

JULY 2012 VOLUME NO 36 ISSUE NO 4



MEDICAL IMAGE

OF IMA MUMBAI WEST

PRESIDENT: DR. (MRS.) ALKA B. MEHTA

HON. SECRETARY: DR. S. K. JOSHI

- SUN, 1ST JULY 2012 : MEDICINE UPDATE 2012**
- SAT, 07TH JULY 2012 : POST GRADUATE WORKSHOP ON AIRWAYS DISEASE**
- SUN, 08TH JULY 2012 : DENTAL UPDATE**
- SUN, 08TH JULY 2012 : IMA MOVIE CLUB: BOL BACHCHAN**
- SAT, 14TH JULY 2012 : EDUCATIONAL PROGRAMME FOR PG STUDENTS/RESIDENTS**
- SUN, 22ND JULY 2012 : LASER & PLASMA THERAPY**
- SUN, 05TH AUGUST 2012: SYMPOSIUM ON HIV/AIDS**

SUNDAY, 1ST JULY 2012

Doctor's Day





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For more details contact : Dr. Maulik on 076988 15156 or Mr. Hitesh on 09898831496,
Ph. : 079-26754001, or write to : vasantrao@apolloahd.com

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SUNDAY, 22ND JULY 2012
LASER & PLASMA THERAPY

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Published by : IMA MUMBAI WEST

Contact for write-ups, articles, interviews and advertisements :

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APPEAL FOR MEDICAL EDUCATION SCHOLARSHIPS

IMA – Mumbai West Awards Scholarships of Rs. 25,000/- each, every year to third M.B.B.S. Students, selected by certain fixed criteria. Donations for these scholarships are received from members in two forms.

- a) An amount of Rs. 3 lacs (in memory of their loved ones). This amount forms a corpus for a scholarship. These scholarships are awarded as - **“(NAME OF THE DONOR or their loved ones) – IMA – MUMBAI WEST SCHOLARSHIP”**.
- b) An amount of Rs. 25,000/-. This amount is awarded as scholarship for the particular year. It is awarded as **“IMA – MUMBAI WEST SCHOLARSHIP”**.

The number of these scholarships will increase or decrease depending on the number of Rs. 25,000/- donations received in any particular year.

Members desirous of contributing to these scholarships can do so whenever they desire. Members may contact IMA office for the same. Donation given qualify for Income Tax deduction under section 80(G)

INDIAN MEDICAL ASSOCIATION - MUMBAI WEST

I.M.A. Bldg., Behind Chandan Cinema, J. R. Mhatre Marg, J.V.P.D. Scheme, Juhu, Mumbai - 400 049.

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FROM PRESIDENT'S PEN...

Dear Friends,

Doctor – Public Relationship

The doctor - public relationship was very good once upon a time. Nowadays because of multifactorial reasons this noble relationship is wrecked. The collective responsibility for the same is contributed by so many factors. Doctors also are responsible for the strained relationship in addition to the contribution by Society, Press Cinema TV & Media Govt., Religious Leaders, Police, Politicians, judiciary etc.

Once upon a time our profession was respected very well by the society. Then the civil law cases started creeping little by little, subsequently our profession was included under the purview of the consumer protection act. CPA was considered as a hanging sword above the head of every practitioner. Then the doctors started defensive practice to safeguard from CPA. Thanks to Kerala State - IMA which started Professional Protection Scheme, which was very successful & spreaded to National IMA & also to other States. IMA started winning majority of the cases. The success rate in civil & consumer cases gradually increased and safeguarded the doctor members. Then people started filing criminal cases against doctors. The public tried to put doctors behind the bars. The no. of criminal

cases and the arrest were on the increase to several fold year by year. Thus situation of medical practice was put into a tough position because of the criminal litigation.

The laudable judgment from the Supreme Court came to the rescue from the very bad situation. Now the doctors are little relaxed, and by showing the supreme court judgment to the police officers, the arrest of doctors and harassment from IPC – 304 A is curtailed. The police started filing cases under crpe 174 (suspicious death) and after getting opinion from expert and the result of postmortem report, only if this is gross negligence or carelessness by the doctor.

But the reckless public were unhappy and unsatisfied about the S.C. Judgement and they were searching for some other mode to harass the doctors. They started attacking hospitals, doctors and paramedical staff. This trend spread all over India like forest fire, and because of this the Andhra govt. brought out the Andhra Pradesh Hospital Protection. Ordinance, wherein hospital attack in a non-bailable offence and 3 years imprisonment with fine upto Rs.50,000/- for the culprits as punishment. This judgement also got some protection for the medical practice and will definitely have an impact over the litigations and harassment to the doctor population by dragging them to the civil, criminal and consumer courts in the future years to come. Such is the drastic change in the outlook of our IMA nowadays. The membership of IMA has started increasing. IMA is more united. IMA is considered as a 'Doctor friendly Association and the savior of Medical Profession'.

IMA being the biggest medical NGO of India should take care of the needy and downtrodden public and improve quality of life in and around us. Community service is the 'heart beat' of any NGO. We should have cordial relationship with social leaders, religious workers, respectable people in the society including politicians. We should have good liaison with the press, TV and other Medias. In case of some twisted news, we should arrange for press meet in the capacity of IMA to rectify

the false and twisted news item. IMA should have a 'Health Channel' or at least a slot in some regular TV Channel to give health relative messages and facts to the public. IMA should also have Health related journals periodically for public in local language at least at the state level. By observing National international designated health related days we can enhance our image with the Govt. & also with the public at large.

We should have partnership with other NGO like Rotary, Lions, Jaycees, YMCA etc. for the community service projects.

We should strike hard to change the social face of our profession and rebuild the lost name and fame of our profession from the public.

Everything is in the hands of our doctor population to enhance Doctor – Doctor, Doctor – Patient & Doctor Public Relationship from the deteriorating trends in all respects.

Let us act and bring laurels and nobility to our traditionally Noble Profession by our Doctor - Public Relationship.

Thanking you,

Long Live IMA !

DR. (MRS.) ALKA B. MEHTA

President
dr.bsmehta@yahoo.in

===== WELCOME NEW MEMBERS =====

Andheri	Dr. Bhatt Hitesh Jayant Dr. Bhat Sachin Ramesh Dr. Damodaran Rajan T. Dr. Pilankar Samir Prabhakar Dr. Sabri Arif Husain	Dr. Bhatt Bela Hitesh Dr. Chavan Vikasini Narendra Dr. Jashnani (Punjabi) Seema Dr. Pilankar Rajmati Samir Dr. Sabri Ghazala Arif
Bandra	Dr. Bhangne Snehal Ashok Dr. Kantharia Yogesh Khandubhai Dr. Shah Nandish Shantilal	Dr. Kadam Ajit Madhav Dr. Kulkarni Manisha Mukund Dr. Shah Priya Nandish
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Dahisar	Dr. Menezes Merlyn Rohan	
Goregaon	Dr. Nabar Amit Dilip	Dr. Nabar Anagha Amit
Kandivli	Dr. Bansode Sandeep Vishwanth	Dr. Sharma Rakhee Satish
Malad	Dr. Singhai Alokumar Balakchand	Dr. Singhai Tamanna Alokumar
Santacruz	Dr. Aswani Pramila Kanchan Dr. Kulkarni Praveen Anant Dr. Sawhney Gurvinder Singh	Dr. Karbhari Amrut Laxman Dr. Kulkarni Niranjana Praveen
Vile Parle	Dr. Bathia Jigar Pravin Dr. Rokade Sweta Sunil	Dr. Herwadkar Asavari Arvind Dr. Shah Mangala Dilip
XX Sub	Dr. Gangurde Sanjay Dodhaji	

DR. (MRS.) ALKA B. MEHTA
President

DR. S. K. JOSHI
Hon. Secretary



FROM
HON. SECRETARY'S DESK...

