REPORT : MEETING OF STANDING COMMITTEE ON FINANCE.....	35
MEDICINE UPDATE.....	41
REPORT : IMA MAHARASHTRA STATE MSN AND JDN CONCLAVE.....	41
REPORT : IMPORTANCE OF MILLETS.....	43
OBITUARY.....	45
IMA EMPLOYMENT AND CAREER FACILITATION BUREAU.....	46
ADVERTISEMENTS TARIFF.....	47

DISCLAIMER : <i>Unless otherwise stated, the opinions expressed by any writers are their personal opinions. The appearance of advertisements in "Medical Image" is not guarantee or endorsement of the product or the claims made by the manufacturer / advertiser.</i>	Editor DR. MADHUBALA CHINCHALKAR	Published by : IMA MUMBAI WEST Contact for write-ups, articles, interviews and advertisements : IMA Bldg, Behind Chandan Cinema, J.R.Mhatre Marg, J.V.P.D. Scheme, Juhu, Mumbai - 400 049. Mobile : 70454 52656 E-mail : imamumbaiwest@yahoo.com imamumbaiwest@gmail.com Website : www.imamumbaiwest.com
	Co-Editor DR. ARVIND GHONGANE	
	FOR PRIVATE CIRCULATION ONLY	

Advertisement Cheques must be drawn in favour of IMA MUMBAI WEST

Please get your IMA Mumbai West IDENTITY CARD. Identity Card shall be mandatory for future events

ANNOUNCEMENT

ANNUAL CME FEES FOR THE YEAR 2025 - 2026

- IMA - CGP / AMS Life Members of our Branch : Rs. 2360/- } before
- IMA Members : Rs. 3540/- } 31st May
- IMA Members - per programme } (Tues., : Rs. 240/-
- Eligible Non Members - per programme } Thurs. & Sun.) : Rs. 500/-
- Annual Fees include IMA Mumbai West Annual Scientific Conference if held at our branch premises.
- Charges for MMC Accreditation : Rs. 60/-
- (For the accredited CMEs - per programme)
- 18% GST Charges are included on the above rates

DR. RASHMI MEHTA
President

DR. MADHUBALA CHINCHALKAR
Hon. Secretary





INDIAN MEDICAL ASSOCIATION - MUMBAI WEST

I.M.A. Bldg., Behind Chandan Cinema, J. R. Mhatre Marg, J.V.P.D. Scheme, Juhu, Mumbai - 400 049.

Office : 2620 6517 (M) 7045452656 • Website : www.imamumbaiwest.com

E-mail: imamumbaiwest@yahoo.com / imamumbaiwest@gmail.com

MANAGING COMMITTEE 2025 - 2026

		Clinic	Mobile	TELEPHONE NOS.	Email
President	: Dr. Mehta Rashmi	6117 8811	9820008796	rashmimehta04@yahoo.co.in	
Imm Past President	: Prof. Dr. Mehta Ketan K.	2882 7500	9820051849	drketankmehta@yahoo.com	
Vice President	: Dr. Pal Vikram	6501 5209	9821007000	v_pal@hotmail.com	
Hon. Secretary	: Dr. Chinchalkar Madhubala	2882 5763	9820323365	madhubalac.ima@gmail.com	
Hon. Treasurer	: Dr. Hariani Ajay	2866 2626	9820288508	ajayhariani@gmail.com	
Hon. Jt. Secretary	: Dr. Patel Bhavna	2614 6027	9773161617	drbhavna50@gmail.com	

MEMBERS

	Clinic	Mobile	Email		Clinic	Mobile	Email
Dr. Agrawal Nitin	2630 1184	9820297836	drnitinagrawal@gmail.com	Dr. Maniar Hemal	-	9821181608	hemal@maniar@gmail.com
Dr. Bachani Manohar	2647 3020	9820202856	drmanoharbachani@gmail.com	Dr. Mashru Ushma	2610 2877	9821872677	ushmamashru@hotmail.com
Dr. Ahuja Shobha	2649 8917	9821025863	shobha@ahujaclinic.com	Dr. Mehta Anushree	2447 4403	9820147636	mehta.aanu@gmail.com
Dr. Badwe Rohini	4976 5528	7045356470	dr.rohinibadwe@gmail.com	Dr. Mehta B. S.	2683 2766	9820131926	drbsmehta@yahoo.in
Dr. Bheda Hansa	-	9819090035	bhedahansa@gmail.com	Dr. Mehta Nimesh	2895 5555	9820013035	drnimesh@divyadrashtieyecare.com
Dr. Chopra Jagmohan	-	9769060898	drchopra_x@rediffmail.com	Dr. Mehta Nitin	-	9869114987	njmehta2000@yahoo.com
Dr. Chopra Rashmi	-	9820197376	drashmichopra@gmail.com	Dr. Muchhala Snehal	-	7043533673	drssm77@hotmail.com
Dr. Gajria Subash	2628 6194	9869005889	drsubash8888@gmail.com	Dr. Parmar Girish	-	9820718088	drgirish21@yahoo.co.in
Dr. Gidwani Anita	2643 2208	9820125585	gidwanianita@hotmail.com	Dr. Patnekar Abhilasha	-	9821484932	abhilashapatnekar@gmail.com
Dr. Gupta Sanjay	2627 7448	9820232606	sanjayguptapath@gmail.com	Dr. Sanghvi Rashmikanth	2809 1510	9820048036	dr.rashmikanthsanghvi@gmail.com
Dr. Jain Sushila	-	9820027039	jainb2a@yahoo.co.in	Dr. Shah Bimal	2683 5205	9821083857	drbimal13@gmail.com
Dr. Joshi Sonali	-	9867986624	sonali_joshi7@yahoo.com	Dr. Sonawala Subhash	-	9821041280	subhashdsonawala@icloud.com
Dr. Joshi S. K.	2670 1418	9920576506	docskjoshi@gmail.com	Dr. Soni Shalin	2867 2232	9820471214	drshalinsoni@gmail.com
Dr. Kharkar Rajendra D	-	9821420956	drdkharkar@yahoo.com	Dr. Upadhyaya J. R.	2828 4271	9321031220	drupadhyayajr@yahoo.com
Dr. Kothari Ashok	-	9833476773	drashok.greenindia@gmail.com	Dr. Vaid Zubin	-	9821231939	zubindocor@gmail.com

MUMBAI - WEST SUB FACULTY OF IMA - CGP

Asst. Director of Studies	: Dr. Budhwani Renu	-	9820219621	drrenu03@gmail.com
Asst. Secretary	: Dr. Bhatte-Worlikar Pranita	2893 5185	9869739916	vidula.worlikar@gmail.com

MUMBAI - WEST CHAPTER OF IMA - AMS

Chairman	: Dr. Modi Kinjal	2888 5001	9323851007	drkinjalmodi@gmail.com
Asst. Secretary	: Dr. Hotchandani Bhavika	8291622260	9821680153	sunim6@yahoo.com

BOARD OF TRUSTEES

Managing Trustee	: Dr. Dudhat Sanjay	2636 3737	9821046063	sanjaydudhat@hotmail.com
Members of Board of Trustees	Dr. Contractor Akil	2612 7481	9892084360	raziakil@hotmail.com
	Dr. Inamdar B M	2877 2823	9833054054	bminamdar@gmail.com
	Dr. Lele Jayesh	91374 60471	9819812996	drjayeshlele@gmail.com
	Dr. Patel Manoj	2614 6027	9821027131	drmanoj50@gmail.com



