

FEBRUARY 2013 VOLUME NO 36 ISSUE NO 11



MEDICAL IMAGE

OF IMA MUMBAI WEST

PRESIDENT : **DR. (MRS.) ALKA B. MEHTA**

HON. SECRETARY : **DR. S. K. JOSHI**

SUN., 10TH FEBRUARY 2013
Tour : PAGODA at GORAI

WED., 13TH FEBRUARY 2013
COSMETOLOGY EXTRAVAGANZA
FOREVER YOUNG LOOK

SAT., 02ND MARCH 2013
PHYSICAL & MENTAL HEALTH
FOR VIBRANT LIFE





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Director, Dept. of Hematology, Oncology
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M.D. Oncology (USA), M.D. Hematology (USA)
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Diplomate American Board of Oncology
Trained in USA for 7 years.
Email : drchiragashah@gmail.com

**Apollo Hospitals
International Ltd., Ahmedabad**

Plot No. 1-A,
Bhat GIDC Estate,
Nr. Indira Bridge,
Gandhinagar. (Gujarat)

The Apollo Clinic Andheri (E), Ph. : 022 - 28262741 / 42

For more details contact : Dr. Maulik on 076988 15156 or Mr. Hitesh on 09898831496,
Ph. : 079-26754001, or write to : vasantrao@apolloahd.com

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FOR VIBRANT LIFE

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and advertisements :*

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Website : www.imamumbaiwest.com

**Advertisement Cheques must be drawn
in favour of IMA MUMBAI WEST**

Please get your IMA Mumbai West **IDENTITY CARD**. Identity Card shall be mandatory for future events

ANNOUNCEMENT

The Sports Sub Committee of IMA-Mumbai West Branch has organised Open Table Tennis Tournaments for members of all medical associations from Bandra to Dahisar. The tournaments will be held on Sunday, 17th February 2013 at 10.30 am onwards at Prabhodhankar Thackeray Krida Sankul, Shahaji Raje Marg, Vile Parle (East).

The tournaments will include Men's Singles, Women's Singles, Men's Doubles, Women's Doubles & team events. Everyone interested in participating in Table Tennis Tournament should **Contact - Dr. Nilesh Shah - M: 93210 34968**

The Sub-Committee also has planed BRIDGE & SUDOKO Tournaments on 3rd February 2013.

CARROM & CHESS Tournaments for Members as well as children of members can be held if we have at least eight participants in each event. Members & their family members interested in participating in these tournaments are requested to give their names to Dr.Nilesh Shah-M: 9321034968.

DR. S. K. JOSHI
Hon. Secretary

DR. NILESH SHAH
Chairperson, Sport Sub Committee

INDIAN MEDICAL ASSOCIATION - MUMBAI WEST

I.M.A. Bldg., Behind Chandan Cinema, J. R. Mhatre Marg, J.V.P.D. Scheme, Juhu, Mumbai - 400 049.

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MANAGING COMMITTEE 2012 - 2013				
		TELEPHONE NOS.		
		Clinic	Residence	Mobile
President	: Dr. Mehta Alka B.	2683 2766	2683 2359	93232 32378
Imm. Past President	: Dr. Balsekar Ashok	2682 4409	2683 9164	98205 35802
Vice President	: Dr. Bhargava Priti	-	2633 0653	98338 87603
Hon. Secretary	: Dr. Joshi S. K.	2670 1418	2671 2254	99205 76506
Hon. Treasurer	: Dr. Kedia Subodh	2644 3276	2651 1297	98204 04753
Hon. Jt. Secretary	: Dr. Bhatt Mehul	2881 2427	2863 4361	93204 07074

MEMBERS									
		Clinic	Residence	Mobile					
		Clinic	Residence	Mobile	Clinic	Residence	Mobile		
Dr. Agarwal Nitin	2630 1184	2637 1686	98202 97836		Dr. Mashru Ushma	2610 2877	2610 2977	98218 72677	
Dr. Badwe Rohini	2874 6648	2686 3773	93210 24708		Dr. Parikh Hitesh	2644 1395	2641 8778	98200 22154	
Dr. Contractor Akil	2612 7481	2649 9870	98920 84360		Dr. Patel Bhavna	2612 9337	2623 5353	97731 61617	
Dr. Desai Ashok		2637 1399	98193 04432		Dr. Patel Heena	2682 3179	2620 6252	93222 38372	
Dr. Doshi Kusum	2614 1334	2614 5316	98213 77654		Dr. Patwardhan Suhas	2834 3443	2830 1985	93228 87456	
Dr. Dudhat Sanjay	2636 3737	2634 3435	98210 46063		Dr. Rajani Ramesh	2604 1593	2649 9157	98200 68330	
Dr. Gandhi Kamlesh		2877 4215			Dr. Ratnaparkhi Gajanan	2621 2525	4215 1468	98211 56115	
Dr. Gandhi Pankaj	2877 3337	2877 2658	98208 62835		Dr. Shah Nilesh	2617 4128	2614 8606	93210 34968	
Dr. Gupta Sanjay	2627 7448	2670 4406	98202 32606		Dr. Shah Nitin M.	2861 1039	2801 9735	93243 19735	
Dr. Jumani Deepak	2876 0212	2888 1063	98210 44556		Dr. Shah Subhash L.	-	-	98690 89971	
Dr. Kate Suhas	2683 3939	2834 8401	98201 47041		Dr. Shetty Umesh		2670 3639	98201 37779	
Dr. Khosla Sanjeev		2624 2630	98202 96321		Dr. Thoravade Pratibha-		-	98218 65203	
Dr. Lele Jayesh	2882 3408	2807 0340	98198 12996						

MUMBAI - WEST SUB FACULTY OF IMA - CGP				
Asst. Director of Studies	: Dr. Sanghvi Rashmikant	2882 1510	2809 1510	98200 48036
Asst. Secretary	: Dr. Shah Ronak	2883 5658	2883 5297	9323271274

MUMBAI - WEST CHAPTER OF IMA - AMS				
Chairman	: Dr. Patel Manoj	2614 6027	2623 5353	98210 27131
Asst. Secretary	: Dr. Kamdar Bipin	2612 6699	6691 9933	98200 26093

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FROM PRESIDENT'S PEN...

D

ear Friends,

“Rest in Peace Nirbhaya – We won’t” – these were the headlines of a leading English daily the day after Nirbhaya – the victim of gang-rape expired on 29th December 2012. Utterly tragic as it may appear, the undertone of the headlines were clearly clear – the entire nation is fed-up and frustrated over the outdated laws in tackling rape victims and the callous attitude of the law-makers and the law enforcers viz. the Police.

