

CONTENTS

PRESIDENTSPEAK.....	3
HON. SECRETARY'S DESK	5
G. P. FORUM - WEEKLY SCIENTIFIC LECTURES.....	6
THROUGH COURIER WITH PROOF OF DELIVERY	7
PROFORMA - NOMINATION FOR ELECTION 2011	9
ANNOUNCEMENTS.....	10
BYE-LAWS FOR CONTESTING ELECTION	11
OBECON - 2011	13
YOGA - THE FINAL FRONTIER FOR HEALTHY LIVING	14
MEDICINE UPDATE.....	15
SYMPOSIUM ON LOVE THY HEART	16
NEWER INSIGHTS IN HEPATOLOGY	17
STANDARDS FOR CLINICS, POLYCLINICS & DISPENSARIES..	19
FOR INFORMATION OF MEMBERS	21
TAKE - HOME MESSAGE	22

13-02-2011
OBECON 2011
13-02-2011
YOGA –THE FINAL FRONTIER FOR HEALTHY LIVING
20-02-2011
MEDICINE UPDATE 2011
27-02-2011
SYMPOSIUM ON “LOVE THY HEART”
06-03-2011
PAST, PRESENT & FUTURE ON HEPATO CELLULAR CARCINOMA
13-03-2011
ANNUAL ELECTION MEETING

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<p>1) GROUND FLOOR HALL-Sitting Capacity 300</p> <p>07.00 A.M.-02.00 P.M. Rs.14,000/- 04.00 P.M.-11.00 P.M. Rs.18,000/- 07.00 A.M.-11.00 P.M. (LAWN FREE) Rs.28,000/- AFTER 3.00 P.M.& 12.00 MIDNIGHT Rs.1,000/- <i>EXTRA PER HOUR</i> SECURITY DEPOSIT Rs.10,000/- ELECTRICITY CHARGES PER SESSION Rs.2,000/-</p> <ul style="list-style-type: none"> • 50% DISCOUNT ON RENTAL CHARGES FOR MEMBERS (NOT FOR RELATIVES & FRIENDS) • CLEANING CHARGES.....Rs.500/- • 10.30% SERVICE TAX EXTRA 	<p>2) LUPIN AUDITORIUM - Sitting Capacity 150</p> <p>04 HOURS Rs.4,000/- 06 HOURS Rs.6,000/- 12 HOURS Rs.8,000/- (CHARGES INCLUSIVE OF AVAILABLE SOUND SYSTEM) SECURITY DEPOSIT Rs.10,000/- VIDEO SHOOTING (PER CAMERA) Rs. 500/- ELECTRICITY CHARGES (PER SESSION) Rs.1,000/-</p> <ul style="list-style-type: none"> • 10.30% SERVICE TAX EXTRA • MEMBERS & NGOS 20% DISCOUNT (SUBJECT TO APPROVAL).
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For details contact our office.	
DR. B. M. INAMDAR , President	DR. ASHOK BALSEKAR , Hon. Secretary



INDIAN MEDICAL ASSOCIATION - MUMBAI WEST

I.M.A. Bldg., Behind Chandan Cinema, J. R. Mhatre Marg, J.V.P.D. Scheme, Juhu, Mumbai - 400 049.

Office : 2625 4368 / 6523 5579 FAX 2620 6517

E-mail : imamumbaiwest@yahoo.com • Website : www.imamumbaiwest.com

MANAGING COMMITTEE 2010 - 2011				
		TELEPHONE NOS.		
		Clinic	Residence	Mobile
President	: DR. INAMDAR BALKRISHNA M.	2877 2823	2873 1040	98330 54054
Imm. Past President	: DR. LELE JAYESH M.	2882 3408	2807 0340	98198 12996
Vice President	: DR. MEHTA (MRS.) ALKA B.	2683 2766	2683 2359	93232 32378
Hon. Secretary	: DR. BALSEKAR ASHOK	2682 4409	2683 9164	98205 35802
Hon. Treasurer	: DR. VAIDYA NIRANJAN R.	-	2646 2122	93204 42122
Hon. Jt. Secretary	: DR. SANGHVI PARTHIV	2628 6644	2671 4722	98203 04284

MEMBERS							
	Clinic	Residence	Mobile		Clinic	Residence	Mobile
Dr. Agarwal Nitin	26301184	26371686	9820297836	Dr. Kalambi Suresh	26796556	26835719	9819162278
Dr. Ambegaokar Hiren	26492521	26616689	9820037920	Dr. Kedia Subodh	26443276	26511297	9820404753
Dr. Bachani Manohar	26473020	26044396	9820202856	Dr. Mashru Ushma	26102877	26102977	9821872677
Dr. Badwe Rohini	28746648	26863773	9321024708	Dr. Naik Sudhir	28020614	28080867	9820149368
Dr. Baldwa Mahesh	28659137	28050268	9322990138	Dr. Patel Bhavna	26129337	26235353	9773161617
Dr. Bhatt Mehul	28812427	28634361	9320407074	Dr. Pathak Lekha	26490261	26405709	9821089961
Dr. Chaudhari Arun	28425029	28770960	9820186978	Dr. Patwardhan Suhas	28343443	28301985	9322887456
Dr. Desai Chhaya	-	26046969	9820429360	Dr. Sanghvi Rashmikant	28091510	28821510	9820048036
Dr. Desai Devesh	28351377	26840695	9821206967	Dr. Shah Dattaben C.	-	28723380	9322260292
Dr. Dudhat Sanjay	26363737	26343435	9821046063	Dr. Shah Nilesh	26147457	26148606	9321034968
Dr. Gandhi Jayant	26490229	26796795	9820082607	Dr. Shah Nitin M.	28611039	28019735	9324319735
Dr. Gupta K. C.	26121861	26493126	9820333632	Dr. Shah Subhash L.	-	-	9869089971
Dr. Gupta Sanjay	26277448	26704406	9820232606	Dr. Suru J. T.	28062159	28863220	9324362159
Dr. Joshi S. K.	26701418	26712254	9920576506	Dr. Thoravade Pratibha	-	-	9821865203
Dr. Kate Suhas	26833939	28348401	9820147041	Dr. Upadhyaya Jagdip R.	28284271	28482425	9321031220

MUMBAI - WEST SUB FACULTY OF IMA - CGP				
Asst. Director of Studies	: Dr. Bhargava Priti	-	2633 0653	98338 87603
Asst. Secretary	: Dr. Shah Ronak	2883 5658	2883 5297	93232 71274

MUMBAI - WEST CHAPTER OF IMA - AMS				
Chairman	: Dr. Patel Manoj	2614 6027	2623 5353	98210 27131
Asst. Secretary	: Dr. Patel Heena M.	2682 3179	2620 2392	93222 38372

BOARD OF TRUSTEES				
Managing Trustee	: DR. JIMULIA R. G.	2620 6850	2671 4471	98202 51107
Members of Board of Trustees	: DR. CONTRACTOR AKIL	2612 7481	2649 9870	98920 84360
	DR. MEHTA B. S.	2683 2766	2683 2359	98201 31926
	DR. SUCHAK ANIL	2889 1484	2880 1555	98200 80151
	DR. UMARJEE SAEED	2889 1523	2636 6284	98211 10975



PRESIDENTSPEAK...