NEW ELECTED MANAGING COMMITTEE 2025 - 2026

OFFICE BEARERS



DR. MEHTA RASHMI
President



PROF. DR. MEHTA KETAN K.
Imm. Past President



DR. PAL VIKRAM
Vice President



DR. CHINCHALKAR MADHUBALA
Hon. Secretary



DR. HARIANI AJAY
Hon. Treasurer



DR. PATEL BHAVNA
Hon. Jt. Secretary

NEW ELECTED MANAGING COMMITTEE 2025 - 2026

BOARD OF TRUSTEES



DR. DUDHAT SANJAY
Managing Trustee



DR. CONTRACTOR AKIL
Trust Board Member



DR. INAMDAR B. M.
Trust Board Member



DR. LELE JAYESH
Trust Board Member



DR. PATEL MANOJ
Trust Board Member

NEW ELECTED MANAGING COMMITTEE 2025 - 2026**MUMBAI WEST SUB FACULTY OF IMA - CGP****DR. BUDHWANI RENU**

Asst. Director of Studies

**DR. BHATTE- WORLIKAR PRANITA**

Asst. Secretary

**MUMBAI WEST BRANCH CHAPTER OF IMA - AMS****DR. MODI KINJAL**

Chairperson

**DR. HOTCHANDANI BHAVIKA**

Asst. Secretary

NEW ELECTED MANAGING COMMITTEE 2025 - 2026

MANAGING COMMITTEE MEMBERS



Dr. Agrawal Nitin



Dr. Ahuja Shobha



Dr. Bachani Manohar



Dr. Badwe Rohini



Dr. Bheda Hansa



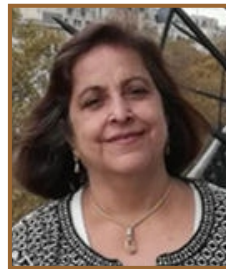
Dr. Chopra Jagmohan



Dr. Chopra Rashmi



Dr. Gajria Subash



Dr. Gidwani Anita



Dr. Gupta Sanjay



Dr. Jain Sushila



Dr. Joshi Sonali



Dr. Joshi S. K.



Dr. Kharkar Rajendra D.

NEW ELECTED MANAGING COMMITTEE 2025 - 2026

MANAGING COMMITTEE MEMBERS



Dr. Kothari Ashok



Dr. Hemal Maniar



Dr. Mashru Ushma



Dr. Mehta Anushree



Dr. Mehta B. S.



Dr. Mehta Nimesh



Dr. Mehta Nitin



Dr. Muchhala Snehal



Dr. Parmar Girish



Dr. Patnekar Abhilasha



Dr. Sanghvi Rashmikant



Dr. Shah Bimal N



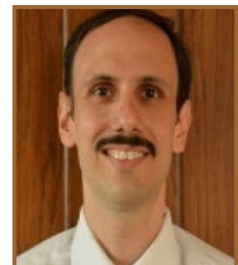
Dr. Sonawala Subhash



Dr. Soni Shalin



Dr. Upadhyaya Jagdip



Dr. Vaid Zubin



From the President's Pen...

The Gita says

"What you have taken has been from here,
what you gave has been given here"

Hello friends,

I am writing to you for the first time as President of IMA Mumbai West. I am overwhelmed with gratitude for this honour and privilege bestowed upon me and I pledge that I shall give my fullest to justify this great opportunity.

I have been a member of IMA Mumbai West branch from the time I started my practice. I am grateful to my father late Dr M. R. Rajani who was a member of this branch & inspired me to become one. My husband Mr Sanjay Mehta is my strong support and I am always indebted to him for his encouragement and appreciation.

We have had two unique opportunities this year :

We were given the prerogative to host the IMA HQ State Presidents and Secretaries meeting and the meeting of IMA HQs Office bearers along with its Wings and Schemes on 22nd /23rd March, 2025.

We also held the meeting of IMA HQ Standing Committee on Finance on 22nd March.

Appreciation and praises have been received by the branch for a flawless execution of the same. Dr Jayesh Lele sir was the coordinator for the meetings and he has led from the front, having worked harder than any of us. I am grateful for all those who spared their valuable time and resources to make these meetings a grand success.

Another feather in our cap was for our Annual day, thanks to Dr Lele again- probably for the first time in IMA, the National President, Hony Secretary General

and National President Elect have all graced a local branch installation ceremony. We should strive to live up to the expectations that justify this privilege.

"The measure of who we are is what we do with what we have"- Vince Lombardi

We have a wonderful building for our branch. And the will to support our IMA students - both MSN and JDN. We have done that in a major way by hosting the IMA MS MSN and JDN conclave on 28/29 March. We hope to support them for their future endeavours too.

We are in the thick of canvassing for MMC elections that are on 3rd April. IMA Maharashtra State panel is a group of dedicated IMA workers who have been doing stellar work for the association. Our branch candidate is Dr. Ketan Mehta and we wish him all the best and are working actively for him. I am sure the MS panel will take the functioning of MMC to greater heights after they are elected. The last 2 terms have seen IMA Maharashtra State panel do exemplary work and that would be inspirational. So do vote for the IMA MS panel.

We also gearing up to have an activity filled & fruitful year 2025-2026 at IMA Mumbai West.

I would like to conclude by saying:

**"Work for a cause, not for applause,
Live life to express, not impress."**

Jai Hind

Long live IMA

DR. RASHMI MEHTA

President, IMA MW



WEEKLY SCIENTIFIC PROGRAMME

Venue : **Lupin CME Auditorium**, IMA Building, J. R. Mhatre Marg,
Behind Chandan Cinema, J.V.P.D. Scheme, Juhu, Mumbai - 400 049.

Every THURSDAY at 2.30 p.m. Sharp.

DATE	Topic	Speaker
10.04.2025	SCIENTIFIC DISSEMINATION	
	Recent Advances in Neurosurgery	Dr. Anshu Warade
	Spectrum of benign, pre-malignant, and Malignant Diseases in the HPB Surgery Clinic	Dr. Abhirup Banerjee
	Optimal Management of Heart Failure patients	Dr. Nilesh Gautam
17.04.2025	MEDICINE UPDATE	
	COPD Management- The Latest Evidences	Dr. Salil Bendre
	Clinical Decision : Can Dapagliflozin be used in T2D+CKD Patients?	Dr. Archana Juneja
	Antibody Drug Congugates..... New Magic bullet in cancer care	Dr. Muzamil Shaikh
	Urological Cancers	Dr. Hemant Tongaonkar
24.04.2025	MEDICINE UPDATE	
	Hyponatremia	Dr. Arun Shah
	DRTB Management Focus on BPALM Regimen New Guidelines	Dr. Chetan Jain
	Discussion of Difference Cases	Dr. B. M. Inamdar

• **WORKING LUNCH WILL BE SERVED FROM 01.00 TO 02.00 PM BEFORE EACH CME**

- ▶ CGP, AMS & IMA Members : **Rs. 240/-** (Not Paid Annual Fees) (Weekly Lectures).
- ▶ Eligible Non Members : **Rs.500/-** per lecture.
- ▶ CHARGES FOR MMC CREDIT HOURS (FOR THE ACCREDITED CMES) **Rs. 60/-**.
- ▶ 18% GST Charges are included on the above rates.