Dear Friends,

I convey heartiest congratulations to all children of our members who passed various examinations with flying colours. The month of June is very hectic for many of us. That's because many of our member's teenager sons / daughters who appeared for SSC, HSC & various CET examinations would be getting their results. The greatest decision we & our young children have to take about admission in which course or which specialty poses a great problem & is very very tricky & at times crucial. I am very sorry to opine that though we at our times preferred admission to MBBS, many of our children through 100% eligible do not prefer medicine, instead they prefer computer science, software technology, informative Technology, CA, MBA etc courses. The reasons these young minds & brains give us that hard work involved in medicine is almost same or even more as compared to other courses but monetary returns are much more & much faster without much waiting period after getting qualifications like CA, MBA or IT engineer. I was told humbly by one of middle class family patient's son who secured good marks at HSC & was 100% getting medicine admission but he did not opt medicine as he or his family had no financial backup to bear subsequently present Sky High Cost of dispensary / nursing home after passing out. When our patients ask us about what our children are learning it really pinches my heart

to answer them that my daughter has done CA & she is doing job, I can clearly see concern & worry over their face when I reply so. I also feel silently they might be wishing to say "then who will look after us when you grow old?" it is pitiable that "good - will" of many of present middle aged medical practitioners would go wasted & unused if their practice is not suitably inherited by their Sons/Daughters / Colleagues.

Do attend Doctor's Day Programme (details given in this issue) in large number & boost our morale

I appreciate & thank all the members & families for making 1st movie-show of our branch at Cinemax on Sunday, 17.06.2012 a grand success. I compliment our Jt. Hon. Secretary Dr. Mehul Bhatt & our past Hon. Secretary Dr. Parthiv Sanghvi & many others who worked hard for this project.

I heartily congratulate our Veteran Leader, Ex.President & Ex.Trustee - Dr.Bakulesh S. Mehta for representing our branch at Dharna organized by IMA – HQ at Jantar Mantar, New Delhi on Monday, 18.06.2012. This agitation is definitely generating some concern & awareness among our members regarding current burning issues medical practice. I strongly feel that we, private medical practitioners form 65 – 75 % of the total health care providers of the country and we should have proper & reasonable representation at state & central govt. levels. Opinion of representatives of our national organizations like IMA should be considered in deciding health care policies. Our viewpoint should be well recognized at govt. and health ministry levels. Friends, we have tremendous hidden power lying dormant within us but do not make use of it. I will incorporate more views about All India Medical Bandh in next issue as this issue is going to press prior to 25.06.2012.

Rains have rightly started in time & I pray to almighty to bless us with good rainfall this season

With regards,

DR. S. K. JOSHI

Hon. Secretary

99205 76506, docskjoshi@gmail.com

DOCTOR'S DAY

Dr. Bidhan Chandra Roy, MRCP, FRCS (Bengali:)
(July 1, 1882 Bankipore in Patna, Bihar – July 1, 1962).

He was the second Chief Minister of West Bengal, India. He remained in his post for 14 years as a Congress Party candidate, from January, 14, 1948 until his death in 1962. He was a respected physician and a renowned freedom fighter. He was an alumnus of the Medical College Calcutta of the University of Calcutta.



Dr. B C Roy

In India, the *National Doctor's Day* is celebrated on the date of his birth (and death) July 1 every year. Dr. Bidhan Chandra Roy constituted a trust for his properties at Patna for social service and made eminent nationalist Ganga Sharan Singh (Sinha) the trustee. "We have the ability and if, with faith in our future, we exert ourselves with determination, nothing, I am sure, no obstacles, however formidable or insurmountable they may appear at present, can stop our progress... (if) all work unitedly, keeping our vision clear and with a firm grasp of our problems." The nation honored Dr. Roy with the Bharat Ratna on February 4, 1961. On July 1, 1962, after treating his morning patients and discharging affairs of the State, he took a copy of the "Brahmo Geet" and sang a piece from it. 11 hours later Dr. Roy died. He gifted his house for running a nursing home named after his mother, Aghorkamani Devi. The B.C. Roy National Award was instituted in 1976 for work in the area of medicine, politics, science, philosophy, literature and arts. The Dr. B.C. Roy Memorial Library and Reading Room for Children in the Children's Book Trust, New Delhi, was opened in 1967".

July is month of great pride and honour to all Allopathic Doctors, especially IMA Members. July 1 is celebrated as Doctor's Day in memory of Birth and Death Anniversary of the Doyen of Medical Profession Dr Bidan Chandra Roy. His life time achievements are a source of great inspiration to one and all. He is a role model not only to the Doctors but to everyone who has faith in humanity. Leadership among masses is a rarity Doctors, and Dr B C Roy was a luminary.

THE PRAYER

Thank you ! very much, almighty, for giving us "Doctor" name
For creating us on earth, with a sacred, noble aim

We should all be really wise, and now at once realize that we have the power divine, which makes our life shine.

People through all the ages, thought us to be the human best keeping the glory all the time, we stood by every test.

May the corruption order of the day, bribes, kickbacks all the way but serving human is the beauty, always remains our sacred duty.

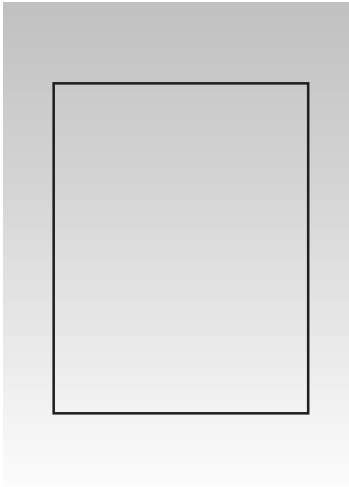
Neither desiring heavens gain, nor willing to be born again we cherish our pleasure main, blowing way the human pain

Considering the universe whole, one family, single goal total love for human race, put smile on every face.

With an order and unity, take care of human health we should love our moral values, much more than matter wealth.

Honour, dignity very much dear, keep the dealings 'crystal clear' character like 'diamond rocks', set example for the folks.

With devotion we do rever, bow our heads for them ever all the teachers, seers & sage, who blessed us this knowledge



FROM
HON. JT. SECRETARY'S DESK...

Dear Friends,

The private IMA show of the movie "**FERRARI KI SAWARI**" at **CINEMAX, VERSOVA** on **17TH JUNE, 2012** was a great success.

We had booked the whole auditorium of 239 seats. The tickets were given to our members for their family & friends at subsidized rates. Even the food combos were given to our members at a concessional rate. Overall the whole programme was very well appreciated.

We are sorry to all the members who could not get tickets on the last day. We have option of booking the bigger auditorium if we book early. So, I request you to kindly book your tickets at the earliest for the next movie... "**BOL BACHHAN**".

Dr. Mehul Bhatt

Hon. Joint Secretary
Co-ordinator, IMA Movie Club

ACHIEVEMENTS !