YEAR OF SPLENDID TORCH!

Dear Friends,

Medical fraternity is passing through the throes of doubts and rejection. The numerous laws and rules being imposed on our Doctors are creating a doubt in our minds as to whether the authorities really want us to exist or not! Or whether they would like to continue to pressurize us in the hope that we would be severely compromised and would leave serving the community on our own!? All in all, the times are indeed difficult and trying for all of us. It is important to be together in this fight for the right initiatives leaving aside our personal differences. Only if we put up a united face and a united force will we be able to withstand this strong challenge put up by the authorities. Otherwise the writing is on the wall and may be written with indelible ink to the detriment of many of our brethren!

The emergency meeting held to consider the issue of accreditation received overwhelming response, underlining the concern shown by our members about this issue. Though the proposal of getting accredited is just and proper for the community receiving the treatment at our hands, the conditions for getting accreditation may be difficult and, in some cases, severe. We have tried to propose a consensus view pertaining to our members. This is printed elsewhere in this bulletin. These are for your consumption and action. Please understand that by no means are they the final conditions for accreditation and your suggestions on this draft are welcome! We hope that they will be accepted by QCI which is the final arbiter in these cases. However, if they don't, then we have another struggle on our hands!

The bright spot in an otherwise intriguing month has undoubtedly been our "For-The-First-Time" held "Emerging Stars of Medicine" Conference. Four "Emerging Stars" – Dr. Samir Dalwai, Dr. Sandeep Goyle, Dr. Mukesh Gupta and Dr. Uddhav Raj -were felicitated and given the prestigious citations. We heard them speaking about their special initiatives –inspiring presentations indeed! We got insights into their minds and I hope other young and upcoming practitioners will be motivated to perform well in their chosen field. Our Managing Trustee Dr. Jimulia was spot-on when he said that the organizations which fail to recognize such young stars fail to produce them! Our Judges – Prof. Dr. Yojana Gokhale, Prof. Dr. Vidya Kulkarni and Prof. Dr. Juthika Sheode- were more than just and impartial while choosing the final four. The spreadsheets and the criteria – more than 20 of them! – showed how serious the nature of work was and my compliments and kudos to them for this wonderful service to IMA Mumbai West!

Our prestigious "IMA Mumbai West Medical Education Scholarships" were handed over to four deserving and economically challenged students from four public medical colleges of Mumbai. Each scholarship was worth Rs. 25,000/- and will go a long way in addressing the unmet needs of these students. Dr. Sanjay Dudhat and Dr. Rashmikant Sanghavi took enormous efforts in finalizing the names of the students. It included taking interviews and even in some cases going to the houses of these students to find out the veracity of their application! Tremendous work indeed! My compliments to both these Chairmen for their unflinching hard work in this avenue! I was part of the interview panel and heard some of the heart-rending tales of their woes while undergoing medical education. It was truly shocking and thought-provoking experience! Mr. Raja – one of the recipient students – put it succinctly when he said, **"I am thankful to IMA Mumbai West for this scholarship. You cannot imagine what you have done to us! Yesterday we had only a past with many worries and uncertainties. Today we have a certain future full of hope and aspirations"**! He moved all of us by his response! Chief Guest Dr. Lekha Pathak was profuse in her appreciations for this novel idea. I am sure we are creating a niche in the field of

medical education with this concept, especially if we persist in continuing with it in future. The fund for the same is being created and we will approach AGM for accepting it which will be a strong step towards supporting our future prospective members! I appeal to you to participate in the making of this “history” by passing the creation of this fund in the forthcoming AGM.

I must also make a grateful mention of our member **Dr. Pramila Lodaya who graciously announced to donate Rs. 25,000/- towards one scholarship every year!** What an inspiring announcement! We are indeed thankful to you, Dr. Pramila and hope to see other motivated members doing likewise which will lessen the burden on our branch and keep the scholarship going for many more years to come!

Another contentious issue is slowly rising on the horizon. I had made an announcement in MASTACON about giving space for the office to IMA Maharashtra State for a rent of Rs. 1/- per annum, based on certain promises given by some of our senior members. We still need to work hard to fulfill this promise. Lots of roles and responsibilities have to be defined and affixed before we can even think of such step and I hope

that the needful will be done to reach the logical end before we create any precedence detrimental to our branch.

The year is coming to an end and new players will rise on the horizon. The torch of good work will continue to burn brightly in subsequent years. This year has indeed been one of a splendid torch, where many new and innovative things were tried successfully. Lot of work was done to create good precedences worth emulating for years to come! Looking at our dedicated soldiers, I have no hesitation that future of our branch is bright, full of promise and of great hope.

**“Life is no brief candle to me. It is a sort of splendid torch which I have got a hold of for the moment, and I want to make it burn as brightly as possible before handing it onto future generations.”
George Bernard Shaw**

Warm Regards,

DR. B. M. INAMDAR

President, 2010-11
9833054054
bminamdar@gmail.com

MEDICAL EDUCATION SUB COMMITTEE GREAT NEWS !!

One of our life members **Dr. Pramila Lodaya**, was so much motivated on the day of the conference with our Scholarship Awards for medical students. She announced a donation of Rs. 25,000/- every year. This amount will take care of scholarship of one student every year.

Congratulations Dr. Pramila ! Thank you for your gesture !!

We appeal to our members to come forward and be a part of this project by a similar gesture.

Dr. Rashmikanth Sanghvi
Chairperson

Dr. Sanjay Dudhat
Co-Chairperson

Dr. Ashok Balsekar
Hon. Secretary

We appreciate your feedback !!

To,
President, **Dr. B. M. Inamdar**

Congratulations for scholarships given to meritorious and deserving medical students from Mumbai West Region. I feel proud to be member of IMA – Mumbai West Branch as this is for the first time, such initiative has been taken by medical association anywhere in India.

I feel this scholarship should continue for years to come. Once again I congratulate to the whole managing committee for starting the philanthropic endeavor.

Thanking you, Yours faithfully,

Dr. Anil Dashputre



HON. SECRETARY'S DESK...

Dear Colleagues,

It is very natural as one approaches the end of a tenure to feel a sense of satisfaction and fulfillment as well as a heavy heart as one prepares to leave a seat of responsibility as well as authority. One can almost imagine how a soul of an old person must be feeling, at the time of final departure after fulfilling all his duties in life.

When one looks back and reflects on the events that unfolded in the year that has gone by, it appears so much is left undone and incomplete. So many things that could have been done better or at least done differently. But as long as one's conscience is clear that whatever was done was for the betterment of the association and in the larger interest of the fraternity, a peaceful night's sleep is the reward one gets.

It is time to start gathering on resources and prepare statutory requirements towards year end. Our annual report for year 2010 – 11 is being prepared. And when one goes through it, one can't stop wondering how so much has been achieved and how so many things accomplished within such a short time. It was possible because of team effort and believe me, it is not a cliché.