DR. RASHMI MEHTA
President

DR. MADHUBALA CHINCHALKAR
Hon. Secretary

DR. KINJAL MODI **DR. BHAVIKA HOTCHANDANI**
Chairman Hon. Secretary
IMA - Mumbai West AMS Branch Chapter

DR. RENU BUDHWANI **PRANITA BHATTE WORLIKAR**
Asst. Director of Studies Asst. Secretary
IMA - Mumbai West C.G.P. Sub Faculty





From Hon. Secretary's Desk...

Spring is a time for renewal and growth.

Dormant plants begin to grow and new seedlings spout, hibernating animals awaken, flowers and blossoms appear! The only constant in life is change!

One year has gone by and here we are with a change of guard. It is my honor to be given the opportunity to work as an 'Honorary Secretary' of this prestigious branch of Indian Medical Association for a year.

Keeping with the tradition of having interesting programs, we had one in the last month. Dr. Umesh Khanna and his team of Mumbai Kidney Associates conducted a very informative and educative program in 'Nephrology'. It was a panel discussion with active participation of the audience.

Our weekly CMEs are known for innovative updates. International Women's Day was celebrated with the esteemed Women Speakers, thanks to Dr. Akil Contractor for these academic feasts.

As we know, some of us have made their generous contribution along with our branch contribution towards the IMA HQs Building reconstruction. Dear members, do contribute for your own dream building.

The new managing committee has been installed this year under the able leadership

of Dr. Rashmi Mehta. A warm welcome to our managing committee members. The installation ceremony was very special with the presence of our National President Dr. Dilip Bhanushali, Hony. Secretary General Dr. Sarbari Dutta as well as the National President Elect Dr. Anilkumar J. Nayak gracing the function for the first time in IMA.

This year we have a blend of very creative, enthusiastic and innovative members in the managing committee some are old and some are new.

Together we aim to have another resourceful and creative program both academic as well as non academic.

Let us join hands and work hard for our branch and our association at large to become the best.

**'Every day is a chance to make
Changes to create the life we want'**

- Karon Wadde

DR. MADHUBALA CHINCHALKAR
Hon. Secretary

REPORT - ELECTION 2025

OFFICE BEARERS	MANAGING COMMITTEE MEMBERS
PRESIDENT:- DR. MEHTA RASHMIELECTED UNCONTESTED VICE PRESIDENT:- DR. PAL VIKRAMELECTED UNCONTESTED HON. SECRETARY:- DR. CHINCHALKAR MADHUBALAELECTED UNCONTESTED HON. TREASURER:- DR. HARIANI AJAYELECTED UNCONTESTED HON. JOINT SECRETARY:- DR. PATEL BHAVNAELECTED UNCONTESTED <div>IMA - C.G.P. MUMBAI WEST BRANCH SUB FACULTY</div> ASST. DIRECTOR OF STUDIES DR. BUDHWANI RENUELECTED UNCONTESTED ASST. SECRETARY DR. BHATTE-WORLIKAR PRANITAELECTED UNCONTESTED <div>IMA A.M.S. MUMBAI WEST BRANCH CHAPTER</div> CHAIRMAN DR. MODI KINJALELECTED UNCONTESTED ASST. SECRETARY DR. HOTCHANDANI BHAVIKA.....ELECTED UNCONTESTED	BANDRA :- DR. GIDWANI ANITA.....ELECTED UNCONTESTED KHAR :- DR. AHUJA SHOBHA ELECTED UNCONTESTED DR. CHOPRA RASHMI..... ELECTED UNCONTESTED SANTACRUZ :- DR. GAJRIA SUBASH ELECTED UNCONTESTED DR. KOTHARI ASHOK ELECTED UNCONTESTED DR. SONAWALA SUBHASH ELECTED UNCONTESTED VILE PARLE :- DR. BHEDA HANSA..... ELECTED UNCONTESTED DR. JOSHI S. K. ELECTED UNCONTESTED DR. MASHRU USHMA..... ELECTED UNCONTESTED DR. MEHTA ANUSHREE..... ELECTED UNCONTESTED[ANDHERI :- DR. AGARWAL NITIN ELECTED UNCONTESTED DR. CHOPRA JAGMOHAN..... ELECTED UNCONTESTED DR. JAIN SUSHILA ELECTED UNCONTESTED DR. MEHTA BAKULESH S. ELECTED UNCONTESTED DR. SHAH BIMAL N. ELECTED UNCONTESTED JOGESHWARI :- DR. VAID ZUBIN ELECTED UNCONTESTE GOREGAON :- DR. JOSHI-GOKHALAY SONALI.....ELECTED UNCONTESTED DR. SONI SHALINELECTED UNCONTESTED MALAD :- DR. MANIAR HEMALELECTED UNCONTESTED DR. PATNEKAR ABHILASHAELECTED UNCONTESTED DR. SANGHVI RASHMIKANTELECTED UNCONTESTED KANDIVLI :- DR. KHARKAR RAJENDRA D.ELECTED UNCONTESTED DR. MUCHHALA SNEHAL.....ELECTED UNCONTESTED BORIVLI :- DR. MEHTA NIMESHELECTED UNCONTESTED DAHISAR :- DR. UPADHYAYA JAGDIPELECTED UNCONTESTED

Dr. RASHMI MEHTA
Hon. Secretary (2024- 2025)



**FOR THE POST OF REPRESENTATIVE ON
STATE EXECUTIVE (MAHARASHTRA) (44 POSTS) :
(ONE POST IS RESERVED FOR THE HON. SECRETARY OF OUR BRANCH)**

- | | | | |
|----|--|----|-------------------------|
| 1 | DR. CHINCHALKAR MADHUBALA - Hon. Secretary | | |
| 2 | DR. AGRAWAL NITIN | 3 | DR. AHUJA SHOBHA |
| 4 | DR. BADWE ROHINI | 5 | DR. BADWE SHRIKANT |
| 6 | DR. BHATTE-WORLIKAR PRANITA | 7 | DR. BHEDA HANSA |
| 8 | DR. BUDHWANI RENU | | |
| 9 | DR. CHINCHALKAR BHAGWATIPRASAD CHINTAMANI | | |
| 10 | DR. CHOPRA JAGMOHAN | 11 | DR. CHOPRA RASHMI |
| 12 | DR. CONTRACTOR AKIL | 13 | DR. CONTRACTOR RAZIA |
| 14 | DR. DUDHAT SANJAY | 15 | DR. GAJRIA SUBASH |
| 16 | DR. GANDHI KAMLESH | 17 | DR. GHONGANE ARVIND |
| 18 | DR. GIDWANI ANITA | 19 | DR. GUPTA SANJAY |
| 20 | DR. HARIANI AJAY RATILAL | 21 | DR. HOTCHANDANI BHAVIKA |
| 22 | DR. INAMDAR B. M. | 23 | DR. JAIN SUSHILA |
| 24 | DR. JOSHI S. K. | 25 | DR. JOSHI SONALI |
| 26 | DR. KOTHARI ASHOK | 27 | DR. LELE JAYESH |
| 28 | DR. MANIAR HEMAL | 29 | DR. MASHRU USHMA |
| 30 | DR. MEHTA ANUSHREE | 31 | DR. MEHTA BAKULESH S. |
| 32 | DR. MEHTA KETAN K | 33 | DR. MEHTA RASHMI |
| 34 | DR. MODI KINJAL | 35 | DR. MUCHHALA SNEHAL |
| 36 | DR. PAL VIKRAM | 37 | DR. PATEL BHAVNA |
| 38 | DR. PATEL MANOJ | 39 | DR. SANGHVI RASHMIKANT |
| 40 | DR. SHAH BIMAL N. | 41 | DR. SONAWALA SUBHASH |
| 42 | DR. SONI SHALIN | 43 | DR. SUCHAK ANIL |
| 44 | DR. THORAVADE PRATIBHA | 45 | DR. UPADHYAYA J. R. |

HEARTIEST CONGRATULATIONS !!!

