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Dr. Jayesh Lele
Hon. Secretary



INDIAN MEDICAL ASSOCIATION - MUMBAI WEST

I.M.A. Bldg., Behind Chandan Cinema, J. R. Mhatre Marg, J.V.P.D. Scheme, Juhu, Mumbai - 400 049.

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From the Hon. President's desk.....

Dear Friends

It gives me great pleasure and pride as I write to you as President IMA Mumbai West branch, one of the best in IMA Maharashtra State as well IMA National (INDIA).

I have been communicating to you as Hon Secretary for past 2 years and in the past.

It was honor for me to be elected President unanimously. Once again there were no elections held. I take this opportunity to thank all the members to elect me at this post. We could avoid all the elections and all the posts were unanimously elected. On behalf of our team I thank all, who withdrew from the elections. Our team shall try and involve them during the year in branch activities.

This year we have some very important issues to attend. First and foremost, the MMC election being held on SUNDAY, 26th April. The elections are being held after almost 11 years and this year it will be physical ballot and not a postal ballot like in the past. Our long drawn battle to ensure physical ballot is very important and we are sure the official panel of IMA Maharashtra and allied medical associations shall do very well.

Last 2-3 years IMA, at state as well as at national level is doing lot work which is being looked after as great boost to the medical fraternity. At Maharashtra one of the important issues taken up was attack against doctors. We have unitedly fought and the Maharashtra Govt had to get the ordinance in place to tackle this menace. Many medical associations came together at various fronts and we could impress upon the media this terror like activity. Media also supported our cause.

This year we shall be holding MASTACON 2009, IMA MAHARASHTRA STATE conference on 13th, 14th and 15th November 2009. Our branch received two CGP awards from IMA Maharashtra as well as IMA national level, so our conference shall be looked upon as model conference. It shall be a prestigious conference for all of us at branch for our members, especially for CGP members. We seek your support from you. Your suggestions



One of the important issues taken up was attack against doctors. We have unitedly fought and the Maharashtra Govt had to get the ordinance in place to tackle this menace.

will help us to do better.

We also request to join various schemes operated by IMA, Professional Protection schemes (PPS) well as Social Security schemes. (SSS). The unique feature of these schemes are that, they are wholly under control of our IMA.

Friends last 2 years in spite of the IMA HQ increasing the Life membership fees, our branch did not increase the fees. But this during the Annual general body meeting held on 15th March 2009, have advised us to increase the fees. We could request for 2 months delay to inform all and give a boost to our membership drive intensively. The new fees structure shall be applicable from 1st June 2009. Please inform all your friends about the benefits of being the member of IMA, especially member of our prestigious branch wherein we give 50 % concession to IMA members of our branch in hall bookings.

Friends, do communicate to us your suggestions and views. We have noticed that many communications from our office like IMAGE magazine (soft copy) sent through the email bounce, so please send your change in data, especially emails for better communications. You can just send a email to us, so that we can save to the address book.

LONG LIVE IMA
Dr Jayesh Lele
Cell : 981 981 2996.
Email : drjayeshlele@yahoo.com



WEEKLY SCIENTIFIC PROGRAMME

**Lectures on Every Thursday
at 2.30 p.m. sharp**

Venue : **Lupin CME Auditorium**, IMA Building,
J. R. Mhatre Marg, Behind Chandan Cinema, J.V.P.D.
Scheme, Juhu, Mumbai - 400 049.

DATE	TOPIC	SPEAKER
02.04.2009	Recent advances in Lasik & Cataract surgery	Dr. (Mrs.) Tripti Mongia
09.04.2009	Skin & Systemic Disorders	Dr. R. D. Kharkar
16.04.2009	Interesting Case Discussions : Child with Lymphnode Enlargement ? Young Girl with Splenomegaly?	Dr. Reetu Jain
23.04.2009	Male Osteoporosis	Dr. Rakesh Nair
30.04.2009	Platelet Dysfunction in CAD	Dr. Rajeev Bhagwat
07.05.2009	Malaria Update	Dr. Anil Balani
14.05.2009	Cost Effectiveness in Family Practice	Dr. Subodh Kedia

Each Lecture Carries Credit of 1 Hour for FCGP Examination.

G. P. FORUM - ADDITIONAL C.M.E. PROGRAMME FOR GENERAL PRACTITIONERS

**Every Tuesday
at 2.30 p.m. sharp**

Venue : **Lupin CME Auditorium**, IMA Building,
J. R. Mhatre Marg, Behind Chandan Cinema, J.V.P.D.
Scheme, Juhu, Mumbai - 400 049.

DATE	TOPIC	SPEAKER
07.04.2009	W.H.O. Day Health Facilities in Emergencies	
14.04.2009	Preparation of will: Dr. Mahesh Baldwa, Advocate R.B. Jaiswala & Dr. Rashmi Oza	
21.04.2009	Hemophilia (WORLD HEMOPHILIA DAY)	Dr. Abhay Bhawe
28.04.2009	Role of Beta Blockers in Non-Cardiac Surgery	Dr. Ramesh Dargad
05.05.2009	Challenges in Asthma (WORLD ASTHMA DAY)	Dr. Sanjeev Mehta
12.05.2009	Systemic Auto-Immune Disorders - (WORLD CHRONIC FATIGUE AND IMMUNE DYSFUNCTION DAY)	Dr. Yojana Gokhale

Each Lecture carries A Credit of 1 Hour Each For FCGP Examination.

Dr. Anil Suchak
President

Dr. Jayesh Lele
Hon. Secretary

Dr. Subodh Kedia
Asst. Director of Studies

Dr. Priti Bhargava
Asst. Secretary

IMA - Mumbai West C.G.P. Sub Faculty



From the Hon. Secretary's desk.....

Dear Members,
I sincerely thank each and every one of you for reposing faith and confidence in me and our team under the leadership of Dr. Jayesh Lele & electing us uncontested. I highly appreciate the kindness & generosity of few contestants who withdrew their nominations unconditionally saving our branch from a major election exercise and expenses. My sincere thanks to them as well.

I also express my deep gratitude, sincerest thanks & highest appreciation to my mentors viz Dr. Bakulesh Mehta, Dr. Suhas Pingle, Dr. Jayesh Lele, Dr. Arshad Gulam, Dr. B. M. Inamdar, Dr. Rashmikant Sanghvi, Dr. Mehtalia, Dr. Navin Chatwani & others who inspired & guided me immensely towards my involvement and association with our branch and shaped my career.

I look forward to a year full of CME programmes, Cultural Activities, Public Health & Welfare programmes and other activities with the help, co-operation & best possible involvement of all of you along with the best contribution from our respected trustees, my co-office bearers and managing committee members. Please participate in all our programmes and inspire us to perform still better.

Friends, as you are all aware by now with the fact that we will be hosting IMA – Maharashtra State Annual Conference – MASTACON 2009 this year at our premises. It will be held from 13th November to 15th November 2009. I aim at trying best and leaving no stone unturned to present the best memorable conference. I solicit the co-operation from each and every one of you in this regard.

The renovation of our premises is nearly complete although at present, we have to bury deep in our hearts the mission of reconstructing badminton hall of standard height which used to be golden asset of our branch in past. Friends, many of the procedural issues like CC & OC, our water & property assessment taxes regularization by municipal corporation, PAN Card, property & our change of name

“

I look forward to a year full of CME programmes, Cultural

Activities, Public Health & Welfare programmes and other activities with the help, co-operation & best possible involvement of all of you along with the best contribution from our respected trustees, my co-office bearers and managing committee members.”