Rape, without any iota of a doubt, is a social stigma which the victim has to bear for her entire life. The investigations, further to a rape and the ultimate filing of the charge-sheet and the trial are so complex and time consuming that one wonders whether an FIR in respect of the same should have been filed at all. No wonder then most of the rape cases go unreported and this encourages the anti-social elements to take advantage of it. At this point of time one then laments the absence of strict laws in our country as compared to the ones prevalent in the Islamic countries.

The aftermath of a rape by way on absurd utterances of certain sections of the political class and the so called religious Gurus causes grave mental agony to the victim as well as the womens' group at large. The rape victims deserve a fair and a speedy trial and not

insulting utterances by certain section of the society. The law should be recast in a manner which can imbibe fear in the minds of the perpetrators of such a heinous crime.

Further to the gang-rape and brutal murder of Nirbhaya, most of the sections of the society have demanded an amendment in the law so that the accused criminal be awarded the highest form of punishment i.e. capital punishment with castration. While the topic by itself could form a separate subject of debate, there is no room for doubt that the instances of **“rarest of rare cases”** as laid down by the Supreme Court needs to be enlarged by including therein heinous cases of rape.

The above leads us to the root question as to how can we curb down instances of rape. One section of the society says that the answer to this lies in making sex education compulsory in the schools. As responsible Doctors and through the Forum of our Association we need to spread this message speedily to the Government to enable it to amend the laws and implement the idea as early as possible. There should be no jurisdiction for the filing of FIR.

Nirbhaya would not have died if she had received timely medical attention. She did not receive timely medical attention as no one on the street bothered to carry her to the nearby hospital for the fear of Police harassment. By implication this means that although one is willing to help, he or she may not venture to do so, on account of the needle of suspicion being pointed at him / her. This too is on account of the prevalent obsolete laws which need a quick review and suitable amendment so that cases are reported without any fear or favour.

Long Live IMA !

DR. (MRS.) ALKA B. MEHTA,
President
dr.bsmehta@yahoo.in



भारतीय आयुर्विज्ञान परिषद्
MEDICAL COUNCIL OF INDIA

पॉकेट - 14, सेक्टर - 8, द्वारका, नई दिल्ली - 110 077
Pocket - 14, Sector - 8, Dwarka, New Delhi - 110 077

75
YEARS

Platinum Jubilee
(1933 - 2008)

MCI-211(2)(Gen.)/2012-Ethics/

Date: 21/01/2013

To,

Dean/Principals of all the Medical Colleges,
Director of all the hospitals (exclusive PG Institutions without medical
college),
President, all the State Medical Councils.

Madam/Sir,

Your kind attention is invited to circular no. MCI-211(2)(Gen.)/2012-
Ethics/145183 dated 22.11.2012.

The said circular had called upon the doctors practicing medicine to
prescribe Drugs with Generic name as far as possible and it reads as under: -

*"The Indian Medical Council (Professional Conduct, Etiquette and
Ethics) Regulations, 2002 inter-alia prescribes as under regarding use of
generic names of drugs vide clause 1.5: -*

***"1.5 - Use of Generic names of drugs:** Every physician
should, as far as possible, prescribe drugs with generic names
and he/she shall ensure that there is a rational prescription and
use of drugs."*

*All the Registered Medical Practitioners under the IMC Act are
directed to comply with the aforesaid provisions of the Regulations without
fail.*

*You are requested to give wide publicity of the above regulation to
ensure that all the doctors practicing medicine under your jurisdiction comply
with the regulation."*

All concerned are once again urged to take necessary steps for observance of
the aforesaid provision of the Indian Medical Council (Professional Conduct,
Etiquette and Ethics) Regulations, 2002 in its letter and spirit.

Yours faithfully

(Prof. Sanjay Shrivastava)
Secretary

दूरभाष / Phone: +91-11-25367033, 25367035, 25367036 • फॅक्स / Fax: +91-11-25367024
ईमेल / E-mail : mci@bol.net.in , contact@mciindia.org • वेबसाइट / Website : www.mciindia.org

Dear Friends,

This year we are celebrating 150th Birth Anniversary of great son & philosopher of India – Swami Vivekanand (1863 – 1899). He was born on 12th January 1863 at Kolkatta in a rich family. His childhood name was Narendranath. His father Vishwanath Datt was a very successful lawyer. Though very brilliant by nature worldly attractions did not have much influence on young Narendranath. He was greatly impressed by Ramkrishna Paramhansa. Earlier young Narendranath was almost non-believer in God. Ramkrishna totally transformed him into a great believer of god & altogether changed his destiny. Those days we were not free. We were under British rule. He made the western world aware about the rich treasure of Yoga, Ayurveda, Philosophy and Philanthropy of India. He taught the west mental health, peace & solace. He taught them altogether new frontiers by popularizing famous messages of Gita, Vedas & Upanishads. The West was earlier drowned in physical comforts & luxuries & did not have any knowledge of philosophy. He popularized our ancient culture in the West and glorified the name of our country. He joined in fact, the West with East. Sister Nivedita was his great disciple & the phenomenal work and services put in by her and by her mission in India is really a

**FROM
HON. SECRETARY'S DESK...**

history. He proved that pen is mightier than the sword. He could achieve what great emperors and warriors like Alexander the Great & Napoleon Bonapart could not achieve. He popularized concepts of Indian Philosophy & people started recognising and respecting our country. On this pious occasion we offer our deepest tributes and gratitude to this great son of India. We salute him and bow down our heads to him as a mark of great respect.

I feel very satisfied and very happy to receive numerous calls & also few messages written from our colleagues congratulating us about the successful annual conference. I would like to share the credit with my co-office bearers, members of conference committee & office staff who slogged in for more than six months & contributed to success of this mega event. I thank the members for their precious feed-back.

I appeal to all my members to complete their 6 Accreditation Credit Points of Maharashtra Medical Council on or before 28th February 2013 as 6 points of First year of March / 2012 – Feb 2017/ period of Registration. This applies to all these who had renewed their registration (March 2007 - Feb 2012) in last year.

Please register in advance for interesting programme of Pagoda Tour scheduled on Sunday, 10.12.2013 as we have limited seats available.

With best regards,

DR. S. K. JOSHI

Hon. Secretary
99205 76506,
docskjoshi@gmail.com
25.01.2013

G. P. FORUM PROGRAMME

C.M.E. PROGRAMME FOR GENERAL PRACTITIONERS

**Every Tuesday
at 02.00 p.m. sharp**

Venue : **Lupin CME Auditorium**, IMA Building,
J.R.Mhatre Marg, Behind Chandan Cinema,
J.V.P.D. Scheme, Juhu, Mumbai - 400 049.