- **DR. SHASHANK R. JOSHI**, MD, FACP, FRCP, FACE, First Indian to receive of prestigious International Clinician Award of the year – 2012 at Philadelphia (USA) during the annual meeting of American Association of Clinical Endocrinology.
- **DR. DEEPAK JUMANI**, first Indian Family Physician to receive prestigious "**Fellowship of American College of Endocrinology (FACE)**" at Philadelphia (USA) during the annual meeting of American Association of Clinical Endocrinology.
- Leading Gynaecologist from western suburb - **DR. ASHWINI NABAR**, for doing the first Robotic Hysterectomy in Mumbai.
- Our Joint Secretary, **DR. MEHUL BHATT**, has been appointed President of Association of Allopathic Family Physicians (2012 -2013).
- Asst. Secretary – IMA CGP Sub Faculty of our branch – **DR. RONAK SHAH**, has been appointed General Secretary of Association of Allopathic Family Physicians (2012 -2013).
- **DR. GAURANG KAPADIA**, Our life member has been appointed President Elect of Association of Allopathic Family Physicians (2012 -2013).

Our heartiest congratulations to all of the above. We are very proud of them !

DR. (MRS.) ALKA B. MEHTA
President

DR. S. K. JOSHI
Hon. Secretary

G. P. FORUM PROGRAMME

C.M.E. PROGRAMME FOR GENERAL PRACTITIONERS

**Every Tuesday
at 02.00 p.m. sharp**

Venue : **Lupin CME Auditorium**, IMA Building,
J.R.Mhatre Marg, Behind Chandan Cinema,
J.V.P.D. Scheme, Juhu, Mumbai - 400 049.

DATE	TOPIC	SPEAKER
03-07-2012	UPDATE COLORECTAL SURGERY Overview of Women & Child Psychiatric Disorders for GP Minimal Access in Colorectal Surgery Clinical Group Case Presentation	Dr. Jalpa Bhuta Dr. Prajesh bhuta
10-07-2012	DERMA UPDATE	To be announce.
17-07-2012	MONSOON FEVER Typhoid Fever Malaria Lepto-Spirosis & Dengue	Dr. Ramesh Dargad Dr. Suresh Sawardekar Dr. Vinay Parvatkar
24-07-2012	BREAST CANCER UPDATE Controversies in Management of Breast Cancer Newer Chemo-therapy Drugs in Breast Cancer & Chemo-toxicity Management Rehabilitation in Breast Cancer	Dr. Sanjay Dudhat Dr. R. Gopal Dr. Jyoti Badakere
31-07-2012	OPHTHALMIC UPDATE A birds Eye view of Role of Eye In Systemic Diseases Trauma in Ophthalmology Red Eye	Dr. Sunil Moreker Dr. Sneha Shah Dr. Mayur Moreker

WEEKLY SCIENTIFIC PROGRAMME

**Lectures on Every Thursday
at 02.00 p.m. sharp**

Venue : **Lupin CME Auditorium**, IMA Building,
J.R.Mhatre Marg, Behind Chandan Cinema,
J.V.P.D. Scheme, Juhu, Mumbai - 400 049.

DATE	TOPIC	SPEAKER
05-07-2012	OVARY DISORDERS Physiology of Ovarian Hormones POCD Ovarian Cancer	Dr. Swati Shah Dr. R. M. Saraogi Dr. Avinash Deo
12-07-2012	ADVANCES IN PAIN MANAGEMENT Pain Management in Orthopaedic Pain Management in Terminally ill Patients Neuropathic Pains Pain Management in Psychiatrist	Dr. D. D. Shah Dr. Jitendra Jain Dr. Amit Shah Dr. Asit Seth

(Contd)

DATE	TOPIC	SPEAKER
19-07-2012	MEDICAL RECORDS KEEPING	Dr. Suhas Pingle
26-07-2012	WORLD HEPATITIS DAY Have we Conquered the Demon of Viral Hepatitis Interventions in Liver Tumors ; What has Changed In Last Decade Laparoscopic Surgery ; What is New?	Dr. Geeta Malkan Billa Dr. Vimal Someshwar Dr. Rajendra Sonawane

- CLINICAL GROUP MEETING WILL BE HELD ON MONDAY, 9TH JULY 2012 AT 03.00 PM - OPEN TO ALL IMA MEMBERS.
- WORKING LUNCH WILL BE SERVED FROM 01.00 PM TO 02.00 PM BEFORE EACH CME.
- CGP, AMS & IMA Members who have paid Annual Fees : (CGP: Rs. 650/- & IMA : Rs. 1300/-) Free.
- CGP, AMS & IMA Members : Rs. 100/- (Not Paid Annual Fees) (Weekly Lectures).
- Eligible Non Members : Rs. 350/- per lecture.
- MMC ACCREDITATION HAS BEEN APPLIED FOR.
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APPLICABLE TO ALL IMA MEMBERS DESIROUS OF CREDIT HOURS.

Wisdom :

- 1) Why woman live a better, longer and peaceful life ?
Because women don't have wife.
- 2) Love the heart that hurts you but never hurt the heart that loves you.
- 3) What is success ? Success is when your signature became on autograph.
- 4) Common sense is common but use of commonsense is uncommon.
- 5) The most effective way to remember your wife's birthday is to forget it once.

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New Consulting AC Rooms attached to a Reputed Twelve Bed Nursing Home with Operation Theatre in Andheri (West), Ground Floor on Main Road.

Doctors Interested Please Contact : 98193 77945

20-06-2012

**UNDER CERTIFICATE OF POSTING
ADDITIONAL GENERAL BODY MEETING**

NOTICE

An Additional General Body Meeting of the Members of Indian Medical Association – Mumbai West Branch shall be held on Sunday, 12th August 2012, at 8.00 a.m. at IMA Building, Behind Chandan Cinema, J. R. Mhatre Marg, JVPD Scheme, Juhu, Mumbai 400 049 to transact the following business.

AGENDA

- 1) To appoint Chief Election Officer and Election Committee.
- 2) To conduct the election for one post of President & 3 post of Vice Presidents for the Maharashtra State Branch of I.M.A. for the next Association year i.e. 2012 - 2013.
- 3) To adopt the audited statement of accounts and the balance sheet of the branch for the previous year ending 31st March 2012
- 4) To appoint statutory auditors for the current year starting from 1st April 2012 to 31st March 2013 and to fix the remuneration of the auditor.

Dr. S. K. Joshi

Hon. Secretary

N.B.

1. The meeting, if adjourned for the lack of quorum, will be held at the same place after half an hour in which case, members present will form the quorum.
2. Documents pertaining to ACCOUNTS will be available for inspection from **7th August 2012** to **9th August 2012** between 3.00 p.m. and 5.00 p.m. and any queries regarding the same can be sent in writing to the office upto 5.00 p.m. on or before **9th August, 2012**.
3. The Ballot Box will be kept open from 09.00 a.m. to 01.00 p.m.