Mumbai West form BWS & approval of our constitution at charity commissioner level & many others – are still need to be completed. We will have to be committed to complete all these vital issues as top priority. These procedures are tedious, time consuming, taxing & highly complicated and at times frustrating but I assure you our full involvement & maximum contribution on behalf of trust board & office bearers.

Friends, I have been associated with our branch since 1994. I will highly welcome your suggestions in discharging my duties smoothly during my tenure & you all reserve the right & privilege to point out & correct me whenever I am erring. I will highly appreciate your kind gesture in this regard.

MMC Elections will be held on Sunday, 26th April 2009. Please make it a point to cast your vote.

In the coming month of April we have organized **WHO Day programme** on Tuesday, 07th April 2009 and programme on **“Will”** on Tuesday, 14th April 2009.

I thank you once again and assure you happy times in a year to follow.

Dr. S. K. Joshi
Hon. Secretary



REPORT OF "GOLDEN YEARS" PART - V

"AGING BONES."

The concluding session of the series of "GOLDEN YEAR" programmes for senior citizens for the year 2008-2009 was held on 24 Feb 09. The popularity of such programmes is increasing as is evidenced by the increasing number of persons attending. We reached a wider section of senior citizens by announcing in the new papers –The Times of India, Maharashtra Times, Asian age etc. We also sent SMS and telephonic reminders.

The fifth programme had a bigger attendance (124) following newspaper announcements.

A lecture was given by Dr Vijay Panjwani on "Aging Bones."—a burning problem for elders today. Dr Jayesh Lele gave the welcome speech. Dr Kusum Doshi introduced the speaker Dr Vijay Panjwani. This time we gave lunch to all who attended. Emphasis was made as regards

Osteoporosis, Osteomalacia and Fractures.

The lecture was very informative and helpful to both doctors and lay people. Dr Panjwani told not to hesitate to ask people to assist them to cross the road. He also emphasized to use a walking stick to maintain balance and prevent falls and fractures. He also spoke on the arrangement of furniture and to avoid slippery bathroom and floors..

There were many questions put up the audience. All the questions were answered to every one's satisfaction. The programme concluded by a vote of thanks by Dr Kusum Doshi. A bouquet was given to Dr Vijay Panjwani by Dr Jayesh Lele.

Dr Kusum Doshi
Con. Geriatric cell

Report of Public Health & Welfare Sub Committee

We had conducted Public health & Welfare Medical Camp on Monday 23rd February 2009, at Shiv Mandir, Gumpha Road, Jogeshwari (East), on Mahashivratri festival from 8.00 am to 8.00 pm.

Our Hon. Secretary Dr. Jayesh Lele graced the occasion. Following people were kind enough to provide us a good ambience & excellent facilities to conduct the above event.

- | | |
|------------------------------|---|
| 1) Mr. Jaspal Singh Ragi | - Incharge of
Meghwadi
Police station |
| 2) Mrs. Ujwala Modak | - Local Councilor |
| 3) Mr. Surendra Kumar Tiwari | - Leading BJP
Leader |
| 4) Mr. Pandurang Patil | - Temple Priest
of Shiv Mandir |
| 5) Mr. Gajanan Patil | - Temple Priest
of Shiv Mandir |

- 6) Mr. Himmatram Chauhan
- 7) Mr. J. B. Thakur
- 8) Mr. B. B. Mehra

Following doctors attended the Camp.

- 1) Dr. Pratibha Thoravade
- 2) Dr. Suresh Kalambi
- 3) Dr. Kamlesh Gandhi
- 4) Dr. Pramila Lodaya
- 5) Dr. Sudha Saraiya
- 6) Dr. Shailaja Rane
- 7) Dr. Manda Mulherkar
- 8) Dr. Dharnikumar

Dr. Akil Contractor
Chairman
Public Health & Welfare Sub Committee



REPORT : ELECTION 2009

MANAGING COMMITTEE 2009-2010

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DR. LELE JAYESH ELECTED UNOPPOSED

VICE PRESIDENT

DR. INAMDAR BALKRISHNA M . ELECTED UNOPPOSED

HON. SECRETARY

DR. JOSHI S. K. ELECTED UNOPPOSED

HON. TREASURER

DR. HARIANI AJAY ELECTED UNOPPOSED

HON. JOINT SECRETARY

DR. MEHTA ALKA B. ELECTED UNOPPOSED

IMA - C.G.P. MUMBAI WEST BRANCH SUB FACULTY

ASST. DIRECTOR OF STUDIES

DR. KEDIA SUBODH ELECTED UNOPPOSED

ASST. SECRETARY

DR. BHARGAVA PRITI ELECTED UNOPPOSED

IMA – AMS MUMBAI WEST BRNACH CHAPTER

CHAIRMAN

DR. SANGHVI RASHMIKANT ELECTED UNOPPOSED

HON. SECRETARY

DR. PATEL HEENA ELECTED UNOPPOSED

MANAGING COMMITTEE MEMBERS

BANDRA :

DR. PARIKH HITESH ELECTED UNOPPOSED

DR. PATHAK LEKHA ELECTED UNOPPOSED

KHAR :

DR. VAIDYA NIRANJAN R. ELECTED UNOPPOSED

SANTACRUZ :

DR. CONTRACTOR AKIL ELECTED UNOPPOSED

DR. KAMDAR BIPIN ELECTED UNOPPOSED

VILE PARLE :

DR. DOSHI KUSUM ELECTED UNOPPOSED

DR. SANGHVI PARTHIV ELECTED UNOPPOSED

DR. SHAH NILESH ELECTED UNOPPOSED

ANDHERI :

DR. CHAWLA MANOJ ELECTED UNOPPOSED

DR. DESAI DEVESH ELECTED UNOPPOSED

DR. GUPTA SANJAY ELECTED UNOPPOSED

DR. KALAMBI SURESH ELECTED UNOPPOSED

DR. KATE SUHAS ELECTED UNOPPOSED

DR. KHOSLA SANJEEV ELECTED UNOPPOSED

DR. PATEL BHAVNA ELECTED UNOPPOSED

DR. SHETTY UMESH ELECTED UNOPPOSED

JOGESHWARI :

DR. VAID ZUBIN ELECTED UNOPPOSED

GOREGAON :

DR. BADWE ROHINI ELECTED UNOPPOSED

DR. CHAUDHARI ARUN ELECTED UNOPPOSED

MALAD :

DR. JOSHI KAUSHIK ELECTED UNOPPOSED

DR. MEHTA KETAN ELECTED UNOPPOSED

KANDIVLI :

DR. DUA ATUL ELECTED UNOPPOSED

BORIVLI :

DR. BALDWA MAHESH ELECTED UNOPPOSED

DR. NARENDRAKUMAR ELECTED UNOPPOSED

DAHISAR :