DATE	TOPIC	SPEAKER
05.02.2013	MEDICINE UPDATE	
	Approach to Chest Pain	Dr. Mahesh Shah
	Red Eye	Dr. Vaishal Kenia
	Approach to Vertigo	Dr. Bimal Shah
12.02.2013	UPDATE ON UTI	
	UTI in Adult	Dr. Arun Shah
	Advancement in Ortho & Autoimmune	Dr. Arnab Roy
	UTI in Paediatrics	Dr. Jagruti Sanghvi
19.02.2013	DERMATOLOGY UPDATE	
	Panel discussion :	Dr. R. D. Kharkar
	50 Cases in Dermatology - Diagnosis & Management	Dr. Vibha Nigale Dr. Shashikant Gwalia
26.02.2013	HEPATITIS UPDATE	
	G. P. Case Presentation	Dr. Ronak Shah
	Case Studies on Hepatitis - B	Dr. Molina Khanna
	Management of Hepatitis B - Current Concepts	Dr. Sanjeev Khanna

WEEKLY SCIENTIFIC PROGRAMME

**Lectures on Every Thursday
at 02.00 p.m. sharp**

Venue : **Lupin CME Auditorium**, IMA Building,
J.R.Mhatre Marg, Behind Chandan Cinema,
J.V.P.D. Scheme, Juhu, Mumbai - 400 049.

DATE	TOPIC	SPEAKER
07.02.2013	ELECTROLYTE DISTURBANCES	
	Hyponatremia	Dr. Ketan Mehta
	Potassium Metabolism	Dr. Sharad Sheth
	Calcium Metabolism	Dr. Gaurang Daga
14.02.2013	G. I. UPDATE	
	Surgical Management of Constipation & Faecal Incontinence	Dr. Prajesh Bhuta
	Role of Anorectal Physiology & Investigations in Management of Bowel Motility	Dr. Rajesh Sainani
	Role of Psychiatry in Treatment of Functional Bowel Problems	Dr. Jalpa Bhuta

DATE	TOPIC	SPEAKER
21.02.2013	UPDATE ON LIPIDS	
	Novel Approaches for Treatment of High Triglycerides	Dr. Jagdish Gotur
	Pitavastatin... Metabolic Edge	Dr. Ramesh Dargad
	Interpreting Lipid Profile	Dr. Mangesh Tiwaskar
28.02.2013	RHEUMATOLOGY & METABOLIC DISEASE	
	Biologics in Rheumatology	Dr. Yojana Gokhale
	Investigation in Rheumatology	Dr. Rohini Samant
	New Era of Gliptins	Dr. Rajiv Kovil

- WORKING LUNCH WILL BE SERVED FROM 01.00 PM TO 02.00 PM BEFORE EACH CME
- CGP, AMS & IMA Members who have paid Annual Fees : (**CGP: Rs. 650/- & IMA: Rs. 1300/-**) **FREE**
- CGP, AMS & IMA Members : Rs. **100/-** (Not Paid Annual Fees) (Weekly Lectures).
- Eligible Non Members : Rs. **350/-** per lecture.
- MMC ACCREDITATION HAS BEEN APPLIED FOR.
- CHARGES FOR MMC CREDIT HOURS (FOR THE ACCREDITED CMES) Rs. **50/-** APPLICABLE TO ALL IMA MEMBERS DESIROUS OF CREDIT HOURS.

DR. (MRS.) ALKA B. MEHTA **DR. S. K. JOSHI** **DR. RASHMIKANT SANGHVI** **DR. RONAK SHAH**
 President Hon. Secretary Asst. Director of Studies Asst. Secretary
 IMA - Mumbai West C.G.P. Sub Faculty

<u>WELCOME NEW MEMBERS</u>		
AD	Dr. Hede Vandita Yogesh Dr. Lal Mandakini Rajiv Dr. Pandey Rashmi Sanjay Dr. Raje Varsha Vishwas	Dr. Kanojia Anjali Sunil Kumar Dr. Mohare Yogini Arun Dr. Pandey Sanjay Jamuna Dr. Vaidya Radhakrishna G.
BL	Dr. Divekar Gargee Arun Dr. Kesarwani Siddharth S.	Dr. Joshi Ashish Anand Dr. Kesarwani Janhvi Siddharth
GG	Dr. Joshi Sonali Padmakar	Dr. Singh Sandip Jagdish
JG	Dr. Savant Shankar Shivaji	Dr. Savant Uma Shankar
KD	Dr. Bhagat Sheetal Ganesh	
VP	Dr. Dave Ojas Deepak Dr. Jain Usha Kishor Dr. Rao Nishant Uday	Dr. Dave Shraddha Ojas Dr. Pethe Anuja Saurabh
XX	Dr. Bhagat Dipti Chetan	Dr. Hingorani Raajeev Vijay
DR. (MRS.) ALKA B. MEHTA President		DR. S. K. JOSHI Hon. Secretary

THROUGH COURIER WITH PROOF OF DELIVERY

04.01.2013

NOTICE

Notice is hereby given that Annual General Body Meeting (Business Meeting) of the Indian Medical Association - Mumbai West will be held on Sunday, 10.03.2013 at 2.30 p.m. in I.M.A. Building, Behind Chandan Cinema, J. R. Mhatre Marg, Juhu, Mumbai - 400049 to transact the following business :-

AGENDA

- 1) Condolence.
- 2) To read and confirm the minutes of
 - i. Annual General Body Meeting held on Sunday, 11.03.2012.
 - ii. An Additional General Body Meeting held on Sunday, 12.08.2012.
- 3) To consider business arising out of the minutes.
- 4) To declare the results of the election.
- 5) To adopt the Annual Report of the Managing Committee covering all the activities of the branch. (The original reports of the other committees shall be appended to the above report) and to adopt various committee reports including the reports of CGP & AMS.
- 6) To pass "Annual Budget" of the branch for the next financial year (01.04.2013 to 31.03.2014).
- 7) a) To consider following resolution sent by Dr. Ashok Balsekar
"No member of the branch shall occupy the post of the Regular Member of Central Worker Committee for a period of more than 3 consecutive years."
b) To consider following resolution sent by Managing Committee
"Resolved herewith that candidates filing their nominations for the post of President, other Office Bearers & Members of Managing Committee will pay Security Deposit of Rs. 5,000/-, 3,000/- & 1,000/- respectively. Failure to receive less than 10% of all the votes polled will forfeit the Security Deposit of Candidate."
c) To discuss various amendments proposed by Managing Committee / Members if any.
- 8) To discuss the letter received from IMA – HQ regarding Trust Board Matter.
- 9) To discuss the letter received from Juhu-Parle Development Co-Operative Housing Association Ltd. (14 Societies).
- 10) Any other business with the permission of the chair.

DR. S. K. JOSHI

Hon. Secretary

Note :

- 50 members shall form the quorum for the Annual General Meeting (Business Meeting).
- If there is no quorum of the appointed time for AGM, it shall stand adjourned for half - an - hour and will be held at the end of half - an - hour period at the same place.
- Any queries regarding annual report can be sent in writing to the office upto 05.00 pm on or before 06th March 2013.