IMPORTANT DAYS

IMA MAHARASHTRA STATE		IMA HEADQUARTERS, NEW DELHI	
30 th January	Anti Leprosy Day	15 th January	IMA Community Services Day
8 th March	International Women's Day	30 th January	Anti Leprosy Day
24 th March	World TB Day	8 th March	International Women's Day
31 st March	Measles Immunization Day	24 th March	World TB Day
7 th April	World Health Day	31 st March	Measles Immunization Day
17 th April	International Hemophilia Day	7 th April	World Health Day
7 th May	World Asthma Day	17 th April	International Hemophilia Day
12 th May	International Nurses Day	7 th May	World Asthma Day
15 th May	International Family Day	12 th May	International Nurses Day
31 st May	World No Tobacco Day	15 th May	International Family Day
5 th June	World Environment Day	31 st May	World No Tobacco Day
26 th June	Anti Drug Abuse Day	5 th June	World Environment Day
1 st July	Doctor's Day	26 th June	Anti Drug Abuse Day
11 th July	World Population Day	1 st July	Doctor's Day
1-7 th August	World Breast Feeding Day	11 th July	World Population Day
12 th August	International Youth Day	28 th July	World Hepatitis Day
25 th August -	Eye Donation Fortnight	1 st – 7 th August	World Breast Feeding Day
8 th September			
1 st October	Blood Donation Day	12 th August	International Youth Day
1 st October	International Sr. Citizen Day	8 th September	Eye Donation Fortnight
2 nd October	IMA Anti Quackery Day	1 st October	Blood Donation Day
10 th October	World Mental Health Day	1 st October	International Sr. Citizen Day
16 th October	World Food Day	2 nd October	IMA Anti Quackery Day
10 th November	World Immunization Day	10 th October	World Mental Health Day
14 th November	World Diabetes Day	16 th October	World Food Day
17 th November	National Epilepsy Day	10 th November	World Immunization Day
25 th November	International Women Safety Day	14 th November	World Diabetes Day
1 st December	World AIDS Day	17 th November	National Epilepsy Day
3 rd December	International Handicapped Day	25 th November	International Women Safety Day
		1 st December	World AIDS Day
		3 rd December	International Handicapped Day

YOUR EMOTIONAL HEALTH ASSESSMENT

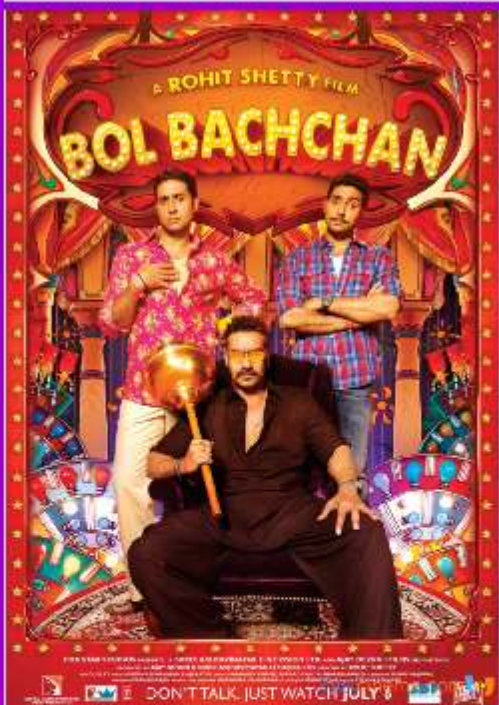
	YES	NO
1 Do you keep in touch with world events?		
2 Are you up-to-date in your chosen subject?		
3 Do you have clear, written goals?		
4 Are you actions geared towards those goals?		
5 Do you deal with anger in a healthy way?		
6 Can you disagree without losing control?		
7 Do you appreciate yourself?		
8 Do you have a few close friends who care for you unconditionally?		
9 Are you friendly with your neighbours?		
10 Do, you have a problem being alone?		
11 Do you pray or meditate every day?		
12 Are you worried about tasks and deadlines?		
13 Do you proactively seek new opportunities & expect to be successful?		
14 Are you competitive rather than collaborative?		
15 Do you fear not living up to expectations?		
16 Do you compare yourself with others and feel jealous?		
17 Do you worry about how your bosses regard you?		
18 Do work situations make you angry often?		
19 Are you afraid of losing your job or being overlooked for a promotion?		
20 Do you continue to work even if you are exhausted ?		
21 Do you stay at your workplace for more than ten hours?		
22 Do you routinely eat your meals late?		

Score	A Good : 12 or more	B Adequate : 6 or more	C Poor : Less than 6
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"Symposium on Organ Donation & Death" on 10-06-2012



Investigations in Cardiology" on 17.06.2012



IMA MOVIE CLUB

Date : 8th July, 2012, Sunday

Time : 10.00 a.m

Venue : CINEMAX,
Infinity Mall, Versova, Andheri

Tickets : Rs.100/-

(Open for all family, friends)

Food Coupons : Rs. 150/-

(Actual Rate Rs. 210/-)

(Coke, Pop Corn, Samosa)

Dr. Alka Mehta
President

Dr. S.K. Joshi
Hon.Gen.Gen.Secretary

Dr. Mehul Bhatt
Hon.Jt.Secretary
Co-ordinator

1ST JULY - DOCTOR'S DAY

IMA, MW will felicitate following dignitaries for their invaluable contribution to society.



DR. TATYARAO LAHANE

Padmashree Professor Dr T P Lahane currently the Dean of the Grant Medical College and JJ Group of Hospitals. **Dr. T P Lahane received the Padmashree Award from the President of India.**

DR. ANITA BORGES

Consultant Onco-Pathologist, Asian Institute of Oncology & Director, SRL Diagnostics Centre of Excellence: Histopathology, Mumbai. & Director, COE Histopathology SRL Diagnostics, Piramal Annexe, GK Marg, Lower Parel, Mumbai.



DR. SUHAS PINGLE

- Senior Family Physician from Vile Parle - East.
- Ex. President IMA-Mumbai West Branch, GPA Greater Bombay.
- Ex. Secretary, IMA - Maharashtra State.
- Member of Maharashtra Medical Council.

DR. S. C. MEHTALIA

Hon. Treasurer cum Jt. Secretary - IMA - MS - SSS since 2005.
Chairman Constitution Committee - IMA - MS since year 2010-11.
Member of Election Commission - IMA - MS 2010-2013.



DR. VITHAL KAMAT

- Chairman of world's highest award winning & Asia's first Ecotel hotel –The Orchid.
- Renowned Environmentalist.
- President of Maharashtra Economic Development Council.

DR. SHASHANK JOSHI

- Leading Endocrinologist of the country.
- First Indian to receive of prestigious International Clinician of the year Award - 2012 at Philadelphia (USA) during the annual meeting of American Association of Clinical Endocrinology.





DOCTOR'S DAY PROGRAMME

Every year our branch celebrates Doctor's Day in memory of renowned Late Dr. B. C. Roy by felicitating eminent doctors and great achievers from different walks of society. This year we have decided to **felicitate Doctors who are iconic in their field of expertise**. We also will felicitate this year one of the great social worker and philanthropists.

Day & Date : SUNDAY, 1ST JULY 2012

Time : 06.30 p.m. onwards.

Venue : IMA HALL, I.M.A. Building, J.R.Mhatre Marg, Behind Chandan Cinema, J.V.P.D. Scheme, Juhu, Mumbai - 400 049.

PROGRAMME

1. DR. TATYARAO LAHANE	Dean, J. J. Group of Hospital
2. DR. ANITA BORGES	Leading Onco-pathologist
3. DR. SUHAS PINGLE	Senior Family Physician & MMC Member
4. DR. SHAIENDRA C. MEHTALIA	Senior Family Physician & Hon. Treasurer, IMA MS SSS
5. MR. VITHAL KAMAT	Philanthropist, Social Worker & CEO Kamat Group of Hotels
6. DR. SHASHANK JOSHI	Leading Endocrinologist

Registration Fees :

All IMA MEMBERS.....: **Free**
 GUEST: **Rs. 100/-**



PROGRAMME WILL BE FOLLOWED BY MUSICAL PROGRAMME AND DINNER.

KINDLY NOTE:-

- Both Medicine Update 2012 & Doctor's Day Programme will start on time.
- Children under 12 not allowed during Doctor's Day Programme.
- Limited seats for both programmes.
- Registration on First Come First Served Basis.