DR. TIWASKAR MANGESH ELECTED UNOPPOSED

**DR. JAYESH LELE, HON. SECRETARY
(2008-2009)**



**FOR THE POST OF REPRESENTATIVE
ON STATE EXECUTIVE (MAHARASHTRA)
(26 POSTS)**

1. DR. JOSHI S. K.
(Reserved as Hon. Secretary)
2. DR. AITHAL K. S.
3. DR. BADWE ROHINI
4. DR. BALSEKAR ASHOK
5. DR. BHAVE VIJAY
6. DR. DESAI ASHOK
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11. DR. KAMDAR BIPIN
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23. DR. SHAH SUBHASH L.
24. DR. SUCHAK ANIL
25. DR. TRIVEDI BHARAT
26. DR. UPADHYAYA JAGDIP R.
27. DR. WADEKAR SHASHIKANT

DR. JAYESH LELE
HON. SECRETARY
(2008-2009)

**FOR THE POST OF REPRESENTATIVE ON
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5. DR. BHAVE VIJAY
6. DR. DESAI ASHOK
7. DR. GUPTA K. C.
8. DR. INAMDAR BALKRISHNA M.
9. DR. JIMULIA R. G.
10. DR. JOSHI S. K.
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20. DR. PATEL HEENA
21. DR. REGE NARENDRA
22. DR. SANGHVI PARTHIV
23. DR. SUCHAK ANIL
24. DR. TRIVEDI BHARAT
25. DR. UPADHYAYA JAGDIP R.
26. DR. WADEKAR SHASHIKANT

DR. JAYESH LELE
HON. SECRETARY
(2008-2009)



REPORT OF NEPHRO-UROCON 2009

IMA – CGP Sub Faculty of our branch has organized an excellent and unique programme of unique Nephro-urocon 2009 on Sunday, 08th March 2009 on the occasion of WORLD KIDNEY DAY which falls on 12th March. The programme was held at our branch premises from 09.00 am to 02.00 pm.

President Dr. Anil Suchak welcomed the delegates. Past President & leading senior ENT surgeon from Santacruz (West) – Dr. K. B. Bhargava inaugurated this programme. This conference was addressed by leading nephrologists & urologists of Mumbai. Dr. Umesh Khanna gave the introductory address. Dr. Umesh Oza gave an interesting overview of Renal Transplant & Stressed the need of organ donation. Dr. Arun Shah presented an excellent talk on Proteinuria. Dr. Alan Almeida enlightened the delegates on the topic of Hematuria. Dr. Umesh Khanna discussed at length the practical approach to a case of edema. Dr. Shrikant Badwe presented an excellent account of various intriguing issues with Benign Prostatic Enlargement. The panel

discussion in the end on urinary stone problems was highly informative & interactive with the distinguished panelists - Dr. Bharat Shah, Dr. Shrikant Badwe & Dr. Umesh Oza.

Hon. Joint Secretary Dr. S. K. Joshi presented a vote of thanks.

The whole programme was excellently moderated by Dr. Umesh Khanna & Dr. Shrikant Badwe.

The programme was well attended by more than 130 delegates & was very well appreciated.

We acknowledge the great help we received from Dr. Umesh Khanna & Dr. Shrikant Badwe in organising this programme.

We express the sincerest thanks to them for co-ordinating the programme in an excellent manner.

We also thank sponsor **M/s. Dr. Reddy's Lab., M/s. Intas, M/s. Micro Lab. M/s. Shanta Bio –tech & Mumbai Kidney Foundation** for supporting this scientific conference.

Dr. Jayesh Lele
Hon. Secretary

REPORT OF HYPERTENSION & KIDNEY SYMPOSIUM

Public Health & Welfare Sub Committee of our branch & Medical Club of Vile Parle had organized an interesting symposium on **HYPERTENSION & KIDNEY** to commemorate WORLD KIDNEY DAY on **THURSDAY, 12TH MARCH 2009** at IMA – Mumbai West Branch Premises from 01.30 pm onwards.

hon. Secretary Dr. Jayesh Lele welcomed the delegates, honourable trustee, past president & senior ENT Surgeon from Western Suburbs – Dr. Saeed Umerjee inaugurated the symposium.

The symposium was addressed by leading Nephrologist & Urologists of Mumbai. Dr. Umesh Khanna gave the introducing address. In the first part there were 3 lectures. Dr. Sharad Sheth highlighted the Etiopathology of Hypertension. Dr. Arun Shah gave the interesting talk on Treatment of Hypertensive. Dr. Bharat Shah presented an excellent Account of Treatment Options on Chronic Kidney Failure. These talks were excellently chaired by Dr. Ramesh Rao & Dr. Matin D'souza.

In the second part of symposium there was panel discussion. The panelists were Dr. Jayesh Desai, Dr. Niranjan Kelkar, Dr. Rubbi, Dr. Borkar & Dr. Arun Shah. The panelist answered the queries from audience regarding various issues on hypertension. The panel discussion was excellently moderated by Dr. Umesh Khanna.

This symposium was attended by more than 150 delegates. Everybody found symposium very informative, interesting & up-dating.

Hon. Secretary Dr. Jayesh Lele proposed a vote of thanks.

We acknowledge & express our sincere thank for excellent help & co-operation we receive for Mumbai Nephrology Group in organizing this programme.

We sincerely thank M/s. Max New Yark Life Insurance Co. Ltd & Mumbai Nephrology Group for supporting.

Dr. Jayesh Lele
Hon. Secretary



REPORT OF PUBLIC AWARENESS OF KIDNEY DISEASE & PREVENTING CKD PROGRAMME

The Public Health & Welfare Sub Committee of our branch, Medical Club of Vile Parle & Mumbai Kidney Foundation had jointly organized an excellent and unique programme of **Kidney Diseases Awareness and Prevention of Chronic Kidney Failure** on **Sunday, 08.03.2009** at IMA – Mumbai West Branch premises from 09.00 am to 12.00 noon. This programme was arranged to observe **World Kidney Day** which falls on 12th March. The chief motive of this programme was to highlight the awareness about kidney disorders in general public.

Hon. Secretary Dr. Jayesh Lele welcomed everybody. The programme started with medical checkup including BP measurement of all participates. After this each participants blood & urine collection was done. The blood check up included pathological investigation like CBC, FBS & Serum Creatinine, BUN.

This was followed by short break wherein each participant was give tea & breakfast. This was followed by audiovisual presentation on kidney diseases. This year's who slogan was **Kidney Disease is Common Harmful and Preventable**. Chief coordination of this programme and chairman – Mumbai Kidney Foundation – Dr. Umesh Khanna gave the inaugurate talk. Dietician

Ms. Archana Rai gave very information presentation on diet for the general public.

An interaction session followed this wherein the participants asked questions. Hon. Joint Secretary Dr. S. K. Joshi – Managing Committee Member & General and Laproscopic Surgeon Dr. Parthiv Sanghvi & Co-convener Geriatric cell, Dr. Kusum Doshi answered the various queries of audience. Everybody found programme very enlightening & lively. The participant were requested to collect pathological reports with necessary medical advice after 3 to 4 days. Chairperson of Public Health & Welfare Sub Committee – Dr. Akil Contractor proposed a vote of thanks. This camp attended by more than 60 people took advantage of this awareness programme.

We thank following sponsors for supporting the event.

- M/s. Dr. Reddy's Lab.,**
- M/s. Intas, M/s. Micro Lab.**
- M/s. Shanta Bio – Tech & Mumbai Kidney Foundation**

We sincerely thank & acknowledge the invaluable help we received for leading Nephrologist of Western Suburbs – Dr. Umesh Khanna in organizing this programme.