Our election programme is announced in this issue and we are looking forward to our members to feel motivated by the activities of our branch, and come forward and be a part of

the managing committee to start with. Make this branch a true representation of our fraternity.

In our continuous quest to help our members, we are publishing in this issue, standards for Clinics / Polyclinic / Dispensaries, for accreditation of clinical establishments.

These standards were decided in consultation with QCI authorities and are based on guidelines provided by QCI. Members who took part in the discussion to form these standards were President, Dr. B. M. Inamdar, Hon. Secretary – Dr. Ashok Balsekar, Dr. Suhas Pingle, past president and trustee of IMA – Mumbai West, past Hon. Secretary, IMA – MS and current member of MMC, Dr. Snehalata Deshmukh, Ex. V/C of Mumbai University & Ex. Dean of Sion & KEM Hospital and Dr. Subodh Kedia, Chairman – Public Health Sub Committee along with Mr. Prakash Gadgil of FEQH. Mr. Prakash Gadgil then had discussions with officials of QCI, who had come for Awareness programme on Accreditation of clinical Establishments, held at our branch on 02nd January 2011.

These standards are given for information of our members to help them do a "Self Audit" of their clinical establishments and be prepared for an official audit by an authority which will be appointed by QCI when clinical establishment Act comes into existence.

IMA – Mumbai West will be approaching the QCI to become an official agency to give accreditation to the clinical establishments of our members. We will need doctors to work as official auditors who will need to go to members' clinical establishments, do audit and give the recommendation for accreditation. They will of course be paid a due remuneration for their efforts.

Watch this space for further announcement.

Long Live IMA !

DR. ASHOK BALSEKAR

Hon. Secretary
drag_bal@yahoo.co.in

DON'T FORGET!!

POLIO PLUS NID ON 20.02.2011

"URGE YOUR PATIENTS TO GIVE EXTRA POLIO DOSES TO CHILDREN BELOW 5 YEARS OF AGE ON SUNDAY, 20TH FEBRUARY 2011 AT THE NEARBY BOOTHS".

G. P. FORUM

C.M.E. PROGRAMME FOR GENERAL PRACTITIONERS

**Every Tuesday
at 02.30 p.m. sharp**

Venue : **Lupin CME Auditorium**, IMA Building,
J.R.Mhatre Marg, Behind Chandan Cinema,
J.V.P.D. Scheme, Juhu, Mumbai - 400 049.

DATE	TOPIC	SPEAKER
01-02-2011	SWT – A New Modality in Non – Invasive Revascularisation	Dr.(Ms.) Koulsoom Houssein & Dr. R. L. Juvekar
08-02-2011	X-ray, CT Scan, MRI-Which and When	Dr. Deepak Patkar
15-02-2011	Pain Management	Dr. Ram Prabhoo
22-02-2011	Managing F.Bs. in ENT and Wax removal	Dr. Samir Bhargava

WEEKLY SCIENTIFIC PROGRAMME

**Lectures on Every Thursday
at 02.30 p.m. sharp**

₹ Venue : **Lupin CME Auditorium**, IMA Building,
J.R.Mhatre Marg, Behind Chandan Cinema,
J.V.P.D. Scheme, Juhu, Mumbai - 400 049.

DATE	TOPIC	SPEAKER
03-02-2011	Identification of A Sick Child	Dr. Anand Shandilya
10-02-2011	Recognizing emergencies in Haematology	Dr. Abhay Bhave
17-02-2011	Managing Emergencies in the clinic	Dr. Tushar Shah
24-02-2011	Emergencies in Neurology	Dr. P.M. Dalal

- WORKING LUNCH WILL BE SERVED FROM 01.30 PM TO 02.30 PM BEFORE EACH CME.
- CGP & IMA Members who have paid Annual Fees : FREE
- C.G.P. & IMA MEMBERS : 100/- (NOT PAID ANNUAL FEES).

► MMC ACCREDITATION HAS BEEN APPLIED FOR.

► CHARGES FOR MMC CREDIT HOURS (FOR THE ACCREDITED CMES) 50/-
APPLICABLE TO ALL IMA MEMBERS DESIROUS OF CREDIT HOURS.

EACH LECTURE CARRIES A CREDIT OF 1 HOUR EACH FOR FCGP EXAMINATION.

DR. B. M. INAMDAR **DR. ASHOK BALSEKAR**
President Hon. Secretary

DR. PRITI BHARGAVA
Asst. Director of Studies

DR. RONAK SHAH
Asst. Secretary

IMA - Mumbai West C.G.P. Sub Faculty

14-1-2011

THROUGH COURIER WITH PROOF OF DELIVERY

NOTICE

Notice is hereby given that Annual Election Meeting of the Indian Medical Association - Mumbai West will be held on Sunday, 13.03.2011 at 08.30 a.m. in I.M.A. Building, Behind Chandan Cinema, J. R. Mhatre Marg, Juhu, Mumbai - 400049 to transact the following business :-

AGENDA

1. To appoint Chief Election Officer.
 2. To conduct elections for the following posts:
 - a) Two Members Trust Board,
 - b) President,
 - c) One Vice President,
 - d) One Hon. Secretary,
 - e) One Hon. Treasurer,
 - f) One Hon. Joint Secretary,
 - g) One Asst. Director of Studies IMA - CGP Branch Sub Faculty,
 - h) One Asst. Secretary of IMA - CGP Branch Sub Faculty,
 - i) One Chairman of IMA - AMS Branch Chapter,
 - j) One Hon. Secretary of IMA - AMS Branch Chapter,
 - k) Twenty Five Members of Managing Committee,
 - l) 28 Branch Representatives on Maharashtra State Executive Committee,
- (One post is reserved for the Hon Secretary of our branch)

Note :

- No quorum shall be required for this meeting.
- Tenure of Central Council Member elected last year, will end till next year.

Dr. Ashok Balsekar
Hon. Secretary

ELECTIONS - 2011

- LAST DATE FOR RECEIVING THE NOMINATION FORMS TUESDAY, 01.03.2011 (UPTO 2.30 P.M.)
- SCRUTINY OF NOMINATIONS TUESDAY, 01.03.2011 (AT 3.00 P.M.)
- LAST DATE FOR WITHDRAWAL OF NOMINATIONS SATURDAY, 05.03.2011 (UPTO 3.00 P.M.)
- DATE OF ELECTION SUNDAY, 13.03.2011 (08.30 A.M. TO 02.00 P.M.)

THE BALLOT BOXES WILL REMAIN OPEN UPTO 02.00 P.M.
IMA I. Card or Govt. Recognized Photo Identity Card Mandatory.