THROUGH COURIER WITH PROOF OF DELIVERY

04.01.2013

NOTICE

Notice is hereby given that Annual Election Meeting of the Indian Medical Association - Mumbai West will be held on Sunday, 10.03.2013 at 8.00 a.m. in I.M.A. Building, Behind Chandan Cinema, J. R. Mhatre Marg, Juhu, Mumbai - 400049 to transact the following business :-

AGENDA

1. To appoint Chief Election Officer.
2. To conduct elections for the following posts:
 - a) President,
 - b) One Vice President,
 - b) One Hon. Secretary,
 - d) One Hon. Treasurer,
 - e) One Hon. Joint Secretary,
 - f) One Asst. Director of Studies IMA - CGP Branch Sub Faculty,
 - g) One Asst. Secretary of IMA - CGP Branch Sub Faculty,
 - h) One Chairman of IMA - AMS Branch Chapter,
 - i) One Hon. Secretary of IMA - AMS Branch Chapter,
 - j) Twenty Five Members of Managing Committee,
 - k) 34 Branch Representatives on Maharashtra State Executive Committee,
(One post is reserved for the Hon Secretary of our branch)
 - l) 35 Branch Representatives on Central Council.
(One post is reserved for the President of our branch)
- **(As per the 2010 notification received from IMA – HQ, Member Elected on Central Council will have Membership tenure of 2 years. Hence this year there will be no election of Branch Representatives on Central Council. Representatives elected in the Election 2012 will continue in the year 2013 - 2014 as well).**

NOTE:

- No quorum shall be required for this meeting.

Dr. S. K. Joshi
Hon. Secretary

ELECTIONS - 2013

- LAST DATE FOR RECEIVING THE NOMINATION FORMS WEDNESDAY, 27.02.2013 (UPTO 2.30 P.M.)
 - SCRUTINY OF NOMINATIONS WEDNESDAY, 27.02.2013 (AT 3.00 P.M.)
 - LAST DATE FOR WITHDRAWAL OF NOMINATIONS SATURDAY, 02.03.2013 (UPTO 3.00 P.M.)
 - DATE OF ELECTION SUNDAY, 10.03.2013 (8.30 A.M.TO 2.00 P.M.)
-

THE BALLOT BOXES WILL REMAIN OPEN UPTO 2.00 P.M. IMA I. Card or Govt. Recognized Photo Identity Card Mandatory.

ACHIEVEMENTS

- Our Senior Life Member, **DR. RAMESH MEHTA** awarded **BEST OF THE BEST CLINIC OF THE GREATER BOMBAY BY GPA**, he won the best clinic award by GPA in the year 1975.
- **MS. KHUSHBOO** (14 yrs) & **MS. CHANDNI** (12 yrs) daughters of our life member, **DR. CHETAN ARORA**, have successfully completed the **KUKKIWON'S 1ST. POOM (DAB 1) TAEKWONDO PROMOTION TEST** and they are now holders of the TAEKWONDO 1st. POOM GRADE registered in the KUKKIWON.
- Our life member, **DR. SALIL CHOKSI** participated in the Standard Chartered **Mumbai Marathon** 2013 and successfully completion of the 42.195 km **FULL MARATHON**, with a timing of 5 hours 1 minute and 35 seconds, at the age of 52.

Following members participated and successfully completed **HALF MARATHON** of the above competition

Dr. Mona Shah

Dr. Jagruti Sanghvi

Dr. Mehul Bhatt

- Our life member, **DR. SURESH JANI**, has one second prize in Essay Competition on 12th Chapter (Bhakti Yog) of Bhagavat Gita organised by Chinmaya Mission, Mumbai.
- Our life member **DR. MANISH SINHA** - General Surgeon, First Prize Winner of **SINGING COMPETITION**, Pratibha 2013, in all over Maharashtra Conducted by IMA, Aurangabad.
- Our Life Member, **DR. SURESH MANE** has won 1st prize in **BEST CLINIC COMPETITION OF GPA, GREATER BOMBAY** for the year 2012 - 2013.

DR. (MRS.) ALKA B. MEHTA
President

DR. S. K. JOSHI
Hon. Secretary

BYE-LAWS FOR CONTESTING ELECTION

(Vide Constitution, Part III – Bye Laws of the Branch)

MODE OF ELECTION OF THE MANAGING COMMITTEE & TRUST BORAD

The Office Bearers and members of the Managing Committee shall hold office for a period of one year and shall be eligible for re-election as per Bye-Laws.

- (A) The Managing Committee shall invite nominations from the members of the Branch, for the posts of President, Vice President, Hon. Secretary, Hon. Treasurer, Hon. Joint Secretary, Assistant Director of Studies and Assistant Secretary of College of General Practitioner-Sub-Faculty, Chairman and Secretary of Indian Medical Association - Academy of Medical Speciality Branch Chapter and Twenty Five members of the Managing Committee. The nominations enclosed in a sealed envelope shall reach the office of the Branch, TEN clear days before the day fixed for election. Withdrawals of nominations shall be permitted SEVEN clear days before the day fixed for Election.
- (B) The valid nominations received from amongst the members of the Branch shall be put to vote at the Annual Election Meeting.
- (C) The Hon. Secretary and four Managing Committee Members nominated by the President shall scrutinize the nominations and report to the Managing Committee for necessary action. The candidate or his nominee may remain present at the time of scrutiny.
- (D) The names of the candidates contesting the election shall be mentioned in the ballot paper in the alphabetical order of their surnames in full. In case requisite nominations have not been received, the nominations shall be invited on the floor during Annual General Body Meeting at the time of declaration of the election results.
- (E) The same procedure will be followed in all other elections such as **members of the Trust Board, Maharashtra State Executive Committee & Members of the Central Council of Headquarters.**
- (F) Chief Election Officer shall be appointed by the chairperson of the meeting & chief election officer will appoint returning officers.
- (G) The ballot papers will be prepared by the Office. It will be counted and signed by Hon. Secretary before handing it over to Returning Officer. The Returning Officer will countersign the ballot papers before issuing to voters, who will have to sign the counterfoils of ballot paper.
- (H) No member shall be eligible for nomination for election or voting unless he has paid subscriptions up-to-date.
- (I) **ELIGIBILITY : -**
 - (i) President : No members shall be eligible to be elected as a PRESIDENT unless he has been a president in the past or a Vice President, Hon. Secretary, Hon. Treasurer or Hon. Joint Secretary for at least TWO full annual terms or two full annual terms of any combination thereof.