Dr. Jayesh Lele
Hon. Secretary

Dr. Akil Contractor
Chairman, Public Health & Welfare Sub Committee

REPORT OF MEDICAL CAMP FOR SENIORS

Public Health & Welfare Sub Committee of our branch & noon tide seekers association (Alumni of St. Columba School, Gamdevi, Mumbai) had jointly organized an excellent & unique programme of **“An Interactive Session on Orthopaedic & Gynaec Related Issues”** at our branch premises on **Sunday, 22nd March 2009** from 02.30 pm onwards.

Nearly 90 participants attended this session. Initially Leading Orthopaedic & Joint Replacement Surgeon of Western Suburbs - Dr. Ram Prabhu & Leading Gynaecologist of Western Suburbs – Dr.

(Mrs.) Meena Prabhu addressed the audience. They also answered various queries of audience very satisfaction.

Then each participant was checked for Bone Density, Pap Smear & Random Blood Sugar & appropriate physical examination. The programme was followed by high tea. Participant appreciated the programme very well.

We thank Dr. Ram Prabhu, Dr. (Mrs.) Meena Prabhu & the whole team for Noon Tide Seekers Association for their valuable help in organizing this programme.

Dr. Jayesh Lele
Hon. Secretary

Dr. Akil Contractor
Chairman, Public Health & Welfare Sub Committee



Indian Medical Association - Mumbai West Branch
presents

“WORLD HEALTH ORGANIZATION DAY PROGRAMME ”

on this year's C.M.E theme

“SAVE LIVES! MAKE HOSPITALS SAFE IN EMERGENCIES”

Day & Date : **TUESDAY, 7TH APRIL 2009.**

Time : 02.30 p.m. to 4.15 p.m.

Venue : Lupin CME Auditorium, I.M.A. Building, J. R. Mhatre, Behind Chandan Cinema,
J.V.P.D. Scheme, Mumbai - 400 049.

PROGRAMME

Time	Topic	Speaker
01.30 p.m. - 02.30 p.m.	Lunch	
02.30 p.m. - 02.40 p.m.	Welcome	Dr. S. K. Joshi - Hon. Secretary
	Inauguration & Introduction Lighting The Lamp	Dr. Jayesh Lele - President
02.40 p.m. - 03.00 p.m.	Neuro Emergencies	Dr. Abhaya Kumar
03.00 p.m. - 03.20 p.m.	Complex Fractures	Dr. Ashish Jain
03.20 pm. - 03.40 pm.	Management of Blunt Abdominal Trauma	Dr. Hemant Vadeyar
03.40 pm. - 04.00 pm	Handling Emergencies with Safety	Dr. Sanjay Mehta
04.00 p.m. - 04.15 pm.	Questions & Answers	
04.15 pm	Vote of Thanks	Dr. Parthiv Sanghvi

Moderator : Dr. Balkrishna M. Inamdar

- Kindly Register Early to Avoid Disappointment.
- No Registration Charges, but Advance Registration is Compulsory.
- **Early Bird Lucky Draw for Members Who Register by 02.00 pm**

FOR REGISTRATION CONTACT : MS. SEEMA / MS. SUNITA
IMA OFFICE, TEL. NOS : 2620 6517 / 2625 4368

Dr. Jayesh Lele
President

Dr. S. K. Joshi
Hon. Secretary



ANNUAL DAY CELEBRATIONS

ALL ARE CORDIALLY INVITED WITH FAMILY AND FRIENDS
FOR OUR ANNUAL DAY CELEBRATIONS

ON

SUNDAY, 05TH APRIL 2009
FROM 6.30 P.M. ONWARDS

AT

OUR AIR CONDITIONED CONFERENCE HALL

I.M.A. BUILDING, J. R. MHATRE MARG, BEHIND CHANDAN CINEMA,
J.V.P.D. SCHEME, JUHU, MUMBAI - 400 049.

PROGRAMME

- GRAND MUSICAL EVENING.
- INSTALLATION OF OFFICE BEARERS AND NEW MANAGING COMMITTEE. (2009-2010)
- DINNER - 09.00 P.M. ONWARDS.
- MEMBERS / CHILDREN WHO ARE INTERESTED TO SING, PLEASE CONTACT TO OFFICE AND GIVE THEIR NAMES

REGISTRATION CHARGES

MEMBERS AND FAMILY MEMBERS : RS.50/-
GUESTS : RS.150/-

KINDLY REGISTER EARLY TO AVOID DISAPPOINTMENT
FOR REGISTRATION CONTACT : MS. SEEMA / MS. SUNITA
IMA - OFFICE TEL. NO. 2620 6517 / 2625 4368

Dr. Anil Suchak
President

Dr. Jayesh Lele
Hon. Secretary



**INDIAN MEDICAL ASSOCIATION - MUMBAI WEST
IMA – CGP MUMBAI WEST SUB FACULTY**

presents

“ORTHOPAEDIC UPDATE”

Day & Date : Sunday, 26th April 2009.

Time : 10.00 a.m. to 12.00 a.m.

**Venue : IMA – Lupin Auditorium I.M.A. Building, J. R. Mhatre Marg,
Behind Chandan Cinema, J.V.P.D. Scheme, Juhu, Mumbai - 400 049.**

PROGRAMME

Time	Topic	Speaker
10.00 am - 10.30 am	Registration & Tea	
10.30 am - 10.45 am	Welcome Address	Hon. Secretary - Dr. S. K. Joshi
	Inaugural Address	President - Dr. Jayesh Lele
	Introduction	Dr. S. K. Kedia
10.45 am - 11.45 am	Orthopaedic Update	Dr. Vinod Agrawal Consultant Ortho-Spine Surgeon
11.45 am - 12.00 noon	Vote of Thanks	Dr. Priti Bhargava
12.00 noon	Lunch	

: Registration Charges :

- IMA Members : Free But Prior Registration is Must.
- Eligible Non Members : Rs.150/-

FOR REGISTRATION CONTACT : MS. SEEMA / MS. SUNITA

IMA - OFFICE TEL. NO. 2620 6517 / 2625 4368

Dr. Jayesh Lele
President

Dr. S. K. Joshi
Hon. Secretary

Dr. Subodh Kedia
Asst. Director of Studies

Dr. Priti Bhargava
Asst. Secretary

IMA - Mumbai West C.G.P. Sub Faculty



FOR YOUR HEART STRINGS



Dr. Rajiv Anand

Can we learn something from them?

Dear Friends! I feel grateful to many people who in passing unknowingly teach us vital lessons of life; a learning which no book can impart. No matter how educated we may be or how many books we can afford to buy... there is no substitute to learning from the experience called life.

Recently I met four people from our profession who captured my attention. The first story is of a top consultant with a substantial income, from which first he bought a shop and gave it on rent. From this deposit and rent he bought another office, let it out on rent, and bought another Industrial Gala which he gave to his nephew. Then he bought a flat in another city. He did all of this of course to invest his money. Today however, he laments over the waste of his precious time that goes in managing these acquisitions. He can't rely on anyone else for this work, he says. He has to pay electricity & society bills and issue receipts to tenants. He must keep a tab on regularity of receipts of rent and manage to arrange a new tenant when one leaves. All in all, he has no time left for relaxation or leisure.