14.01.2011

**THROUGH COURIER WITH PROOF OF DELIVERY
NOTICE**

Notice is hereby given that Annual General Body Meeting (Business Meeting) of the Indian Medical Association - Mumbai West will be held on Sunday, 13.03.2011 at 02.30 p.m. in I.M.A. Building, Behind Chandan Cinema, J. R. Mhatre Marg, Juhu, Mumbai - 400049 to transact the following business :-

AGENDA

- 1) Condolence.
- 2) To read and confirm the minutes of
 - i. Annual General Body Meeting held on Sunday, 14.03.2010.
 - ii. An Additional General Body Meeting held on Sunday, 09.08.2010.
- 3) To consider business arising out of the minutes.
- 4) To declare the results of the election.
- 5) To adopt the Annual Report of the Managing Committee covering all the activities of the branch. (The original reports of the other committees shall be appended to the above report) and to adopt various committee reports including the reports of CGP & AMS.
- 6) To pass "Annual Budget" of the branch for the next financial year (01.04.2011 to 31.03.2012).
- 7) To consider resolution sent by the Members / Managing Committee & to discuss various amendments proposed by Managing Committee / Members.
- 8) Any other business with the permission of the chair.

Dr. Ashok Balsekar

Hon. Secretary

- Note :**
- 50 members shall form the quorum for the Annual General Meeting (Business Meeting).
 - If there is no quorum of the appointed time for AGM, it shall stand adjourned for half - an - hour and will be held at the end of half - an - hour period at the same place.
 - Any queries regarding annual report can be sent in writing to the office upto 5.00 p.m. on or before 08th March, 2011.

MATRIMONIAL

Gujarati Doctor parents
invite alliance for their
27 year old attractive daughter
pursuing Dermatology.

Preference for postgraduate in
Medical or Engineering
settled in Mumbai.

Please contact :

Cell : 9869285520, 9146034743

Email : dermamedic9@gmail.com

MATRIMONIAL

Alliance invited from
Guajarati Vaishnav Parents
for their Daughter, Nov. 81, 5'-6',
MBBS, DNB (Ophthalmolgy)
persuing fellowship in oculooplasty
at L. V. Prasad Eye Hospital.
Looking for Post Graduate Doctor
settled in Mumbai.

Contact :

6699 4060 / 9892211284

Email : drmody@rediffmail.com

INDIAN MEDICAL ASSOCIATION - MUMBAI WEST

(Registered under Bombay Public Trust Act, 1950 no. E - 3419 - BOM)

IMA Building, J. R. Mhatre Marg, Behind Chandan Cinema, J.V.P.D. Scheme, Juhu, Mumbai-400 049.

Proforma – Nomination for Election 2011

Name of the candidate : DR. _____
(in capital letters)

ADDRESS : _____
(As per entry in the
register of the branch) _____

To,
Hon. Secretary,
Indian Medical Association - Mumbai West Branch,
Mumbai - 400 049.

Dear Sir,

I desire to send in my nomination for the following post/s of the Indian Medical Association - Mumbai West for the Election - 2011 to be held on Sunday, 13.03.2011.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____

(Please fill in clearly the name of the post/s you desire to contest)

(Please give one passport size photograph with your name written on the back along with the form)

Thanking you,

Yours truly,

Signature of the candidate

ELECTIONS - 2011

Nominations are invited for the following posts of

1. **Trust Board** : 2 Posts
2. **Managing Committee**

President	: 1 Post	Hon. Treasurer	: 1 Post
Vice President	: 1 Post	Hon. Joint Secretary	: 1 Post
Hon. Secretary	: 1 Post	Members of Managing Committee	: 25 Posts
3. **IMA College of General Practitioners (CGP) - Mumbai West Sub Faculty.**

Asst. Director of Studies	: 1 Post	Asst. Secretary	: 1 Post
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4. **IMA Academy of Medical Specialties (AMS) - Mumbai West Chapter.**

Chairman	: 1 Post	Hon. Secretary	: 1 Post
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5. **Branch Representatives on the State Executive Committee (Maharashtra)**

Number of members to be elected : 28 Posts
(One post is reserved for the Hon. Secretary of our branch)

Members desiring to file the nominations for the above posts are requested to fill in the enclosed nomination form and send the same to the office in an envelope marked as “**Nomination for Election - 2011**” not later than 2.30 p.m. on Tuesday, 01.03.2011. Additional nomination form can be obtained from the office or you may use Photostat copies.

ANNOUNCEMENTS

Public Health & Welfare Sub Committee

Public Health Sub Committee of IMA–Mumbai West has planned “**FREE SKIN CHECK UP & TREATMENT WITH LEPROSY DETECTION DRIVE**” on occasion of 63rd Death Anniversary of Mahatma Gandhi, on **SUNDAY, 30TH JANUARY 2011** between 10.00 am to 01.00 pm at Babhai Municipal Health Post, Near Meghdoot CHS Ltd. Off Devidas Lane, Near Vedant Puri, Borivali (West).

Dr. Subodh Kedia

Chairperson

Dr. Subhash L. Shah

Co-ordinator

Dr. Ashok Balsekar

Hon. Secretary

Public Health & Welfare Sub Committee

Library Sub Committee

- 1) **DR. SUNIL VASWANI**, member of Library Sub Committee has created a Medical E-Library consisting of Medical Books and presentation. Members are invited to use the same. The web address of e-library is www.bit.ly/cme_notes
- 2) Essay competition is organised on topic, “**IMMUNIZATION IN CHILDREN AND ADULTS**”. Essay should not be more than 1000 words and should be written by using our library books facilities. There will be 3 prizes.
 - 1st prize - Rs. 1000/-
 - 2nd prizes of Rs. 500 each.

The last date for submission of papers in the office will be 15th February 2011.

Dr. Dattaben C. Shah

Chairperson,
Library Sub Committee

Dr. Ashok Balsekar

Hon. Secretary

BYE-LAWS FOR CONTESTING ELECTION
(Vide Constitution, Part III – Bye Laws of the Branch)
MODE OF ELECTION OF THE MANAGING COMMITTEE & TRUST BORAD

The Office Bearers and members of the Managing Committee shall hold office for a period of one year and shall be eligible for re-election as per Bye-Laws.