Our Heartiest Congratulations to following Managing Committee Members for their appointment as Chairpersons on various Sub Committee of our branch.

1 Building Sub Committee	Dr. Bimal N. Shah
2 Cultural Sub Committee	Dr. Rohini Badwe
3 Editor - Medical Image Sub Committee	Dr. Madhubala Chinchalkar Dr. Arvind Ghongane
4 Fund Raising Sub Committee	Dr. Manohar Bachani
5 Medical Education Sub Committee	Dr. Sanjay Dudhat Dr. Sanjay Gupta
6 Medico Legal Sub Committee	Dr. Nimesh Mehta
7 Membership Drive Sub Committee	Dr. Rashmi Chopra
8 Member's Welfare Sub Committee	Dr. Anushree Mehta
9 Mission Pink Health Sub Committee	Dr. Hansa Bheda
10 Public Health & Community Welfare Sub Committee	Dr. Subash Gajria
11 IMA Schemes: Professional Protection Scheme Sub Committee Social Security Scheme	Dr. Jagdip Upadhyaya
12 Sports Sub Committee	Dr. Shalin Soni
13 Web Editor	Dr. Jayesh Lele
14 Women's Wing Sub Committee	Dr. Shobha Ahuja

Dr. Rashmi Mehta
President

Dr. Madhubala Chinchalkar
Hon. Secretary



INTERNATIONAL WOMEN'S DAY



REPORT : INTERNATIONAL WOMEN'S DAY

International Women's Day program was celebrated at IMA Mumbai West on Sunday, 2nd March. This program was curated and Convened by Managing Trustee Dr Akil Contractor and Dr Sanjay Dudhat, Trustee was the co Convenor.

A plethora of fantastic lady speakers gave very informative, educative and enlightening talks.

- The opening talk was by ENT surgeon Dr. Rakhi Dhotre. She gave an overview of Paediatric Hearing Loss and how Cochlear implants were helping children.
- Dr. Tanu Singhal, Infectious diseases specialist gave a very informative and incisive talk on Shingles and covered all aspects of Vaccination, how Shingrix vaccine was helpful in preventing H. Zoster and Herpetic Neuralgia.
- Dr. Anshumala Kulkarni, Laparoscopic Gynaecologist delivered a fantastic and comprehensive account of Endometriosis and it's management.
- Interventional Cardiologist Dr. Tabassum Khan took us through Women's Heart - cardiac disease and it's management, how CAD is different in Women than men.
- Dr. Natasha Kate, Psychiatrist, elucidated in detail the Somatic symptoms of Psychological disorders.
- Dr. Neha Punatar, Nephrologist, explained about how to recognise and manage Acute Kidney Injury in OPD and when to refer.
- Dr. Akshata Bhat, Psychiatrist, gave us tips in Managing Insomnia in Women.

Our Chief Guest of the day was renowned actress, orator and anchor, Dr. Samira Gujar, a Ph. D. in Sanskrit. She spoke expansively on Spirituality and Science. Dr. Samira gave a brief overview of an expansive topic.

Some vignettes:

She said that science says '**what**' and '**how**'. For '**why**', you need spirituality. Our Indian traditional teaching did not compartmentalise education. There was specialisation but everyone learnt a little about everything. We had a developed education system in the olden times. Janak raja was a rishi. All rishis had wives also. They hadn't left the world to itself. They were there to guide people in all situations. Science and spirituality are not separate from each other in our tradition and culture.

Swami Vivekanand brought the 2 together in our times. Spirituality talks of advait. We are all alike. Spirituality is the lamp that lights the world for you. Our culture, values have been influenced by our history.

All our speakers were adorned with a tiara, befitting their status as Queens of their world.

Program ended with a Vote of Thanks given by Dr. Subash Gajria. Lucky draw followed. 170 delegates attended.

DR. SUBASH GAJRIA
Program Co-ordinator

DR. RASHMI MEHTA
Hon. Secretary (2024-25)

INTERNATIONAL WOMEN'S DAY





INTERNATIONAL WOMEN'S DAY





REPORT : WORLD KIDNEY DAY

MA Mumbai West celebrated **WORLD KIDNEY DAY** by hosting Nephrocon on **9th March 2025**. This was held in association with Mumbai Kidney Foundation and Kidney Associates Pvt Ltd. Renowned Nephrologist Dr. Umesh Khanna was convenor of the program.

First Discussion was on UTI wherein few clinical cases were discussed.

Key takeaways were

1. Urine routine and urine culture is must before starting treatment for UTI. Adequate fluid intake is must.
2. Persistent pus cells in urine is common in post menopausal women.
3. In elderly with c/o repeated UTI it is important to rule out genito urinary malignancy.
4. In repeated UTI look for structural abnormalities in urinary tract anatomy.
5. Nitrofurantoin administered with vitamin C improves it's efficacy. But it's contraindicated in third trimester.
6. UTI in Pregnancy can lead to complications in mother and child.
7. Other causes of CKD are acute kidney injury, autoimmune disease, congenital defects, snake bite, HIV, Hepatitis B etc.

Next was charting the course of treatment of Diabetic kidney patient.

Routine tests include..

1. Urine Routine
 2. S. Creatinine
 3. Fasting and PP Blood Sugar and Hb1Ac
 4. Look for microalbuminuria to catch CKD in early stages
- Testing 24hrs urine for protein is GOLD standard.
 - Avoid Nephrotoxic drugs especially

NSAIDS, Fluoroquinolones, Aminoglycosides, Colistin etc.

- In NON DIABETIC Interstitial Nephritis is common cause of CKD.
 - Reno protective drugs advised are.... Ace ARB, SGLT2 inhibitors, Telmisartan, Finerinine.
 - Sick Day rule should be followed. It is important to choose right patient for right drug.
 - Life Style improvement and Low salt diet (less than 5g in 24hrs) is effective to control hypertension.
 - Use of C pap at night can help reduce BP.
- Next Panel Discussion was on managing STONE disease.
- Severe colic can be due to STONE or Papillary Necrosis. KUB Sonography and CT KUB snatch the diagnosis.
 - 24 hours urine calcium levels, oxalate level, Citrate level, Na⁺ level and pH to be done to prevent recurrence.