Another friend recounted his story about how his after-clinic hours are spent meeting potential clients, to whom he promotes exclusive products of a multinational, multilevel direct marketing company. He ensures that his petrol and telephone expenses are met through this extra business. He was proud of this achievement and tried his best to motivate me to join his 'tree' to get some extra income.

A senior doctor from the suburbs is aggrieved

over his daughter's wish to wed a guy from another religion and state. In her confrontation with him, she was bitter that he seemed to have never cared or spent time with the family in the past, so why bother with concern now. This accusation made my doctor colleague sad and terribly regretful over the loss of those initial years where he could have spent quality time with his kids. Resigned & broken down, he said it was too late now and he has lost their goodwill.

Then there is the wife of a 40 year old busy doctor who agonizes over her feelings of worthlessness, neglect and depression. She and her husband have not shared an intimate relationship for over 5 years. Besides the extremely busy schedule, his image consciousness as a senior and popular doctor doesn't allow him to take his wife out for dinner, drive or ice cream, etc. Unfortunately, he finds indulging in such leisure activities a complete waste of his precious time at "this age and stage of his career". His wife, who herself is a doctor, finds it difficult to share this truth with any relative, fearing loss of respect for her husband in their eyes. Hence, she continues to suffer alone.

All the stories mentioned above are few among the many stories of professional colleagues who approach me every month. All of them are well placed in society. They have name, fame, luxuries, money, property etc, yet real happiness eludes them. Sadly, they are clueless over how, when and where they lost this happiness and what they got in lieu of it. They are surrounded by every comfort, security, popularity but somewhere deep inside they lead life as empty and hollow human beings. Today, they EXIST; they don't LIVE life!

Someone has rightly said... The height of our success is measured by what we had to give up in order to get it.

Could we learn something from this? Think about it.

Any feedback is welcome at drrajivanand@gmail.com or 98189266862 ■



INDIAN MEDICAL ASSOCIATION MAHARASHTRA STATE

[REGISTERED UNDER BOMBAY PUBLIC TRUST ACT 1950, NO. F—166 (PUNE)
IMA MWS Building, 2ND Floor, J. R. Mhatre Marg, J.V.P.D. Scheme, Juhu Mumbai- 400 049
Tel. (022) 26232965, 65215756 Fax. (022) 26233890, Email. : imamsmumbai@yahoo.co.in
Web Site : imamaharashtrastate.org, Time : 10.30am.— 5.30 p.m. (Tuesday Closed)

President Dr. Arun B. Pawade (Arvi) (07157)223750 M-9373240703	Imm. Past President Dr. Devendra K. Shirole (Pune) (020) 2447327 / 65220138 M- 9822108183 / 9422001434	Hon. State Secretary Dr. Suhas H. Pingle (MWS) © 022-26127096 M- 9322250830	Hon. Treasurer Dr. S. S. Utture (Mumbai) (022) 24305373 M-9820089321
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MAHARASHTRA MEDICAL COUNCIL (MMC) ELECTIONS – 2009 'IMA – AMC – MGMOA'

A Joint Panel of:

Indian Medical Association (Maharashtra State)
Association of Medical Consultants (AMC)
Maharashtra Association of Gazetted Medical Officers (MGMOA)

List of Contestants:

- DR DESHMUKH UDDHAV AMRAVATI (Surgeon)
- DR GUPTA SANJAY PUNE (Gynecologist)
- DR KADAM SANTOSH THANE (Paediatrician)
- DR PANDIT BIPIN MUMBAI (Gynecologist)
- DR PINGALE SUHAS MUMBAI WEST (Family Physician)
- DR RAO SURESH MUMBAI (Surgeon)
- DR TAORI KISHOR NAGPUR (Radiologist)
- DR UTTURE SHIVKUMAR MUMBAI (Surgeon)
- DR WANKHEDKAR RAVI DHULE (Surgeon)

Panel's Unique Points:

- Struggled and succeeded in making the MMC elections free of fraud and deceit
- Campaigned and got the special ordinance passed to protect doctors against violence and vandalism
- A band of NINE dedicated and honest physicians drawn from various specialties and sections
- Well known names, who have served the medical fraternity through various associations
- Extraordinarily talented doctors, who are committed to serve doctors' cause in MMC

Please Remember:

- It is physical ballot this time
The polling date is **April 26, 2009, Sunday 8.00am to 5.00pm , AT GOVT HEALTH UNIT
Govt colony, Opp Collector's office, near MIG Colony, Bandra East**
- Please contact your IMA, AMC, MAGMO leaders for details of polling centers (Govt. Medical Colleges / Civil Hospitals in the Dist. Places) for other details.
- Please keep your MMC ID card ready for identification at polling center

Supported by:

- Maharashtra Association of Resident Doctors (MARD)
- General Practitioners' Association (GPA)
- MOGS
- And Many More

Please pass on this information to your collogues, Members & Doctor Friends.

PLEASE VOTE FOR THEM & WORK FOR THEM

Dr. Suhas H. Pingle
Hon. State Secretary, IMA Maharashtra State



M.M.C. Elections

Desr friends,

I am sure, all of you must be aware by this time that the M.M.C. Elections are declared to be held by Mid April. You would also remember that the last Elections were held in the year 1999. The same were declared Null & Voide by the Bombay High Court. So after 10 long years of "Rule of Administrator" the MMC is poised to get an elected body.

The MMC has following important functions to perform:

1. To keep Register of the Members
2. To hear & decide the complaints against the Doctors
3. To take action against the Erring Doctors
4. To prescribes Code of Conduct & Ethics

Recently the MMC carried out an exercise of Renewal of Registration. Surprisingly, the number of Doctor's who renewed (about 66000) the Registration is less than the number of Doctor's who were on the Register of MMC in 1999(about 84000). These figures are updated up to 31.12.2008. Obviously, many of us have missed the bus. Those who have personally visited the MMC office would agree with me that the Council needs a total Revamp. With this view, Dear Members, the IMA MS has decided to contest these Elections. This is in accordance with the Aims & Objects of the IMA. We are going to collaborate with other Medical Organizations like AMC, GPAGB, MAGMO, Medical Teachers Associations & Other like minded Organizations.

"The panel" proposes to make following improvements / changes in the MMC functioning.

1. To make the process of registration more doctor friendly by having adequate staff, proper display of information on notice board etc. To create adequate space for the process of registration.
2. While attending the complaints against the doctors we will make the council have a doctor friendly human approach.
3. Action against erring doctors would be proportionate to the nature of act of commission or omission.
4. While prescribing Code of Conduct & Ethics we will also like to think of rights of the doctors.
5. We will strive to make the functioning of the council transparent, democratic & doctor friendly.

Now I have to request you to pass on this message of supporting our own "IMA PANEL" by participating in physical ballot in large numbers. This will go a long way in revamping the MMC. No stone should be left unturned to ensure maximum voting.

"VOTE YOU MUST & I AM SURE VOTE YOU WILL!"

**Dr. Suhas H. Pingle
Hon. State Secretary
IMA Maharashtra State**



REPORT OF WORLD TUBERCULOSIS DAY PROGRAMME

Public Health & Welfare Sub Committee of our branch & Medical Club of VILE PARLE had jointly organised an interesting programme on the occasion of **World Tuberculosis day**.

The programme was held on Tuesday, 24.03.2009 from 02.30 pm onwards at our branch premises. Hon. Secretary Dr. Jayesh Lele welcomed the delegates immediate past president & programme coordinator Dr. Akil Contractor inaugurated the programme.