- (A) The Managing Committee shall invite nominations from the members of the Branch, for the posts of President, Vice President, Hon. Secretary, Hon. Treasurer, Hon. Joint Secretary, Assistant Director of Studies and Assistant Secretary of College of General Practitioner-Sub-Faculty, Chairman and Secretary of Indian Medical Association - Academy of Medical Speciality Branch Chapter, and Twenty Five members of the Managing Committee. The nominations enclosed in a sealed envelope shall reach the office of the Branch, TEN clear days before the day fixed for election. Withdrawals of nominations shall be permitted SEVEN clear days before the day fixed for Election.
- (B) The valid nominations received from amongst the members of the Branch shall be put to vote at the Annual Election Meeting.
- (C) The Hon. Secretary and four Managing Committee Members nominated by the President shall scrutinize the nominations and report to the Managing Committee for necessary action. The candidate or his nominee may remain present at the time of scrutiny.
- (D) The names of the candidates contesting the election shall be mentioned in the ballot paper in the alphabetical order of their surnames in full. In case requisite nominations have not been received, the nominations shall be invited on the floor during Annual General Body Meeting at the time of declaration of the election results.
- (E) The same procedure will be followed in all other elections such as **members of the Trust Board, Maharashtra State Executive Committee & Members of the Central Council of Headquarters.**
- (F) Chief Election Officer shall be appointed by the chairperson of the meeting & chief election officer will appoint returning officers.
- (G) The ballot papers will be prepared by the Office. It will be counted and signed by Hon. Secretary before handing it over to Returning Officer. The Returning Officer will countersign the ballot papers before issuing to voters, who will have to sign the counterfoils of ballot paper.
- (H) No member shall be eligible for nomination for election or voting unless he has paid subscriptions up-to-date.
- (I) **ELIGIBILITY :-**
 - (i) President : No members shall be eligible to be elected as a PRESIDENT unless he has been a president in the past or a Vice President, Hon. Secretary, Hon. Treasurer or Hon. Joint Secretary for at least TWO full annual terms or two full annual terms of any combination thereof.
 - (ii) Vice President : No members shall be eligible to be elected as a VICE PRESIDENT unless he has been Vice - President, Hon. Secretary, Hon. Treasurer, Hon. Joint Secretary for a period of not less than ONE annual term and must have been a member of the branch for period of FIVE years at the time of nominations.
 - (iii) Hon Secretary-Hon Treasurer-Hon. Joint Secretary : No members shall be eligible to be elected as a Hon. Secretary or Hon. Treasurer, Hon. Joint Secretary unless he has been a member of the managing committee for a period of not less than TWO annual term & he has been a member of the branch for the period of FIVE years at the time of consideration of nominations.
 - (iv) Managing Committee members : No members shall be eligible to be member of the managing committee unless he has been a member of the branch for a period of ONE full year.
 - (v) No member of the Branch shall occupy the position of the member of the Managing Committee for a period of more than FIVE consecutive years including the post of Office Bearers. However, the same member shall be eligible for election after a lapse of one year.
IPP & co-opted member shall have the same eligibility as for the managing committee member. He shall be at par with the any other member except his term will not be counted for the purpose of election of as managing committee or office bearer.
 - (vi) No member of the branch shall occupy the position of President for a period of more than Two consecutive years. However, the same member shall be eligible to contest for the said post any time after a lapse of one year.
 - (vii) No member of the Branch shall occupy the post of Office Bearer for a period of more than THREE consecutive years. However, the same members shall be eligible to contest for the said post after a lapse of one year.
 - (J) Should there be more than allotted number of candidates for any office, the voting shall be by secret ballot preferably by electronic voting machine.
 - (K) In case of a tie, the Chairperson shall give his casting vote.
- (L) **ELECTION OF MEMBERS TO THE MANAGING COMMITTEE**
 - (i) No compulsion to caste vote for each suburb.
 - (ii) Total number of members not more than 25. One member from each suburb who secures highest number of votes shall be declared elected from that suburb from Bandra to Dahisar. Remaining 14 members shall be declared elected according to declining number of votes in favor of the members irrespective of the suburb to which he / she belongs.

(M) Till such time that branch CGP - Sub Faculty & Branch IMA - AMS Chapter adopts its constitution. Following eligibility shall apply.

- | | |
|---|--|
| (i) Election of IMA - CGP - Sub Faculty | (ii) Election of IMA - AMS Chapter |
| Asst. Director of Studies / Asst. Secretary | Chairman / Secretary |
| Member of the branch : 3 years | Member of the branch : 3 years |
| Member of the sub - faculty : 1 year | Member of the IMA-AMS Chapter : 1 year |

All the members of the branch shall be entitled to vote for the above posts of (i) & (ii). No member will hold the post for more than THREE years consecutively.

4. ELECTION TO THE CENTRAL COUNCIL AND MAHARASHTRA STATE EXECUTIVE COMMITTEE :

The procedure for election of the Central Council and Maharashtra State Executive Committee shall be the same as for the election of the Managing Committee subject to the following conditions:-

- (A) No member shall be eligible to be elected to the Central Council or Maharashtra State Executive Committee unless he has been a member of this Branch for at least two years and has been a member of the Managing Committee of this Branch for at least one year at any time.
- (B) One seat in the Central Council shall be reserved for the President of the Branch while the remaining shall be by election, or if need be by selection.
- (C) One seat in the Maharashtra State Executive Committee shall be reserved for the Hon. Secretary of the Branch while remaining shall be by election, or if need be by selection.
- (D) Any vacancy for the Central Council / Maharashtra State Executive Committee shall be filled in by the Managing Committee.
- (E) No member shall be eligible to be elected to the Central Council and or Maharashtra State Executive Committee for more than five consecutive years provided there is election and he / she will be eligible for election after a lapse of one year.

4 (A) MODE OF ELECTION OF TRUST BOARD :-

Election procedure for the election of board of trustees shall be governed by the following criteria. It shall be held during the annual general election.

ELIGIBILITY & PROCEDURE FOR ELECTION :-

- 1. He / She should have been President of the Branch for at least one full term.
Or Deposit/Life members of the association for not less than 15 years and Member of the managing committee for not less than 5 years and Office bearer for not less than 3 full terms.
- 2. Initially Board of Trustees shall consist of 5 members elected at the Annual General Body meeting for 5 years in the 1st place. In the initial 5 years, one of the members of the board of trustees will retire at the end of 3rd year, two at the end of 4th year and remaining two at the end of 5th year. The retirement will be by the number of votes in the first election or as per the lots drawn. Member with least number of votes will retire first. Subsequently rest of the members will retire as per the number of votes as per ascending order.
- 3. The retired trustee will be eligible for re-election, but not for more than two consecutive terms. If he/she desires or else in his place, any other life member eligible as in (1) above can contest the same to be elected by the general body. In case no nominations are received the trust board will be empowered to fill in the vacancy by a member who is eligible as in (1) above.
- 4. After initial 5 years, at the end of every year one of the trustees will retire by rotation, as one who is elected earlier should retire first and when the election was for more than one candidate it shall be decided by the number of votes. The one with the least number of votes shall retire first.
- 5. No member of the Trust Board shall be allowed to contest for any other post in the managing committee. The member cannot apply for both the posts i.e. the managing committee as well as the trust board. Member applying for both posts i.e. Trust board, office bearers / managing committee member shall be disqualified for both unless a candidate applying for both the posts i.e. trust board, office bearer / managing committee withdraws his nomination before the withdrawal date.
- 6. Managing Trustee of the board of Trustees shall be elected by the Board of Trustees. The tenure of the above said post will be for one year. The Managing Trustee can not hold the post for more than three consecutive years.
- 7. The President, Hon. Secretary, Hon Treasurer of the branch will be ex-officio members on the Board of Trustees. They will have rights to deliberate, discuss and exercise vote in the meetings. A minimum of 3 members of the board of trustees shall be present for any meeting of the Board. In case of a tie, the managing trustee shall exercise the right of a Casting Vote.
- 8. In case of a vacancy in the Board of Trustees, Trustees of the Board, will have right to select a member as one of the Trustees on the Board for remaining period of the year from amongst the members of the association fulfilling the criteria for the above said post.
- 9. Member of the Trust Board, desiring to contest for the office bearer / managing committee member shall resign from his membership of Trust Board before putting in his application for office bearer / managing committee member of the branch.