ADVICE

1. Increased intake of citrate fruits, probiotics, decreased salt intake and ADEQUATE water intake.
 2. Patient may continue routine intake of milk and curd.
 3. Alpha blocker Tamulosin is very effective in dilating vesico ureteric junction.
- In case of PYELONEPHRITS with stone... patient should be stabilized before stone removal.
 - Recurrent Upper Renal Tract Infection can give rise to Staghorn Calculi. Functional study of Kidney, CT IVP is must before intervention.
 - Herbal Preparations may lead to Membranous Nephropathy.
 - Fairness lotions contain mercury and their use can damage kidney.



Metformin can lead to lactic acidosis and rise in serum creatinine.

- There can be CONTRAST induced Nephropathy.
- Rutoside, Mefenamic acid, long term use of PPI, Itraconazole can give rise in serum creatinine level.

KIDNEY TRANSPLANT:

Sale of organs is not allowed anywhere in the world.

Donor can be from Blood Relative/ Cadaveric/ Swap Transplant.

Success of Transplant depends on age of the patient and age of donated kidney. Post Transplant life long immunosuppressants are needed though dose decreases as years progress.

Live vaccines are avoided post transplant.

Over 250 million persons world wide are suffering from CKD.

Usually dialysis twice or thrice a week is adequate to improve quality of life of patient and family.

Hence 13th March is celebrated as WORLD KIDNEY DAY to create awareness to take care of your kidneys.

Overall it was a EXCELLENT session, very very informative. 151 delegates attended the program.

Thank you Dr Umesh Khanna and his team of Nephrologist: Dr Keyur Dave, Dr Aakash Shingada, Dr Nikita Pawar, Dr Neil Saldanha, Dr. Virendra Chauhan & Dr. Dilip Jadhav.

DR. PRANITA BHATTE WORLIKAR

Asst Secretary, CGP, IMA Mumbai West



WORLD KIDNEY DAY





INDIAN MEDICAL ASSOCIATION MUMBAI WEST BRANCH

has great pleasure in inviting you for CME

WORLD HEALTH ORGANISATION DAY

theme 2025 "HEALTHY BEGINNINGS, HOPEFUL FUTURES"

ON : SUNDAY, 6ND APRIL 2025, FROM 08.30 AM ONWARDS

AT: IMA HALL, IMA Bldg., J.R. Mhatre, Behind Chandan Cinema,
J.V.P.D. Scheme, Juhu, Mumbai - 400 049.

PROGRAM

Time	Topic	Speaker
08.30 - 09.10 am	Registration / Lucky Draw / Breakfast	
09.10 - 09.15 am	Welcome & Introduction	President / Hon. Secretary
09.15 - 09.40 am	Anemia in CKD	Dr. Arun Shah
09.40 - 10.05 am	IV iron complexes for Anemia in C.K.D.	Dr. Abhishek
10.05 - 10.30 am	Double Trouble, Navigating Allergic Rhinitis and Obstructive Sleep Apnea	Dr. Rakhi Dhotre
10.30 - 10.55 am	Interesting Cases in Dermatology	Dr. Ajay Kedia
10.55 - 11.45 am	Inauguration : Chief Guest "HEALTHY BEGINNINGS, HOPEFUL FUTURES"	Dr. Sudhir Medhekar
11.45 - 12.10 am	Diabesity....The Dual Epidemic	Dr. Archana Juneja
12.10 - 12.35 pm	Recent Advances in Uro Andrology	Dr. Sanjay Pandey
12.35 - 01.00 pm	Joy of Laparoscopic Surgery	Dr. Biswanath Gouda
01.00 pm	Vote of Thanks / Lucky Draw & Lunch	

➤ **REGISTRATION CHARGES :**

- IMA Members : **FREE**
- Eligible Non Members : **Rs. 500/-**

- MMC ACCREDITATION HAS BEEN APPLIED FOR.
- CHARGES FOR MMC CREDIT HOURS (FOR THE ACCREDITED CMEs) Rs. 60/- APPLICABLE TO ALL IMA MEMBERS DESIROUS OF CREDIT HOURS.
- 18% GST Charges are included in the above rates.
- Assured Delegate Gift to all members who register at venue before 09.15 am.

FOR REGISTRATION CONTACT : MOBILE NO. FOR SMS : 7045452656

DR. RASHMI MEHTA President **DR. MADHUBALA CHINCHALKAR** Hon. Secretary **DR. AKIL CONTRACTOR** Program Convenor



INDIAN MEDICAL ASSOCIATION MUMBAI WEST BRANCH

Organises

National Tuberculosis Elimination Program

in association with **DISTRICT TUBERCULOSIS CONTROL SOCIETY**

Tuberculosis : Sensitization & Programmatic Management

Day & Date : TUESDAY, 22ND APRIL 2024

Time : 01.00 pm onwards

Venue : IMA HALL, I.M.A. Building, J. R. Mhatre Marg, Behind Chandan Cinema, J.V.P.D. Scheme, Juhu, Mumbai - 400 049.

PROGRAMME

Time	Topic	Speaker
01.00 - 02.15 pm	Registration & Lunch	
02.15 - 02.30 pm	Welcome and Introduction	President / Hon. Secretary
02.30 - 03.00 pm	Introduction to NTEP Guideline, CYTB & TPT	Dr. Rachna Vishwajit WHO Consultant
03.00 - 03.30 pm	NTEP Guideline for DSTB	Dr. Prajay Luniya, Pulmonologist
03.30 - 04.00 pm	Treatment of DRTB / ADR Management	Dr. Parthiv Shah, DRTB Consultant
04.00 - 04.30 pm	PPSA Facilities, Question & Answer	Dr. Sunil Savalkar District TB Office (K/West Ward)
04.30 pm	Vote of Thanks	

➤ REGISTRATION CHARGES :

- IMA Members : **FREE**
- Eligible Non Members : **Rs. 500/-**

- MMC ACCREDITATION HAS BEEN APPLIED FOR.
- CHARGES FOR MMC CREDIT HOURS (FOR THE ACCREDITED CMEs) Rs. 60/- APPLICABLE TO ALL IMA MEMBERS DESIROUS OF CREDIT HOURS.
- 18% GST Charges are included in the above rates.

FOR REGISTRATION CONTACT : MOBILE NO. FOR SMS : 7045452656

DR. RASHMI MEHTA DR. MADHUBALA CHINCHALKAR DR. AKIL CONTRACTOR

President

Hon. Secretary

Program Convenor



Praises and appreciation for IMA Mumbai West from dignitaries of IMA across the country for hosting the IMA HQs Office Bearers and all State Presidents & Secretaries meeting of IMA Headquarters on 22ND & 23RD MARCH 2024.