- (ii) Vice President : No members shall be eligible to be elected as a VICE PRESIDENT unless he has been Vice-President, Hon. Secretary, Hon.Treasurer, Hon.Joint Secretary for a period of not less than ONE annual term and must have been a member of the branch for period of FIVE years at the time of nominations.
- (iii) Hon Secretary - Hon Treasurer - Hon. Joint Secretary : No members shall be eligible to be elected as a Hon. Secretary or Hon. Treasurer, Hon. Joint Secretary unless he has been a member of the managing committee for a period of not less than TWO annual term & he has been a member of the branch for the period of FIVE years at the time of consideration of nominations.
- (iv) Managing Committee members : No members shall be eligible to be member of the managing committee unless he has been a member of the branch for a period of ONE full year.
- (v) No member of the Branch shall occupy the position of the member of the Managing Committee for a period of more than FIVE consecutive years including the post of Office Bearers. However, the same member shall be eligible for election after a lapse of one year.

IPP & co-opted member shall have the same eligibility as for the managing committee member. He shall be at par with the any other member except his term will not be counted for the purpose of election of as managing committee or office bearer.
- (vi) No member of the branch shall occupy the position of President for a period of more than Two consecutive years. However, the same member shall be eligible to contest for the said post any time after a lapse of one year.
- (vii) No member of the Branch shall occupy the post of Office Bearer for a period of more than THREE consecutive years. However, the same members shall be eligible to contest for the said post after a lapse of one year.
- (J) Should there be more than allotted number of candidates for any office, the voting shall be by secret ballot preferably by electronic voting machine.
- (K) In case of a tie, the Chairperson shall give his casting vote.

(L) ELECTION OF MEMBERS TO THE MANAGING COMMITTEE

- (i) No compulsion to caste vote for each suburb.
- (ii) Total number of votes not more than 25. One member from each suburb who secures highest number of votes shall be declared elected from that suburb from Bandra to Dahisar. Remaining 14 members shall be declared elected according to declining number of votes in favor of the members irrespective of the suburb to which he / she belongs.
- (M) Till such time that branch CGP - Sub Faculty & Branch IMA - AMS Chapter adopts its constitution. Following eligibility shall apply.
 - (i) Election of IMA - CGP - Sub Faculty

Asst. Director of Studies / Asst. Secretary	
Member of the branch	: 3 years
Member of the sub - faculty	: 1 year

(ii) Election of IMA - AMS Chapter

Chairman / Secretary

Member of the branch : 3 years

Member of the IMA-AMS Chapter : 1 year

All the members of the branch shall be entitled to vote for the above posts of (i) & (ii). No member will hold the post for more than THREE years consecutively.

4 ELECTION TO THE CENTRAL COUNCIL AND MAHARASHTRA STATE EXECUTIVE COMMITTEE : -

The procedure for election of the Central Council and Maharashtra State Executive Committee shall be the same as for the election of the Managing Committee subject to the following conditions:-

- (A) No member shall be eligible to be elected to the Central Council or Maharashtra State Executive Committee unless he has been a member of this Branch for at least two years and has been a member of the Managing Committee of this Branch for at least one year at any time.
- (B) One seat in the Central Council shall be reserved for the President of the Branch while the remaining shall be by election, or if need be by selection.
- (C) One seat in the Maharashtra State Executive Committee shall be reserved for the Hon. Secretary of the Branch while remaining shall be by election, or if need be by selection.
- (D) Any vacancy for the Central Council / Maharashtra State Executive Committee shall be filled in by the Managing Committee.
- (E) No member shall be eligible to be elected to the Central Council and or Maharashtra State Executive Committee for more than five consecutive years provided there is election and he / she will be eligible for election after a lapse of one year.

4 (A) MODE OF ELECTION OF TRUST BOARD : -

Election procedure for the election of board of trustees shall be governed by the following criteria. It shall be held during the annual general election.

ELIGIBILITY & PROCEDURE FOR ELECTION : -

1. He / She should have been President of the Branch for at least one full term.
Or
Deposit/Life members of the association for not less than 15 years and
Member of the managing committee for not less than 5 years and
Office bearer for not less than 3 full terms.
2. Initially Board of Trustees shall consist of 5 members elected at the Annual General Body meeting for 5 years in the 1st place. In the initial 5 years, one of the members of the board of trustees will retire at the end of 3rd year, two at the end of

4th year and remaining two at the end of 5th year. The retirement will be by the number of votes in the first election or as per the lots drawn. Member with least number of votes will retire first. Subsequently rest of the members will retire as per the number of votes as per ascending order.

3. The retired trustee will be eligible for re-election, but not for more than two consecutive terms. If he/she desires or else in his place, any other life member eligible as in (1) above can contest the same to be elected by the general body. In case no nominations are received the trust board will be empowered to fill in the vacancy by a member who is eligible as in (1) above.
4. After initial 5 years, at the end of every year one of the trustees will retire by rotation, as one who is elected earlier should retire first and when the election was for more than one candidate it shall be decided by the number of votes. The one with the least number of votes shall retire first.
5. No member of the Trust Board shall be allowed to contest for any other post in the managing committee. The member cannot apply for both the posts i.e. the managing committee as well as the trust board. Member applying for both posts i.e. Trust board, office bearers / managing committee member shall be disqualified for both unless a candidate applying for both the posts i.e. trust board, office bearer / managing committee withdraws his nomination before the withdrawal date.
6. Managing Trustee of the board of Trustees shall be elected by the Board of Trustees. The tenure of the above said post will be for one year. The Managing Trustee cannot hold the post for more than three consecutive years.
7. The President, Hon. Secretary, Hon Treasurer of the branch will be ex-officio members on the Board of Trustees. They will have rights to deliberate, discuss and exercise vote in the meetings. A minimum of 3 members of the board of trustees shall be present for any meeting of the Board. In case of a tie, the managing trustee shall exercise the right of a Casting Vote.
8. In case of a vacancy in the Board of Trustees, Trustees of the Board, will have right to select a member as one of the Trustees on the Board for remaining period of the year from amongst the members of the association fulfilling the criteria for the above said post.
9. Member of the Trust Board, desiring to contest for the office bearer / managing committee member shall resign from his membership of Trust Board before putting in his application for office bearer / managing committee member of the branch.

PLEASE NOTE :

Trust Board of IMA – Mumbai West was dissolved at Extra Ordinary General Body Meeting held on 01st January 2012. And subsequently minutes confirmed in ordinary general body meeting held later on 1st January 2012 and hence election for the trust board will not be held.

PUBLIC HEALTH & WELFARE SUB COMMITTEE - REPORT

1) We had arrange a camp on Sunday, 6th January 2013. Blood Pressure, Diabetes and Orthopaedic Camp at MOSQUE, Near Juhu Garden, Santacruz - West. 125 Patients were screened for Hypertension, Diabetes, Neuropathy, and



Orthopaedic problems. It was attended by Dr. Razia Contractor, Dr. Akil Contractor, Dr. Alka Mehta, Dr. Bakul Mehta, Dr. Amit Parekh, Dr. Ikram. Dr. Atiq and volunteers from medical companies. Free samples were distributed to the poor and needy. We have proposed to arrange such camps at regular intervals. Work of IMA was well appreciated by the trustees and they requested our president to come often with her team of doctors and help the needy. It was also proposed to start a regular charitable clinic under the guidance of Dr. Razia contractor and Dr. Akil contractor.