Leading Chest Physician from Western

Dr. Jayesh Lele
Hon. Secretary

Suburbs & Asst. Prof. of Medicine – K. J. Somaiya Hospital – Dr. Salil Bendre addressed the delegates on occasion on the issue of “Newer Methods for Diagnosis of Tuberculosis” with an excellent presentation.

The programme was well attended & well appreciated by more than 120 delegates.

Hon. Joint secretary Dr. S. K. Joshi proposed vote of thanks.

We thank M/s. Lupin Pharmaceuticals for sponsoring this programme.

Dr. Akil Contractor

Chairman, Public Health & Welfare Sub Committee

IMPORTANT ANNOUNCEMENT

IMA - NATIONAL SOCIAL SECURITY SCHEME

Dear Members,

You must have received notice of payment of D.F.C. No. 14 dated 25.03.2009 by now. We would like to continue the service of collection of D.F.C. payment to our members. Please send your contribution as mentioned in your notice to our office latest by 09.05.2008. Please note that no payment will be accepted at our office after 5.00 p.m. on Saturday, 09.05.2008 as the last date of payment at Ahmedabad is 15.05.2009.

You are requested to enclose.

a) **A crossed a/c payee cheque in the name of “IMA - B.W.S.B.”** of the exact amount as mentioned in your notice with your full name, address, telephone number and N.S.S.S. number mentioned in legible handwriting at the back of your cheque.

b) **Blank document of “NOTICE-CUM-MONEY RECEIPT”** received by you.

A temporary receipt will be issued by our branch. A composite demand draft will be prepared by our branch and dispatched along with a list of contributing members to the Headquarters of I.M.A.- National Social Security Scheme at Ahmedabad. You will receive your official receipts directly from the scheme from

Dr. Jayesh Lele,
President

IMA – National Social Security Scheme.

We are sure you will avail of this facility like last few years.

SOCIAL SECURITY SCHEME OF IMA – MAHARASHTRA STATE BRANCH

We are happy to inform that our branch will be offering fraternity fund contribution collection facility for social security scheme of IMA – Maharashtra State Branch.

Please send a crossed a/c payee cheque drawn in favour of “IMA - MS - Social Security Scheme” to our office latest by 30th May 2009. Please write your full name, address and social security scheme on the reverse of your cheque for reference.

Individual receipts will be subsequently dispatched to you from **Social Security Scheme Office**.

Note:

Cheques issued by GPA members for GPA - Social Security Scheme will also be accepted by our office till 20th June 2009 for the convenience of those members who are members of both our IMA - Mumbai West Branch and GPA. Please make cheque in the name of **“GPA - Social Security Scheme”** and write your name, Social Security Scheme Membership Number on the cheque. These cheque will be physically delivered to GPA office.

Dr. S. K. Joshi,
Hon. Secretary



IMPORTANT ANNOUNCEMENT

IMA – HQs has increased the HFC share with effect from 1st April 2007. We wish to give chance to all the eligible doctors in our area to become member at lesser rate. This will be applicable till 31.05.2009.

Please inform all your friends who are not IMA members about the increase in fees.

	Concrete till 31.05.2009	New Rate from 01.06.2009
Single Life Membership	Rs. 6,000/-	Rs. 7,500/-
Couple Life Membership	Rs. 9,750/-	Rs. 11,000/-

ANNOUNCEMENT

- 1) Members who are interested to be 'Alternate Member of Central Council' this year, may please give their names to the office.
- 2) Members who are interested to fill nomination for IMA – MS, President (2009 – 2010), may apply for the same.
- 3) Members who are interested to attend IMA MS - State Council in November 2009, may please register.

Dr. Jayesh Lele
President

Dr. S. K. Joshi
Hon. Secretary

With Best Compliments from

Dr. Kartik V. Nadkarni

M.S. Ortho (Bom.)

Ex-Hon. Asst. Orthopaedic Surgeon
Bhagwati Municipal Hospital, Borivali (W), Mumbai - 400 092.

Ameya Orthopaedic Nursing Home

Opp. Piramal Nagar, S.V. Road, Goregaon (West), Mumbai - 400 062.

CRITICARE HOSPITAL

Main Gulmohur Road, JVPD Scheme, Juhu, Mumbai - 400 049.
Tel.: 26286644 / 2682 6688

• CONSULTING HOURS •

Morning : 12 noon to 2.00 p.m. • Evening : 6.00 p.m. to 9.00 p.m.
Tel.: Clinic : 28723085 / 2874 4466 • Resi.: 2639 7272
Email: kvnadkarni99@hotmail.com



JOIN
IMA – MAHARASHTRA STATE PROFESSIONAL PROTECTION SCHEME
FOR DETAILS CONTACT : DR. JAYESH LELE : 98198 12996

IMA – Maharashtra State Branch is proud to announce the launching of this unique scheme for the members. This is another scheme like Social Security Scheme which will be entirely looked after by the members for the members. There are many types of indemnity schemes for the doctors, but this is being organised by our own members and all the members will have be benefited. These scheme will office at IMA – Nagpur.

Similar scheme is being operational in IMA – Kerala and IMA – Gujarat States, since 1994. These schemes are so popular that every member is enrolled, and after the successful years all the members who have continuously with the scheme have now advantage of getting the cover free.

The details of the scheme are available on the websites imamumbaiwest.com and imamaharashtrastate.org so please visit the website.

The scheme shall be operational in Maharashtra from 1st July 2008, so please contact for further details to our office.

PROFESSIONAL PROTECTION SCHEME - IMA - MS

Admission Fees (One time payment while joining or rejoining the scheme, not refundable)

Sr. No.	Scheme	Amount
(A1)		
a	General Practitioner	500.00
b	Consultants except Anesthetists/Surgeons/ Gynecologists/ Gynecologists/Obstetricions &Consultants having invasive Investigational facilities/procedures.	1000.00
c	Consultants (Anesthetists/Surgeons/Obstetricions/Pediatricians having invasive practice. Psychiatrists having invasive practice Radiologist having invasive investigational procedures/ facilities/and all other consultants having invasive practice.)	2000.00
(A2)		
	Add for nursing home facilities: as under	
	(a) One to ten beds	500.00
	(b) Eleven to thirty beds	1000.00
	(c) Thirty one to fifty beds	1500.00
	(d) Fifty one to hundred beds	2500.00
	(e) More than hundred beds	5000.00
(A3)		
a	ADD for attachment to Hospitals/Nursing Homes/Clinics	500.00

continued



(AN) ANNUAL MEMBERSHIP FEES
(Payable every year in advance not refundable)

C1	C2
Coverage	Coverage
5 Lacs per case	10 lacs per case
10 Lacs Aggregate in multiple cases in any one year	20 lacs Aggregate in multiple cases in any one year

(Subject to 50% of corpus amount on the date of fixing of payment whichever is less)

(AN1)	Rs.	Rs.
a. General Practitioner	500.00	1000.00
b. Consultants except	1000.00	2000.00

Anesthetists, Surgeons, Gynecologists, Obstetricians. Consultants having invasive investigational facilities/procedures.

c. Consultants (Anesthetists / Surgeons/	1500.00	2500.00
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Gynecologists/ Obstetricians/Pediatricians having invasive practice. Psychiatrists having invasive practice Radiologist having invasive investigational Procedures/facilities/and all other consultants having invasive practice.) Except Cosmetic Surgery.