- Congratulations and kudos to leaders of IMA Mumbai West led by Dr. Jayesh Lele, Dr. Ketan Mehta, Dr. Rashmi Mehta madam etc. for successfully hosting the meeting.
Thanks to National President sir, HSG madam, President elect sir, all Past Presidents sir and all the leaders of IMA HQ for visionary words and thoughtful discussion.
- Well organised HQ Office Bearers meeting with President, Hon Secretaries of all states. Kudos to the IMA Mumbai West branch President Dr. Ketan Mehta, Hon Sec. Dr. Rashmi Mehta & the whole Organising Committee.
- Heartfelt congratulations to the Mumbai West Branch, led by Dr. Jayesh Lele, Dr. Ketan Mehta, Dr. Rashmi Mehta, and the entire team, for their exceptional hospitality and care from the moment we arrived until our departure.
A special appreciation to National President Dr. Dilip Bhanushali and HSG Dr. Sarbari Dutta for conducting the meeting in an exemplary and efficient manner.
- Excellent meeting, very well conducted; thank you National President Dr Dilip Bhanushali, HSG Dr Sarbari Datta and Finance Secretary Dr Piyush Jain.
Thank you Dr Jayesh Lele and team Mumbai West for the warm hospitality.
- Back to Work, Back in Goa but still remembering and appreciate the amazing hospitality and professional team work. Kudos to Mumbai West for this landmark event. IMA bonding and work must continue. Best wishes to Dr Ketan Mehta sir and team.
- Excellent meeting. Very well organized and conducted. Great hospitality. Thanks everyone.
- It was a wonderful experience to attend the Presidents and secretaries, scheme convenors and IMA HQ. officials meeting at IMA House at Juhu. Right from welcome at Airport, Karl Residency hotel and at the venue of the meeting, hospitality of the host branch was appealing. Food and all other arrangements were superb. Thanks to one and all.
- Congratulations to the team IMA MUMBAI WEST for conducting an excellent meet of President and Secretaries with good hospitality.
- Very good arrangements, great learning from everyone, I thank National IMA President Dr Dilip Bhanushali and team for arranging president and Secretaries meeting at Mumbai, I thank wholeheartedly IMA Mumbai west for arrangements, food and hospitality.
- Wonderful hospitality. Spend quality time with all. Memorable one. Tq so much Jayesh Lele sir, Shobha mam, Secretary Mumbai West and the whole Organising team for your nice hospitality starting from the airport.
- Thanks to the organizers for a successful meeting. Very professionally conducted. Take care.
- Meeting was very nicely conducted. Hospitality of IMA Mumbai West branch was remarkable one. Kudus to Dr. Lele, Dr. Bakulesh Metha for their leadership.



- Thank you for an excellent meeting. Great hospitality.
- Fantastic arrangements for the national meeting of state presidents and secretaries at Mumbai Juhu we are going back with lot of information and good memories special thanks to Dr Anil Kumar Naik and Jayesh Lele sir for showing both ISCON AND SIDDI VINAYAK TEMPLES.
- Pleasant welcome, Prompt transportation and good stay along with a brain storming meeting. Well done Mumbai West office bearers. Thank you Lele sir. The pillar behind.
- Congratulations to the team IMA MUMBAI WEST for conducting an excellent meet of President and Secretaries with good hospitality.
- State Presidents & Secretaries Meet was well planned and well executed. Hearty congratulations to National President Dr. Dilip Bhanusali, HSG Dr Sarbari Dutta & Finance Secretary Piyush Jain. Thanks a lots dear Jayesh Lele & Team Mumbai West for your love and amazing hospitality.

A Big Thank you & Congratulations to IMA Mumbai West Team and IMA NHQ Team for the successful conduct of the meeting outside NHQ and also for the nice hospitality.

WELCOME NEW MEMBERS

Andheri : Dr. Vidhi Tanay Jain
Dr. Tanay Vivek Jain
Dr. Kush Rameshbhai Kela
Dr. Omkar Ramraj Halwai
Dr. Mubarakunnisa Tonse

Bandra : Dr. Badhe Satyendra Bhupendra
Dr. Sameer Kishansaroop Guliani

Kandivali : Dr. Shailesh Sambhaji Desai
Dr. Ishita Megh Mehta

Khar : Dr. Anna Philip Thomas

Malad : Dr. Ashish Vivek Shah

Santacruz : Dr. Parth Hemal Bhagat
Dr. Rohit Raghunath Kode

Vile Parle : Dr. Parthiv Naimesh Mehta
Dr. Umang Sheth

DR. RASHMI MEHTA
President

DR. MADHUBALA CHINCHALKAR
Hon. Secretary



ANNUAL DAY CELEBRATIONS





REPORT - ANNUAL DAY CELEBRATIONS

Annual Day Function of IMA Mumbai West was held on the **Sunday, 23rd March 2025**. This was a very special and unique Annual day for IMA Mumbai West this year. National President, Honorary Secretary General (HSG) HQs, and National President Elect HQs, National Vice President HQs, Maharashtra State President, Maharashtra State Secretary all were present to grace the occasion. We were honored to have them all together to grace the occasion with their esteem presence. This vibrant function brought together the Chief guest, guests of honor, dignitaries, esteemed guests and our members.

The evening started with a very informative CME for Medicine Update; four respected speakers spoke on important topics. Delegates attended in big numbers and learned important practical points. This was followed by High Tea.

The formal event started on time. The beautiful yet simple décor attracted all eyes. Honorary Secretary Dr Rashmi Mehta welcomed all the members. President Prof Dr. Ketan Mehta escorted the Chief Guest Dr. Dilip Bhanushali, National President IMA HQs. to the stage. All the dignitaries were escorted respectfully on the dais.

Traditional lighting of lamp was done by the dignitaries to the background of an invocation prayer. IMA prayer and Flag Salutation and singing of National Anthem followed.

Next, Secretary Dr Rashmi Mehta gave an outline of the Secretarial report. She gave a brief overview of the activities of the branch over the last year. Many activities were continued as a part of our tradition while some were new and some were modified. She expressed her thanks to all the support and active participation of the committee members.

Honorary secretary Dr Rashmi Mehta invited Managing Trustee Dr Akil Contractor to deliver his address. Dr Akil Contractor was felicitated by the Chief guest National President Dr Dilip Bhanushali, Guest of honor Dr. Anilkumar Nayak, Dr. Sarbari Dutta, Dr. Santosh Kadam, President Prof. Dr. Ketan Mehta, Trust board members and office bearers. The outgoing managing committee has done a commendable job. They were facilitated with gratitude. They were individually honored by Prof Dr Ketan Mehta. They were acknowledged for their dedication, tireless efforts and taking the IMA Mumbai west to greater heights. President Dr. Ketan Mehta's address was an excellent presentation of the events gone by. Formidable President was felicitated by the chief guest, the guests of honor and all the four dignitaries.

The incoming president Dr Rashmi Mehta was introduced by Dr. Ketan Mehta. She was installed formally with the President's Medallion plus keys.

The newly installed President Dr Rashmi Mehta Introduced Managing Trustee Dr Sanjay Dudhat. Dr Akil Contractor handed over the Medallion to Dr Sanjay Dudhat. Managing Trustee Dr Akil Contractor gave his blessings. He spoke about the project 'Aao Gaon Chale' which is close to his heart as well as weekly CME s. and monthly scientific programs. He asked for active participation from the members to attract more speakers and sponsorships. President Dr Rashmi Mehta introduced the new secretary Dr Madhubala Chinchalkar, who then invited Trustees, Office bearers and managing committee members. President Dr Rashmi Mehta welcomed the newly elected office bearers on the stage and managing committee members. The IMA oath was administered by the chief guest National President Dr Dilip Bhanushali. Honorary secretary Dr Madhubala Chinchalkar invited the new President Dr Rashmi Mehta to deliver her presidential address. She spoke about her plans for her tenure, IMA HQ building

ANNUAL DAY CELEBRATIONS





redevelopment.