2) IMA – Mumbai West observed IMA Community Service Day (15th January). We had arranged a Camp on Sunday, 13th January 2013 at Nirmal Nagar Police Station KHAR - East. 100 police personnel were given a thorough medical check-up, Blood Pressure, Blood Sugar, ECG, Neuropathy, Bone Densometry, peak flow readings and a Orthopaedic Check-up. Our work was well appreciated and had visitors like two local MLA 'S and Two Corporators. The medical reports were given in a plastic file specially made for the camp and our work was appreciated by one and all. We propose to take up such camps regularly at different police stations.



This camp was attended by our president dr. Alkatoi Mehta, Dr. Bakul Mehta, Dr. Razia Contractor, Dr. Akil Contractor. Dr. I. Deshmukh and Dr. Naem. And of course another 20 volunteers from different Pharmaceutical Companies.



DR. AKIL CONTRACTOR

Chairman,
Public Health & Welfare Sub Committee

WOMEN'S WING PROGRAMME – A REPORT



Women's Wing programme on **SATURDAY, 19TH JANUARY 2013, TRICK AND TREAT** for skin-glow was very interesting and well attended by 67 ladies.

Meiji India Pvt. Ltd. presented the orally consumable Amino-Collagen Powder for 'Youthful Skin', and avoiding the chemical cosmetic cream. Programme was conducted by Mrs. Urmila Zutshi and her team of Beauty Therapists, who unveiled the secret behind eternally younger looking skin. There was live demonstration of Face enrichment and Beauty treatment using things from our own kitchen



We celebrated Haldi Kumkum and distributed Til-gul.

DR. BHAVNA PATEL

Chairperson

Women's Wing Sub Committee

REPORT OF MOVIE SHOW

Our branch had organized a special show Hindi Movie – "**DABANG - 2**" on morning of **SUNDAY, 23RD DECEMBER 2012** at Fun Republic, Andheri (W). It was well attended by around 110 members & their families & appreciated by one & all.

DR. MEHUL BHATT
Hon. Joint Secretary &
Programme Co-ordinator

DR. S. K. JOSHI
Hon. Secretary

WOMEN'S WING SUB COMMITTEE
of
INDIAN MEDICAL ASSOCIATION - MUMBAI WEST

Presents

“COSMETOLOGY EXTRAVAGANZA FOREVER YOUNG LOOK”

on the occasion of **“Valentine’s Day”**

Reverse years of aging in minutes!!

My Dear Lady Members,

Get set to party in style for valentine day,

You are cordially invited to the State-of-Art Cosmetology Centre for a Lecture – Demonstration to deal with various Cosmetic problems pertaining to Skin, Hair and Nails.

The branch of cosmetology is nothing but science of beautifying either decorative, protective or remedial. So let us know and learn it from an expert in the field of Dermatology & Cosmetology by our own member **Speaker : Dr. Kalpana Sarangi MD (SKIN)**

Day & Date : WEDNESDAY, 13TH FEBRUARY 2013 - Valentine Day Eve
Time : 02.00 pm
**Venue : Dr. Balabhai Nanavati Hospital, Auditorium Level II,
Vile Parle - West, Mumbai - 400 056.**
RSVP : Prior Registration is Must for arrangements.
Victuals : FREE

► **The programme will be followed by High Tea**

► **Sorry guys, its only for lady members**

FOR REGISTRATION CONTACT :

MS. APARNA / MS. SEEMA / MS. SUNITA
IMA OFFICE, TEL. NOS : 2620 6517 / 2625 4368

DR. (MRS.) ALKA B. MEHTA
President

DR. S. K. JOSHI
Hon. Secretary

DR. BHAVNA PATEL
Chairperson
(97731 61617)
WOMEN'S WING SUB COMMITTEE

CULTURAL & WOMEN'S WING SUB COMMITTEES
OF
INDIAN MEDICAL ASSOCIATION - MUMBAI WEST

Organise & Invite you to

An excellent opportunity to escape from busy routine life to serene spiritual atmosphere of the World famous PAGODA at GORAI

PROGRAMME :

Day Date : **SUNDAY, 10TH FEBRUARY 2013.**

- ▶ 07.30 a.m. to 08.00 a.m. : Breakfast & Tea at IMA Hall, Juhu.
- ▶ 08.00 a.m. proceed to Pagoda from IMA - Mumbai West Branch
- ▶ 08.30 a.m. to 02.00 p.m. : Guided Tour of Pagoda with **MEDITATION, EXHIBITION & SHORT FILM**
- ▶ 12.30 p.m. : Lunch at Pagoda Canteen.
- ▶ To & Fro Transport from IMA - Mumbai West to Gorai has been arranged.
- ▶ Victuals will be Rs. 125/- per person.
- ▶ Limited Registration on first come first served basis.
- ▶ So please register before 05th February 2013 to avoid disappointment.

The center of the Global Vipassana Pagoda contains the world's largest stone dome built without any supporting pillars. The height of the dome is approximately 29 metres, while the height of the building is 96.12 meters, which is twice the size of the previously largest hollow stone monument in the world, the Gol Gumbaz Dome in Bijapur, India.

The aim of the pagoda complex is, among others, to express gratitude to Gautama Buddha for dispensing what followers believe is a universal teaching for the eradication of suffering, to educate the public about the life and teaching of the Buddha, and to provide a place for the practice of meditation.

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IMA OFFICE, TEL. NOS : 2620 6517 / 2625 4368

DR. (MRS.) ALKA B. MEHTA
President

DR. S. K. JOSHI
Hon. Secretary

DR. ROHINI BADWE
Chairperson, Cultural Sub Committee
(93210 24708)

DR. BHAVNA PATEL
Chairperson, Women's Wing Sub Committee
(97731 61617)

WOMEN'S WING SUB COMMITTEE
of
INDIAN MEDICAL ASSOCIATION - MUMBAI WEST

presents

“PHYSICAL & MENTAL HEALTH FOR VIBRANT LIFE”

“Yoga” - the ancient Indian school of exercises, which can establish harmony between our Mind, Body & Soul.

For a change let the Hall be converted into “Yoga Class Room”!!!

So Get, set and Go....