INDIAN MEDICAL ASSOCIATION - MUMBAI WEST

IMA - CGP MUMBAI WEST SUB FACULTY

Presents

“OBECON - 2011”

Day & Date : SUNDAY, 13TH FEBRUARY 2011

Time : 09.00 am onwards

Venue : I.M.A. Hall, I.M.A. Building, Behind Chandan Cinema,
J. R. Mhatre Marg, J.V.P.D. Scheme, Juhu, Mumbai - 400 049.

PROGRAMME

Time	Topic	Speaker
09.00 am - 09.30 am	Registration & Breakfast	
09.30 am - 09.35 am	Welcome & Introduction	Dr. Ramesh Dargad
09.35 am - 10.05 am	Etiopathology of Obesity	Dr. Manoj Chadha
10.05 am - 10.35 am	Management of Obesity	Dr. Shashank Joshi
10.35 am - 11.05 am	Diet in Obesity	Dr. Shilpa Joshi
11.05 am - 11.15 am	Tea Break ₹	
11.15 am - 11.45 pm	Obesity in Children	Dr. Tushar Bandgar
11.45 pm - 12.15 pm	Diet for Post-bariatric Surgery Patients	Dr. Nitin Patankar
12.15 pm - 12.45 pm	Psychological aspects in Obesity	Dr. Harish Shetty
12.45 pm onwards	Vote of Thanks & Lunch	

REGISTRATION CHARGES :

❖ CGP and IMA Members who have paid ANNUAL Fees = Free. (Only if Registered in Advance)

❖ CGP & IMA Members : 100/-

❖ Eligible Non Members : 200/-

▶ **EARLY BIRD LUCKY DRAW FOR MEMBERS WHO REGISTER BY 09.30 PM**

▶ **MMC ACCREDITATION HAS BEEN APPLIED FOR.**

▶ **CHARGES FOR MMC CREDIT HOURS (FOR THE ACCREDITED CMES) 50/-
APPLICABLE TO ALL IMA MEMBERS DESIROUS OF CREDIT HOURS.**

FOR REGISTRATION CONTACT : MS. APARNA / MS. SEEMA / MS. SUNITA

IMA - OFFICE TEL. NO. 2620 6517 / 2625 4368

DR. BALKRISHNA M. INAMDAR
President

DR. ASHOK BALSEKAR
Hon. Secretary

DR. RAMESH DARGAD
Programme Co-ordinator

DR. PRITI BHARGAVA
Asst. Director of Studies

DR. RONAK SHAH
Asst. Secretary

IMA - Mumbai West C.G.P Sub Faculty

INDIAN MEDICAL ASSOCIATION - MUMBAI WEST

Presents

an interesting programme of

“YOGA –The Final Frontier For Healthy Living”

Day & Date : SUNDAY, 13TH FEBRUARY 2011

Time : 05.30 pm onwards

**Venue : I.M.A. Hall, I.M.A. Building, Behind Chandan Cinema,
J. R. Mhatre Marg, J.V.P.D. Scheme, Juhu, Mumbai - 400 049.**

PROGRAMME

Time	Topic	Speaker
05.30 pm - 06.00 pm	Arrival & Registration of delegates	
06.00 pm - 06.15 pm	Introduction to Dhyan Foundation	
06.15 pm - 06.45 pm	“Sukham Sthiram Asanam”	Demonstration by Students of Yogi Ashwini
06.45 pm - 07.00 pm	Introduction to Unadulterated Yog	Practitioners of Sanatan Kriya
07.00 pm - 07.45 pm	“Anubhav”, first-hand experience of Sanatan Kriya	
07.45 pm - 08.30 pm	“The Science of Yog”	Yogi Ashwini
08.30 pm - 09.00 pm	Q & A & Closing Remarks	
09.00 pm onwards	Dinner	

Registration Fees : NIL but a must.

FOR REGISTRATION CONTACT :

MS. APARNA / MS. SEEMA / MS. SUNITA

IMA - OFFICE TEL. NO. 2620 6517 / 2625 4368

DR. BALKRISHNA M. INAMDAR
President

DR. ASHOK BALSEKAR
Hon. Secretary

DR. KETAN MEHTA
Co-ordinator

ART & CRAFT EXHIBITION

BY

OUR LADY MEMBERS WILL BE ORGANISED

ON SUNDAY 06TH MARCH 2011, 9.00 AM ONWARDS

ON THE OCCASION OF

100TH INTERNATIONAL WOMEN’S DAY.

----- DETAILS IN THE NEXT ISSUE. -----

**IMA - CGP MUMBAI WEST SUB FACULTY of
INDIAN MEDICAL ASSOCIATION - MUMBAI WEST**

Presents

“MEDICINE UPDATE”

Day & Date : SUNDAY, 20TH FEBRUARY 2011

Time : 09.15 am onwards

**Venue : I.M.A. Hall, I.M.A. Building, Behind Chandan Cinema,
J. R. Mhatre Marg, J.V.P.D. Scheme, Juhu, Mumbai - 400 049.**

PROGRAMME

Time	Topic	Speaker
09.15 am - 09.45 am	Registration & Breakfast	
09.45 am - 10.00 am	Welcome & Introduction	Dr. Ashok Balsekar
10.00 am - 10.30 am	Interesting Cases - Backache	Dr. Vishal Kundnani
10.30 am - 11.00 am	Menopause	Dr. Jayanthi Kamath
11.00 am - 11.30 am	Alcoholic liver disease	Dr. Geeta Billa
11.30 am - 12.00 noon	"PHYSIOTHERAPY" - a New approach to Back Pain	Ms. Mansi Parmar
12.00 noon - 12.30 pm	Recent Advance in Breast Cancer Surgery	Dr. Dilip Murarka
12.30 pm - 12.45 pm	Recent National Guidelines for Treatment of Malaria	Dr. Santosh Kondekar
12.30 pm onwards	Vote of Thanks & Lunch	

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❖ CGP & IMA Members : 100/- ❖ Eligible Non Members : 200/-

- ▶ **EARLY BIRD LUCKY DRAW FOR MEMBERS WHO REGISTER BY 10.00 PM**
- ▶ **MMC ACCREDITATION HAS BEEN APPLIED FOR.**
- ▶ **CHARGES FOR MMC CREDIT HOURS (FOR THE ACCREDITED CMES) 50/-
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Asst. Secretary

IMA - Mumbai West C.G.P Sub Faculty

INDIAN MEDICAL ASSOCIATION - MUMBAI WEST

IMA - CGP MUMBAI WEST SUB FACULTY

Presents

Symposium on "LOVE THY HEART"

Day & Date : SUNDAY, 27TH FEBRUARY 2011

Time : 09.00 am onwards

**Venue : I.M.A. Hall, I.M.A. Building, Behind Chandan Cinema,
J. R. Mhatre Marg, J.V.P.D. Scheme, Juhu, Mumbai - 400 049.**