She contributed towards IMA HQ redevelopment funds and handed over the cheque to National President HQ Dr Dilip Bhanushali.

Family members of the president Dr Rashmi Mehta were felicitated by the Managing Trustees.

The invited guests from the local neighboring associations, presidents, secretaries and other associations were felicitated. Dr Hosie Kapadia, National vice President HQ was felicitated, and he addressed the guests. Dr Vikram Pal introduced Dr Santosh Kadam, President MS who spoke about the upcoming MMC elections and mentioned the nine candidates of IMA panel contesting. He appealed to vote for them unitedly. The Past President Dr Shobha Ahuja introduced HSG HQ (Honorary secretary general HQ) and she felicitated Dr Sarbari Datta. Dr Datta addressed the guests and gave her valuable input. Dr Akil Contractor introduced National President Elect NPE Dr Anilkumar Nayak who appealed for unity among the doctors and more doctors coming forth to contribute towards the building fund of IMA HQ. The past HSG HQ and Managing Trustee Dr Jayesh Lele introduced the chief guest Dr Dilip Bhanushali. Dr Bhanushali appealed for membership drive and urged for enrolling doctors to IMA. He mentioned 'Unity is Strength'. He also appealed for contributions for IMA HQ building funds.

A Comprehensive vote of thanks was then given by our new joint secretary Dr Bhavna Patel. She thanked them for their presence and contribution to the event. Fellowship and dinner followed. It was an outstanding and a perfect evening for an IMA branch!

The new managing committee thus embarked on the new journey for a year with enthusiasm, positivity, unity, hard work, optimism and commitment to do their best to take the branch IMA Mumbai west to new heights.

Dr. Madhubala Chinchalkar

Hon. Secretary





ANNUAL DAY CELEBRATIONS

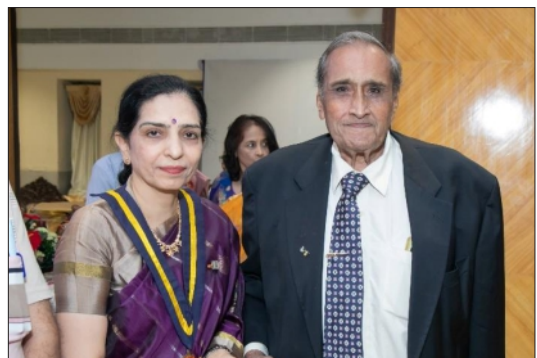




ANNUAL DAY CELEBRATIONS



ANNUAL DAY CELEBRATIONS



ANNUAL DAY CELEBRATIONS





ANNUAL DAY CELEBRATIONS





ANNUAL DAY CELEBRATIONS





REPORT : MEETING OF STANDING COMMITTEE ON FINANCE

IMA Mumbai West branch hosted the important HQs meeting of the Standing Committee on Finance on the morning of 22nd March, before the IMA HQs meeting of State Presidents and Secretaries as well as IMA HQ Office bearers (2024 - 2025) meeting alongwith the meeting of its Wings and Schemes.

All the dignitaries were provided pickup and drop from the airport. They were served breakfast at the branch.

The meeting was hosted in the Boardroom of IMA Mumbai West.

The committee was welcomed by Convenor Dr Jayesh Lele, President Dr Ketan Mehta and Hon Secretary Dr Rashmi Mehta of IMA Mumbai West branch. At the conclusion of the meeting, lunch was served to all.

DR. RASHMI MEHTA

Hon. Secretary (2024-2025)



REPORT : NATIONAL TUBERCULOSIS ELIMINATION PROGRAM

As part of National Tuberculosis Elimination program, IMA Mumbai West branch members have made a Public Awareness skit - video to make the General Public Awareness, clear certain myths and taboos about TB as well as enumerate the facilities available to the General Public by the Government for Tuberculosis treatment.

The following members participated actively in the drama/ campaign:

Dr Kinjal Modi

Dr Ramesh Rajani

Dr Bhavna Patel

Dr Lalita Joshi

Dr Rashmi Chopra

Please find attached the link of the YouTube video put in the public domain for Public Awareness : <https://youtu.be/B0latxhamYM?si=xiflM29oASdaPayN>

DR. KINJAL MODI

Program Convenor



IMA HQS OFFICE BEARERS AND ALL STATE PRESIDENTS & SECRETARIES MEETING OF IMA HEADQUARTERS ON 22ND & 23RD MARCH 2025





REPORT : IMA HQS OFFICE BEARERS AND ALL STATE PRESIDENTS & SECRETARIES MEETING OF IMA HEADQUARTERS ON 22ND & 23RD MARCH 2025

IMA Mumbai West branch hosted the IMA HQs State Presidents and Secretaries meeting and meeting of IMA HQs Office Bearers alongwith its Wings and Schemes on 22nd/23rd March, 2025. It was an honor and a privilege to have been given the opportunity.

Delegates from all States and different Wings and Schemes of IMA HQs attended the meeting. Mumbai West branch provided hospitality to all.

Arrangements were made for pickup and drop of all the arriving delegates at both airport terminals by IMA Mumbai West members in person. Breakfast was served at the branch itself.

The event started with lunch at IMA Mumbai West on 22nd March.

President Dr Ketan Mehta and Hon. Secretary Dr Rashmi Mehta of IMA Mumbai West branch welcomed all the delegates and considered it their privilege and honour to be able to do so. They invited all the dignitaries on the dias.

A formal inauguration was done with the traditional lighting of the lamp.

A booklet on "Guidelines on the Role of Micronutrients in Recovery" was released by National President Dr Dilip Bhanushali sir. This was in collaboration with P & G.

The MOC for the meeting was Jt Secretary IMA HQ Dr Srirang Abkari.

The meeting continued till 7 pm. It was followed by fellowship and dinner.

On 23rd March, we started with breakfast. The meeting continued with deliberations and reports by various State branches, Wings and Schemes of IMA HQs.

Many branches and individual members gave donations for the IMA HQ new building, leading from the front was the host branch who donated Rs 5 lakhs for the second consecutive year.

The meeting concluded with a Vote of Thanks and was followed by lunch.

All the delegates were given accommodation by IMA Mumbai West at a nearby hotel. The meals and the meetings were all at the branch itself.

Special visits to various temples were arranged by the host branch for the dignitaries. A small delegate kit was also given to all. We are grateful to past HSG, past senior VP IMA HQs and Trustee IMA Mumbai West Dr Jayesh Lele sir for being the coordinator and our guide and mentor for a smooth and effective execution of the meeting.

DR. RASHMI MEHTA

Hon. Secretary (2024-2025)



IMA HQS OFFICE BEARERS AND ALL STATE PRESIDENTS & SECRETARIES MEETING OF IMA HEADQUARTERS ON 22ND & 23RD MARCH 2025





IMA HQS OFFICE BEARERS AND ALL STATE PRESIDENTS & SECRETARIES MEETING OF IMA HEADQUARTERS ON 22ND & 23RD MARCH 2025



IMA MAHARASHTRA STATE JDN AND MSN CONCLAVE



REPORT : IMA MAHARASHTRA STATE JDN AND MSN CONCLAVE

Veritas - IMA Maharashtra State MSN and JDN conclave was hosted by IMA Mumbai West branch on Saturday, 28th & Sunday, 29th March 2025. IMA Mumbai West & Maharashtra State extended full support to young & upcoming Generation of Medical fraternity. It was attended in large numbers, delegates coming from all over Maharashtra.