DR. (MRS.) ALKA B. MEHTA
President

DR. S. K. JOSHI
Hon. Secretary



CENTRE FOR ORTHOPEDIC EXCELLENCE

24-hour Accident & Emergency Services | Physiotherapy Clinic

Knee & Hip Replacement | Spine Surgery | Arthroscopy



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HOSPITAL
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Saidwar, Near Laxmi Industries Estate, SAB TV Lane,
Lokhandwala, Andheri (W), Mumbai - 400 053.

Tel: 4246 6777, 7498055692

Web: www.surgicarehospital.co.in

REPORT OF SYMPOSIUM ON ORGAN DONATION & DEATH

IMA CGP Sub Faculty of our branch had organised an excellent CME programme of symposium on Organ Donation & Death on Sunday, 10th June 2012 from 09.30 am to 01.30 pm at our branch premises.

Hon. Secretary, Dr. S. K. Joshi welcomed the delegates and distinguished speakers. Leading Gynaecologist & Medicolegal expert – Dr. Nikhil Datar dealt with Medicolegal Aspects of Death and intricacies with issuance of death certificate in difficult cases excellently.

Leading Psychiatrist & counselor – Dr. Rajiv Anand gave an interesting overview of Biological and spiritual aspects of Death which commonly are difficult to demystify.

Leading Liver Transplant Surgeon - Dr. Manish Varma gave an excellent presentation on current Indian perspectives of organ donation.

Leading Liver Transplant Surgeon – Dr. Anand Khakhar gave excellent presentation on Liver Transplant. Leading Paediatric account on Paediatric Organ Transplants.

The programme was well attended and appreciated by more than 125 delegates. We sincerely thank all the distinguished learned speaker & delegates.

We also highly appreciate & thank M/s. Apollo Clinic for their kind gesture of supporting the symposium through educational grant.

DR. S. K. JOSHI
Hon. Secretary

DR. RASHMIKANT SANGHVI
Asst. Director of Studies, IMA CGP

DR. RONAK SHAH
Hon. Secretary, IMA CGP

PROPOSED

WEST ZONE REGIONAL IMA AMS CONFERENCE – 2012

Under auspices of IMA MS organised by IMA Dhule.

21st & 22nd July at Dhule

Theme : “Hospital Management for Small Hospitals”

Along with

IMA Hospital Board of India Meeting.

Launch of IMA Hospital Board of Maharashtra.

with Hospital Trade Fair & Medical Exhibition

SLOGANS:

- ORS and Zinc are the miraculous weapons against diarrhea.
- Treat Diarrheas with ORS and Zinc, its Low Cost, Acceptable and Effective.
- Diarrhea kills, ORS saves, Zinc reduces recurrence.
- Let's join hands and fight diarrhea with ORS and Zinc.
- Help the children to live happily, save them from diarrhea, promote use of ORS and Zinc.
- A simple solution to the serious problem, prescribe ORS and Zinc for Diarrhea.
- ORS supplemented with Zinc is the most effective treatment available for Diarrhoea.
- ORS reduces dehydration and Zinc reduces the frequency of diarrhoeal episodes.

GUIDELINE FOR DISPENSING MEDICINE FROM CLINIC / HOSPITAL

Class of Drugs	Extent and Conditions of Exemption
1. Drugs falling under clause (b) (i) of Section 3 of the Drugs & Cosmetics Act not intended for medicinal use.	All the provisions of chapter IV of the Act and Rules thereunder subject to the conditions that the drug is not sold for medicinal use or for use in the manufacture of medicines and that each container is labeled conspicuously with the words "NOT FOR MEDICINAL USE".
2. [Omitted]. [2A Quinine and other antimalarial drugs.	[Omitted by Government of India Notification no. F.1-56/47-D dated 16.01.1950].
3. 3[* * *]	Persons selling the drug by retail under arrangements made by State Government for sale and distribution of the drugs will be exempted from the requirement to take our licenses of retail sale under clause (c) of section 18 of the Act.
4. 3[* * *]	
5. Drugs supplied by a registered medical practitioner to his own patient or any drug specified in schedule C supplied by a registered medical practitioner at the request of another such practitioner if it is specially prepared with reference to the condition and for the use of an individual patient provided the registered medical practitioner is not	All the provisions of Chapter IV of the Act and the Rules made thereunder, subject to the following conditions:
(a) Keeping an open shop or	(1) The drugs shall be purchased only from a dealer or a manufacturer licenced under these rules and records of such purchases showing the names and quantities of such drugs together with their batch numbers and the names and addresses of the manufacturers shall be maintained. Such records shall be open to inspection by an Inspector appointed under the Act, who may, if necessary, make enquiries about purchases of the drugs and may also take samples for test.
(b) Selling across the counter or	
(c) engaged in the importation, manufacture, distribution or sale of drugs in the provision of Chapter IV of the Act and the rules thereunder.	(2) In the case of medicine containing a substance specified in [Schedule G, H of X] the following additional conditions shall be complied with] <ul style="list-style-type: none"> (a) The medicine shall be labeled with the name and address of the registered medial practitioner by whom it is supplied; (b) If the medicine is for external application, it shall be labeled with the words 2[* * *] "For external us only" or if it is for internal use with the dose.

**Further Details
on Website**

www.imamaharashtrastate.org
followed by click on : FDA news
followed by Click on : Schedule-K

- (c) The name of the medicine or ingredients of the preparation and the quantities thereof, the dose prescribed, the name of the patient and the date of supply and the name of the person who gave the prescription shall be entered at the time of supply in register to be maintained for the purpose;
- (d) The entry in the register shall be given a number and that number shall be entered on the label of the container;
- (e) The register and the prescription if any on which the medicines are issued shall be preserved for not less than two years from the date of the last entry in the register or the date of the prescription as the case may be.
- (f) 3[(3) The drug will be stored under proper storage conditions as directed on the label.

ASSOCIATION OF ALLOPATHIC FAMILY PHYSICIANS		
Presents		
HALF DAY CONFERENCE ON FEVER		
Date : 8th July, 2012, Sunday , 9.00 a.m onwards		
Venue : Evershine Banquet, 3rd Floor, Evershine Mall, Chincholi Signal, Link Road, Malad (West)		
PROGRAMME DETAILS (TENTATIVE)		
09.00 to 09.30 am	Breakfast & Registration	
09.30 to 10.00 am	Malaria	Dr. Mangesh Tiwaskar
10.00 to 10.45 am	FEVER General guidelines & Common Fevers in Monsoon	Dr. Arvind Ghongane
10.45 to 11.15 am	Approach to a febrile child	Dr. Ira Shah
11.15 to 12.00 Noon	GP's approach to a patient tested positive for HIV & Positive for HbsAg	Dr. Vasant Nagvekar
12.00 to 12.15 p.m	Quiz	Dr. Tushar Shah
12.15 to 01.00 pm	PUO in monsoon fevers	Dr. Tushar Shah
01.00 to 01.15 p.m	Discussion & Vote of Thanks	
01.15 pm onwards	LUNCH	
REGISTRATION CHARGES : Rs. 100/- MMC Accreditation charges : Rs. 50/- Only for Members. For Membership details call : Dr. Mehul Bhatt : 93204 07074 Applied for MMC credit hours ● REGISTRATION BY SMS COMPULSORY TO REGISTER SMS YOUR NAME, MMC NO. TO DR. RONAK SHAH 9323271274		
DR. MEHUL BHATT President	DR. RONAK SHAH Hon. Gen. Secretary	DR. JESAL SANGHVI Scientific chairperson

**INDIAN MEDICAL ASSOCIATION - MUMBAI WEST
IMA - CGP MUMBAI WEST SUB FACULTY**

Presents

“MEDICINE UPDATE 2012”

Day & Date : SUNDAY, 1ST JULY 2012

Time : 04.00 P.m. onwards.