PROGRAMME

Time	Topic	Speaker
08.30 a.m. to 09.15 a.m.	Registration & Breakfast	
09.15 a.m. to 09.30 a.m.	Inauguration Welcome Address	Dr. B. M. Inamdar Dr. Ashok Balsekar
09.30 a.m. to 10.00 a.m.	Preventive Cardiology	Dr. S. S. Ambardekar
10.00 a.m. to 10.30 a.m.	Hypertension	Dr. Jagdish Parikh
10.30 a.m. to 11.00 a.m.	Cardiologist – Treating Diabetes ? ?	Dr. V. T. Shah
11.00 a.m. to 11.30 a.m.	Cardiac Failure	Dr. Brian Pinto
11.30 a.m. to 12.00 noon	Dyslipidemia	Dr. Snehal Kothari
12.00 noon to 12.30 p.m.	OPD Management of Chest Pain	Dr. Anand Rao
12.30 p.m. to 01.00 p.m.	Arrhythmias in Family Practice	Dr. Yash Lokhandwala
01.00 p.m. onwards	Lunch	

Moderator : Dr .Subodh Kedia

REGISTRATION CHARGES :

- ❖ CGP and IMA Members who have paid ANNUAL Fees = Free. (Only if Registered in Advance)
- ❖ CGP & IMA Members : 100/- ❖ Eligible Non Members : 200/-
- ▶ "Early Bird Lucky Draw" for those who register by 09.30 am on Sunday, 27th February 2011.
- ▶ MMC ACCREDITATION HAS BEEN APPLIED FOR.
- ▶ CHARGES FOR MMC CREDIT HOURS (FOR THE ACCREDITED CMES) 50/- APPLICABLE TO ALL IMA MEMBERS DESIROUS OF CREDIT HOURS.

FOR REGISTRATION CONTACT : MS. APARNA / MS. SEEMA / MS. SUNITA

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DR. ASHOK BALSEKAR
Hon. Secretary

DR. SUBODH KEDIA
Programme Co-ordinator

DR. PRITI BHARGAVA
Asst. Director of Studies

DR. RONAK SHAH
Asst. Secretary

IMA - Mumbai West C.G.P Sub Faculty

INDIAN MEDICAL ASSOCIATION - MUMBAI WEST

IMA - CGP MUMBAI WEST SUB FACULTY

Presents

“NEWER INSIGHTS IN HEPATOLOGY - PAST, PRESENT & FUTURE ON HEPATO CELLULAR CARCINOMA”

Day & Date : SUNDAY, 6TH MARCH 2011

Time : 09.00 am onwards

**Venue : I.M.A. Hall, I.M.A. Building, Behind Chandan Cinema,
J. R. Mhatre Marg, J.V.P.D. Scheme, Juhu, Mumbai - 400 049.**

PROGRAMME

Time	Topic	Speaker
09.00 am - 09.30 am	Registration & Breakfast	
09.30 am - 09.45 am	Inauguration Welcome Address	Dr. B. M. Inamdar Dr. Ashok Balsekar
09.45 am - 12.45 am	PAST, PRESENT & FUTURE ON HEPATOCELLULAR CARCINOMA	Dr. N. H. Banka Dr. Ganesh Nagrajan Dr. Amit Mandot
12.45 pm to 01.00 p.m	Vote of Thanks	
01.00 p.m. onwards	Lunch	

REGISTRATION CHARGES :

- ❖ CGP and IMA Members who have paid ANNUAL Fees = Free. (Only if Registered in Advance)
- ❖ CGP & IMA Members : 100/-
- ❖ Eligible Non Members : 200/-

▶ **EARLY BIRD LUCKY DRAW FOR THOSE WHO REGISTER BY 09.30 AM**

▶ **MMC ACCREDITATION HAS BEEN APPLIED FOR.**

▶ **CHARGES FOR MMC CREDIT HOURS (FOR THE ACCREDITED CMES) 50/-
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Standards for Clinics, Polyclinics & Dispensaries

Prepared jointly by IMA Mumbai West and FEQH

In our continuous quest to help our members, we are publishing in this issue, standards for Clinics / Polyclinic / Dispensaries.

These standards are given for information of our members to help them do a "Self Audit" of their clinical establishments and be prepared for an official audit by an authority which will be appointed by QCI when clinical establishment Act comes into existence.

IMA – Mumbai West will be approaching the QCI to become an official agency to give accreditation to the clinical establishments of our members. We will need doctors to work as official auditors who will need to go to members' clinical establishments, do audit and give the recommendation for accreditation. They will of course be paid a due remuneration for their efforts.

DEFINITION :

Clinic : A standalone healthcare facility for services (other than OPD of a hospital).

Polyclinic: A clinic which provides services in 2 or more specialties, working in co-operation and sharing the same facilities

Dispensaries: A clinic which in addition to patient care, provides facilities for dispensing medicines.

Medical professional:

1. The above should be owned by a person who is in possession of M.B.B.S. Degree and is registered with Medical Council.
2. Shall; be aware about procedure to handle medico legal cases.
3. Shall notify communicable diseases to appropriate authority
4. In case if a patient is photographed, obtain written consent.
5. Shall be aware about the procedure to handle needle prick injury
6. Shall have list of specialists in the neighboring area.
7. Shall have list of emergency numbers.

Continuous Medical Education for Medical professional:

1. The doctor should attend CME of at least 6 credit hours per year out of which at least ½ hour should be on emergency medicines.

2. In case of polyclinics, all the doctors' certificates shall be available.

Waiting Area:

1. Should be well lit, comfortable and should have recreation material to make waiting experience, educative, informative & relaxing.
2. Quality Policy, Policy to treat female patients & patient's rights and responsibilities shall be displayed at least in 2 languages.
3. Fumigation shall be done once a week and record maintained.

Examination Area:

1. Shall be well lit, comfortable and should have weighting scale, Stethoscope, Thermometer, BP Apparatus, Ophthalmoscope, Auroscope, Examination trolley consisting of gloves, kidney tray, Cotton etc.
2. There should be facility to provide necessary privacy during examination.
3. Fumigation shall be done once a week.
4. It is advisable to discourage street footwear in this area.

Staff :

1. The staff should be provided with lab coat, identity card with photo.
2. The staff should undergo health check-up for communicable diseases, at least once a year.
3. The staff shall be aware criteria to identify patients who may need immediate assistance.
4. The staff shall be aware about emergency numbers and steps to be taken in case of emergency.

Records:

1. Doctor shall maintain detailed records and information regarding their patients including name, address, contact nos., medical history, allergies and other alerts (optional: blood group, HIV status), treatment plan advised, treatment rendered, medicines prescribed, etc.
2. Prescription shall be legible, signed, dated and timed.

Immunizations:

1. The doctor and the staff should be immunized for following diseases and the vaccine record shall be available. In case if the vaccination is done prior to the process of accreditation, self declaration shall be available.

2.8A Tetanus

2.8B Hepatitis-B

2. Vaccination records must be maintained.

The immunization should be for the staff that has completed 3 months of employment.

Protection:

1. The Doctor and his / her staff should use gloves, eye / face protecting shields and aprons whenever necessary.
2. Universal precautions for prevention of transmission of diseases shall be observed.

Hand wash:

1. The doctor and the staff should follow the correct procedure of hand wash / scrubbing habits.
2. For routine examination, usages of antibacterial hand sanitizer solutions available in the market are acceptable substitute for hand wash.