The inauguration ceremony was graced by President IMA Maharashtra State, Dr Santosh Kadam and Hon. Secretary IMA Maharashtra State, Dr Anil Avhad. Senior leaders, Dr Jayesh Lele and Dr Shivkumar Utture enriched the event by their presence.

The conference was a transformative offline gathering that reimagined traditional medical education. It was a rich lineup of events that saw the students from across Maharashtra networking. There were symposia, debates, paper and poster presentation competitions. Topper's talks, Team building activities were some unique features of the conclave. Medical Quizzes and discussions on Career Crossroads were on par.

The various workshops on Suturing, Ophthalmology, Obstetrics & Gynecology, Interventional Radiology, Emergency Medicine were very popular with the students. The faculty were all teachers from the Medical Colleges and were excellent.

The event ended with a Talent Show by the students themselves.

IMA Mumbai West is proud of the students for organising such a fantastic event and will always be supportive of them.

DR. RASHMI MEHTA

President

DR. MADHUBALA CHINCHALKAR

Hon. Secretary



IMA MAHARASHTRA STATE JDN AND MSN CONCLAVE



Suturing Workshop



Debate



REPORT : IMPORTANCE OF MILLETS



Healthy Living with Millets Celebrating “**International Posun Year**” 2025, as declared by our PM Narendra Modi. We had planned this program for Special Children of Shruti School, with the permission from KDN School Guardian Trustee Dr. Manoj Patel.

The program on ‘**Super Millets**’, **Eat Nutritious and Stay Healthy & Fit** held on **Thursday 6th March, 2025** from 2.30 to 4.00 pm at Shruti School, Opp Juhu PVR Cinema. Guest Speaker, Mrs Shilpa Kumar. In addition we also Celebrated upcoming International Women’s Day, by having Cooking Competition - Dishes prepared from millets by Mothers of Shruti School Children. Will be judged by our esteemed Speaker and will be given prizes accordingly.

DR. BHAVNA PATEL
Program Convener

DR. RASHMI MEHTA
Supported by Hon. Secretary

MEDICINE UPDATE on 23.03.2025



OBITUARY

We condole the sad demise of our Senior life members.



DR. DOLATBHAI M. DESAI

from Vile Parle (W)
on 4th March 2025.

DR. MANGESH GHULGHULE

from Andheri (W)
on 10th March 2025.



DR. PRABHA KAPOOR

from Andheri (E)
on 26th March 2025.

May God give strength to their family members to
withstand this immense loss.

Dr. Rashmi Mehta

President

Dr. Madhubala Chinchalkar

Hon. Secretary

Jointly with the Office Bearers, Trustees &
Members of Managing Committee



IMA Employment and Career Facilitation Bureau



An Indian Medical Association Initiative

**Where Talent Meets
"OPPORTUNITY"**



AI Generated Image

1. For Members (Employee Vertical)

Rs. 1,000/- + Rs. 180/- (GST) = Rs. 1,180/- (Valid for One Year)

"Register yourself to Find Your Ideal Medical Job!"

2. For Healthcare Institutions (Employer Vertical):

No. of Listings	Rate (Rs.)	GST (18%)	Total (Rs.)	Validity
1	2,000/-	360/-	2,360/-	One Year
5	8,000/-	1,440/-	9,440/-	One Year
10	14,000/-	2,520/-	16,520/-	One Year

Register your Hospital/Center to choose from best available Medical talent from India

Visit: www.imacareers4doctors.com

Scan QR Code to Register Now!

Email: info@imacareers4doctors.com



DR. KETAN DESAI

CHIEF PATRON, IMA, PAST PRESIDENT IMA, WMA & MCI



DR. DILIP BHANUSHALI
NATIONAL PRESIDENT

DR. R V ASOKAN
IMM. PAST PRESIDENT

DR. ANILKUMAR J NAYAK
PRESIDENT ELECT (2025-26)

DR. SARBARI DUTTA
HONY. SECRETARY GENERAL

DR. PIYUSH JAIN
HONY. FINANCE SECRETARY

DR. JOSEPH BENAVENTE
CHAIRMAN, IMA ECFB
9447182041, 9497948975 (whatsapp)
benavenjoseph@yahoo.com

DR. SHITIJ BALI
HONY SECRETARY, IMA ECFB
9910755660
shitij.bali@yahoo.com

DR. MUNISH PRABHAKAR
HONY. FINANCE SECRETARY, IMA ECFB
9810305329
munishmona@gmail.com

DR ABUL HASAN
MEMBER, IMA ECFB
9843025300
erodecityhospital@gmail.com

MONTHLY BULLETIN OF OUR BRANCH "MEDICAL e IMAGE"

ADVERTISEMENTS TARIFF

SIZE OF PAGE
24 CM X 18 CM

Page	For IMA Members		For Other Advertisers	
	Colour	B/W	Colour	B/W
Back Cover page	7,500.00	-	10,000.00	-
2 nd Cover page	5,000.00	-	8,000.00	-
3 rd Cover page	5,000.00	-	8,000.00	-
Ordinary Full Page	4,000.00	2,500.00	7,000.00	4,000.00
Ordinary Half Page	2,500.00	1,800.00	5,000.00	3,000.00
Ordinary Quarter Page	1,800.00	1,200.00	3,500.00	2,000.00
	-	-	-	-
Centre Double Spread Check availability of specific pages from IMA – MW Office	9,000.00	4,500.00	15000.00	7,500.00
Classified Advertisements: Minimum charges Rs.250/- up to 25 words. Every additional word at Rs. 8/- per word. Maximum 45 words only.	250.00 as applicable			
Classified Advertisements: Minimum charges Rs.350/- up to 25 words. Every additional word at Rs.12/-per word. Maximum 45 words only.			350.00 as applicable	

PLUS 5% GST

1. No concession is applicable for colour pages except bulk booking.
2. The tariff for 6 monthly and annual insertions will be applicable provided the matter is not changed and full payment is made in advance. (for 5 months - 1 month free)
3. The material for printing should be sent to our office on or before 15th of the previous month.
4. All the advertisements should be booked through **IMA - Mumbai West** only. The cheque must be drawn in favour of "**I.M.A. - Mumbai West.**"

Kindly Reserve Back Cover Page / Inside Back Cover Page / Inside Front Cover Page / Four Colour Page / Bottom Box / Single Colour Full Page / _____

For Announcement of Information Pertaining To Our Nursing Home/ Hospital / Polyclinic / Diagnostic Centre / Corporation / Pharmaceuticals / Company / Firm in the IMA – Mumbai West Branch, Monthly Bulletin "Medical e Image"

I enclose payment for the same being cash /cheque no. _____

dtd. _____ drawn on _____ Branch of _____

Dated:

Signature :

The bank details for the payments are as follows:

Cheque in favour of "**IMA - Mumbai West**"

Bank Name : Indian Bank,

Bank Branch & Address : Juhu Vile Parle Dev. Scheme, 12 A, Sagar Villa,
JVPD Branch, Juhu, Mumbai - 400049

Bank Account No. : 794379560 **Account Type** : SB

Bank IFSC Code : IDIB000J020