- ▶ Come in comfortable clothes;
- ▶ Try to have your lunch 3 hrs before our meeting. Be a good student and follow the instruction given by,

Yoga Expert : श्री. मिश्रीलालजी चौधरी
'प्रेक्षाध्यान' के उपासक एवम प्रचारक तन, मन और आत्मा की उन्नति के लिये
ध्यान एवम अन्य उपासना के प्रयोग करवायेंगे ।

He will show us different यौगिक क्रिया like, मंत्र और रंगोके ज्ञान के माध्यमसे और कुदरती प्रयोगोसे मानसिक एवम शारिरीक सुसज्जता जानने की प्रक्रिया दिखायेंगे ।

ALL ARE WELCOME

Day & Date : SATURDAY, 02ND MARCH 2013

Time : 02.00 pm
**Venue : I.M.A. Building, 2nd Floor Hall, J. R. Mhatre Marg,
JVPD Scheme, Juhu, Mumbai - 400 049.**
RSVP : Prior Registration is Must for arrangements.
Victuals : FREE

▶ **The programme will be followed by High Tea**

FOR REGISTRATION CONTACT : **MS. APARNA / MS. SEEMA / MS. SUNITA**
IMA OFFICE, TEL. NOS : 2620 6517 / 2625 4368

DR. (MRS.) ALKA B. MEHTA
President

DR. S. K. JOSHI
Hon. Secretary

DR. SUBHASH L. SHAH
Programme Co-ordinator
(97731 61617)

DR. BHAVNA PATEL
Chairperson
WOMEN'S WING SUB COMMITTEE

IMPORTANT ANNOUNCEMENT

Dear Members,

Please check the website <http://www.maharashtramedicalcouncil.in/login.aspx> & send corrections regarding any changes as under directly to MMC.

- If any correction of Renewal of registration is solicited, kindly provide by email on our council website i.e. mmcrenewalregcorrection@gmail.com
 - a) Address
 - b) Telephone Number
 - c) Photo
 - Can be corrected on suggestion from personal email.
- If any correction in Registration Number, Name, Qualification, University please send a letter with attested zerox copy of registration certificate of Maharashtra Medical Council, immediately. (Attestation can be done by MMC members, IMA President, Dean of Medical Colleges, Civil Surgeon.)
- If any correction in College Name please send a letter with attested zerox copy of bonafide certificate from college, immediately. (Attestation can be done by MMC members, IMA President, Dean of Medical Colleges, Civil Surgeon.)
- If any correction in Date of Birth please send a letter with attested zerox copy of
 - A. School or College leaving Certificate
 - B. Birth Certificate
 - C. SSC/HSC Passing Certificate of Board
 - D. Passport
 - E. Pan Card(Attestation can be done by MMC members, IMA President, Dean of Medical Colleges, Civil Surgeon.)
- If any Post Graduate Qualifications registered with Maharashtra Medical Council but not seen in our data base please send a letter with attested zerox copy of registration certificate of Maharashtra Medical Council, immediately.
(Attestation can be done by MMC members, IMA President, Dean of Medical Colleges, Civil Surgeon.)
- If not registered Post Graduate Qualification with Maharashtra Medical Council please download the Additional Qualification Application from our website i.e. maharashtramedicalcouncil.in (in download option) and other information is available in instruction option in our website including attestations.

DR. S. K. JOSHI

Hon. Secretary

IMPORTANT ANNOUNCEMENT

CLINICAL GROUP MEETING WILL BE HELD
ON
FRIDAY, 22ND FEBRUARY 2013 AT 03.00 PM
OPEN TO ALL IMA MEMBERS.

A STORY OF CHILD DEVELOPMENT!

Dear Friends,

Greetings from New Horizons Child Development Centre !

It is our privilege to invite you to join us on 10th February 2013 to celebrate 10 years of Inclusion for children!

What started as a small step on **10th February 2003**, with one child, one therapist and one room, in a few months grew to a multidisciplinary, under one roof, self-funded, privately managed, child-centric Institution with

- Developmental Pediatrics
- Pediatric Neurology
- Pediatric Orthopedic Surgery
- Clinical Psychology and Counseling
- Occupational Therapy
- Physical Therapy
- Remedial Education
- Speech and Language Therapy.

New Horizons has now blossomed into three centres across Mumbai (Goregaon, Santa Cruz, Bhandup), three visiting schools, a staff of 50, and most important, has more than nine thousand children from 0 to 18 years who received **Assessments AND Therapy in an integrated manner under the continuous monitoring of one Developmental Pediatrician!**

New Horizons Child Development Centre is the journey of a mission that began with no resources, no previous experience of administration, no established model, but with only the vision that children and families with developmental, behavioural, psychological, educational and adolescence related problems like Learning Disability (Dyslexia), Slow Learners, Delayed Development, Cerebral Palsy, Autism, Hyperactivity/Inattention, Mental Subnormality, Speech Disorders, Clumsiness, Low Self Esteem and

Motivation, Congenital Anomalies, School Phobia, Depression, Anxiety, etc., need a Centre where they can get an honest opinion from multi disciplinary **EVALUATIONS AND multi disciplinary THERAPY REHABILITATION both**, at one place and under the continued supervision and monitoring of the same Developmental Pediatrician. This unique Centre thus offers a complete, one-stop, affordable, end-to-end solution for the child's issues covering home, school and play.

This mission has been possible without any external (Governmental/Non Governmental) funding and is self funded by the children receiving care-this is because we believe, **accountability** to the patient is the most fundamental driver of Effort, Quality and Results, and helps us stay focused and child-centric!

We strive to achieve our mission through our **CORE** philosophies, which indeed have come to us as a part of our learning and experience. These are :

Every Child Can Do Better!

(Every child can benefit with a scientific **TEAM** result-oriented approach)

From Label to Enable!

(Diagnosis has to be accompanied with result oriented Therapy)

From Strengths to Weaknesses!

(Begin with what the child **HAS** achieved and then target what the child has not)

At New Horizons Child Development Centre, no mother is handed a sheaf of papers with a diagnosis and then told to fend for herself!

Every mother is instead hand-held via an approach where she is **shown how her**

Child will definitely do better with the

scientific, evidence based power of a TEAM of dedicated multidisciplinary professionals who are not limited by their own discipline, but who coordinate as a **TEAM to provide whatever the child needs!**

And no reward is more fulfilling than the confident laughter of a child, the happiness of hope on a parent's face and the discovery that this journey has been one of self-development for the TEAM members, too!

New Horizons Child Development Centre is a place where this reward has accrued every single of these past 3,650 days!

This would not have been possible without the support, encouragement, guidance and good wishes received from YOU!

We consider ourselves blessed as we humbly beseech you to join us all to celebrate this day !

Warm Regards,

on behalf of TEAM NHCDC,

DR. SAMIR H DALWAI,

MD, DCH, FCPS, DNB, LLB,

Developmental Pediatrician,

Founder-Director, New Horizons Child Development Centre,

Honorary Consultant, LD Clinic, Lokmanya Tilak Municipal General (Sion) Hospital and Medical College,

Member, Young Parliamentarians' "Citizens' Alliance Against Malnutrition",

Member, Expert Panel, Maharashtra State Commission for the Protection of Child Rights,

www.enablemychild.org

+91 9820026503,

022 65711586 (Goregaon),

+91 9819224415 (Santa Cruz),

022 65287397 (Bhandup)

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GROUND FLOOR, JOGESHWARI (W).