Venue : IMA HALL, I.M.A. Building, J.R.Mhatre Marg, Behind Chandan Cinema,
J.V.P.D. Scheme, Juhu, Mumbai - 400 049.

PROGRAMME

TIME	TOPIC	SPEAKER
04.00 pm - 04.30 pm 04.30 pm - 04.40 pm	Registration & High Tea Welcome Address Inaugural Address	Dr. S.K. Joshi Hon. Secretary Dr. (Mrs.) Alka B. Mehta President
04.45 pm - 05.05 pm	Cardiology Update 2012	Dr. Ajit Menon
05.05 pm - 05.25 pm	Metastatic Renal Cell Carcinoma	Dr. Adwaita Gore
05.25 pm - 05.45 pm	Hepatitis Review	Dr. Jayant Barve
05.45 pm - 06.05 pm	Spine Update 2012	Dr. Vinod Agrawal
06.05 pm - 06.25 pm	Drugs & Cosmetic Act.	Mr. Dilip Shirrao Jt. Commissioner - FDA
06.25 pm - 06.45 pm 06.45 pm	What's in and what's out in Diabetes Vote of thanks &	Dr. Shashank Joshi
07.00 pm onwards	Lucky Draw after Doctor's Day Programme Doctor's Day Celebrations	

THIS PROGRAMME WILL BE FOLLOWED BY FELICITATION PROGRAMME.

PROGRAMME CO-ORDINATOR : DR. RASHMIKANT SANGHVI

REGISTRATION FEES :

- IMA Members : **FREE**
- ELIGIBLE NON MEMBERS : **Rs. 350**
- MMC ACCREDITATION HAS BEEN APPLIED FOR.
- CHARGES FOR MMC CREDIT HOURS (FOR THE ACCREDITED CMES) **Rs. 50/-**
APPLICABLE TO ALL IMA MEMBERS DESIROUS OF CREDIT HOURS.

FOR REGISTRATIONS, PLEASE CONTACT: MS. APARNA / MS. SEEMA / MS. SUNITA
IMA OFFICE, TEL. NOS : 2620 6517 / 2625 4368

DR. (MRS.) ALKA B. MEHTA
President

DR. S. K. JOSHI
Hon. Secretary

DR. RASHMIKANT SANGHVI
Asst. Director of Studies

DR. RONAK SHAH
Asst. Secretary

IMA - Mumbai West C.G.P. Sub Faculty

**MEDICAL EDUCATION SUB COMMITTEE of
INDIAN MEDICAL ASSOCIATION - MUMBAI WEST BRANCH**

Presents

“POST GRADUATE WORKSHOP ON AIRWAYS DISEASE”

Day & Date : SATURDAY, 07th JULY 2012

Time : 08.00 p.m. onwards.

Venue : IMA HALL, I.M.A. Building, J.R.Mhatre Marg, Behind Chandan Cinema,
J.V.P.D. Scheme, Juhu, Mumbai - 400 049.

PROGRAMME

TIME	TOPIC	SPEAKER
08.00 am - 08.30 am	Registration / Breakfast / Welcome	
08.30 am - 09.00 am	PFT - Basics & Wave Form	Dr. Kumar Doshi
09.00 am - 09.30 am	PFT - Advances	Dr. Anuradha Shah
09.30 am - 10.00 am	Pathobiology of Asthma	Dr. Sanjeev Mehta
10.00 am - 10.20 am	Diagnosis of Asthma	Dr. D Behera
10.20 am - 10.40 am	Stable Asthma Management	Dr. Jyotsana M Joshi
10.40 am - 11.00 am	TEA BREAK	
11.00 am - 11.20 am	Acute Severe Asthma	Dr. G C Khilnani
11.20 am - 11.40 am	Difficult Asthma	Dr. Sanjeev Mehta
11.40 am - 12.00 noon	Asthma Phenotypes	Dr. Amita Athavale
12.00 noon - 1.00 pm	CASE DISCUSSION	All teachers
1.00 pm - 2.00 pm	LUNCH BREAK	
2.00 pm - 2.20 pm	Pathobiology of COPD	
2.20 pm - 2.40 pm	Diagnosis of COPD	Dr. Jyotsana M Joshi
2.40 pm - 3.10 pm	Pharmacotherapy of COPD	Dr. D Behera
3.10 pm - 3.20 pm	TEA BREAK	
3.20 pm - 3.40 pm	COPD Exacerbations	Dr. G C Khilnani
3.40 pm - 4.10 pm	COPD a Sytemic Disease	Dr. S Raju
4.10 pm - 4.30 pm	Smoking Cessation	
4.30 pm - 5.00 pm	Pulmonary Rehabilitation	Dr. Agam Vora
5.00 pm	Case Discussion Small Airways Disease Vote of Thanks	

Registration Fees: NIL but a must. (Max 50 delegates)

► MMC ACCREDITATION HAS BEEN APPLIED FOR.

FOR REGISTRATION CONTACT : MS. APARNA / MS. SEEMA / MS. SUNITA
IMA - OFFICE TEL. NO. 2620 6517 / 2625 4368

DR. (MRS.) ALKA B. MEHTA
President

DR. S. K. JOSHI
Hon. Secretary

DR. SANJAY DUDHAT
Chairman,
Medical Education Sub Committee

DR. SANJEEV MEHTA
Programme Chairman

DR. KUMAR DOSHI
Programme Co-Chairman

DR. ABHIJEET KHANDELWAL
Student Co-ordinator

**IMA - CGP MUMBAI WEST SUB FACULTY of
INDIAN MEDICAL ASSOCIATION - MUMBAI WEST BRANCH**

Presents

“DENTAL UPDATE”

Day & Date : SUNDAY, 08TH JULY 2012

Time : 09.00 a.m. onwards.

Venue : IMA HALL, I.M.A. Building, J.R.Mhatre Marg, Behind Chandan Cinema,
J.V.P.D. Scheme, Juhu, Mumbai - 400 049.

PROGRAMME

TIME	TOPIC	SPEAKER
09.00 am to 09.30 am	Registration and Breakfast	
09.31 am to 09.45 am	Welcome	Dr. Alka Mehta Dr. S. K. Joshi
09.45 am to 10.00 am	Introduction to Dentistry	Dr. Vijay Kadam
10.01 am to 11.00 am	Update Orthodontic, Braces Tech	Dr. Shubhangi Mhaske
11.01 am to 12.00 am	Dental Implants Basic & Advance	Dr. Vijay Tamhane
12.01 pm to 12.15 pm	Tea Break	
12.16 pm to 12.45 pm	Edendulous Support Society for Senior Citizens	Dr. Vijay Kadam
12.46 pm to 01.30 pm	Stem Cells in Dentistry	Dr. Amit Benjamin
01.31 pm to 01.35 pm	Vote of Thanks	Dr. Rashmikant Sanghvi Dr. Ronak Shah
01.35 pm onwards	Lunch	

PROGRAMME CO-ORDINATOR : DR. RASHMIKANT SANGHVI

PROGRAMME CO-ORDINATOR : DR. VIJAY KADAM

REGISTRATION FEES :

- CGP, AMS & IMA Members who have paid Annual Fees : Free. **(ONLY IF REGISTERED IN ADVANCE)**
- IMA Members : **Rs. 100/-** • ELIGIBLE NON MEMBERS : **Rs. 350**
- MMC ACCREDITATION HAS BEEN APPLIED FOR.
- CHARGES FOR MMC CREDIT HOURS (FOR THE ACCREDITED CMES) **Rs. 50/-**
APPLICABLE TO ALL IMA MEMBERS DESIROUS OF CREDIT HOURS.