The clinic / polyclinic / dispensary shall demonstrate following:

1. The waiting room, examination room and toilet, if available shall have provision of illumination through emergency light.
2. At convenient location a suggestion box / book shall be available for persons desiring to use them.

3. The establishment shall be registered for removal of bio medical waste through authorized agency.
4. Correct display of time and current month calendar shall be available.
5. All the purchases must be registered in purchase order book and the purchased products must be verified.

Additional requirements: The clinic/Polyclinic /Dispensary shall have following items.

1. Glucometer
2. 1st aid box
3. Emergency medicines
4. Fire extinguisher
5. Oxygen cylinder
6. Nebuliser.

Please note that:

1. Activities not documented will not be considered as done.
2. Shall means compulsory and shroud means recommended.

The spirit of the standard is to offer guidelines in line with current practices observed in many countries.

Dr. Ashok Balsekar

Hon. Secretary

FORTHCOMING PROGRAMME OF I.C.E. SUB COMMITTEE

In February 2011

- 1) Lecture of Stress Management by Psychiatrist Dr. Chokhani at M. W. Desai Hospital;
- 2) Lecture on "Awareness of T.B., Malaria, Dengue, Leptospirosis" at Goregaon – East;
- 3) Lecture on Awareness of T.B., Malaria, Dengue, Leptospirosis" at Gandhi Nagar, Jogeshwari East.
- 4) Awareness lecture on "Cancer" by Dr. Mandar Nadkarni, Surgical Oncologist at Guru Prasad Society, Hanuman Road, Vile Parel - East.

March 2011

- 1) Medical emergency booth will be arranged on the occasion of Mahashivratri;
- 2) Rally on the occasion of World International Women's Day (04.03.2011);
- 3) Rally on the occasion of World T.B. Day (24.03.2011);
- 4) Lecture on Awareness of "HIV and AIDS" at M. W. Desai Hospital with MDACS Dept.

Dr. Pratibha Thoravade

Chairperson, I.C.E. Sub Committee

For information of Members

MUMBAI: The Medical Council of India (MCI) has released a much-awaited reform document that proposes major changes to the existing MBBS curriculum, which they think is not good enough to produce competent doctors. Academicians have said this is the first time in decades that the country with the highest number of medical colleges in the world has taken a step towards changing the face of its medical education.

Some of the proposed changes-reducing the duration of the course from four and a half to four years-has already created flutter in the medical community. However, doing away with examinations in the first three years of the MBBS course is being considered the most crucial reform. If implemented, students may have to appear for an exam only at the end of four years and another after the completion of a one-year internship.

The MCI's Undergraduate Education Working Group has asked medical colleges and stake holders from across the country to provide feedback and suggest further changes to the proposal by January 17, after which the final draft of the policy will be formulated.

Following two rounds of discussions that were held this week, medical teachers from the KEM and Nair Hospitals concluded that certain changes were "too drastic". They felt that some ideas, like exposing students to clinical knowledge more than para or pre-clinical, or in other words allowing them to handle patients right from the first year of the course, is unrealistic. Currently, their first brush with patients comes only after they are two years into the course.

The new curriculum stresses on helping students hone skills required to handle cases of rape, suicide, assault and injury. It has also been suggested that students be taught subjects like gynaecology and forensic medicine in tandem. As a part of clinical training, there will be a foundation course to focus on communication, basic clinical skills and professionalism.

A paradigm shift could be the introduction of more relevant subjects like ethics and legal medicine, genetics, HIV medicine, Assisted Reproductive Technology as electives, for which students will devote six months of the curriculum.

Proposed changes to the MBBS curriculum

- * The duration of MBBS course will be 4 years now instead of four-and-half
- * One year internship after the course remains unchanged
- * Students have to study electives for six months within the four-year timeline
- * Only two exams- one at the end of four years and another after completing internship
- * Clinical exposure or rather direct brush with patients to begin from first year
- * A mandatory set of skills will be set for students and only after certification of those skills can they get license to practice
- * Each medical colleges to be linked to a local hospital including community health centres, taluk hospitals and primary health centres that will act as their training ground
- * Contemporary approach to education such as skills lab, e-learning, m-learning and simulation
- * Flexibility in curriculum
- * Additional requirement of teaching faculty.

Dr. Ashok Balsekar

Hon. Secretary

TAKE - HOME MESSAGE

By Dr. Priti Bhargava,

Director CGP

<p>23.12.10 :Newer Vaccines - Dr. Jagruti Sanghvi Combination Vaccines-</p> <ul style="list-style-type: none"> ▶ DTwP+HepB- eg. Qvac ▶ DTwP+ Hib- eg. TetraActHib ▶ DTwP+Hib+HepB- eg. Pentavac ▶ DTaP+Hib+IPV- eg. Pentaxim ▶ Tdap- eg. Boostrix/Adacel ▶ HepA+HepB- eg. Twinrix 	<p>04.01.11 : Anti Angina Drugs - Dr. Mahesh Shah Nitrates Beta-adrenergic blockers Calcium channel blockers Ranolazine, extended-release ivabradine</p> <p>Recommended combination therapies include</p> <ul style="list-style-type: none"> - a nitrate with a beta-blocker - a dihydropyridine calcium channel blocker with a beta-blocker - The combination of a dihydropyridine calcium channel blocker with a nitrate or the combination of a rate-slowing calcium channel blocker with a beta-blocker is not recommended.
<p>11.01.11: HIV & Malignancies - Dr. Bhavana Parikh <u>AIDS-Defining Malignancies-</u> According to CDC, USA</p> <ol style="list-style-type: none"> 1) Kaposi's Sarcoma 2) Aggressive B-Cell Lymphoma like: <ul style="list-style-type: none"> ❖ Burkett's Lymphoma ❖ Diffuse Large B Cell ❖ Marginal Zone Lymphoma of MALT type ❖ Primary Effusion Lymphoma ❖ Plasmablastic Lymphoma or Oral Cavity ❖ Other Lymphomas: ❖ Peripheral T-Cell Lymphoma ❖ Classic Hodgkin's Lymphoma 3) Invasive Cervical Cancer 	<p>13.01.11 : Psoriasis - Dr. R. D. Kharkar Though it is not curable, it can be controlled with optimum medications</p> <ul style="list-style-type: none"> • Int. Psoriasis council has found: <ul style="list-style-type: none"> - Co-morbidities associated with Psoriasis (7%) - Myocardial infarction in young individual with psoriasis - Metabolic syndrome :- Obesity, hypertension, increased lipids & insulin resistance - Life expectancy is reduced by 5-10 years, (CVS & CA being common contributors) • Arthritis • Obesity • COPD • Steato-hepatitis • Depression <p>Lot of many therapies are now available but there is no substitute for "counselling".</p>
<p>18.01.2011 : Common Trauma Conditions – Dr. Ajgaonkar Nail bed injury Primary suturing of the nail bed with 6-0 or 7-0 absorbable suture. Maintain the space of the nail fold to allow for a new nail plate by placing the original nail or petroleum gauze over the nail bed.</p>	

WELCOME NEW MEMBERS

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