(AN2) ADD for nursing home facilities:

	Rs.	Rs.
a. One to Ten beds	500.00	1000.00
b. <u>Eleven</u> to thirty beds	1000.00	2000.00
c. <u>Thirty one</u> & fifty beds	2000.00	3000.00
d. <u>Fifty one to hundred beds</u>	5000.00	7000.00
e. <u>More the hundred beds</u>	7500.00	10000.00

(AN3)	Rs.	Rs.
a. ADD for attachment to Hospitals/Nursing Homes/Clinics	250.00	500.00

The Scheme shall :

1. Provide legal defence in civil / criminal case before the medical councils, consumer grievances redressal forums and courts.
2. Provide reasonable expense for bail procedure in case of arrest arising out of professional criminal negligence.
3. Pay fine arising out of professional negligence, within limits prescribed. (Maximum 5 to 10 lacs per case or maximum 10 lacs to 20 lacs aggregate depending upon his payments of annual membership fee.) Or 50% of the corpus accumulated till the day of fixing of payment.
4. Pay compromised settlement or compensation amount arising out of civil or consumer protection act proceedings within limits prescribed. (Maximum 5 to 10 lacs per case or maximum 10 lacs to 20 lacs aggregate depending upon his payments of annual membership fee or 50% of the corpus accumulated till the day of fixing of payment.
5. Supply the member's guidelines for action & specimen literature for maintenance of records. The scheme shall also supply a Hand Book dealing with action to avoid and if so happens to deal with Medico-legal situation, from time to time.

Provide list of address and telephone numbers of the office bearers & panel Lawyers selected by the Scheme.

BELIEVE IN YOURSELF

If you think you are beaten, you are
 If you think you dare not, you don't
 If you'd like to win but think you can't,
 It's almost a cinch you won't
 If you think you will lose, you're lost
 For out in the world we find....

SUCCESS BEGINS WITH A FELLOW'S WILL
 IT'S ALL IN A STATE OF MIND

Life's Battles Don't Always Go to the Stronger
 or Faster Man, But Sooner or later the man who
 wins IS THE ONE WHO THINKS HE CAN

Compiled by Dr. S. K. Joshi



MESSAGE FOR WORLD KIDNEY DAY FROM MAYOR OF MUMBAI



It is really disturbing to know that the incidence of chronic kidney disease is rapidly increasing day by day not only in our beloved Mumbai but also in the entire country. Diabetes, blood pressure, obesity, fast food, use of chemicals & toxins in food especially pesticides have led to increase in different lifestyle disease.

Both as a doctor & as a mayor of Mumbai I am happy to note that the entire Mumbai nephrology group & all the kidney foundations have come together to spread awareness to the people of Mumbai on the occasion of world kidney day.

My congratulation for this "Lok Jagruti Abhiyan" & my best wishes to all of you.

Your awareness programmes will definitely help in preventing both hypertension & kidney disease.

Down with BP, the slogan of this year is a very apt statement & it is my fervent appeal to Mumbaikars to do regular exercise, yoga, salt control, & sugar control apart from regular BP. Once again best wishes from my side to your abhiyan.

Dr. (Mrs.) Shubha Umesh Raul

• ACHIEVEMENTS •

Dr. Dhirajlal . K . Shah delivered radio talk on Blood Pressure on vivdh barthi on 16th of March 2009 at 4:00 pm.

FAMILY PHYSICIAN, PRIMARY CARE



Om Shri Sainathaye Namaha.

Dr. Alan our senior member successfully completed his 18th year of Palkisah Padyatra. Walking Mumbai to Shirdi 260 kms 6 days.

CLASSIFIEDS

FOR SALE

- A) Sparingly Used Stretcher Trolley.
- B) 75 Liters Jacketed Autoclave with 2 Drums.
- C) 2 Bedside Cabinets.

Contact: Dr. Kalpesh J. Shah
on 2611 3692 / 6696 3692 between 11.00 am - 01.00 pm & 07.00 - 09.00 pm



Luxurious **Polyclinic Rooms** available for all specialists & super- specialists with attached high - tech technologically advanced hospital with 3 O.Ts. **SARAOGI HOSPITAL** : Om Heera Panna Mall , Oshiwara, Link Road, Andheri (W).
Contact: Dr. Rashmi – 9820529597 / 9820146689.

Heartiest Congratulations to



Dr. Ketan Desai
for being elected president of Medical Council of India

Dr. Jayesh Lele **Dr. S. K. Joshi**
President Hon. Secretary

WELCOME NEW MEMBERS

Andheri	Dr. Priya Naveen Abrol
Vile Parle	Dr. Hema Mihir Katira

“DON'T FORGET”

POLIO PLUS NID ON 05.04.2009
“URGE YOUR PATIENTS TO GIVE EXTRA POLIO DOSES TO CHILDREN BELOW 5 YEARS OF AGE ON SUNDAY, 05TH APRIL 2009 AT THE NEARBY BOOTHS”.



Dear Members,

Our branch was proud recipient of the Best **Membership Enrollment Award of IMA – MS – Social Security Scheme for the year 2007 – 2008**. We want to register the maximum numbers, this year as well.

We print the IMA – MS – Social Security Scheme, Hon. Secretary's report for getting up-to-date information of the scheme.

Dr. Jayesh Lele, President, IMA - Mumbai West Branch

IMA - MS - SOCIAL SECURITY SCHEME

- The Scheme was launched on 1st October 1990.
- The Effective membership as on 12th Feb. 2009 - 4700 +

Total No. of death since 1990 – 114. (Barring 1 member, nominees of all are paid the death benefit) In the year 2008-2009 No. of deaths 13. & the nominees of each of 13 expired members is paid Rs. 3,08,930/- within few days of getting information of the death.

This year

(1) Member from Mumbai West Branch joined the scheme in May 2008 & expired in October 2008. Even though the death was within 365 days of joining the scheme because it was accidental death (Crushed while crossing railway tracks). The nominee was paid Rs. 3,08,930/- within a fortnight. The member had paid Rs. 6200/- while joining.

(2) A member from Parbhani Branch joined the scheme in December 2007 & expired in the car accident in October 2008. His nominee was paid Rs. 3,08,930/- inspite of not completing 365 days in the scheme – A young man of age of 34 years. He had paid Rs. 2200/- while joining the scheme.

Young members, do not over look the security of family, thinking we are too young to die.

Mishaps & deaths can occur any time unpredictably.

The younger – you join the less you pay – the more you accrue benefit for your members.