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IMA OFFICE, TEL. NOS : 2620 6517 / 2625 4368

DR. (MRS.) ALKA B. MEHTA

President

DR. S. K. JOSHI

Hon. Secretary

DR. RASHMIKANT SANGHVI

Asst. Director of Studies

DR. RONAK SHAH

Asst. Secretary

IMA - Mumbai West C.G.P. Sub Faculty

MEDICAL EDUCATION SUB COMMITTEE
of
INDIAN MEDICAL ASSOCIATION - MUMBAI WEST
Presents
**“EDUCATIONAL PROGRAMME FOR
 POST GRADUATE STUDENTS / RESIDENTS”**

Day & Date : SATURDAY, 14TH JULY 2012

Time : 06.30 pm onwards

Venue : NANAVATI HOSPITAL, Auditorium 2nd Level, Vile Parle (W),
 S. V. Road, Mumbai - 400 056.

PROGRAMME

TIME	TOPIC	SPEAKER
06.30 pm - 07.00 pm	Registration	
07.00 pm	Welcome Address	Dr. Sanjay Dudhat
07.00 pm - 07.45 pm	Treatment of Venous Thrombo-embolism	Dr. Rahul Tambe Consultant Physician & Intensivist
07.45 pm - 08.45 pm	Communication Skills - Paper Presentation & Publications.	Dr. Shobhna Bhatia Prof. & Head of Gastro- enterology, KEM Hospital,
08.45 pm - 09.20 pm	Errors in Medical Practice	Dr. Nikhil Datar Consultant Gynaecologist
09.20 pm	Discussion	
09.30 pm	Vote of Thanks	Dr. Sanjay Dudhat
09.35 pm onwards	Dinner	

REGISTRATION FEES : FREE BUT PRIOR REGISTRATION IS A MUST.

FOR REGISTRATION CONTACT :

MS. APARNA / MS. SEEMA / MS. SUNITA

IMA OFFICE, TEL. NOS : 2620 6517 / 2625 4368

DR. (MRS.) ALKA B. MEHTA
President

DR. S. K. JOSHI
Hon. Secretary

DR. SANJAY DUDHAT
Chairperson
Medical Education Sub Committee

**IMA - CGP MUMBAI WEST SUB FACULTY of
INDIAN MEDICAL ASSOCIATION - MUMBAI WEST BRANCH**

Presents

“LASER AND PLASMA THERAPY”

Day & Date : SUNDAY, 22ND JULY 2012

Time : 09.00 a.m. onwards.

Venue : IMA HALL, I.M.A. Building, J.R.Mhatre Marg, Behind Chandan Cinema,
J.V.P.D. Scheme, Juhu, Mumbai - 400 049.

PROGRAMME

TIME	TOPIC	SPEAKER
09.00 am to 09.30 am	Registration and Breakfast	
09.30 am to 09.35 am	Welcome	Dr. Alka Mehta Dr. S. K. Joshi
09.36 am to 10.15 am	Laser in Gynaecology	Dr. R. M. Saraogi
10.16 am to 10.55 am	Plasma Surgery for Snoring & Apnoea	Dr. Vikas Agrawal
10.56 am to 11.35 am	Laser in Ophthalmology	Dr. Vaishal Kenia
11.36 pm to 11.45 pm	Tea Break	
11.46 pm to 12.25 pm	Laser in Management of Varicose Veins	Dr. Lakshyajit Dhani
12.26 pm to 01.05 pm	Cosmetic Laser Therapy	Dr. Ajay Hariani
01.06 pm to 01.45 pm	Laser in Urology	Dr. Anup Ramani
01.45 pm to 01.50 pm	Vote of Thanks	Dr. Rashmikant Sanghvi
01.55 pm onwards	Lunch	

PROGRAMME CO-ORDINATOR : DR. RASHMIKANT SANGHVI

REGISTRATION FEES :

- CGP, AMS & IMA Members who have paid Annual Fees : **FREE.**
(ONLY IF REGISTERED IN ADVANCE)
- IMA Members : **Rs. 100/-**
- ELIGIBLE NON MEMBERS : **Rs. 350**
- MMC ACCREDITATION HAS BEEN APPLIED FOR.
- CHARGES FOR MMC CREDIT HOURS (FOR THE ACCREDITED CMES) **Rs. 50/-**

APPLICABLE TO ALL IMA MEMBERS DESIROUS OF CREDIT HOURS.

FOR REGISTRATIONS, PLEASE CONTACT: MS. APARNA / MS. SEEMA / MS. SUNITA
IMA OFFICE, TEL. NOS : 2620 6517 / 2625 4368

DR. (MRS.) ALKA B. MEHTA
President

DR. S. K. JOSHI
Hon. Secretary

DR. RASHMIKANT SANGHVI
Asst. Director of Studies

DR. RONAK SHAH
Asst. Secretary

IMA - Mumbai West C.G.P. Sub Faculty

**IMA - CGP MUMBAI WEST SUB FACULTY of
INDIAN MEDICAL ASSOCIATION - MUMBAI WEST BRANCH**

Presents **“SYMPOSIUM ON HIV / AIDS”**

Day & Date : SUNDAY, 05TH AUGUST 2012

Time : 09.00 a.m. onwards.

Venue : IMA HALL, I.M.A. Building, J.R.Mhatre Marg, Behind Chandan Cinema,
J.V.P.D. Scheme, Juhu, Mumbai - 400 049.

PROGRAMME

TIME	TOPIC	SPEAKER
09.00 am to 09.30 am	Registration & Breakfast	
09.31 am to 09.35 am	Welcome	Dr. Alka Mehta Dr. S. K. Joshi
09.35 am to 09.55 am	Today's HIV Scenario Epidemiology & role of MDACS	Dr. Kudalkar
09.56 am to 10.15 am	Psychological Impact of HIV on Patient Pre & Post test Counselling	Dr. Harish Shetty
10.16 am to 10.35 am	Investigations in HIV Diagnostic, Prognostic	Dr. R. D. Kharkar
10.36 am to 11.00 am	Tea Break	
11.01 am to 11.30 am	Today's Scenario - HIV & TB	Dr. Ashok Mahasur
11.31 am to 12.00 noon	Other Opportunistic Infections in HIV	Dr. J. K. Maniar
12.01 pm to 12.20 pm	Universal Precautions - Surgical Fitness ICU Care, Role of Endoscopies & Care of Equipments	Dr. Vasant Nagvekar
12.21 pm to 12.50 pm	Antiretroviral Therapy in HIV Prevention of Mother to Child Transmission (MTCT)	Dr. D. G. Saple
12.51 pm to 01.05 pm	Dermatological Manifestations in HIV	Dr. Prakash Bora
01.06 pm to 01.20 pm	Post Exposure Prophylaxis (PEP)	Dr. R. M. Shah
01.21 pm to 01.30 pm	Vote of Thanks	Dr. Rashmikant Sanghvi Dr. Ronak Shah
01.30 pm onwards	Lunch	

PROGRAMME CO-ORDINATOR : DR. RASHMIKANT SANGHVI

PROGRAMME CO-ORDINATOR : DR. R. D. KHARKAR

REGISTRATION FEES :

- CGP, AMS & IMA Members who have paid Annual Fees : Free. **(ONLY IF REGISTERED IN ADVANCE)**
- IMA Members : **Rs. 100/-** • ELIGIBLE NON MEMBERS : **Rs. 350**
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DR. (MRS.) ALKA B. MEHTA

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Hon. Secretary

DR. RASHMIKANT SANGHVI

Asst. Director of Studies

DR. RONAK SHAH

Asst. Secretary

IMA - Mumbai West C.G.P. Sub Faculty

STEM CELL TRANSPLANT - PART-2

Welcome to the second part of a series on STEM CELL TRANSPLANT, for Diseases of Blood – Benign and Malignant.