Please contact : 98335 66991 / 93237 330

बृहन्मुंबई महानगरपालिका

सार्वजनिक आरोग्य खाते

आअ/८०८/विलका दि.०७-०६-०८

प्रेषक,

सहाय्यक आरोग्य अधिकारी (विलका),

एफ्/दक्षिण विभाग, म्युनि. कार्यालय,

२ रा मजला, रूम नं. ३२, भातणकर मार्ग,

परेल, मुंबई - ४०० ०१२.

प्रति,

डॉ. सतिशचंद्र रघुनाथ शेणाई.

२०२, गौरव अपार्टमेंट, गोकुळधाम,

गोरेगांव (पू.), मुंबई - ४०० ०६३.

संदर्भ : आअ/२२४१/कु.क.व. मा.बा.स.दि. ०४-०६.०८.

उप कार्यकारी आरोग्य अधिकारी यांजकडून प्राप्त झालेल्या माहितीच्या अधिकार अंतर्गत विचारलेल्या प्रश्नांची उत्तरे पुढीलप्रमाणे :
अर्जदारास आवश्यक असलेल्या माहितीचा तपशील : बृहन्मुंबईमध्ये सार्वजनिक ठिकाणी आयोजित केलेल्या आरोग्य
विषयक (विशेषतः लसीकरण) शिबीरांचा कायदेशीरपणा.

‘शिवाजीनगर रहिवासी मंडळ’ यांनी आयोजित केलेल्या शिबीराबाबत उपस्थित केलेल्या अर्जदाराच्या प्रश्नांची उत्तरे :

प्रश्न १) : वरीलसारखी लसीकरणाची शिबीरे सार्वजनिक ठिकाणी आयोजित करण्यास महापालिकेची विना अट
संमती असते का ? अटी असल्यास त्या कोणत्या ?

उत्तर : सार्वजनिक ठिकाणी सेवाभावी मंडळांना लसीकरण शिबीरे आयोजित करण्यासंदर्भात राज्य सरकारच्या
आरोग्य खात्याने संपूर्ण मनाई केलेली आहे.

प्रश्न २) : अशा शिबीरांसाठी महापालिकेकडून प्रत्येकवेळी परवानगी घ्यावी लागते का ?

उत्तर : महापालिका अशी कुठलीही परवानगी देऊ शकत नाही.

प्रश्न ३) : शिबीरे घेण्याच्या जागा आरोग्यदृष्ट्या सुरक्षित असल्याची आगाऊ खात्री महापालिका करून घेते का ?

उत्तर : वरील १ मध्ये दिलेल्या उत्तरानुसार हा प्रश्न लागू होत नाही. (Not Applicable)

प्रश्न ४) : शिबीरा संबंधातील पत्रकांतील मजकूराचा खरे खोटेपणा महापालिका पडताळते का ?

उत्तर : वरील १ मध्ये दिलेल्या उत्तरानुसार हा प्रश्न लागू होत नाही. (Not Applicable)

प्रश्न ५) : सोबतच्या कार्डाप्रमाणे भरविलेल्या शिबीराच्या आयोजकांनी आवश्यक ती परवानगी महापालिकेकडून
घेतली होती का ? या संबंधातील खरे खोटेपणा महापालिकेने पडताळून पाहिला होत का ?

उत्तर : सदर परवानगीच राज्य सरकारच्या आरोग्य खाते यांच्या आदेशानुसार महापालिका देऊ शकत नाही, खरे
खोटे पडताळणीची जबाबदारी महापालिकेची नसून संबंधीत विभागीय पोलिस ठाण्याची आहे.

सहाय्यक आरोग्य अधिकारी (विलक)

STEM CELL TRANSPLANT (PART- 9)

Welcome to ninth part of a series on STEM CELL TRANSPLANT, for Diseases of Blood

– Benign and Malignant.

Question: Dr. Chiragbhai, we are glad to know that you have now started visiting Mumbai on First Saturday of every month, at Apollo Clinic, Andheri. We discussed in last part about CML and transplant. It was interesting to note about the role of **GVL**-graft v leukemia effect, **RIC** – reduced intensity transplant, and role of **DLI**-donor lymphocyte infusion.

Now can you tell us something about role of transplant in the most dreaded of the cancers i.e. AML- acute myeloid leukemia.

Ans: Yes, AML is the most dreaded of all the cancers. The recent best seller book “Emperor of Maladies” talks about cancer as the king of all diseases, but even among all cancers it places AML first, the emperor of emperors. Hence, there has been a lot of work in field of SCT for improving cure rates in AML.

Que: Where exactly is it applied in AML?

Ans: SCT/BMT is used in AML in two main areas:

1. **Consolidation** – as a preventive option to reduce relapse rate, as part of initial therapy of AML.
2. **Relapse** – as the salvage therapy once AML has relapsed after initial therapy.

Que: Ok. So this is a bit different. Mostly SCT is utilized in patients with relapsed disease, as the last option for cure. But here you are talking about transplant as part of initial therapy, something like in myeloma.

Ans: Yes. Transplant has a big role in AML to reduce risk of relapse, thus improving cure rates, as part of initial therapy. This is important since many patients do not survive a relapse or are too sick at time of relapse to undergo a major treatment like this or do not survive for sufficient time to initiate transplant.

AML treatment consists of induction chemotherapy, followed by consolidation. Induction is standard for most subtypes. Consolidation therapy consists of **either** high dose cytarabine for 3-4 courses **OR** transplant.

Patients are divided in three risk groups based on cytogenetics (and more recently additional help of molecular markers, even with normal cytogenetics).

1. **Good** risk patients are offered high dose cytarabine for 3-4 courses. Autologous transplant (using patient’s own stem cells collected from blood) is also an option, based on published data and NCCN guidelines.
2. **Intermediate** risk patients are offered either Allogeneic transplant from a matched family member or Autologous transplant (if allogeneic transplant is not feasible, such as no match in family). In countries where it is feasible and safe, MUD (matched unrelated donor) transplant is also an option, however with more risk.
3. **High** risk patients are offered Allogeneic transplant, including MUD or Cord blood transplant.

In next article, we will talk about the cytogenetics, molecular markers, and results of SCT – magnitude of improvement in survival, side effects, and how these affect decision making in transplant for an individual patient, especially in INDIA.

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Mayor of Mumbai

Hon'ble Prof Dr. Chandra Krishnamurthy
Vice Chancellor, Pondicherry University

Hon'ble Shri Subhash Desai
Member of Legislative Assembly

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Hon'ble Dr. Y. K. Amdekar
Eminent Pediatrician

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Member of Parliament,
will Preside over the Program

Looking forward to your gracious presence,

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Hon'ble Shri Hasan Sharif Dalwai
Chairman, Dalwai Educational Trust

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