Request to members of the scheme :-

- Please keep the IMA MS SSS certificate in secured place with all FFC receipts.
- Please keep your nominee informed of your membership of the scheme & how to act in case of unfortunate death to get the death claim amount.
- Please note – **The notices for FFC – 2009** will be dispatched latest by **15th April 2009** to all members, if one not gets the notice by **10th May 2009** he has to inquire with the office. Without late fee the FFC must reach to the office latest on **31st May 2009**. **No excuse of notice not received will be entertained.**

PLEASE NOTE CHANGE OF PAYMENT SCHEDULES

FROM 1ST APRIL 2009

Age Group	Admission Fee	Advance FFC	Annual Subs 2 yrs.	Total
Up to 30 years Complete	Rs. 1000/-	Rs. 1000/-	Rs. 200/-	Rs. 2200/-
30 yrs. Complete to 40 yrs.	Rs. 2000/-	Rs. 1000/-	Rs. 200/-	Rs. 3200/-
40 yrs. Complete to 50 yrs.	Rs. 3000/-	Rs. 1000/-	Rs. 200/-	Rs. 4200/-
50 yrs. Complete to 55 yrs.	Rs. 4000/-	Rs. 1000/-	Rs. 200/-	Rs. 5200/-
55 yrs. Complete to 60 yrs.	Rs. 5000/-	Rs 1000/-	Rs. 200/-	Rs. 6200/-

Dr. Anil J. Talathi (Pen) is declared elected as Chairman for 2009 – 2011. On completion of 3 years term, Dr. A. D. Brahmanekar retired. Dr. Yashwant Deshmukh (Chiplun) is elected the Managing Committee Member (2008-2009) from Kokan region. Dr. Arun Bhagwat (Akola) is reelected the Managing Committee Member (2009-2011) from Vidarbha Region & Dr. Dilip Sarda reelected and Dr. Avinash Bhondwe elected as managing committee members for 3 years (2009-2011) from Pune.



**GERIATRIC CELL of
INDIAN MEDICAL ASSOCIATION - MUMBAI WEST BRANCH**

Present

“PREPARATION OF WILL”

Day & Date : TUESDAY, 14TH APRIL 2009

Time : 01.30 pm. to 04.00 p.m.

**Venue : Lupin Auditorium, I.M.A. Building, Behind Chandan Cinema, J. R. Mhatre Marg,
J.V.P.D. Scheme, Juhu, Mumbai - 400 049.**

PROGRAMME

Time	Topic	Speaker
01.30 pm – 02.30 pm	Lunch	
02.30 pm - 02.50 pm	Welcome - Hon. Secretary - Dr. S. K. Joshi	
	Inaugural Address - President - Dr. Jayesh Lele	
02.50 pm - 02.55 pm	Introduction	Dr. Akil Contractor
02.55 pm - 04.00 pm	PREPARATION OF WILL	DR. MAHESH BALDWA ADVOCATE R. B. JAISWAL DR. RASHMI OZA
04.00 pm	Vote of thanks	Dr. Suresh Kalambi

• REGISTRATION FEES: FREE BUT PRIOR REGISTRATION IS A MUST.

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Drug-Eluting Stents: A Coatings Perspective

- Dr. Jamshed J. Dalal

Since its introduction 1977, percutaneous coronary angioplasty (PCI) has developed into the most common revascularization method for coronary artery disease. As a substitute for open-heart surgery, these techniques have greatly improved outcomes in the treatment of patients with cardiovascular disease and have reduced patient recovery times. Metallic stent technology has been at the forefront of this catheter-based treatment revolution. It began with bare-metal stents fabricated from stainless steel and has continued more recently with the advent of drug-eluting stents (DES). Now medical device developers have moved beyond durable polymers in the development of stent technology.

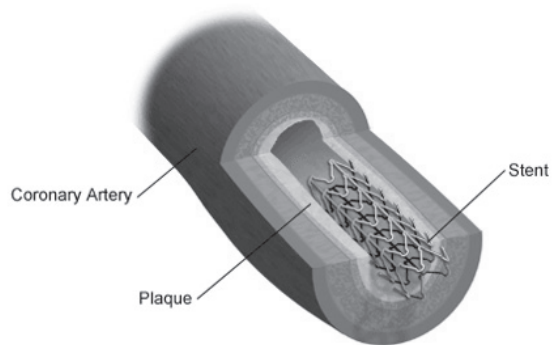
Early complications of 'plain old' balloon angioplasty such as acute recoil and abrupt vessel closure were markedly reduced by introduction of bare metal stents in 1987, providing mechanical scaffolding of the vessel. Bare-metal stent technology was successful because it immediately restored

The mechanisms behind late stent thrombosis appear to be multifactorial, varying from factors such as inappropriate stent deployment techniques to inadequate endothelialization of the stent surface.

circulation in the affected vessels. However, many bare-metal stents required reintervention for restenosis, a premature re-narrowing of the treated vessel. The injury of the vessel caused by the stent placement triggers a proliferation of smooth muscle cells in the blood vessel. These proliferating muscle cells can cause the vessel to re-narrow, thereby reducing the flow and producing recurrence of symptoms and increasing the risk of a cardiac event in the

patient. The only reasonable solution was an improvement in the technology itself. Thereafter, 15 years were needed before the next major innovation of PCI, when the first-generation drug-eluting stents (DES) were introduced for clinical practice (2002). By reducing clinical restenosis significantly, DES became a breakthrough technology justifying percutaneous

Stent Inside a Coronary Artery



revascularization of more complex patients and lesion subsets. The many positive outcomes using this technology (lower restenosis rates and subsequent lower intervention rates) made this technology highly successful in the cardiac catheterization lab.

Currently available DES consist of a metallic stent platform, a cytostatic or antimetabolic pharmacological agent resulting in local suppression of neointimal hyperplasia, and a carrier vehicle, most frequently a polymer, serving for controlled drug delivery. After initial enthusiasm, however, there has been controversial debate on the long-term safety of DES, with a focus on the potential for an increased risk of late stent thrombosis. The mechanisms behind late stent thrombosis appear to be multifactorial, varying from factors such as inappropriate stent deployment techniques to delayed or inadequate endothelialization of the stent surface. Since the presence of permanent polymer coatings may have pro-inflammatory and thrombogenic potential, present DES research has been focusing on utilization of biodegradable polymer



coating or on a completely polymer-free DES platform.

BioMatrix drug eluting coronary stent system from Biosensors International utilizes the technology of biodegradable polymer coating PLA, i.e. polylactic acid polymer. PLA's are primarily used in biomaterials for sutures, prosthetic implants and in vivo drug delivery systems. Upon degradation in vivo through hydrolysis of polymer chains, PLA release non toxic lactic acid, which is further converted into water and carbon dioxide via krebs cycle. PLA thus provides a biodegradable matrix for controlled release of the drug, Biolimus A9 from the stent. PLA has a high drug carrying capacity, thus minimizing polymer weight to minimize the inflammation and tissue reaction to the polymer during degradation process. In the Biomatrix stent, the PLA is impregnated with the Biolimus A9 drug in a 50:50 ratio by weight and as a result has 1:1 drug to polymer loading.

Biolimus A9, the drug used in Biomatrix stent is a sirolimus derivative, developed with

pharmacological properties specifically tailored for localized drug delivery. Biolimus is a powerful immunosuppressant and anti-inflammatory agent. Owing to its enhanced lipophilicity, it is strongly attracted to binding sites in vessel wall and readily absorbed by cells when administered to the vascular lumen from the surface of the DES.

BioMatrix utilizes a novel asymmetric abluminal polymer coating process (drug is put only on the outer surface of the stent) that localizes drug delivery to the vessel wall only, reducing systemic drug delivery as no drug faces the blood filled vessel lumen. The thin asymmetric layer of PLA degrades linearly [no bulk release] by surface erosion, resulting in simultaneous release of drug and polymer. The polymer coating degradation process is complete in 6-9 months so at that time the drug and the coating are gone leaving behind only a "bare metal" stent. The advantage of this is reduced restenosis with reduced late stent thrombosis. ■

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