Question :

Dr. Chiragbhai, we are glad to know that you have now started visiting Mumbai on First Saturday of every month, at Apollo Clinic, Andheri. We discussed last time about how SCT has increased hope among blood cancer patients. You mentioned about its role in Benign Diseases. Can you elaborate more?

Answer :

Yes, of course. SCT has an important role in many Benign diseases as well. In fact, cure rates are very high in most such conditions. Some of the important conditions that can be treated with SCT are:

1. Thalassemia major
2. Aplastic anemia - severe
3. Myelodysplastic syndrome – a pre malignant condition
4. Many congenital single gene disorders e.g. metabolic diseases, immune deficiency disorders

Question :

Thalassemia is a common condition in India, and I thought it was incurable. Only treatment possible was regular blood transfusion and supportive medicines.

Answer :

Well, then we have a news for you. Thalassemia is one of the most common single gene disorders. Single gene disorders generally have a good chance of cure with SCT. Thalassemia major can be cured by SCT. I did my training for thalassemia transplant in Italy, with a group who has experience of over 1000 (thousand) transplants, and most of the world follows their methods in this field.

1. Best age for transplant is 2-5 years, at least before 10 years. More the number of transfusions, less is the result.

2. Donor is generally a sibling - real brother or sister.
3. Donor has to be a 6/6 match by HLA typing.
4. Donor may have Thalassemia minor. This is not a contraindication, as the patient will turn minor from major. Minor does not require any extra care. Many normal people are thalassemia minor.
5. Good regular iron chelation reduces risk of transplant.
6. Cure rate is 60-90% depending on age, quality of iron chelation mainly. Younger patients have much better results i.e. about 2-3 years.

One of our patients with Thalassemia, transplanted about one and a half year ago, is completely transfusion free now. And transplant was done FREE of cost.

Question :

Chiragbhai, this is a really exciting news. And brings major hope for many desperate parents.

Answer :

Yes, but please note that SCT is not for every child. It requires finding a matched donor, and major commitment from parents. First year requires very close monitoring and need to take many medicines. Patient has to stay close to hospital for at least six months and sometimes more. Motivation, basic education, social support are essential for success. Cost of transplant is a secondary issue, as patients who fulfill above criteria can often be supported at Apollo Hospital, by various Trusts and donors.

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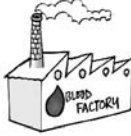
DOCTOR'S DAY : BLOOD DONATION CAMP, WHY?



‘रक्त’
झाड़ाला लागत
नाही

It is not only to show the concern to the patient or do a social work but also to set an example of doing good work and requesting the society to follow the same. Every 2 seconds, someone needs blood somewhere.

‘रक्त’
फॅक्टरीत बनत
नाही



Blood is not made in factory or transported in tank or grown on trees neither blood can be stored for years together (only for 35-42 days) also. Varieties of different blood group like ABO + (positive) or – (negative), sudden increase demand of one of them may cause acute shortage of particular blood group only. However other blood which is ample at time has to be disposed due to short expiring and non-utilization.

‘रक्त’
टॅंकर ने घेत नाही



Due to huge population spread all over remote places (rural) and limited resources, blood is not easily available. Reluctance, Ignorance, Lack of Awareness, Fear, Myths, Lack of Proper Guidance and Motivation are few factors which lead to shortage of blood.

Who can donate blood? Eligible donor having weight more than 45 kg and age between 18 to 60 years can donate blood regularly at 3 months interval. We organize blood drive once in a year on behalf of Doctors Day through IMA.

Statistics says out of 1000 eligible donors, even if 8 donate blood regularly then we will not have any shortage of blood.

Who needs blood? Every 2 seconds someone needs blood, case of accident, anemia, cancer, premature babies, major surgeries, pregnancy related problem etc. requires blood regularly throughout the year and hence regular blood donation drive throughout the year is essential to fulfill the shortage in blood bank and to save life, prevent death which is AVOIDABLE.

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।। वन्दना ।।

प्रस्तुत वन्दना में चिकित्सक समुदाय द्वारा एक गरिमामय जीवन तथा सर्व जीव कल्याण का दिव्य लक्ष्य प्रदान करने के लिए परमपिता परमेश्वर को धन्यवाद दिया गया है । इस उत्कृष्ट वैज्ञानिक ज्ञान का आशीर्वाद देनेवाले अपने सभी शिक्षकों के प्रति कृतज्ञ, चिकित्सक वर्ग, इन पंक्तियों के माध्यम से, समस्त मानव समाज को करुणामयी एवम कष्टरहित करने के परम उद्देश्य हेतु एक अनुशासित तथा मानवीय सिद्धान्तों से परिपूर्ण कार्यशैली व जीवन आचरण का संकल्प दोहराता है ।

धन्यवाद उस परम पिता को, जिसने हमें ये काम दिया ।
जन सेवा महान लक्ष्य दे, हमें चिकित्सक नाम दिया ।।
पहचानो उस दिव्य शक्ति को, जो हमको वरदान मिली ।
दीन-दुःखी की मिली दुआएं, जीवन को एक शान मिली ।।
सदियों से समक्ष प्रभु के स्थान सदा हमने पाया ।
गरिमामय ये कर्म सर्वदा, युग चाहे जैसा आया ।।
दूर करो पीडा इन्सां की, हमको ये पैगाम दिया ।
जन सेवा का महान लक्ष्य दे, हमें चिकित्सक नाम दिया ।।
धन्यवाद ! उस परम पिता को.....

स्वर्ग, राज्य की नहीं कामना, पुनः जन्म की चाह नहीं ।
कष्ट हर सकें हर प्राणी के इच्छा रहे अथाह यहीं ।।
एक कुटुम्ब है वसुधा सारी, ऐसा हमने माना है ।
प्रेम, दया व मानवता का, हमको दीप जलाना है ।।
हमें उसी ने जीवन पथ पर, यह पावन आयाम दिया ।
जन सेवा का महान लक्ष्य दे, हमें चिकित्सक नाम दिया ।।
धन्यवाद ! उस परम पिता को.....

मान और ख्याति मिले सदा ही, पेशा अतिशय पवित्र रहे ।
जन मानस में बने उदाहरण, ऐसा उज्ज्वल चरित्र रहे ।।
एक बद्ध अनुशासित होकर, सदा स्वच्छ आचार करें ।
भौतिक सुख से कहीं अधिक हम, सिद्धान्तों से प्यार करें ।।
नत मस्तक उन गुरुजनों के जिन ने हमें ये ज्ञान दिया ।
जन सेवा का महान लक्ष्य दे, हमें चिकित्सक नाम दिया ।।

धन्यवाद ! उस परम पिता को जिसने हमें ये काम दिया ।
जन सेवा का महान लक्ष्य दे, हमें चिकित्सक नाम दिया ।।

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